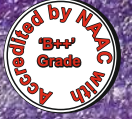




MILAGRES COLLEGE

HAMPANKATTA, MANGALURU - 575 001.



ಮಿಲಗ್ರಿಸ್ ಮಿರಾಕಲ್....

Milagres Miracle

Annual Magazine 2022-23

Vol-XI

The Patroness

*"Behold the handmaid of the Lord, be it done unto me according to thy word."
"A gentle, chaste, spotless maid, meek and mild, tender at heart, bows to the will of God, in every step of her life. She is none other than the Patroness, Our Lady of Miracles under whose patronage Milagres Educational Institutions function relentlessly since the last 175 years.*

Even if you put all the love of all Mothers into one heart, it still would not be equal to the love of the heart of the Mother Mary for Her children. This Institution is dedicated to Mother Mary which is guided, blessed abundantly and ever protected by Her for many years, and will continue to live longer under Her choicest blessings and care.

Following the footsteps of our Patroness, Our Lady of Miracles, whenever in trial or difficulty we recourse to Mother Mary, whose glance alone is enough to dissipate every fear. Seeking with humility and reverence let our Patroness guide us, bless us, protect us, lead us all to be good children of God, fulfill the educational needs of the knowledge seekers of our Institution and make them a better human being and above all God fearing citizens.

Our Lady of Miracles



Our Revered Founder



Rt. Rev. Bernardine
of St. Agnes O.C.D
1845-1853

Milagrean Ideal & Philosophy

OUR VISION

Empowering the youth through value based education to enhance the quality of life & build a better future.

OUR MOTTO

“PASSION FOR PERFECTION”

Every student who passes through the portals of this temple of learning must aspire to be the best, to never be anything less than excellent by striving to be totally committed, living by highest potentials and standards and thus inculcate a strong 'Passion for Perfection' in all spheres of life.

OUR CORE VALUES : The Institution strives upon three Core Values.

DOCTIOR : Knowledge and Skill :- The students are required to acquire and use knowledge through creative thinking and productive ways to conceptualize and do things in an artistic manner. Curiosity to seek and take interest in learning, develop critical thinking, mastering new skills and take judgment in fairness. Thus enable ways to make sense to oneself and to others.

FORTIOR : Courage and Capability :- Courage is the willingness to face and deal with danger our trouble without any fear. The Courage to do what one thinks right. Capability is the ability, Competency and essential qualities to face any situation. Not shrinking from threat, challenge, difficulty or pain. Speaking up for what is right even if there is strong opposition. Acting on convictions even if one becomes unpopular. Develop perseverance and Persistence to complete the task undertaken.

SANCTIOR : Ethical and Moral Values :- One has to be honest and sincere, taking responsibility for one's feelings and actions. Approaching life with enthusiasm, vigour and energy. Not doing things halfway or halfheartedly but being activated and with a feeling of being alive. Everyone has a right to live in his own way. But in the process one should never compromise on ethical, social and moral values but behave ethically balanced, morally upright and socially responsible.

OUR GOALS AND OBJECTIVES

- To inculcate Passion for Perfection.
- To provide a critical, creative and humane learning experience to the students.
- To educate students coming from all section of the society.
- To empower students with employability skills.
- To make student competent to face global competitions.
- To impart social, moral, spiritual values to be quality and responsible citizens.

Correspondent's Message



The disciple asked the Guru, what is the difference between the dream & the goal? The Guru replied: 'Dreaming requires soundless sleep, whereas goal requires sleepless effort'.

Today's world, as it progresses rapidly, the effort of our younger generation has to be immense and challenging. Hence they aspire to

have best of education and character formation. This is the dream of the parents and it requires sleepless effort by the children. It is said that education is the passport to the future, for tomorrow belongs to those who prepare for it today.

Milagres College, established in year 2010, has introduced very many courses to give best to the students at this challenging time. It is to have respect and to have the beauty of youth. It pays best interest as it's the goal of education.

We are grateful to the Principal, the faculty for their involvement to give the best and wish that the students who pass out through the portals of the college to face life with determination and courage. Let the application of the education that they had in life, be action oriented to build up the society.

"May our Lady of Miracles, the Patron of our college intercede all our efforts to reach out to the youth".



Rev. Fr Bonaventure Nazareth
Correspondent

Vice President Parish Pastoral Council's Message



Personality development encompasses the dynamic construction and deconstruction of integrative characteristics that distinguish an individual in terms of interpersonal behavioral traits. Personality development is ever-changing and subject to contextual factors and life-altering experiences. Personality development is also dimensional in description and subjective in nature. Personality Development is like a journey where we learn about ourselves and how we act.

It's about getting better and changing in different ways. Imagine it as a puzzle where some parts are inherited from our families, like how we look, and some of our behaviours. But as we grow up, the things we do and the people we meet add more pieces to this puzzle, making it unique.

Our personality starts with things we get from our family, like being quiet or friendly. But as we meet more people and go through different experiences, we change and grow. For example, if we face a problem and learn how to solve it, we might become more confident. This is how our personality develops over time, like a story with different chapters.

Goal setting: Ever had a big dream, like becoming a scientist or an artist? The Social Cognitive theory talks about something called "self-efficacy". It's like believing you can do it. When you believe in yourself, you're more likely to set big goals and actually achieve them. So, if you dream of something amazing, believing in yourself can help you get there.

Personality development refers to the process by which the organized thought and behavior patterns that make up a person's unique personality emerge over time. The journey of self-improvement not only benefits personal growth but also improves relationships, careers, and overall well-being.



Mr Sylvester A Mascarenhas
Vice President, Parish Pastoral Council

Principal's Message



I am writing this message to our college magazine 'Milagres Miracles' for the 8th time. From past eight years of my being here, I have witnessed a tremendous growth in the institution in terms of learning, teaching process, academics non-academic growth, curriculum and extra curriculum activities, training and placement opportunities, institutional qualitative and quantitative developments. Hence, I feel pride and thank God for his choicest blessings on our

Institution through the intercession of our Patroness, 'Our lady of Miracles'.

In the words of Johann Goethe, "We retain from research studies only that which we practically apply to our life".

Maturity is not a matter of age instead, it is how you choose to respond and react to various life situations. At Milagres college from the past thirteen years our pursuit is to impart value based quality education with the motto. A passion for perfection, every efforts is made to inculcate life supportive learning process in our students. In order to make our students ready for this. All efforts are made to empower them through relevant curriculum and programmes.

Our sixteen free add on courses to the students is an initiative to support and empower students to learn the basic life skills. So that in their future practical life, all those academic subjects learnt in the college may be put in practices or applicable to life. The life skill teaching along with academics can be a great help to our students to lead a life of self-employability.

The new programmes like BBA logistics, BCA & BCA Artificial Intelligence and Machine learning, UGC Carrier oriented courses Data Analysis, Cyber Security and cloud computing are an addition to the skill promotion courses initiated from the year 2022-2023 onwards.

I Congratulate the editor of Milagres Miracles Mrs Carol Fernandes, the editorial team for bring up this magazine an album of memories.



Rev. Fr Michael L Santhumayor
Principal / Campus Director

PTA President's Message



Personality development is an ongoing process that involves enhancing one's strengths, addressing weaknesses, and adapting to various situations. It's about cultivating self-awareness, empathy, and effective communication skills to build meaningful connection with others. Embrace continuous learning, set goals, and foster a positive mind set to evolve and grow personally and professionally. A few years back, personality development human being was not given so much importance as it is now. It not only helps you stand out in the crowd but is also a vital aspect of career growth. Hence, personality development is essential for the whole life. In this world of biodiversity, humans have the best characteristics, still, there is always room for improvement. Moreover, mother nature has gifted us with the capability of improving ourselves. This process of improvement is called personality development. We naturally stand out among other living beings. However, personality development gives us a chance to stand out among human beings. But here is a catch, personality development is not about demeaning others rather it articulates self-improvement.

Personality development is another name for self-improvement. Our personality is a combination of many aspects such as the way we talk to others, the way we dress, and the way we address a problem. We can improve our personality by improving these tiny aspects of life. However, these aspects seem to be tiny but when you improve on them, the results are shocking. In the process of personality development, we also discover our hidden talents and strengths. These talents and strengths help us in our growth. To sum it up, personality development helps you in lifelong continuous growth. As you keep working on yourself, you see yourself in a positive light. This way your stress levels also decrease and you feel the true form of happiness.



Mrs. Patsy Patricia Vas
PTA President

Editorial



Growth of the Social Teachers have always been deeply concerned with responsibility. A variety of social responsibility topics were covered, including community service, cooperative learning, dispute resolution, moral development, global education, environmental education, and involvement in social issues. Teachers have an obligation to cultivate in our students a positive outlook on life, the belief that they can achieve better, live better, be kinder, and be more equitable. With steadfast convictions, unceasing work, and constant advancements, Milagres College has advanced with a single goal and a common mission, enduring through magnificent years that are incredibly fulfilling and enriching. We recall the unwavering spirit of the pioneers who led this institution, our forebears, the crucial role that former faculty members played, the blessings and support of numerous benefactors, and most importantly, the excitement of the Milagreans, who we hold in the highest regard and who we expect to be our true representatives. Milagres College, Mangalore has significantly changed from its previous state. With great pleasure, we present to you this volume, "Miracle 2023," which represents the editorial board's sincere attempt to bring together the past and present and capture a comprehensive view of the breadth and vitality of the past year's life. We truly appreciate everyone, especially those who gifted us messages of encouragement. Those contributions are still crucial for presenting a close-knit and truthful picture of the past, difficulties, and successes. Furthermore, we have worked hard together our students' proficient articulations into this edition, aiming to fulfil the fundamental goal of every "Miracle" as a representation of their artistic and literary abilities. We sincerely thank our Principal Rev. Fr. Michael Santhumayor for his unwavering support and direction, which enabled the timely and successful publication of this issue, even as we dedicate this edition to our cherished readers.

It is impossible for words to express how grateful the editorial board is that those great visionaries of this college have continued to put in so much effort and sacrifice. We give thanks to God for all of his blessings, including the opportunity to be included in this extensive publication. We hope Miracle 2023 will successfully capture the essence of the educational journey.

Mrs Carol Fernandes
Editor

All progress takes place outside the comfort zone

Editorial Board



Rev. Fr Michael L Santhumayor (Chief Editor), Mrs Carol Fernandes (Editor), Mrs Gladys Moraes (Co-Editor), Ms Shravya N (Hindi Editor), Mrs Sowmya A Kotian (Kannada Editor), Ms Tressy Pinto (Konkani Editor) Mr Ronson Correa (Designer), Andly Aston Walder (Photography), Sowmya Pai (III ID&D) Ananya Bhat (II B.Com B) Varsha K (II B Com A) Sthuthi (II B.Com A) Janhavi Krishna Naik (II B.Com A) Amin Deepa (II B Com B) Saimaa Rai (III ID&D) Shreyan S (II B.Com B) Prajwal MK (II B Com B) Sulaiman Harees (II B.Com B) Mohammed Hafil (II B Com A) Jostan Vincent Dsouza (III B.Com A) Priston Sequeira (III B.Com A) Austin Vas (III B Com B).

> OUR RANK HOLDER

CONGRATULATIONS

SECURED IIIrd RANK

In B.Sc. H.S (Hotel Management)
Degree Examinations 2022
Mangalore University.



MONICA MASCARENHAS

SPORTS ACHIEVEMENTS



ARJUN SALIAN
(II B.Sc. ID&D)

SECURED

SILVER MEDAL

IN 53 KG SUB JUNIOR
NATIONAL MEN'S
EQUIPPED BENCH PRESS
CHAMPIONSHIP 2023
AT AURANGABAD,
MAHARASHTRA



Thrishool R Anchan

Mohammed Ashir

Bronze Medalist

Bronze Medalist

CATEGORY 120 KG

CATEGORY 105 KG

Mangalore University Intercollegiate, Power lifting Championship
2022-23 organized by Govt First Grade College, Thenkanediyoor.

The Milagrean Path Pavers

The Managing Committee / Governing Council



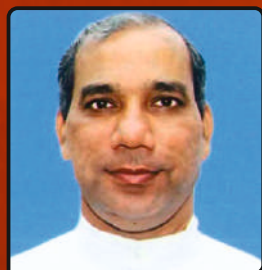
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Bishop of Mangaluru and
President, Catholic Board of Education



Rt Rev. Msgr Lawrence Maxim Noronha
Vicar General and
Vice President, Catholic Board of Education



Rev. Fr Antony M. Shera
Secretary
Catholic Board of Education



Rev. Fr Bonaventure Nazareth
Joint Secretary and Correspondent



Rev. Fr. Michael Santhumayor
Principal and Campus Director



Mr Sylvester A Mascarenhas
Vice President Parish Pastoral Council



Mr. Gerald Pinto
Elected from the Parish Pastoral Council



Mrs. Elizabeth Neeliyara
Legal Advisor



Mr. Archibald Menezes
Educationist



Prof. A Lourdusamy
Educationist



Mrs. Patsy Patricia Vas
Parents Representative



Mr Valerian Moras
Parents Representative



Mrs Glencia Fernandes
Staff Representative



Mr. Denzil C D'Costa
Staff Representative

The Milagrean Path Pavers

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Rev. Fr Bonaventure Nazareth
Joint Secretary and Correspondent



Mr Alphonsus Sylvester Mascarenhas
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Ms Anisha Derina Dsouza
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UNIVERSITY OF SOUTH - AUSTRALIA



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OBEROI - MUMBAI



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AL BONIAN LLC - DUBAI



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DENGIPADY - DUBAI



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CHERIE, PALM JUMEIRAH - DUBAI



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TLC - MANGALORE



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HERITAGE METHANAM- KOCHI



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ASTER MOTHER- KERALA



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BYJUS- BANGLORE



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V STAR MEDICALS- MANGALORE



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FATHER MULLER - MANGALORE



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KANCHANA HYNDAI- MANGALORE



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DELTA INDUSTRIES- MANGALORE



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"Success is where preparation and opportunity meet."



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1st Row: Mrs Prathiba Dsouza, Ms Vineetha Mendonca, Mrs Carol Fernandes, Ms Tressy Clita Pinto, Ms Athira, Ms Shravya N, Ms Shaila Moras, Mrs Pramila D'Souza, Mrs Asha Jyothi.

2nd Row: Mr Denzil E Pinto, Mr Jobin Joseph, Mr Aakash Shetty, Mr Denzil D'Costa, Mr Dhanraj, Ms Chaitra D.



Non-Teaching Faculty

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2nd Row: Mr Ronson Correa, Mr Rayson Pinto, Mr Avinash, Mr Roshan Lobo.

"Embrace your talent and pursue it. You won't believe what you can accomplish."

PTA Executive Committee 2022-2023



Student Council 2022-2023



"The only place where success comes before work is in the dictionary."

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V & VI Sem



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86%



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86%



SALMA MAUSHOOFA
85%

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V & VI Sem



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SAKSHI
94%



HARSHITH K C A
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V & VI Sem



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MARYAM
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SHARRON S PINTO
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II B.Sc FND
I & II Sem

FATHIMA THASNEEM
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SRUTHI M
91% & 87%



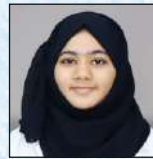
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89%



NIKITA KULLU
88% & 89%



POURNAMI G M
86%



HAJERA SAWLAH
86%



R AASHIKA
86%



I B.Sc ID&D
I Sem

ROYSON D SOUZA
87% & 89%

SUCCESSFULLY COMPLETED



ACCA
NELSON DSA

SPECIAL AWARDEES 2022-23

BEST OUTGOING STUDENT AWARD



DELISHA LOBO - B.COM A



AFEEFATH SUMAYYA - B.COM A



RENISHA RODRIGUES- FND



SAIMAA RAI- ID&D



PATRICIA QUADRAS- BHS

BEST NSS CAMPER AWARD



MOHAMMED HARFATH - B.COM



SUSHMITHA - B.COM



YUKTA S NAIK- B.Sc FND



DENSON DSILVA - B.COM B

BEST NSS VOLUNTEER AWARD

LEADERSHIP AWARD



JOSTAN V DSOUZA- B.COM



SAIMAA RAI- ID&D



ANUSHA J MONTEIRO- FND



ASHWIN S ORNELLO- BHS

Contents

01

Annual Report

03

Students Achievements
& Participation

05

Association-wise Reports

07

Special Events

09

Kannada Section

11

Konkani Section

02

Staff Accomplishments

04

List of Prize Winners

06

Certificate/Add-on Courses

08

English Section

10

Hindi Section

12

Wall to Frame

Captured Glimpses of our Events / Activities



Inauguration Add-on Courses



Student Orientation Programme



PTA Orientation Programme



Excelso 2K23



Bhasha Sangam-2023



Anweshan-2023



Alumni Association Meeting



Avishkar 2022



Teachers Day



Nss Inauguration



Independence Day Celebration



Women's Day Celebration

NSS, NCC & Outreach Activities



Association-wise Photo Gallery



*“Strive for excellence, stand tall with pride
For we are the NCC, the nation’s guide.”*

**NATIONAL CADET
CORPS**

*“Success is no accident.
It is hard work, perseverance, learning,
studying, sacrifice and most of all,
love of what you are doing or learning to do”.*

**NATIONAL SERVICE
SCHEME**



*“Success depends upon previous preparation,
and without such preparation,
there is sure to be failure.”*

**YOUTH RED
CROSS UNIT**



*It is hard to fail, but it is worse
never to have tried to succeed.”*

CULTURAL



Association-wise Photo Gallery



*“Learn as if you will live forever,
live like you will die tomorrow.”*

OUTREACH UNIT

*“The secret of getting
ahead is getting started.”*

HOSPITALITY



*“The first step towards getting somewhere
is to decide that you are not going
to stay where you are”*

**COMMERCE &
MANAGEMENT**



*“When you change your thoughts,
remember to also change your world.” .”*

LITERARY



Association-wise Photo Gallery



*"Develop success from failures.
Discouragement and failure are two of
the surest stepping stones to success".*

ECO CLUB

*"The secret of getting
ahead is getting started".*

LIBRARY



*"Goal setting is the secret to
a compelling future."*

COLLEGE CHOIR



*"The only place where success comes before
work is in the dictionary".*

SPORTS



Add-on Courses Photo Gallery



"Nothing is impossible. The word itself says 'I'm possible!'".

YOGA

"Keep your face always toward the sunshine, and shadows will fall behind you."

CRAFT & EMBROIDERY



"You are never too old to set another goal or to dream a new dream."

PHOTOGRAPHY



"If something is important enough, even if the odds are stacked against you, you should still do it."

FIRST AID



Add-on Courses Photo Gallery



*"You can be everything.
You can be the infinite
amount of things that people are."*

BEAUTICIAN

*"No matter what people tell you,
words and ideas can change the world."*

DANCE & DRAMA



*"It is during our darkest moments that
we must focus to see the light."*

CULINARY ARTS



*"Learning how to be still,
to really be still and let life happen
that stillness becomes a radiance."*

EVENT MANAGEMENT



Add-on Courses Photo Gallery



*"All you need is the plan,
the road map, and the courage
to press on to your destination."*

GST

*"Try to be a rainbow
in someone's cloud."*

JOURNALISM



*"Nobody built like you,
you design yourself."*

**PERSONAL
INVESTMENT**



*"Live your beliefs and you can
turn the world around."*

SOFT SKILLS



Add-on Courses Photo Gallery



*Don't try to lessen yourself for the world;
let the world catch up to you."*

SPOKEN ENGLISH

*"You are never too old to set another
goal or to dream a new dream."*

**BASIC COMPUTER
& TALLY**



*"The first step towards getting somewhere
is to decide that you are not going
to stay where you are"*

KANNADA



*"The simple act of listening to someone
and making them feel as if they have truly
been heard is a most treasured gift."*

KONKANI



Add-on Courses Photo Gallery



"You have to be where you are to get where you need to go."

ENGLISH

"Perfection is not attainable, but if we chase perfection we can catch excellence."

WOMEN EMPOWERMENT & DEVELOPMENT CELL



"Being vulnerable is a strength, not a weakness."

AVIATION & HOSPITALITY MANAGEMENT



"Trying to grow up is hurting. You make mistakes. You try to learn from them, and when you don't, it hurts even more."

LOGISTICS & SUPPLY CHAIN MANAGEMENT







ANNUAL SPORTS DAY





Bhasha Sangam-2023



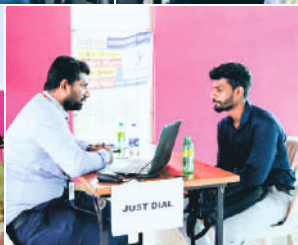
JOB FAIR 2023







JOB FAIR-2K22





"Samanvay-2023"

Attain New Heights

EXCELSO-2K23

The Series of Excellence...

OUTGOING

Batches

*Action is the
Foundational Key to Success*



III B.SC HS



III BCOM A



III BCOM B

OUTGOING

Batches

*Action is the
Foundational Key to Success*



III B.SC FND



III B.SC ID&D

CLASS-WISE

Photo Gallery

*Action is the
Foundational Key to Success*



II B.SC HS



II BCOM A



II BCOM B

CLASS-WISE

Photo Gallery

*Action is the
Foundational Key to Success*



II B.SC FND



II B.SC ID&D

CLASS-WISE

Photo Gallery

*Action is the
Foundational Key to Success*



I B.SC HS



I B COM

CLASS-WISE

Photo Gallery

*Action is the
Foundational Key to Success*



I B.SC FND



I B.SC ID&D



ANNUAL REPORT 2022-23

It is my honour to present to you the Annual Report of Milagres College for the year 2022-23. Milagres College with the Motto “*Passion for Perfection*” completed 13 years with significant academic curricular and extra-curricular activities moving towards tangible achievements.



Courses Offered 2022-23

- B.Com, B.Com with ACCA.
- B.Sc. Hospitality Science.
- B.Sc. Food, Nutrition and Dietetics.
- B.Sc. Interior Design and Decoration.

UGC Career Oriented Diploma courses

- Aviation and Hospitality Management.
- Supply Chain and Logistic Management.

Staff Details

There are 24 full time and 3 part time teaching staff and 12 non-teaching staff.

Teaching Staff

- | | |
|--|------------------|
| 1. Rev. Fr Michael L Santhumayor (MBA, MA Eco., MA Kon., B.Ed., M.Phil.) | Principal |
| 2. Mr Cassin Rodrigues (M.Com., M.Phil.) | Vice Principal |
| 3. Mrs Glencia Fernandes (MBA, M.Com.) | HOD of Commerce |
| 4. Mr Akhil ET (MBA HM, BHM) | HOD of B.Sc. HS |
| 5. Ms Pearl Rhea Fernandes (M.Sc. Org. Chem.) | HOD of B.Sc. FND |
| 6. Mr John Melroy Fernandes (BSc. IDD) | HOD of B.Sc. IDD |
| 7. Mrs Sowmya A Kotian (MA Kan., M.Phil.) | HOD of Languages |
| 8. Mr Denzil Celestine D’Costa (BHM) | Lecturer |
| 9. Mrs Chethana Kumari (M.Com) | Lecturer |
| 10. Mr Denzil Edrod Pinto (MA Eco.) | Lecturer |
| 11. Ms Tressy Clita Pinto (M.Com) | Lecturer |
| 12. Ms Karthika Gujuran (M.Com., KSET) | Asst. Professor |



13. Ms Shravya N (MA Hin., KSET)	Asst. Professor
14. Mr Jobin Jose (M.Sc. FSN)	Lecturer
15. Ms Sushmitha Shaila Moras (M.Sc. FST)	Lecturer
16. Mrs Carol Fernandes (BA, MA Eng)	Lecturer
17. Ms Vineetha Mendonca(B.Sc HS)	Lecturer
17. Mrs B. Prathibha DSouza (M.Sc. Microbiology)	Lecturer
18. Mrs Asha Jyothi (M.Com)	Lecturer
19. Ms Chaitra D	Lecturer
20. Mr Dhanraj	Guest Faculty
21. Ms Kruthika	Guest Faculty
22. Mr Sandeep S Rao (M.P.Ed.)	PED
23. Mrs Pramila D'Souza (M.Lib. MA Kan.)	Librarian
24. Ms Athira P (M.Sc., PG Dip. Coun)	Counselor

Non Teaching Staff

25. Mr Deepak D'Souza	Senior Admin.Officer
26. Mrs Carol Sheela Tauro	Clerk
27. Ms Francita James Rodrigues	Clerk
28. Mr Rayson Raymond Pinto	System Administrator
29. Ms Dimple G Sequeira	Receptionist
30. Mr Ronson Correa	Designer
31. Mr Roshan Lobo	Attender
32. Mr Avinash	Attender
33. Mrs Meera Molly D'Souza	Peon
34. Mrs Flavy Lavina D'Souza	Peon
35. Mrs Rudia D'Souza	Peon
36. Mrs Paulina Coelho	Peon

Student Strength

Admission in this academic year was encouraging and the student strength is 520with 356 boys and 164 girls.





University Examination Results

University exam results of September 2022 are above the average with B.Com – 80%, B.Sc (HS) –100% and B.Sc. (FND) – 97%.

Faculty enrichment and achievement's

Department of commerce in association with IQAC organized 7 Days virtual faculty development program on the topic “*Contemporary issue in Taxation, Investment, Banking & Analytics*” from 10th April 2023 to 17th April 2023. Milagres education institutions in association with IQAC of Milagres college organised a faculty Enrichment programme, for the faculty of Milagres Institutions on November 7th 2022.

Achievements of Faculty

Rev. Fr Michael Santhumayer principal Milages college submitted minor reserch project to Konkani adhyana peeta of mangalore university on the tittle wilfy rebimbusacha podani samagic kalji-ek vishleshan. Fr. was appointed as a academic council member of Mangalore university. Mrs Sowmya kotian HOD of language dept. presented and published paper on the topic Harman Mogling to international general of academic research with ISSN 2348-7666

Ms Pearl Rhea HOD of FND Dept. published paper on journal of chemical review and advanced journal of chemistry- Sec B Natural product and medicinal chemistry. Ms. Asha Jyothi faculty of commerce department Presented Paper and published “*EMPOWRING WOMEN THROUGH BANKING INNOVATION WITH THE KNOWLEDGE OF INNOVATION*” GROUP.ISSN: 2249-6270 International Journal of Social and Economic Research, Volume no.9, issue -3 (July-Sept), 2019. “*ROLE OF FOREIGN BANKS IN INDIA*” ISBN: 978-81-929263-9-1 2019. Study on the impact of Financial inclusion with refernce daily wage earners. ISBN: 978-81-929927-6-1 2020. The impact of Self-Help groups and empowerment on the “*SOCIOECONOMIC DEVELOPMENT*” ISBN: 978-93-83302-50-5 2021.

Programmes for Students

Department of Konkani organized Ghumat Certificate Course from April 10, 2022 to April 29, 2022. The Women Empowerment and Grievance Cell celebrated International Women’s Day on March 09, 2023. College IQAC organized Feliz Navidad, Christmas celebration on December 23, 2022. The Chief Guest for the celebration was Mrs Yashwanthi L Uchil, Home Guard. The NSS unit and Electoral Literacy Club organised an EPIC registration awareness session for the students on January 09, 2023. The Dept. of Hospitality Science organized an industrial visit to Yenepoya Food Craft on January 24, 2023.





The Dept. of Hospitality Science organized Christmas cake mixing on 03 December 2022. The commerce Association had organized an Inter-Class quiz competition for the students on November 30, 2022.

National Service Scheme unit of Milagres College celebrated the Constitutional Day on November 26, 2022.

On November 10, 2022, Mangalore Milagres College IQAC and Kannada Department will celebrate Kanakadasa Jayanti in the college hall. Mr. Raviraj S, assistant professor of Mangalore, Besant Women's College as a resource person.

Library association of Milagres College organized a presentation of the daily 'THE HINDU' on November 10, 2022 at 10.45 a.m. for all the first year students. Mr. Mathew, the Deputy Manager of the 'The Hindu' was the Resource Person for the programme.

Milagres College IQAC and Kannada Department had organized a Kannada Rajyotsava Day programme in the college auditorium. Assistant Professor of Besant Women's College, Mangalore was the resource person. Dr Giriappa spoke on the topic "Kannada Nadu Nudi"

The Department of Hindi in association with the IQAC organized Hindi Divas on November 08, 2022. Dr. Nagarathna N Rao, Coordinator, PG studies in Hindi, University College, Mangalore was the chief guest.

Annual Day of Milagres College, Mangalore, was held on July 30, 2022. Mr. Sandeep Malani, Actor, writer, director and alumni was the Chief Guest. College IQAC organized Ramadhan Special, EID Celebration on April 24, 2022

Hospitality Association of Milagres College organized Cooking without fire competition and Pencil Sketching competition.

Department of Interior design organized Paper Building and Collage Competition.

Literary Association organized Essay competition, Poetry Competition and Slogan writing Competition.

Department of interior design organized industrial visit for Hasta Shilpa Heritage Village Museum, Manipal on Oct 18, 2022.

Cultural Association of Milagres College Organized Mad Ad Competition Goodu deepa making Competition and Talents Day, Interclass Variety Competition.

Department of FND Organized industrial visit for Tasty World, Chikkamangalore on May 21, 2023.

Anweshan – 2023 research creating the solutions was held on July 10th 2023. A total of 64 students had participated on this day.





Student Capacity Building Programme

“*Guest Lecture on Awareness of Civil Services*” on December 9,2022. Mr. Arun Shiva Salian, Counsellor, Mangalore, was the Resource Person.

“*Career Opportunity in Insurance Sector*” on December 9,2022. Mr. Ivan C Monteiro, Senior Sales Manager of Star Health Insurance, Mangalore, was the Resource Person.

“*Play Hayavadana written by Girish Karnad*” on November 14, 2022 for the second year Bcom students. The Resource Person was Mrs Novelin Dsouza, Assistant Professor, St. Philomena College, Puttur.

“*Understanding the Importance of Library in our Life*” on November 09, 2022 for the first year students. The Resource Person was Mr Kiran D’Souza, Lecturer, Milagres PU College, Mangalore.

“*Self-Awareness and Goal Setting*” for first year students on September 15, 2022. Prof. Lourdusamy, was the Resource person.

“*Recreational Activities*”for first year students on September 16, 2022. Prof. Sandeep Rao, was the Resource person.

“*Orientation on ACCA Course*”for first year students on September 12, 2022. Mr. Denon was the Resource Person.

Alumni Interactive webinar on “*Profession as Dietitian*” on September 29, 2022. Ms Sushmitha Alumnia of Milagres was the resource person.

“*Opportunities in Journalism*” for Final year students on May 12,2023.Ms Riana D cunha Alumnia of Milagres was the resource person

“*Job Opportunities for BSc Hs Students*” for Final year students on May 12,2023. Ms Lenisha Almeida Alumnia of Milagres was the resource person

NSS unit along with Human Right cell and IQAC organised a Student Capacity building programme on the topic “*Human rights and youth of India*” on December 13, 2022 Mrs. Raviprabha was resource person.

National Seminars and Fests

Milagres College Organised Inter-Collegiate competition for PU Students “*Navarag-2022*” on 22 November 2022. Total 227 students participated in the event. Milagres College with IQAC organised National level guest Lecture on the topic “*Development of Scientific Temper*” on December 5, 2022 resource person of the day was Mr. Narendra Nayak President of FIRA, Rationalist.





Department of Commerce with IQAC organized National level Conference “*Samanvay 2023*” on the Topic Investors Awareness Program on April 20, 2023. Department Of Commerce with IQAC organized Commerce Seminar on the topic “*Emerging trends in Finance*” on April 21, 2023. Department of Commerce with IQAC organized Inter-Collegiate Fest “*Excelso 2023*” on May 6, 2023.

Milagres educational institutions Mangalore, organized Avishkar 2022 two days of cultural and talent promotion fest, in Milagres college campus on 17th and 18th of December 2022. Inauguration was held on 17th at 9.30 am. Mr. Stany Francis Baretto was the chief guest and inaugurator.

Our college organized Aquamater Cup football tournament 2022. In this tournament many college teams from Dakshina Kannada and Udupi district were invited. Total 16 teams and 256 students of different colleges have participated in this prestigious event. Cash prize and trophies were given to the winners of the tournament. The inauguration was held on August 17, 2022 at 9:00 am. President of the function Rev. Fr Bonaventure Nazareth Correspondent, Milagres College. Educational institution, Chief guest Mr John Eral Samuel, Prop. Aquamater Mangalore and NRI Businessman Dubai were present.

Special Achievements

Ms Monica Mascarenhas of B.Sc. Hospitality Science has secured III Rank with 88.88% in the Mangalore University Semester examinations held in October 2022.

Ms Deeksha Suresh Naik and Megha N K has Participated as a delegate in National youth Conference 2022 and also contributed solution for the course of Hackathon on SDGs held on 10th and 11th of December 2022 at Loyola Hall, Mangalore

Mr Mohammed Shanwaz Hussain has secured first place in +120 Kg weight class at the Karnataka State Sub Junior powerlifting championship held at NIE College Auditorium, Mysore from 10/6/2022 to 12/06/2022.

Mr Arjun Salian won second place-Silver medal in 53kg – Sub Junior in National Men’s Equipped Bench Press Championship at Aurangabad from 15th till 20th June, 2022

Mr Rihan Abraham of II BCOM (A) Ranked Cdt has participated in Firing competition and secured 2nd position in NCC organized by 21 Karnataka Battalion NCC, Udupi on 24th January, 2023

Mr Denson Dsilva had won best MC award and following students won third place in Variety competition held at St. Aloysius College, Mangalore organised by NSS and YRC on 24th July, 2023. Variety competition won by Elfa Mula, Jaison Dsouza, Brijesh Ferrao, Sanchay Dsoua, Anson Pinto, Joyline Dsouza, Arpitha Mary, Surayya Sadaf.





Mr Arjun Salian and Mr Priston Sequeira had secured first place in Master Mind Event, Mr Neil Fernandes had secured first place in Marketing event in Inter-collegiate UG Fest 'Padua Verve 2022' held on 13th December 2022 at Padua College of Commerce and Management Mangalore.

On 2 June, 2022 St Aloysius College had organized state level Inter-collegiate "Querencia 2022" our students participated and in finance event, Denson Dsilva and Delisha Lobo won 1st prize.

Ms Akansha of II FND secured 1st position in Map reading competition for IGC TSC(Girls) organized by Karnataka 18 Battalion NCC, Shivamogga.

On 3rd and 4th April, 2023 Nitte College Karkala organized State-level InterCollegiate fest our student Mr Denson Dsilva of II BCom has secured 1st place in mock press competition.

Mr Mohammed Jaseem and Steve Flaming Crasta of I Bcom won second place in Logistics event at the State-level Intercollegiate Management fest "Exubeance 2023" on May 25, 2023. Ms. Pallavi of 3rd FND has secured 1st place in advance yoga asanas organized by Sri Krishna wellness yoga and cultural center Bangalore.

Career Guidance and Placement

Career guidance and placement cell in association with IQAC organized a session on International Educational Opportunity in European Countries for the final year BCom, BSc FND, BSc HS and BSc ID Students on December 2, 2022 in the college Auditorium. Mr. Anand N Pillai and Ms. Gloria were the resource persons.

'Career Connect', a mega job fair, organized for the third time by Milagres College was inaugurated at Milagres College on Tuesday, October 18, 2022. Mr Jeevan Saldanha, CEO, Spectrum Industries, graced the inaugural programme as a chief guest.

This association organized a session on Career Opportunity in Insurance Sector for the final year BCom, BSc FND, BSc HS and BSc ID Students on Dec 09, 2022. Mr Ivan C Monterio was the resource person.

This association organized a session on Career Opportunity in the field of civil services for the final year BCom, BSc FND, BSc HS and BSc ID Students on Jan 13, 2023. Mr Ananth Kamath was the resource person.

This association organized a session on Abroad studies for the final year BCom, BSc FND, BSc HS and BSc ID Students on May 09, 2023. Mr Ishan Varkant was the resource person.





PTA

- PTA Executive Committee Meeting was held on September 10,2022 and December 15,2022.
- PTA general body meetings were held on January 23, 24 & 25,2023.

Milagres College Alumni Association

Alumni executive committee meeting was conducted on December 15, 2022.

Alumni Association with IQAC organized Student Capacity Building Programme for Final year Bcom students student on May 12,2023 on the Topic “*Opportunities in Journalism*” by Ms Riana DCunha on May 12,2023.

Student Capacity Building Programme for Final year BSc HS students on May 12,2023 on the Topic “*Job Opportunities for BSc Hs Students*” by Ms Lenisha Almeida on May 12,2023.

Alumni Interactive webinar on “*Profession as Dietitian*” was organised on September 29, 2022. Ms Sushmitha was the resource person.

National Service Scheme

National Service Unit was inaugurated on November 10, 2022 Chief Guest of the programme was Mrs Seema Prabhu Dept. of Commerce & management NSS Program Officer, Canara College, Mangalore

NSS Unit of Milagres College organised Swacch Bharat Abhiyan in Sulthan Battery on October ABHA generation Training on November 18, 2022. NSS Anthem singing competition was conducted on December 09, 2022.

A 7 day Annual Special Camp from March 10, 2023 to March 16, 2023 at St. Thomas Church Higher Primary School, Chelur, Bantwal.

National Service Scheme day was celebrated on 24 September 2022; Chief Guest of the programme was Mrs Carrel Sharel Pereira Asst Prof.Dept of Economics St Aloysius College, Mangalore, NSS Unit celebrated National Voters Day on January 25, 2023. NSS unit along and IQAC organised Martyr’s Day on January 30, 2023. Voters Awareness Program was organized on May 05, 2023. NSS unit celebrated Ambedkar Jayanti on April 13, 2023. NSS Unit conducted online awareness program on tobacco free life on 1st June 2023

Outreach Programmes

Milagres College, IQAC in association with Sahayog the outreach unit of the college, NCC and Shree Veerahanuman Vyayama Shale, Bengre, Mangaluru had organised swacch





bharat abhiyan at river side of Bengre on December 03, 2022. 71 students attended for the swachhatha program. The students and Outreach association members together cleaned around 2km of the surroundings near Bengre, Mangaluru.

Youth Red Cross

The Youth Red Cross in association with Internal Quality Assurance Cell organized Student Capacity Building Programme titled “First Aid Training” for the students of YRC on December 9, 2022. Dr. Sooraj KV MD (Hom), Assistant Professor, Department of Medicine, Father Muller Homeopathic Medical College and Hospital was the resource person. Blood Donation Camp was held on May 27, 2023. Dr Devi Sri was the resource person

National Cadet Corps

Milagres College, Mangaluru is proud to have 28 NCC Cadets out of which 17 students are of 1st year and 11 students are of 2nd year. All NCC Cadet attended annual Training Camp during the year. NCC cadets of our college Mr. Nihar Gowda of BCom selected for State Level Rifle Firing camp and Aakansha of BSc (FND) selected for state level Map reading competition.

Free Add on courses

14 free add on courses such as Entry to CA and GST, Spoken English, Basic Computers and Tally, Culinary Arts, Dramatics, Soft skills, Beautician, Photography, Art and Craft, Yoga, Event Management, First Aid and Basic French were organized by renowned resource persons.

Scholarship

The College provides scholarships to students. In the academic year 2022-23, Best teacher award instituted by Mr Donald and Mrs Eulalia Pinto in memory of their parnrnts late FJM Pinto and Lilian pinto. Interest accrued is utilized for the award.

Management Fee concession and scholarship of Rs. 5,61,800/- is given to 96 students. Mr John Errol Samuel has sponsored full education of 09 students amounting to Rs. 35,000/-. Dr. Lawrence Lobo sponsored scholarship of Rs. 67,500 is given to 9 students. Mr Alwyn Rosario in memory of his parents Late Mr James and Mrs Lilly Rosario Best Outgoing Student Awards, has instituted a scholarship was sponsored to Delisha Lobo and Afeefath Sumayya from III B Com A, Renisha Rodrigues III B.Sc FND, Saimaa Rai III B.Sc ID&D, Patricia Quadras III B.Sc HS. Interest accrued is be distributed to top scorers of final year degree which amounts to Rs. 6,000/-. Mr Winston Dsouza has sponsored Rs. 15000/-





towards mid day meal project. Mr Donald Fernandes and Ms lovejoy Fernandes has sponsored Rs. 5000/- each towards the education of poor students. Mr Maxim Monteiro Has donated 50000/- towards NCC Activities.

Sports

College Annual Sports Day was held on March 28, 2023. Mr. Melwin Vas Principal Milagres PUC was Chief Guest and Mr Alphonsus Sylvester Mascarenhas, Vice President, Milagres PPC was Guest of Honour.

Milagres College team participated in various intercollegiate competitions like Cricket, Football, basketball and Chess tournament. Interclass volleyball, Kabaddi, Cricket, throw ball, football, Chess, Carom and Table Tennis matches were conducted for the students.

Library

There are total of 12,400 books to date. Mr Alwyn Rosario has donated 418 books this academic year and his total contribution to our library is around 3660 books. We are grateful to our donors who have contributed to the betterment of the College Library by donating books.

MOU

Our college has entered into memorandum of understanding with the following institutions/ organizations:

- With St. Aloysius College (Autonomous) on September 22, 2021.
- With Kanara Chamber of Commerce and Industry on November 20, 2021.
- With St Milagres Credit Souhardha Cooperative Society on June 2, 2022.
- With Padua College of Commerce and Management on June 1, 2022.
- With Traveljanu360 on July 22, 2022.
- With ISDC on 1ST June 2023.

Best Practice

Earn while Learn Scheme - Under the guidance and initiative of the faculty, BHS and FND students prepare food items and sell at reasonable price at the counter.

Education through Vegetation – The College initiated a new concept Education through vegetation by growing vegetables in the campus using non-degradable materials and bio compost produced in the campus. The produce are sold and proceeds are utilized to pay the fees of poor students.





Green initiative –more than 300 plants grown in college campus.

Future Plans

- Introduction of four-year Degree honor courses (Post graduation in Commerce and FND)
- BBA Logistic.
- BBA Logistic with aviation.
- BCA with Data Analysis.
- BCA with artificial intelligence, big data analysis and cyber security.

Obituary

The first Principal of Milagres degree college Prof. Lawrence D’Costa passed away at the age of 79 on May 23, 2023. Our beloved former Head Master Rev Fr Gregory William Vas passed away at Fr Muller’s Hospital, Mangalore October 26, 2022. Fr Vas was 81 years old.

Words of Gratitude

We are extremely thankful to the President of Catholic Board of Education Most Rev Dr Peter Paul Saldanha, Secretary Rev Fr Antony Shera, Correspondent Rev. Fr Bonaventure Nazareth, Management Members, benefactors, PTA members and parents for their support and guidance. I also thank the Teaching and Non-teaching Staff, Student Council members and all the students of our College who have extended co-operation in all the activities conducted during the academic year.

May our Lady of Miracles bless each of us abundantly and keep us in her Love and Care. Thank you.





STAFF ACCOMPLISHMENTS

Faculty	Representations / Participations
Rev. Fr Michael L Santhumayor	<ul style="list-style-type: none">Submitted minor research project to Konkani adhyanapeeta of Mangalore University on the title wilfy rebimbusacha podanisa magickalji-ek vishleshan.Fr. appointed as academic council member of Mangalore university
Mrs Sowmya A Kotian	<ul style="list-style-type: none">presented and published paper on the topic Harman Mogling to international general of academic research with ISSN 2348-7666
Ms Pearl Rhea Fernandes	<ul style="list-style-type: none">published paper on journal of chemical review and advanced journal of chemistry- Sec B Natural product and medicinal chemistry
Mrs Asha Jyothi	<ul style="list-style-type: none">Presented Paper and published "<i>Empowering Women through Banking Innovation with the Knowledge of Innovation</i>" Group.ISSN: 2249-6270International journal of Social and Economic Research, Volume no.9, issue -3 (July-Sept), 2019 "<i>Role of Foreign Banks in India</i>" ISBN: 978-81-929263-9-1 2019.Study on the impact of Financial inclusion with refernce daily wage earners. ISBN: 978-81-929927-6-1 2020The impact of Self-Helf groups and empowerment on the "<i>Socioeconomic Development</i>" ISBN: 978-93-83302-50-5 2021





Mr Cassin Rodrigues	<ul style="list-style-type: none">F.J.M & Lilian Pinto Memory “<i>BEST TEACHING STAFF AWARD 2021-22</i>”.
Mrs Glencia Fernandes	<ul style="list-style-type: none">has been awarded “<i>BEST TEACHING STAFF AWARD 2022-23</i>”.
Mrs Carol Tauro	<ul style="list-style-type: none">has been awarded “<i>BEST SUPPORT STAFF AWARD 2022-23</i>”.

STUDENTS ACHIEVEMENT AND INTERNAL PARTICIPATION 2022-23

- Ms Monica Mascarenhas of B.Sc. Hospitality Science has secured III Rank with 88.88% in the Mangalore University Semester examinations held in October 2022.
- Ms Deeksha Suresh Naik and Megha N K participated as a delegate in National youth Conference 2022 and also contributed solutions in the course of Hackathon on SDGs held on 10th and 11th of December 2022 at Loyola Hall, Mangalore.
- Rihan Abraham participated in Firing competition and secured 2nd position in NCC organized by 21 Karnataka Battalion NCC, Udupi on 24th January, 2023.
- Denson Dsilva best MC award and following students won third place in Variety competition held at St. Aloysius College, Mangalore organised by NSS and YRC on 24th July, 2023.
- Mr Arjun Salian and Mr Priston Sequeira secured first place in Master Mind Event in Inter-collegiate UG Fest ‘*Padua Verve 2022*’ held on 13th December 2022 at Padua College of Commerce and Management Mangalore.
- Neil Fernandes Secured first place in Marketing event in Inter-collegiate UG Fest ‘*Padua Verve 2022*’ held on 13th December 2022 at Padua College of Commerce and Management Mangalore.
- Denson Dsilva and Delisha Lobo won 1st prize in finance event organized by St Aloysius College on 2 June, 2022.





- ⦿ Akansha FND secured 1st position in Map reading competition for IGC TSC(Girls) organized by Karnataka Battalion NCC, Shivamogga.
- ⦿ Denson Dsilva secured 1st place in mock press competition State-level InterCollegiate fest Nitte College Karkala organized on 3rd and 4th April, 2023.
- ⦿ Ms. Pallavi secured 1st place in advance yoga asanas organized by Sri Krishna wellness yoga and cultural center Bangalore.
- ⦿ Mohammed Jaseem and Steve Flaming Crasta Won second place in Logistics event at the state-level Intercollegiate Management Fest “*Exubeance 2023*” on May 25, 2023.

STUDENT ACHIEVEMENT AND EXTERNAL PARTICIPATION 2022-23

- ⋄ The student of Milagres College Mr Arjun Salian and Mr Priston Sequeira have secured first place in Master Mind Event, Mr Neil Fernandes has secured first place in Marketing event in Inter-collegiate UG Fest ‘*Padua Verve 2022*’ held on 13th December 2022 at Padua College of Commerce and Management Mangalore.
- ⋄ The student of Milagres College Ms Deeksha Suresh Naik and Megha N K have participated as a delegate in National youth Conference 2022 and also contributed solutions in the course of Hackathon on SDGs held on 10th and 11th of December 2022 at Loyola Hall, Mangalore.
- ⋄ The student of Milagres College Mr Mohammed Shanwaz Hussain has secured first place in +120 Kg weight class at the Karnataka State Sub Junior Powerlifting Championship held at NIE College Auditorium, Mysore from 10/6/2022 to 12/06/2022.
- ⋄ Arjun Salian of Milagres College won second place-Silver medal in 53kg – Sub Junior in National Men’s Equipped Bench Press Championship at Aurangabad from 15th till 20th June, 2023.
- ⋄ Rihan Abraham of II BCOM (A) student Ranked Cdt has participated in Firing competition and secured 2nd position in NCC organised by 21 Karnataka Battalion NCC, Udupi on 24th January, 2023





- Mr Denson Dsilva has won best MC award and following students won third place in Variety competition held at St. Aloysius College, Mangalore organised by NSS and YRC on 24 th July, 2023. Variety competition winners are Elfa Mula, Jaison Dsouza, Brijesh Ferrao, Sanchay Dsoua, Anson Pinto, Joyli Mr Deepak Dsouza
- Megha M K, Sushmitha A, Janhavi K Naik and Jaison Dsouza of B Com have participated as a student delegate in the Industry Academia Interface for student start-ups and Entrepreneurship held on 20 th May, 2023at T.V Raman Pai Convention Centre , Mangalore organised by Kanara Chamber of Commerce and Industry (KCCI) in association with MUCTA and Canara College, Mangalore.
- Mohammed Jaseem Jaleel and Steve Flaming Crasta of I BCOM won second place in Logistics event at the Statet level Inter-collegiate Management fest “*Exubeance 2023*” on 25 th May 2023.
- Denson Dsilva of II Bcom (B) won 1 st place in Mock Press event organized as a part of N-IGMA 2023, a State Level Inter-collegiate Cultural and Management fest held on 3 rd and 4 th of April, 2023 at NITTE Karkala.
- Akanksha of II FND participated in Map reading competition for IGC TSC (Girls) and secured 1st position organised by Karnataka Battalion NCC, Shivamogga.





Overall List of Prize Winners 2022-23

S.No.	Name	Class	Subject
1.	Priston Sequeira	III Bcom A	I Place Quiz
2.	Jostan Vincent D'Souza	III Bcom A	I Place Quiz
3.	Blenson Fernandes	III Bcom A	I Place Quiz
4.	Renisha Rodrigues	III BSc FND	II Place Quiz
5.	Reshal D'Souza	III BSc FND	II Place Quiz
6.	Vishmitha	III BSc FND	II Place Quiz
7.	Shahida Anjum	III BSc ID&D	II Place Quiz
8.	Mishab	III BSc ID&D	II Place Quiz
9.	Nabeel	III BSc ID&D	II Place Quiz
10.	Shamvil	III Bcom B	III Place Quiz
11.	Mohammed Isham	III Bcom B	III Place Quiz
12.	Mohammed Saifuddin	III Bcom B	III Place Quiz
13.	Nowreen Banu	II Bcom B	I Place Mehendi Competition
14.	Aysha Neha	II Bcom A	II Place Mehendi Competition
15.	Shraddha Harikantara	II Bcom A	III Place Mehendi Competition
16.	Shalet Lobo	III Bcom B	I Place Crown Making Competition
17.	Hajira Elfa	II BSc FND	II Place Crown Making Competition
18.	Brenzita Correa	II Bcom A	III Place Crown Making Competition
19.	Shobith	II BSc ID&D	I Place Goodu Deepa Making
20.	Saimaa Rai	III BSc ID&D	II Place Goodu Deepa Making
21.	Reshal dsouza	III BSc FND	I Place Mad Ads Competition
22.	Vishmitha	III BSc FND	I Place Mad Ads Competition





23.	Pallavi Madike	III BSc FND	I Place Mad Ads Competition
24.	Divyashree PJ	III BSc FND	I Place Mad Ads Competition
25.	Divyashree	III BSc FND	I Place Mad Ads Competition
26.	Anusha Monteiro	III BSc FND	I Place Mad Ads Competition
27.	Ayiza	III BSc FND	I Place Mad Ads Competition
28.	Priston Sequeira	III Bcom A	II Place Mad Ads Competition
29.	Alwin Pinto	III Bcom A	II Place Mad Ads Competition
30.	Austin Vas	III Bcom A	II Place Mad Ads Competition
31.	Delisha Lobo	III Bcom A	II Place Mad Ads Competition
32.	Roshny Fernandes	III Bcom A	II Place Mad Ads Competition
33.	Salma Maushoofa	III Bcom A	II Place Mad Ads Competition
34.	Aysha Zulfa	III Bcom A	II Place Mad Ads Competition
35.	Deeksha Suresh Naik	II BSc FND	III Place Mad Ads Competition
36.	Yukta S Naik	II BSc FND	III Place Mad Ads Competition
37.	Avneesh G Shetty	II BSc FND	III Place Mad Ads Competition
38.	Likitha Naik	II BSc FND	III Place Mad Ads Competition
39.	Akanksha P	II BSc FND	III Place Mad Ads Competition
40.	Grishma Naik	II BSc FND	III Place Mad Ads Competition
41.	Shashank	II BSc FND	III Place Mad Ads Competition
42.	Blenson Fernandes	III Bcom A	I Place English Book Review
43.	Saimaa Rai	II BSc ID&D	II Place English Book Review
44.	Jaison Dsouza	I Bcom	III Place English Book Review
45.	Sushmitha	I Bcom	I Place Kannada Book Review
46.	Austin Vas	III Bcom A	II Place Kannada Book Review





47.	Delisha Lobo	III Bcom A	III Place Kannada Book Review
48.	Denson Dsilva	II Bcom B	I Place Konkani Book Review
49.	Anson Pinto	II Bcom B	II Place Konkani Book Review
50.	Jostan Vincent Dsouza	III Bcom A	III Place Konkani Book Review
51.	Alwyn Pinto & Delisha Lobo	III Bcom A	I Place News Paper Building
52.	Fathima Hana & Nashaat Banu	II BSc ID&D	II Place News Paper Building
53.	Jostan Vincent Dsouza & Austin Vas	III Bcom A	III Place News Paper Building
54.	Renisha Rodrigues & Reshal Jenifer Dsouza	III BSc FND	I Place Collage Making
55.	Jostan Vincent Dsouza & Austin Vas	III Bcom A	II Place Collage Making
56.	Prachitha Prakash Naik & Fathima Ayiza	III BSc FND	III Place Collage Making
57.	Chirag, Ashwin Ornello Livya Figreda	II BSc HS	I Place Cooking Without Fire
58.	Rinita Monteiro, Sruthi M Aashika R,	II BSc FND	II Place Cooking Without Fire
59.	Jevita Vegas, Naomi Anah Karen Dsouza,	II BSc ID&D	III Place Cooking Without Fire
60.	Prachitha Naik	III BSc FND	I Place Pencil Sketch
61.	Muhammed Aathish	I BSc ID&D	II Place Pencil Sketch
62.	Saimaa Rai	III BSc ID&D	III Place Pencil Sketch
63.	Jostan Vincent Dsouza	III Bcom A	I Place Nature Photography





64.	Austin Vas	III Bcom A	I Place Nature Photography
65.	Blenson Fernandes	III Bcom A	II Place Nature Photography
66.	Alwyn Pinto	III Bcom A	II Place Nature Photography
67.	Delisha Lobo	III Bcom A	I Place Green out of Non-degradable waste
68.	Alwyn Pinto	III Bcom A	I Place Green out of Non-degradable waste
69.	Arwin Monteiro	III Bcom B	II Place Green out of Non-degradable waste
70.	Ajay Loyed Lobo	III Bcom B	II Place Green out of Non-degradable waste
71.	Fathima Thousiyath	III BSc FND	II Place Green out of Non-degradable waste
72.	Ummu Habbeba	III BSc FND	II Place Green out of Non-degradable waste
73.	Arwin Monteiro	III Bcom B	I Place English Slogan Writing
74.	Anusha Monteiro	III BSc FND	II Place English Slogan Writing
75.	Janhavi K Naik	II Bcom A	III Place English Slogan Writing
76.	Deeksha S Naik	II BSc FND	I Place Kannada Slogan Writing
77.	F Ayiza	III BSc FND	II Place Kannada Slogan Writing
78.	Divyashree	III Bsc FND	III Place Kannada Slogan Writing
79.	Yukta S Naik	II BSc FND	I Place Hindi Slogan Writing
80.	Divyashree P. J	III Bsc FND	II Place Hindi Slogan Writing
81.	Anson Pinto	II Bcom B	III Place Hindi Slogan Writing
82.	Arwin Montiero	III Bcom B	I Place Konkani Slogan Writing
83.	Renisha Rodrigues	III Bsc FND	II Place Konkani Slogan Writing
84.	Sanchay Dsouza	II Bcom B	III Place Konkani Slogan Writing
85.	Jaison Dsouza	I Bcom	III Place Konkani Slogan Writing
86.	Hajira Elfa	II Bsc FND	I Place English Poetry Writing
87.	Shaikh Sofiya	III Bcom A	II Place English Poetry Writing





88.	Aysha Zulfa	III Bcom A	III Place English Poetry Writing
89.	Mohammed Mubarak	II Bcom A	I Place Kannada Poetry Writing
90.	Vishmitha	III Bsc FND	II Place Kannada Poetry Writing
91.	Pallavi	III Bsc FND	III Place Kannada Poetry Writing
92.	Alima Aifa	II Bsc FND	I Place Hindi Poetry Writing
93.	Shaikh Sofiya	III Bcom A	II Place Hindi Poetry Writing
94.	Anson Pinto	II Bcom B	III Place Hindi Poetry Writing
95.	Austin Vas	III Bcom A	I Place Konkani Poetry Writing
96.	Anson Pinto	II Bcom B	II Place Konkani Poetry Writing
97.	Deeksha S Naik	II Bsc FND	I Place English Essay Writing
98.	Zeeshan Ali	III Bsc FND	II Place English Essay Writing
99.	Arjun Salian	II BSc ID&D	III Place English Essay Writing
100.	Harshiya	I Bcom	I Place Kannada Essay Writing
101.	Denson Dsilva	II Bcom B	II Place Kannada Essay Writing
102.	Likitha Naik	II Bsc FND	III Place Kannada Essay Writing
103.	Divyashree P J	III Bsc FND	I Place Hindi Poetry Writing
104.	Prachita P Naik	III Bsc FND	II Place Hindi Poetry Writing
105.	Brenzita Correa	II Bcom A	II Place Hindi Poetry Writing
106.	Zeeshan Ali	III Bsc FND	III Place Hindi Poetry Writing
107.	Austin Vas	III Bcom A	I Place Konkani Poetry Writing
108.	Delisha Lobo	III Bcom A	II Place Konkani Poetry Writing
109.	Anson Pinto	III Bcom B	III Place Konkani Poetry Writing
110.	Hajira Elfa	II Bsc FND	I Place English Calligraphy Writing
111.	Sruthi M	I Bsc FND	II Place English Calligraphy Writing





112.	Zohara Fahmy	II Bsc FND	III Place English Calligraphy Writing
113.	Arpitha Mary	II Bcom A	I Place Kannada Calligraphy Writing
114.	Prathiksha	II Bsc FND	II Place Kannada Calligraphy Writing
115.	Rinita Preethi Monteiro	I Bsc FND	III Place Kannada Calligraphy Writing
116.	Prachitha Prakash Naik	III Bsc FND	I Place Hindi Calligraphy Writing
117.	Fathima Thousiyath	III Bsc FND	II Place Hindi Calligraphy Writing
118.	Ummu Habeeba	III Bsc FND	III Place Hindi Calligraphy Writing
119.	Delisha Lobo	III Bcom A	I Place Konkani Calligraphy Writing
120.	Ajay Loyed Lobo	III Bcom B	II Place Konkani Calligraphy Writing
121.	Fevita Lobo	II Bsc FND	III Place Konkani Calligraphy Writing
122.	Austin Vas	III Bcom A	I Place Treasure Hunt
123.	Delisha Lobo	III Bcom A	I Place Treasure Hunt
124.	Jostan Vincent Dsouza	III Bcom A	I Place Treasure Hunt
125.	Akansha	II Bsc FND	II Place Treasure Hunt
126.	Shashank	II Bsc FND	II Place Treasure Hunt
127.	Ramya	II Bsc FND	II Place Treasure Hunt
128.	Jostan Dsouza	III BCom A	I Place Beauty From Beast
129.	Alwin Pinto	III BCom A	I Place Beauty From Beast
130.	Austin Vaz	III BCom A	I Place Beauty From Beast
131.	Jaison Dsouza	I BCom	II Place Beauty From Beast
132.	Harshiya	I BCom	II Place Beauty From Beast
133.	Preemal Dsouza	I BCom	II Place Beauty From Beast
134.	Shalet Lobo	III BCom B	II Place Beauty From Beast
135.	Vinisha Pinto	III BCom B	II Place Beauty From Beast





136.	Arwin Monteiro	III BCom B	II Place Beauty From Beast
137.	Sanchay Dsouza	II BCom B	III Place Beauty From Beast
138.	Anson Pinto	II BCom B	III Place Beauty From Beast
139.	Denson Dsilva	II BCom B	III Place Beauty From Beast
140.	Renisha Rodrigues	III BSc FND	I Place Calender Quiz
141.	Vishmitha	III BSc FND	II Place Calender Quiz

Overall Proficiency Awards

142.	Sushmitha	I BCom	Overall Proficiency
143.	Deekshitha	I BCom	Overall Proficiency-II
144.	Saranya M S	II BCom A	Overall Proficiency
145.	Nelson D'sa	II BCom A	Overall Proficiency-II
146.	Ananya G Bhat	II BCom B	Overall Proficiency
147.	Ayisha Rafa	II BCom B	Overall Proficiency-II
148.	Roshny Fernandes	III BCom A	Overall Proficiency
149.	Alwin Pinto	III BCom A	Overall Proficiency-II
150.	Afeefath Sumayya	III BCom B	Overall Proficiency
151.	Arwin Monteiro	III BCom B	Overall Proficiency-II
152.	Nikitha Kullu	I Bsc FND	Overall Proficiency
153.	Pournami G M	I Bsc FND	Overall Proficiency-II
154.	Hajera Elfa	II Bsc FND	Overall Proficiency
155.	Likitha Hanumant Naik	II Bsc FND	Overall Proficiency-II
156.	Anitta Elisabeth Joy	III Bsc FND	Overall Proficiency
157.	Divyashree PJ	III Bsc FND	Overall Proficiency-II
158.	Royson Dsouza	I BSc ID&D	Overall Proficiency





159.	Muhammed Athish	I BSc ID&D	Overall Proficiency-II
160.	Surayya Sadaf	II BSc ID&D	Overall Proficiency
161.	Arjun Salian	II BSc ID&D	Overall Proficiency-II
162.	Saima Rai	III BSc ID&D	Overall Proficiency
163.	Soumya Pai	III BSc ID&D	Overall Proficiency-II
164.	Solomon Dcosta	I BSc HS	Overall Proficiency
165.	Sharron Steeven Pinto	I BSc HS	Overall Proficiency-II
166.	Jeslin Rodrigues	II BSc HS	Overall Proficiency
167.	Monica Dsilva	II BSc HS	Overall Proficiency-II
168.	Delora Corda	III BSc HS	Overall Proficiency
169.	Patricia Quadras	III BSc HS	Overall Proficiency-II

Toppers of 2019-21 Batch

170.	Minal Karishma Monteiro	Bcom A	Overall Proficiency
171.	Bibi Afraz	Bcom B	Overall Proficiency-II
172.	Kethana K S	BSc FND	Overall Proficiency
173.	Mariyam Mufeeda	BSc FND	Overall Proficiency-II
174.	Dsouza Russel	BSc HS	Overall Proficiency
175.	Joel Sharon	BSc HS	Overall Proficiency-II

Value Education Topscorers

176.	Aysha Banu	I BCom	Overall Proficiency
177.	Saranya MS	II BCom A	Overall Proficiency
178.	Ananya G Bhat	II BCom B	Overall Proficiency
179.	Ayesha Banu	III BCom A	Overall Proficiency
180.	Arwin Monteiro	III BCom B	Overall Proficiency





181.	Nikitha Kullu	I BSc FND	Overall Proficiency
182.	Hajira Elfa	II BSc FND	Overall Proficiency
183.	Jnanesh K J	III BSc FND	Overall Proficiency
184.	Jumana Haseena PM	I BSc ID&D	Overall Proficiency
185.	Naomi Anah Ebnezer	II BSc ID&D	Overall Proficiency
186.	Saimaa Rai	III BSc ID&D	Overall Proficiency
187.	Sharron Steven Pinto	I BSc HS	Overall Proficiency
188.	Jesline Jane Roigues	II BSc HS	Overall Proficiency
Best NSS Campers			
189.	Mohammed Harfath	I BCOM	
190.	Sushmitha	I BCOM	
Best NSS Volunteers			
191.	Yukta Naik	II BSc FND	
192.	Denson Dsilva	II BCOM B	
BHS Rank Holder			
193.	Monica Mascarenhas	III BSc HS	3rd Rank
Best Outgoing Student Award			
194.	Delisha Lobo	III BCOM A	
195.	Afeefath Sumayya	III BCOM A	
196.	Renisha Rodrigues	III B.Sc FND	
197.	Saimaa Rai	III B.Sc ID&D	
198.	Patricia Quadras	III B.Sc HS	





ANNUAL SPORTS DAY PRIZE WINNERS

<p>100 MTR (BOYS)</p> <p>First : Ashvil II BHS</p> <p>Second : Vinith II BCOM B</p> <p>Third : Shreyan II BCOM B</p>	<p>100 MTR (GIRLS)</p> <p>First : Juhi I BCOM</p> <p>Second : Saaima Rai III ID&D</p> <p>Third : Akansha II FND</p>
<p>200 MTR (BOYS)</p> <p>First : Vinith II BCOM B</p> <p>Second : Sharon I BCOM</p> <p>Third : Shashank II FND</p>	<p>200 MTR (GIRLS)</p> <p>First : Juhi I BCOM</p> <p>Second : Lenisha II BCOM</p> <p>Third : Ramya II FND</p>
<p>400 MTR (BOYS)</p> <p>First : Ashwin II BHS</p> <p>Second : Zubair III BCOM A</p> <p>Third : Maharoof III BCOM B</p>	<p>400 MTR (GIRLS)</p> <p>First : Saaima Rai III ID</p> <p>Second : Lenisha II BCOM</p> <p>Third : Juhi II BCOM</p>
<p>800 MTR (BOYS)</p> <p>First : Ashwin II BHS</p> <p>Second : Rawil I BHS</p> <p>Third : Vinith II BCOM B</p>	<p>800 MTR (GIRLS)</p> <p>First : Delisha Lobo III BCOM B</p> <p>Second : Divya Shree PJ III FND</p> <p>Third : Devina II FND</p>
<p>1500 MTR (BOYS)</p> <p>First : Ashwin II BHS</p> <p>Second : Sahil III ID&D</p> <p>Third : Jeevan III FND</p>	<p>1500 MTR (GIRLS)</p> <p>First : Thanisha III ID&D</p> <p>Second : Brenzita II BCOM A</p> <p>Third : Grishma II FND</p>
<p>LONG JUMP (BOYS)</p> <p>First : Shreyan II BCOM B</p> <p>Second : Sharon I BCOM</p> <p>Third : Ashvil II BHS</p>	<p>LONG JUMP (GIRLS)</p> <p>First : Shahida Anjum III ID&D</p> <p>Second : Saaimaa Rai III ID&D</p> <p>Third : Akansha II FND</p>
<p>SHOT PUT (BOYS)</p> <p>First : Thrishool I BHS</p> <p>Second : Shashank II FND</p> <p>Third : Aynish I ID&D</p>	<p>SHOT PUT (GIRLS)</p> <p>First : Fevita Lobo II FND</p> <p>Second : Reeshal III BHS</p> <p>Third : Jesvita I BHS</p>





DISCUS THROW (BOYS) First : Nishanth II BHS Second : Shashank II FND Third : Jeswin III BCOM A	DISCUS THROW (GIRLS) First : Fevita Lobo II FND Second : Joylin II BCOM A Third : Karen II ID&D
HIGH JUMP (BOYS) First : Shreyan S II BCOM B Second : Ashwin II BHS Third : Wenzil Pinto II BCOM B	
TUG OF WAR (BOYS) First – II & III BHS Second – III BCOM A	TUG OF WAR (GIRLS) First – II BCOM B Second – III ID&D

MILAGREAN ALMANAC 2022-2023

Sl. No.	DATE	EVENTS/ ACTIVITIES	ASSOCIATIONS / CLUBS
1.	Sep. 05, 2022	Etiquette Knowledge	Commerce
2.	Sep. 09, 2022	Awareness on Banking	Placement Cell
3.	Sep. 09, 2022	Awareness of Civil Service	Placement Cell
4.	Sep. 10, 2022	Teacher Day Celebration	Student Council
5.	Sep. 12, 2022	Interpersonal Relation	Commerce
6.	Sep. 12, 2022	Company Security & Job opportunity	Placement Cell
7.	Sep. 12, 2022	Orientation on ACCA	Commerce
8.	Sep. 15, 2022	Self Awareness and Goal settings	Commerce
9.	Sep. 16, 2022	Recreational Activities	Commerce
10.	Sep. 17, 2022	Onam Celebration	Cultural
11.	Sep. 24, 2022	NSS Day Celebration	NSS
12.	Sep. 29, 2022	Profession as Dietition	BSC Fnd
13.	Oct. 02, 2022	Gandhi Jayanthi Celebration	NSS





14.	Oct. 18, 2022	Job Fair	Placement Cell
15.	Oct. 22, 2022	Deepavali Celebration	Cultural
16.	Nov. 04, 2022	Inauguration of Student Council	Student Council
17.	Nov. 07, 2022	Teacher Transformative	IQAC
18.	Nov. 08, 2022	Hindi Divas Celebration	Language
19.	Nov. 9, 2022	Importance of Library in Life	Library
20.	Nov. 10, 2022	Kanakadasa Jayanti	Language
21.	Nov. 10, 2022	Kannada Nadu Nudi	Language
22.	Nov. 10, 2022	Green Out of the Non Degradable	Eco club
23.	Nov. 10, 2022	NSS Inauguration	NSS
24.	Nov. 14, 2022	Talk on English Subject	Language
25.	Nov. 17, 2022	Fresher's Day	Cultural
26.	Nov. 22, 2022	Navrang 2022	IQAC
27.	Dec. 01, 2022	General Quiz	Commerce
28.	Dec. 01, 2022	Mehendi Competition	Women Cell
29.	Dec. 02, 2022	Internal Education Opportunity	Commerce
30.	Dec. 03, 2022	Swach Bharat Abhiyaan	NSS
31.	Dec. 05, 2022	National Conference by FND	B.Sc FND
32.	Dec. 05, 2022	Mad Ad	Cultural
33.	Dec. 05, 2022	Solgan Writing Competition	Literary
34.	Dec. 09, 2022	Guest Lecturer on awareness on Civil Service	Commerce
35.	Dec. 09, 2022	Eassy Competition(Kannada, Hindi,English)	Literary
36.	Dec. 09, 2022	Anti-Human Traffic	Human Right Cell
37.	Dec. 09, 2022	Career Opportunity Insurance	Commerce
38.	Dec. 09, 2022	Nature Photography	Eco-club
39.	Dec. 09, 2022	First Aid Training	Youth Red Cross
40.	Dec. 09, 2022	Ride Awareness	Sport





41.	Dec. 13, 2022	Human Right Talk	Human Right Cell
42.	Dec. 14, 2022	Poetry Competition	Literary
43.	Dec. 20, 2022	Cooking without Fire	Hospitality
44.	Dec. 21, 2022	Instruction Session for Girls	Women Cell
45.	Dec. 23, 2022	Christmas Celebration	Special Eevent
46.	Dec. 26, 2022	Constitutional Day	NSS
47.	Jan. 09, 2023	EPIC Training	NSS
48.	Jan. 13, 2023	IAS-Career Guidance	Placement Cell
49.	Jan. 25, 2023	Voters Day	NSS
50.	Jan. 26, 2023	Republic Day	NSS
51.	Jan. 30, 2022	Martyr's Day	NSS
52.	April 06, 2023	Career Opportunity in Postal	Placement Cell
53.	April 10, 2023 to April 29, 2023	Ghumat Certificate	Konkani Sangh
54.	April 13, 2023	Ambedkar Jayanti	NSS
55.	April 19, 2023	Collage Competition	BSc ID Departement
56.	April 20, 2023	Samanvay	Commerce
57.	April 24, 2023	EID Celebration	Special Event
58.	April 26, 2023	Book review	Library
59.	April 28, 2023	Pencil Sketching	Hospitality
60.	April 28, 2023	Campus Drive	Placement Cell
61.	May 04, 2023	Caligraphy	Literary
62.	May 05, 2023	Voter's Awareness	NSS
63.	May 06, 2023	Excelso	Commerce
64.	May 11, 2023	Crown Making	Women Cell
65.	May 12, 2023	Alumni Talk	Alumni Association
66.	May 19, 2023	Talents Day	Cultural





INAUGURATION OF STUDENT COUNCIL

The Inauguration of the Student Council, for the academic year 2022-23 was held on Friday, November 04, 2022 at Milagres College Auditorium. The Programme began with a prayer service, led by the college choir. Rev. Fr Vincent Francis Monteiro, Vicar Var of EC Deanery and parish priest of St Sebastian Church, Bendur was the chief guest of the program. Personal Investment services professional, Sapna Shenoy was the guest of honour. Fr Bonaventure Nazareth, Correspondent of Milagres Educational Institutions, presided over the function.

The dignitaries inaugurated the programme by lighting the lamp. The chief guest congratulated the students and said they are leaders among leaders and are being selected separately. Guest of honor Sapna Shenoy delivered the message by sharing her experience of college days and spoke about the three skills which are essential in one's life. The correspondent in his presidential message emphasized that *"Students can't grow in the aquarium but grow in the Ocean where there are a lot of skills, ability and leadership qualities"*. Fr Michael Santhumayor, the principal, welcomed the dignitaries and introduced the chief guest. He administered the Oath to the college president, Jostan Vincent Dsouza and the other office bearers of the student council. The council comprises a total of 45 students. Mr. Cassin Rodrigues, vice principal, proposed the vote of thanks. Nickson of II B.com A compered the programme. 600 students from all streams B.com, B.Sc ID, B.Sc FND, B.Sc BHS witnessed the programme.





List of the Office Bearers for the Academic year 2022-23

Sl.No.	Name of the Office Bearer	Designation
1	Rev. Fr Michael L Santhumayor	Principal - Council Director
2	Mr Cassin Rodrigues	Vice Principal - Council Officer
3	Mrs Glencia Fernandes	HOD of Commerce
4	Mr Akhil E T	HOD of Hospitality Science
5	Mrs Sowmya A Kotian	HOD of Languages
6	Ms Pearl Rhea Fernandes	HOD of B Sc. FND
7	Mr John Melroy Fernandes	HOD of B.Sc. IDD
8	Jostan Vincent D'souza III BCom B	CPL
9	Ashwin Sheldon Ornello II B.Sc HS	ACPL
10	Saimaa Rai, III Bsc IDD	Secretary
11	Anusha Jostna Monteiro, II B.sc FND	Secretary
12	Avaneesh G Shetty II B.Sc ID	Joint Secretary
13	Surayya Sadaf II B.sc ID	Joint Secretary
CLASS REPRESENTATIVES		
14	Stephen Elloy	I B Com
15	Juhi Joyce Dcuhna	I B Com
16	Brenzita Correa	II B Com A
17	Mohammed Hafil	II B Com A
18	Anisha Derina Dsouza	II B Com B
19	Sulaiman Harees	II B Com B
20	Salma Mausoofo	III B Com A
21	Mohammed Akhmal	III B Com A
22	Reeshal Dsouza	III B Com B
23	Brian Glen	III B Com B





24	Sushmitha Lobo	I BHS	
25	Annon Joel	II BHS	
26	Rishal Santhis	III BHS	
27	Fathima Thasneem	I FND	
28	Devina Andrade	II FND	
29	Reshal Jenifer Dsouza	III FND	
30	Jumana Haseen	I IDD	
31	Shobitha Bangera	II IDD	
32	Sowmya Pai B	III IDD	
ASSOCIATION, CLUB & CELL SECRETARIES			
33	Neil Dsouza	Commerce Association	II B Com A
34	Jeslin Rodrigues	Hospitality Club	II B Sc HS
35	Jasmine John	Eco & life Science	II B.Com B
36	Soloman Dcosta	Literary Association	I BSc HS
37	Fathimath Thasneem	Fine Arts Association	II B.Sc ID
38	Priston Sequeira	Library Association	III Bcom A
39	Mohammed Shanwaz Hussain	Sports & Athletics	II B.Com B
40	Yukta Suresh Naik Vinith Felix Fernandes	National Service Scheme	IIBsc FND II BCom B
41	Jesvita Veigas	Youth Red Cross Unit (YRC)	II B Sc ID
42	Roshni	Sahayog – Outreach Programme	II B.Sc ID
43	Maryam	Forum for Human Rights & Anti-ragging Cell	I B Com
44	Divyashree	Women's Cell	III B Sc FND
45	Austin Vas	College Choir	III B Com A





TEACHERS DAY CELEBRATION

Milagres College witnessed a heart-warming celebration in honour of Teachers' Day on Monday 5th September 2022, organized by the dedicated members of the Student Council. The event aimed to express gratitude and appreciation for the invaluable contributions of the teaching faculty in shaping the academic and personal development of the students. The celebration took place in the college auditorium, which was adorned with vibrant decorations reflecting the festive spirit of the occasion. The venue was arranged to accommodate both students and faculty members, fostering a sense of unity and camaraderie.

The event commenced with an inaugural ceremony where the Student Council president delivered a welcome speech, emphasizing the significance of Teachers' Day and the role of educators in molding future leaders. The student body showcased their talents through a series of cultural performances, including dance and music. These performances were not only entertaining but also served as a token of appreciation for the teachers. The Student Council addressed the audience, expressing gratitude to the teaching staff for their tireless efforts and dedication. They highlighted specific instances of the positive impact teachers had on students' lives. The students organised a variety of games to the teaching and non-teaching staff. 40 teaching and non-teaching staff participated in the event and 45 student council members and 300 students were present at the event.

The Teachers' Day celebration organized by the Student Council at Milagres College was a resounding success. The event not only acknowledged the hard work and dedication of the teaching staff but also created a positive and uplifting atmosphere on the campus. The collaborative effort of the Student Council in planning and executing the celebration demonstrated the strong sense of unity and appreciation within the college community.

FAREWELL PROGRAM

The Milagres College community came together on to bid a fond farewell to the graduating students. The farewell program, held at the college auditorium, was a heart-warming and memorable event, marked by emotions, laughter, and expressions of gratitude. The program commenced with a welcome address by Fr Michael Santhumayor, the college principal. In his speech, he expressed his pride in the graduating students and highlighted their achievements during their time at Milagres College. This was followed by an invocation, setting a positive and reflective tone for the evening.





The farewell program featured a variety of cultural performances, including dance and music presented by students from different batches. These performances showcased the rich diversity and talents of Milagres College students, adding a vibrant touch to the farewell ceremony. Several faculty members and students shared their thoughts and memories of the departing students. Emotional and humorous anecdotes were shared, creating an atmosphere of camaraderie and nostalgia. The departing students also had the opportunity to express their gratitude to the college, faculty, and their fellow students. As a symbol of appreciation, the graduating students were presented with personalized mementos by the college administration. These mementos served as a reminder of their time at Milagres College and the bonds forged during their academic journey.

The farewell program at Milagres College was a poignant yet joyous occasion, celebrating the achievements and growth of the departing students. As they prepare to embark on new journeys, the Milagres College community wishes them success, fulfilment, and a bright future. The evening concluded with a vote of thanks, expressing gratitude to everyone who contributed in making the farewell program a resounding success. The memories created during this event will undoubtedly linger in the hearts of all those who attended, creating a lasting bond between the college and its graduating students.

LITERARY ASSOCIATION

An association which strives to up bring our plans into actions and envisions our dreams into reality by providing a platform for the students to empower their literary skills and capabilities by instilling love and passion towards different languages. It is a forum where the literature lovers, readers and writers unit.

* **English Essay Writing Competition:** It was conducted on November 9th 2022, the topic for the essay writing was “*Pollution due to urbanization*” 24 students took part in the competition.

The winners of the event were:

I Place	Deeksha S Naik	II BSc FND
II Place	Zeeshan Ali	III BSc FND
III Place	Arjun	II BSc IDD

* **English Poem Writing Competition:** It was conducted on November 14th 2022, Total 11 students took part in this competition. Topic was “*Dreams*”.





The winners of the event were:

I Place	Hajira Elfa	II BSc FND
II Place	Shaikh Safiya	III BCom A
III Place	Aysha Zulfa	III BCom A

- * **English Slogan Writing Competition:** It was conducted on 5th December 2022, Total 16 students took part in this competition. Topic was '*Patriotism towards Nation*'.

The winners of the event were:

I Place	Arwin Monteiro	III BCom B
II Place	Anusha Monteiro	III BSc FND
III Place	Janhavi	II BCom A

- * **English Calligraphy Writing Competition:** It was conducted on 19th December 2022, Total 24 students took part in this competition.

I Place	Hajira Elfa	II BSc FND
II Place	Sruthi M	I BSc FND
III Place	Zohara Fahmy	III BSc FND

- * **Kannada Essay Writing Competition:** It was conducted on November 9th 2022, the topic for the essay writing was "*Kannada asthithvake yaduraguva savalugalu*" 16 students took part in the competition.

The winners of the event were:

I Place	Harshiya	I BCom
II Place	Denson Dsilva	II BCom B
III Place	Likitha	II BSc FND

- * **Kannada Poem Writing Competition:** It was conducted on November 14th 2022, Total 15 students took part in this competition.

The winners of the event were:

I Place	Mohammed Mubarak	II BCom A
II Place	Vishmitha	III BSc FND
III Place	Saima Rai	III BSc FND

- * **Kannada Slogan Writing Competition:** It was conducted on 5th December 2022, Total 16 students took part in this competition.





The winners of the event were:

I Place	Deeksha S Naik	III BSc FND
II Place:	Fathima Ayiza	III BSc FND
III Place	Divyashree P. S	III BSc FND

- * **Kannada Calligraphy Writing Competition:** It was conducted on 19th December 2022, Total 24 students took part in this competition.

The winners of the event were:

I Place	Arpitha Mary	II BCom A
II Place	Prathiksha	II BSc FND
III Place	RenitaMonteiro	III BSc FND

- * **Hindi Essay Writing Competition:** It was conducted on November 9th 2022, the topic for the essay writing was 'prasthuth peedike purush aur naari sasakithikaran '14 students took part in the competition.

The winners of the event were:

I Place	Divyashree S	III BSc FND
II Place	Prachitha P Naik	III BSc FND
III Place	Brenzita Correa	II BCom A

- * **Hindi Poem Writing Competition:** It was conducted on November 14th 2022, Total 8 students took part in this competition. Topic was "Sapna".

The winners of the event were:

I Place	Alima Aifa	II BSc FND
II Place	Shaikh Sofiya	III BCom A
III Place	Aysha Zulfa	III BCom A

- * **Hindi Slogan Writing Competition:** It was conducted on 5th December 2022, Total 16 students took part in this competition.

The winners of the event were:

I Place	Yuktha S N	II BSc FND
II Place	Divyashree	III BSc FND
III Place	Anson Pinto	II BCom B

- * **Konkani Essay Writing Competition:** It was conducted on November 9th 2022, Total 24 students took part in the competition.





The winners of the event were:

I Place	Austin Vas	III BCom B
II Place	Delisha Lobo	III BCom A
III Place	Anson	II BCom B

* **Konkani Poem Writing Competition:** It was conducted on November 14th 2022, Total 11 students took part in this competition. Topic was “Sapan”.

The winners of the event were:

I Place	Austin Vas	III BCom A
II Place	Anson Pinto	II BCom B

* **Konkani Slogan Writing Competition:** It was conducted on 5th December 2022, Total 16 students took part in this competition.

The winners of the event were:

I Place	Arwin Monteiro	III BCom B
II Place	Renisha	III BSc FND
III Place	Sanchay and Anson	II BCom A

HINDI DIVAS CELEBRATION

Milagres college in association with IQAC & Hindi department organised Hindi divas on sept 20 2023, at 2:50 pm in the collage auditorium. Dr Mukund prabhu was the chief guest of the program. Rev Fr Micheal Santhumayor, Principal and correspondent Presided over the program. Ms. Shravya N HOD of Hindi were present on stage. The program began with Prayer song sung by the students. Muskan Gupta from I Bcom welcomed the Gathering. Significance of the day was said by Ashel Dsouza from II BHS. The chief guest spoke on the Importance of the language Hindi, how vast the language is. Pavee lama student did the vote of thanks and Mohammed Jaseem compeered the program.

KONKANI MANYATHA DIVAS

Milagres College Mangalore Konkani Club celebrated Konkani Manyatha Divas on August 31, 2023. Mr Victor Mathias was the Chief Guest for the programme. In his message he said that ‘Konkani was included in the Eighth Schedule to the Constitution of India as per the Seventy-First Amendment on 20 August 1992, adding it to the list of official





languages'. This recognition has increased the respect and value for this language by leaps and bounds. Hence, it is our duty to strive towards the development of Konkani.

Rev Fr Michael Santhumayor, Principal of the college presided over the program. He said, Konkani is mother tongue of thousands of coastal people, yet its development is stagnated due to various reasons. Therefore, incorporating Konkani language in the primary education system is the need of the hour. The future of Konkani lies on the shoulder of the young generation. He proudly said that about 80 students have taken Konkani as a second language. This shows the keen interest in the youth towards learning Konkani and culture.

Founder of ManddSobhann Mr Eric Ozario, President Mr Louis J Pinto, Konkani Club Coordinator Ms Tressy Pinto and the team 'Osmityay' were present. On this occasion, the promo of the Konkani movie 'Osmityay' was displayed to the audience.



Preema DSouza spoke on the significance of the day. Konkani students entertained the gathering with melodious 'Ghumat' performance. Cultural programme was held. Mr Denson D Silva, President of Konkani Club welcomed the gathering. Ms Juhi DCunha proposed the vote of thanks. Mr Jaison DSouza compered the event. About 140 Konkani students participated in the programme.

KANNADA SANGHA

Report on Student Capacity Building Programme :

Internal Quality Assurance Cell of our College organized Student Capacity Building Programme on the topic "Awareness of Civil Services" on September 09, 2022 at 12.00 pm in the College auditorium. Mr. Arun Shiva Salian, Counsellor, Mangalore, was the Resource Person. He guided the students regarding registrations of exam and how to prepare and clear the test as well as interview. He explained his experiences for cracking UPSC Exam. He suggested the students to focus on current affairs and newspaper reading regularly. He shared some links for beginners to get NCERT. He had an interactive session with our students.





Report of PTA Executive Committee Meeting :

PTA Executive committee meeting was held on September 10, 2022 in conference room at 3.30pm. The meeting was attended by 11 members along with Mr Cassin Rodrigues, Vice Principal, Mrs Sowmya Kotian PTA coordinator PTA Executive committee meeting was held on December 15, 2022 in the conference room at 3.30pm. The meeting was attended by 7 members along with Mr. Cassin Rodrigues, The Vice Principal, Mrs.Sowmya Kotian PTA Coordinator.



Report of Koti Kanta Gaayana :

On October 28, 2022 Koti Kanta Gaayana - Nanna Nadu Nanna song, Kannada devotional songs were sung in Milagres College. Koti Kanta Gayana which started with Nadha Gita ended with the song Huttidare Kannada Nadalli Huttabeku followed by Pratijna rite related to Kannada Nadu, Nudiwas preached. Rashtrakavi Kuvempu Virachita Nada Gita Jai Bharat Jananiya Tanujate and Barisu Kannada Dindimava Narayana Rao UdayaVagali Namma Cheluva Kannada Nadu Chennaveerakanavi Vishwavinootana Vidya Chetana Sarva Hridayasanskari Dr.D.S.Karki Hachchevu Kannada Deepa and Hamsalekha Huttidare Kannada Nadalli Huttabeku were sung by the students.

Report of Kannada Rajyotsava:

Department of Languages (Kannada) in association with Internal Quality Assurance Cell of the college organised a guest lecture on account of Kannada Rajyotsava on November 09, 2022. Dr Giriappa Assistant Professor, Assistant Professor of Besant Women's College, Mangalore was the resource person. The topic of the lecture was "Kannada Nadu Nudi".



The resource person in his address mentioned Kannada is not just an alphabet, it includes Karunada land, water, people, life, literature, culture, art, music. If you want to learn a million languages, if you want to play only one language, Kannada... Kannada, Kasturi. Kannada. "Kannada language is our culture", India has a rich culture and it is our identity. Be it religion, art, intellectual achievements or performing arts, it has made us a colourful, rich and diverse nation'.

Report of Kanakadasa Jayanthi :

Department of Languages (Kannada) in association with Internal Quality Assurance Cell of the college organised a guest lecture on account of Kanakadasa Jayanti on November 10, 2022. Mr.Raviraj S, assistant professor of Mangalore, Besant Women's College as a resource





person, spoke on the subject of *'The Nature of Bhakti and Social Criticism in Kanakadasa's Kirtans'*. Kanakadasa composed many hymns. Kanakadasa was pointed out through Dasa literature. Santvarenya Kanakadasa who made a social revolution by telling about the ills of the society in a language that common people can understand to overcome the differences of caste, creed and clans. Kanakadasa is one of the more than 50 dasas of the Dasa lineage.

Report of PTA General Body Meeting :

PTA General Body meeting was held on January 23, 24 & 25, 2023 for I, II & III year students respectively at 3.00pm in the College Auditorium. College Choir Team lead the invocation and Principal Rev Fr Michael L Santhumayor welcomed gathering. Principal briefed the parents regarding rules and regulation of college, shortage of attendance, Semester Exam date, result analysis of Internal exams, future programmes that would be held in the academic year, fee structure and scholarship details and also explained operation of LMS to parents through PPT presentation. Principal and concerned class coordinators answered all queries of the PPT.



Achievements

On March 11 and 12, 2022 attended and presented a paper title *'Tulunaadabermere'* in a two day National Conference held at Shree Bhuvanendra college. On March 11, 2022 Presented and publish a paper title *'Harmon Mongling'* in International Journal of Academic Research a one day National Conference held at Milagres College, Mangalore ISSN Publication.(2348-7666)

1. Appointed External Deputy Chief Superintendents for April/May 2022 end Semester Exam in University College, Mangaluru-01
2. Appointed External Deputy Chief Superintendents for February 2023 end Semester Exam in Besant Evening College, Mangaluru-01

COMMERCE ASSOCIATION

Report on Quiz Competition:

The commerce Association had organized a Inter-Class quiz competition for the students on November 30, 2022 at 3.00 P.M. in the college auditorium to popularize quizzing activities and to instil our students the values of knowledge, wisdom and compassion to make them smart citizens. Mr. Niel D'Souza Secretary of Commerce Association welcomed the gathering and Mr. Cassin Rodrigues conducted the quiz competition.





The Prelims round was held on November 28, 2022 in room no. 202 at 3.00 p.m. Three students make a team, totally 53 teams participated in the Prelims round and best Six teams were selected for Final round. The Following teams backed the prizes.

First prize: Priston Sequeira, Jostan D'Souza, Blenson Fernandes - 3rd Bcom A

Second prize : Renisha Rodrigues, Reshal D'Souza, Vishmitha - 3rd B.sc FND. And
Shahida Anjum, Mishab, Nabeel - 3rd B.sc ID & D

Third prize : Shamvil, Mohammed Isham, Mohammed Saifuddin - 3rd Bcom B

The Quiz competition concluded at 4.30 p.m. Ms. Tressy Pinto, commerce Association coordinator proposed vote of thanks. Total 159 students participated in quiz competition.

CULTURAL ASSOCIATION

Goodu Deepa Presenting Competition :

On account of the “Deepavali Celebration” Cultural association in collaboration with IQAC organized “Goodu Deepa Presenting Competition” on October 31, 2022 for all the students. The objective of the event was to bring out the hidden talents of the students in presenting the Goodu Deepas and to spread the beauty of Indian culture and art. Mr. John Melroy Fernandes, special event coordinator and Ms. Shaila Moras, cultural association coordinator were incharge of the event. Shobith from IIB.Sc ID &D bagged the first place and Saima Rai from III B.Sc ID & D bagged the second place in the competition.

Fresher's Day :

IQAC in association with Student Council organised Fresher's Day and International student's day celebration held at Milagres College on November 17, 2022. Principal, Fr Michael L Santhumayor spoke a few words on the occasion of student's day, Vice principal Cassin Rodrigues, IQAC Coordinator



Chethana and student President Jostan Vincent Dsouza along with student council members conducted the event for juniors. Fresher's day is a lot of fun, and it's also a great time to get to know your seniors. You have more opportunities to bond with your peers outside the class and learn more about them. Freshers have terrific fun. It's a way to get out and meet new people. It's a method of stepping outside of your comfort zone. The event was structured by prayer song, Dancing, Singing, Drama and some fun games.





Mad Ads Competition :

Cultural Association in collaboration with IQAC organized Mad Ads Competition for the Milagres Degree Students on December 02, 2022 at 3.00 pm in the College Auditorium. The main objective of conducting Mad Ads competition is to give an opportunity to the students to showcase their creative business skills in marketing products and services. 14 classes



enrolled their teams out of which 11 teams participated in the competition. Ms. Shaila Moras, Cultural Association Coordinator initiated the programme by welcoming the gathering. Judges were welcomed florally by Mrs.Chethana, IQAC Coordinator, and Ms. Shravya, Lecturer, Department of Languages. Teams were judged on the basis of Creativity, concept, variety and presentation. Judges of the Mad Ads Competition were Ms. Carol Fernandes, Lecturer, Department of English and Ms.Athira, Counselor of Milagres Degree College. First place was bagged by Renisha & team 3rd FND, Second place by Jostan and team 3rd Bcom A and Third Place by Alima Aifa and team 2nd FND. The winners and participants were appreciated for their excellent performance. The programme was concluded by proposing vote of thanks by Ms. Shaila Moras, Cultural Association Coordinator.

Christmas Celebration 2022 :

The Internal Quality Assurance Cell and Special event coordinator organized an Feliz Navidad, Christmas celebration on December 23, 2022 at 3:00 pm in the college auditorium. The Chief Guest for the celebration was Yashwanthi L Uchil she spoke about how Jesus was born in Bethlehem. Rev. Fr Michael



Santhumayor gave away his presidential message. Priston Sequeira welcomed the gathering. The college choir led the gathering into prayer. Carol singing by college choir and dance performance by the students of B.sc department showing life of Jesus how he was born this added entertainment to the programme. Denson of 2 nd BCom spoke on the significance of the day. Ms. Jevita veigas proposed the vote of thanks. The student representative Anusha joshna Compered the programme. Total 150 students were present for the celebration.

Eid Celebration :

The Internal Quality Assurance cell and Special event coordinator organized an Eid Celebration on April 24, 2023 at 11.45am in the College Auditorium. *“The Richness and Depth of celebration express a culture accurately”* The students of Milagres College celebrated the festival of Eid with great enthusiasm. To mark the occasion, the Programme





started with a Prayer to the Almighty lead by the College Choir. Hajia Elfa 2nd FND, Student Representative welcomed the gathering. Rev. Fr Michael Santhumayor gave away his presidential message. The celebration was continued by apprising the audience about the significance of the holy festival by Maryam 1st Bcom. The students presented a colorful cultural



programme such as Dance and singing. Ms. Hanna 2nd ID&D Proposed the Vote of thanks. The Program was compered by Student representative Ms. Shahida Anjum 3rd BSC. ID&D. The dignitaries on the dias were Rev. Fr Michael Santhumayor, Principal and Mr. John Melroy Fernandes, Special events Coordinator. 460 students were present for the celebration.

Talents Day 2023 :

On account of Talents Day, Cultural association in collaboration with IQAC organized Interclass Variety Competition on May 19, 2023 from 2:00 PM to 4:30 PM in the college rooftop auditorium to the students of Milagres Degree College. There were around 250 participants who actively participated and showcased their excellent talents on Talents Day. The purpose of organizing Variety Competition was to encourage students to present their talents and to provide them a platform to enhance their creativity and acting skill. Rev. Fr. Roshan Santhumayor, an assistant parish priest, Milagres Church and Mr. Dixson Machado, a choreographer and event manager were the judges for the same. Ms. Amin Deepa was the MC for the event. Ms. Hajira Elfa welcomed the gathering and the program was concluded by proposing vote of thanks by Ms. Fathima Thasneem. The winners of variety competition were: I Place- 3rd ID&D, II Place- 2nd IDD and III place- 3rd FND.

BHASHA SANGAM-2023

Milagres College, Mangalore Department of Languages, IQAC & MICAA in Collaboration with Chair in Christianity, Mangalore University Organize Bhasha Sangam-2023, one-day National level Symposium on “*Language and Religion: Explorations and Inter- relations*” on July 01, 2023. The conference was inaugurated by the dignitaries lighting the



lamp. The President and Inaugurator of the ceremony Most Rev. Dr Peter Paul Saldanha Bishop of Mangalore and President of CBE. Chief Guest and Key Note Addressee Prof. Purushothama Bilimale Retired Prof. JNU, New Delhi. He dealt with the topic “*Language and Religion: Explorations and Inter- relations*” and also spoke about how religion and





language is complex. Rev Fr. Micheal Santhumayor, Campus Director and Principal welcomed the gathering and gave an overall view on the symposium. Head, Chair in Christianity & Prof. St. Joseph's Seminary, Riyona Alumina President, Program Convener Ms. Carol Fernandes were present on the Dais.

The second session was Dealt with Dr Ajakkala Girish Bhat Principal, GFGC Siddakatte, Rev Dr Rudolph R Pinto, OCD Director, Ryshivana, Ranipura who was the resource person for Konkani and Dr Suma T Rodannavara Assoc. Prof & Head, Department of Hindi University College, Mangalore spoke on the topic Role of Hindi in Religious practices and Promotion dealt with Tulu and Kannada languages, vis-à-vis religion and also spoke how poems, verses and other articles have inter-relations. During the Valedictory Rev Fr. Bonaventure Nazareth, Correspondent, Milagres Educational Institutions presided over the function. In his presidential message, he spoke about the eminence of the languages spoken and encouraged the gathering to understand the linguistic diversity of India through the medium of languages. Ms. Sowmya, Faculty and Conference Convenor proposed the vote of thanks. A total of 200 delegates were present during the session.

EXCELSO 2K23

Milagres College, Mangalore, Department of Commerce in association with IQAC organized one-day inter collegiate fest Excelso 2023 on May 06, 2023. The Chief Guest for the day was Prof. Abubakkar Siddiq, Coordinator, Dept of PG studies and Beary study Chair Mangalore University. President, Rev Fr Bonaventure Nazareth, Correspondent, Milagres Educational Institutions, other dignitaries



on the dais were Rev Fr Michael Santhumayor Principal Milagres College, Mr, Denzil Pinto, Excelso staff convenor, IQAC Mrs Chethana, Assistant Coordinator Mr. Dhanaraj, Ms Amin Deepa, Austin Vas Student Coordinators were present on the dais.

Rev Fr Michael Santhumayor Principal in his speech said 'along with the studies there also should be extra curricular activities. He encouraged all the students who came for the competition. The Chief guest for Valedictory program was Mrs. Arina J. Rao, Adrina Jasmine, Rev Fr Michael Santhumayor, Principal Milagres College, he congratulated the college and the participants for being a part of the event and asked the students to take all negativity as encouragement for success. The fest Excelso comprised of events like Best Manager, Marketing, Standup comedy, Quiz, Photography, Poster Making, Cocktail making





and Best out of waste. Students from various colleges gave their feedback on the events. Austin Vas did the vote of thanks. 21 Colleges participated in Excelso 2023 fest. Various colleges won in different events. Srinivas College Pandeshwar won the overall championship and Scared Heart College Madanthyar, were the runners up for Excelso 2023.

LIBRARY ASSOCIATION

Book Review Competition Report:

It is necessary that students themselves learn writing in their own way. Book Review one such event held on by the Library Association on May 03, 2023 in the college Library at 2:00pm. Students selected English, Kannada & Konkani books of the choice to write a review, 15 students participated in the competition and wrote a review Students gave a PowerPoint presentation of their review.

The winners of the competition were:

English Book Review :

1 Place	Blenson Fernades	III B.Com 'A'
II Place	Saima Rai	II ID&D
III Place	Jaison Dsouza	1 B.Com

Konkani Book Review :

1 Place	Denson Dsilva	II B.Com
II Place	Anson	II B.Com B
III Place	Jostan Vincent Dsouza	III B.Com A



Kannada Book Review :

1 Place	Sushmitha	I B.Com 'B'
II Place	Austin Vas	III B.Com 'A'
III Place	Delisha	III B.Com 'A'





ECO CLUB

Eco and life science association is introduced in the year 2018-19 to encourage students to involve themselves in eco-friendly activities and come up with innovative ideas to create awareness among others. Association has 32 members and Co-ordinated by Ms Pearl Fernandez, lecturers, Dept. of BSC FND. Association organizes various seminar sessions, talks from resource persons and various competitions that encourage young minds to learn more about nature.



On 6th June, 2022 seed plantation and college gardening program was organised by Eco and life science club in association with internal quality assurance cell (IQAC), along with National Service Scheme (NSS). It is an initiative taken to plant seeds by Student volunteers and also clean the garden weeds grown and clear the dry leaves fallen off. •Different varieties of seeds were sowed and planted in sapling pots. This activity was done to raise awareness and encourage the action for the encourage the protection of environment.

A competition was held on 2 June, 2022 an association with IQAC at 2 P.M. in room No.202. The students have to portray the theme through leaf creativity, which enables them to bring out creativeness among Students. On 28th January 2022, a competition was held in Milagres College Garden Area at 3:30 pm. objective of the competition was care for the Ecology. The student with the best grown plant was the winner of the contest.

Eco and Life-span club in association with NSS team and IQAC took initiative and organised vegetable gardening. It was overall successful plantation done with good growth and nourishments of the vegetable plants.

HOSPITALITY ASSOCIATION

The Hospitality association with the collaboration of hospitality science department organizes different events and competitions to the students.

Gusto Amor:

Taste of Love, it is a theme dinner that was organized by the hospitality department of Milagres College on June 30, 2023 at 7:pm in the College Training Restaurant. Chief Guest, Rev Fr Robin Santhmayur, Assistant Parish Priest of Milagres Church along with the dignitaries, Fr Micheal L Santhmayur, campus director and Principal of Milagres Degree College,





Event Co-ordinator Mr. Denzil Dcosta, HOD of the BHS department Mr. AKhil ET, Lecturer Ms. Vineetha Mendonca, Student Co-ordinator Mr. Nishanth Poojary, Kitchen Incharge Mr. Samson Dsouza were present. Programme was grand success and the best food of spanish cuisine was presented.

Chai Yo Thai :

Cheerful toast, a theme dinner organized by the Department of Hospitality Science, Milagres College on October 29, 2023, 6:30pm onwards in the Roof Top Auditorium of the college. Rev. Fr Micheal L. Santhumayor Principal welcomed the gathering. Mr Denzil Celestine Dcosta, HOD, Department of Hospitality Science and the Event Coordinator introduced the chief guest. The event was virtually inaugurated by the chief guest Chef Jomon Kuriyakose, the Executive Chef of THE LALIT, London and symbolically inaugurated by the Rev. Fr Bonaventure Nazareth, Correspondent, Milagres Educational Institutions.



The chief guest spoke about the importance of these kind of events in the life of a Hospitality students. He also wished all the chefs on the occasion of world Chef day. Rev Fr Robin Santhmayur, Assistant Parish Priest of Milagres Church, Fr Uday Fernandes principal of CBSE Milagres school, Ms. Vineetha Mendonca and Mr. Arith Joel Pinto, Lecturers, Department of Hospitality Science, Mr. Samson Dsouza and Mr Pratheek, Student Co-ordinator were present on the dais.

ANNUAL SPORTS MEET 2022-23

The annual sports meet was held on March 7, 2023. Mr Udaya Chowta, Former Indian team kabaddi player, the chief guest addressing the gathering said that victory or failure is a part of the game, true sportsman spirit is necessary which enables in building the personality and character of every student.



Rev. Fr Bonaventure Nazareth, correspondent, Milagres Institution, Rev, Fr Michael Santhumayor, Principal, Mr Cassin Rodrigues, Mrs Patsy Vas, PTA President, Shri. Gopalakrishna Delampady were present. Rev. Fr Michael Santhumayor, Principal welcomed the gathering. Mrs Glansia Fernandes compeered the program.

Akansha student sports representative proposed the vote of thanks. Ashwin from 2nd BHS won “Boys Individual Championship” and Saima Rai from 3rd ID and Fevita from 2nd FND won “Girls Individual Championship”.





NATIONAL SERVICE SCHEME DAY

The National Service Scheme was founded on September 24, 1969 on the occasion of centenary birth anniversary of Mahatma Gandhi by the Govt. of India. Then on, this day is celebrated as NSS Day all over India. The NSS unit of Milagres College, Mangaluru celebrated the NSS Day on September 24, 2022.



The program began with the hoisting of the NSS flag and singing of the NSS Anthem followed by a formal stage program. Mrs. Carrel Sharel Pereira, Asst. Professor, Department of Economics, St. Aloysius College, Mangalore was the chief guest of the day. She spoke to the volunteers about NSS, its motto and benefits. She also shared her experience as a NSS Program Officer.

Rev. Fr. Michael Santhumayor, Principal addressed the gathering and assured complete support from his side. Ms. Shravya N, NSS Program Officer, presented slides regarding the activities of the previous academic year. Secretaries Priston Sequiera and Thanisha U shared their experiences as NSS volunteers. Mr. Jobin Joseph, NSS Asst. Program Officer, Mr. Denzil E Pinto, NCC Caretaker, Mr. Sandeep S Rao, Physical Director, Ms. Pearl Rhea, HOD FND and Ms. Shaila Moras, Dept. of FND were present. NSS Secretary, Thanisha U welcomed the gathering. Volunteers Deepa Amin proposed the vote of thanks and Volunteer Naomi Anah Ebnezer compered. 135 students and 35 NSS volunteers were present.

Gandhi Jayanti & Swachh Bharat Abhiyan :

The NSS unit of Milagres College, Mangaluru celebrated Gandhi Jayanti on October 02, 2022. The unit later took up a cleanliness drive at Sulthan Battery and surrounding areas. Staff of Milagres CBSE, led the prayer service focussing on the principles of Mahatma Gandhi. The dignitaries, Rev Fr. Bonaventure Nazareth, Correspondent Milagres Educational Institutions, Rev. Fr Joseph Uday, Principal CBSE, Stany Baretto, Principal, High School section along with the Chief Guest paid floral tribute to the Portrait of Mahatma Gandhiji.



Melwin Vas, Principal, Milagres PU College was the Chief Guest, Speaking on the occasion he emphasised on the principles of Mahatma Gandhi and said there is a need to inculcate certain values in our day to day lives. Rev. Fr. Michael L Santhumayor Principal,





Milagres College presided over the function. Patriotic song was sung by Stany Baretto and team. NSS volunteer Anjum, shed light on the significance of the day. Surayya Sadaf, compeered the program. On account of the day, A Swachh Bharath Abhiyan, a cleanliness campaign was held, at Sulthan Bathery and its surroundings. 25 NSS volunteers and NCC cadets took active part in the Program. Mr. Jobin Joseph, NSS Asst. Program Officer, Mr. Denzil E Pinto, NCC Caretaker and other staffs were present.

Swachhata Abhiyan:

The NSS unit of Milagres College, Mangaluru organised a Swachhata Abhiyan on October 19, 2022. The unit cleaned the surroundings of the college and spread awareness among the ill effects of plastic. The volunteers even cleaned the surroundings of their home and had collected plastics. A total of approximately 2 kg of plastic was collected by the unit. The volunteers also instructed the house keeping staff regarding separation of waste into wet and dry. Rev. Fr. Michael Santhumayor appreciated and encouraged the volunteers. Ms. Shravya N, NSS Program Officer and Mr. Jobin Joseph, NSS Asst. Program Officer were present. 44 NSS volunteers took up cleaning.

Anti- Human Trafficking Workshop :

National Service Scheme unit of the college participated in a workshop on “*Human Trafficking: Concerns and Strategies*” organized by Mangalore University Anti Human Trafficking Club (AHTC) in association with National Service Scheme Mangalore University held at University College, Mangalore on November 09, 2022.

The 03 representatives from the NSS unit Milagres College, Mangalore are as follows:

Ms. Shravya N – NSS Program Officer

Ms. Yukta Suresh Naik – II BSc FND

Mr. Vinith Felix Fernandes – II BCom B

Inauguration of NSS Activities :

National Service Scheme unit of Milagres College in association with Internal Quality Assurance Cell organised the inauguration program for Nss activities for the year 2022-23 on November 10, 2022. Mrs. Seema Prabhu S, department of commerce and management, NSS Program Officer of Canara College, Mangalore was the chief guest for the program. She addressed the gathering regarding the importance of NSS. Mr. Cassin Rodrigues, vice principal spoke on the occasion. Ms. Shravya N, NSS





Program Officer, Mr. Jobin Joseph, assistant program officer were present. Vinith Felix Fernandes NSS secretary welcomed the gathering. Yukta Naik, NSS secretary proposed the vote of thanks and Denson Dsilva compeered. 92 volunteers attended the program.

Abha Generation Training :

Arogya Bharat Health Account (ABHA) is a Government of India initiative to digitise the health aspects and records of the citizens of the country. After generating an ABHA number, the patients would get various benefits which will include no more carrying of health history files to which ever hospital they go to for treatment. As an initiative from the Health department of Dakshina Kannada and the National Service Scheme a ABHA generation campaign has to happen. As a prerequisite of the upcoming drive National Service Scheme unit of Milagres College organised an ABHA number generation training session for the volunteers on November 18, 2022.

Ms. Shravya N, NSS Program who has attended an online meeting regarding the same with the Dakshina Kannada district health officials, explained to the volunteers of the procedure and its benefits. She also generated her ABHA number as a practical exposure to the volunteers. 68 volunteers were present for the session.

Constitutional Day :

Constitution Day, also known as “*National Law Day*” , is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. On 26 November 1949, the Constituent Assembly of India adopted to the Constitution of India, and it came into effect on 26 January 1950. The Government of India declared 26 November as Constitution Day on 19 November 2015 by a gazette notification. National Service Scheme unit of Milagres College celebrated the Constitutional Day on November 26, 2022.



Mr Cassin Rodrigues, Vice Principal of the college administered the preamble and motivated the volunteers. Ms. Shravya N, NSS Program, Ms Carol Fernandes, department of English and Yukta Naik, secretary of NSS were present. Grishma Manaki welcomed the gathering. Arjun Salian proposed the vote of thanks and Ms. Deepa Amin compeered. 82 volunteers were present for the program.





NSS Anthem Singing Competition :

National Service Scheme of our College organized '*NSS Anthem singing competition*' for the NSS volunteers on December 09, 2022. This competition was organized to identify the student with talent for singing and to encourage the students to learn the anthem. The volunteers were divided into 5 groups. Volunteers of Ist year had to sing the Hindi anthem and the IInd years had to sing the Kannada anthem. Ms. Shaila Moras, Department of FND and Ms. Vineetha Mendonca, Department of HS were the judges for the competition. A total of 10 teams participated in the competition.

The Winners of the event were:

• *Hindi Anthem*

I Place Sathya

II Place Daya

• *Kannada Anthem*

I Place Dharma

II Place Daya



Ms. Shravya N, NSS Program Officer was present. 67 NSS volunteers were present for the competition.

National Youth Conference:

National Service Scheme unit of Milagres College participated in the Two Day "*National Youth Conference 2022*" held at St. Aloysious College on December 10 & 11, 2022.

It was organised by Akanksha Charitable Trust on the theme – "*Role of youth in Governance: Focus on Achieving SDGs by 2030*".
2 NSS volunteers

Ms. Deeksha Suresh Naik - II Bsc FND

Ms. Megha NK - I BCom

Took part in the conference. They presented a paper on "*Increase in Breast Cancer*" and won medals for the same.



SCBP – "Human Rights & Youth of India" & "Human Rights Day" :

National Service Scheme unit of Milagres College in association with Human Rights Cell and Internal Quality Assurance Cell (IQAC) organised a Student Capacity Building guest lecture on "*Human Rights & Youth of India*" and celebrated Human Right's Day on





December 13, 2022. Mrs Raviprabha, Department of Political Science, Besant College, Mangalore was the resource person for the session. She began by quoting the Preamble of the Indian Constitution and then explained the six fundamental rights entrusted to all its citizen by the constitution. She also emphasised need of youth to understand Human rights as they are the future citizens of the country.

Ms. Shravya N, NSS Program, Ms Athira, Co-ordinator, Human Rights cell and Mr. Jobin Joseph, NSS Asst. Program Officer were present. NSS volunteer Ms. Yukta Naik welcomed the gathering. Ms. Muassira shed light on significance of Human Rights Day. NSS volunteer Mr. Jaison Dsouza proposed the vote of thanks and Ms. Ananya Bhat compeered. 78 volunteers were present for the program.

Epic Generation Training :

Electoral Photo Identity Card (EPIC) is a very important document for anyone to participate in the voting process. The constitution of India has provided the citizens of India above the age of 18 years with the most prestigious power i.e. to vote and elect their representatives. Presently, India has a very large section of youths who will be casting their votes in the upcoming elections. Thus, it is very important for the youths to be familiar with the process of voting and it is a must for all to have EPIC.

The Electoral Literacy Club and National Service Scheme unit of Milagres College organised a EPIC registration awareness session for the students on January 09, 2023. The awareness program was organised in two sessions covering all the students of the college.

Ms. Shravya N, NSS Program Officer explained to the students the procedure and its usefulness. Rev. Fr. Michael Santhumayor, Principal added his view points. Mr. Jobin Joseph, coordinator Electoral Literacy Club, Mr. Joston Vincent Dsouza, Ambassador of the Club were present. All the staff members and the members of the ELC attended the session. 457 students were present for the session.

National Youth Week Celebration :

“One ounce of practise is worth a thousand pounds of theory”. – Swami Vivekananda

Swami Vivekananda is a great source of inspiration. His ideals have motivated, ignited and empowered the youth. To commemorate the birth anniversary of such great personality, the Government of India declared January 12 as the National Youth Day. On this day, all over the country many activities are organised especially for the youths. NSS unit of Milagres College, Mangalore had organised a week-long celebration beginning from January 12, 2023 to January 19, 2023.





The inaugural ceremony was done by paying homage by offering flowers to the portrait of Swami Vivekananda. Rev Fr Michael Santhumayor spoke on the importance of the day. NSS volunteer Likhitha welcomed the gathering, Rinita spoke on the significance of the day, Sanchay proposed the vote of thanks and Sharron compeered. The following day volunteer Arpitha Mary shed light on Life of Swami Vivekananda. On the third day, a quiz was conducted with volunteer Naomi Ebnezer as the master which had questions related to life of Swami Vivekananda. The next day, 2 volunteers namely, Sabestine Fernandes and Jeevitha Crasta spoke on two principles preached by Swami Vivekananda i.e., patience and purity. The following day, 3 volunteers namely, Shreyan S, Sivanya P and Avith Crasta spoke on three principles preached by Swami Vivekananda i.e., perseverance, believe in God and believe in Yourself. On the fifth day, “Beauty from Beast” a flower making and arrangement competition was held by the unit for all the students. 10 teams from various classes participated. On the final day, a valedictory program was organised for the volunteers. Rev Fr Michael Santhumayor appreciated the unit for its activities. Ms. Shravya N, NSS Program Officer, Mr. Jobin Joseph, Asst. Program Officer were present for the Program. Volunteer Jeevitha welcomed the gathering, Anson Pinto proposed the vote of thanks and Shreyan compeered the valedictory program. 83 NSS volunteer actively participated.

National Voter’s Day:

Voting is a right for every citizen who have attained the age of 18. In 2011, it was observed that the citizens of India are not coming forward to vote, thus the Election Commission began the celebration of National Voter’s Day on January 25 every year. The NSS unit and Electoral Literacy Club of Milagres College celebrated the National Voter’s Day on January 25, 2022. Ms. Shravya N, NSS Program Officer, administered the oath in all the classes namely III BCom A, III BCom B, III Bsc HS, III BSc FND, III BSc IDD, II BCom A, II BCom B, II BSc HS, II BSc FND, II BSc IDD, I BCom, I BSc HS, I BSc FND and I BSc IDD. Along with the students, the staffs too pledged to vote. 514 students actively participated in the program and pledged to vote.

74th Republic Day :

The NSS Unit of the College celebrated the 74th Republic Day on January 26, 2023 on the institutional grounds. Ms. Diana Dsouza, Secretary, PPC, Milagres Church was the chief guest for the day. Fr Michael Santhumayor, the campus Director, presided over the function. Mr. Melwin Vas, the principal of the PUC Section, Mr Stany Baretto, the Principal of the high school, Rev. Fr Udaya





Fernandes, the principal of MSC section were present on the dais. Ms. Diana Dsouza, unfurled the National Flag which was followed by the National Anthem by the gathering. In her message, Ms Daina said that there is need for a country like ours to work hand in hand and live up to the expectations of the Constitution. The president, Fr Michael Santhumayor in his message said that it is necessary that every human being respects each other only then every citizen can respect the nation. A nation can grow when there is unity among all. He wished everyone on this occasion. All the dignitaries paid homage to Dr. B R Ambedkar.

The NSS volunteers, NCC cadets, Student council members and other students of the college were present on this occasion. Shahida Anjum of III BSc IDD welcomed the gathering. Sushmitha, NSS volunteer of I BCom spoke about the significance of the day. Fathimath Hanna of II B Sc IDD proposed the vote of thanks. The patriotic song was sung by the students of the Degree Section. Nickson Elvis Vas of II BCom A, compered the ceremony. 550 students attended the program.

Martyr's Day:

Martyr's Day is organized to respect the personalities who lost their lives fighting for the betterment of the society. Mahatma Gandhi, father of the Nation was assassinated on this day in 1949, to respect his martyrdom, this day is celebrated all over India. The President, Prime Minister and other officials of India pay respect at Raj Ghat.



Martyr's Day on January 30, 2023. Rev Fr Michael Santhumayor, Principal, Mr. Cassin Rodrigues, Vice Principal, Ms. Shravya N, NSS PO and Vinith Fernandes, secretary of NSS light candle in front of the portrait of Gandhi ji and paid homage. Rev Fr Michael Santhumayor, addressed the gathering on this occasion and explained the meaning of martyr. Mr. Jobin Joseph, Asst. PO of NSS was present. 79 students attended the program.

Eunoia – Intercollegiate Competition :

National Service Scheme unit of the college participated in “EUNOIA” intercollegiate competition for NSS and YRC volunteers, organized by St. Aloysius College (Autonomous), Mangalore on January 24, 2023. Together 07 NSS volunteers and 03 YRC volunteers of Milagres College actively participated in the fest and won the following prizes





1. Best MC for Variety - Denson Dsilva
2. III Place in variety competition

They participated in Street Play, Variety Event, Cooking Without Fire Wealth Out of Waste competitions.

Ambedkar Jayanti :

Ambedkar Jayanti is celebrated to commemorate the birth anniversary of Dr. B R Ambedkar the Chairman of the drafting committee who came up with creating the Indian Constitution. Dr. B R Ambedkar was born on April 14, 1891. The National Service Scheme unit of Milagres College organized Ambedkar Jayanti on April 13, 2023. Rev Fr Michael Santhumayor, Principal, Mr. John Melroy Fernandes, Co – Ordinator of Special Events, Ms. Shravya N, NSS PO and Mr. Jobin Joseph, Asst. NSS PO light candle in front of the portrait of Dr. Ambedkar and paid homage. Rev Fr Michael Santhumayor, addressed the gathering on this occasion and said that “*Dr. Ambedkar is a true inspiration.*” 63 volunteers attended the program.

Srujana NSS Fest :

National Service Scheme unit of the college participated in “*SRUJANA*” a National level NSS Fest, organized by Canara College Mangalore on April 17, 2023. 20 NSS volunteers of Milagres College actively participated in the fest. They participated in Wealth Out of Waste, Reels, Allrounder, Variety Competition, Debate, Face Painting, Poster making competitions, Street Play and Group Song.



Voter’s Awareness Program :

Voting is the fundamental right entrusted to every Indian. The constitution of India has provided the citizens of India above the age of 18 years with the most prestigious power i.e. to vote and elect their representatives. Presently, India has a very large section of youths who will be casting their votes in the upcoming elections. Thus, it is very important for the youths to be familiar with the process of voting.

The Electoral Literacy Club and National Service Scheme unit of Milagres College organised an awareness session for the students on May 05, 2023. Ms. Arpitha Mary, NSS volunteer gave an introduction on voting in India and Ms. Yukta S Nail, Secretary of NSS briefed about the documents required for voting. Ms. Shravya N, NSS Program Officer explained to the students the complete procedure of voting and functioning of EVMs and





VVPAT machines. Rev. Fr. Michael Santhumayor, Principal added his view points. Mr. Jobin Joseph, coordinator Electoral Literacy Club, Mr. Joston Vincent Dsouza, Ambassador of the Club were present. All the staff members and the members of the ELC attended the session. 165 students were present for the session.

Blood Donation Camp :

National Service Scheme & Youth Red Cross of Milagres College, Mangaluru in association with KMC Hospital, Blood Centre, Attavar organised “*Blood Donation Camp*” on May 27, 2023. The program was inaugurated by lighting of the lamp by the dignitaries. Dr. Devi Sri, Medical Officer, KMC Hospital, Blood Center, Mangalore was the chief guest of the program. She addressed the gathering. She in her message said that God has given us land, water and air as the essential elements, along with these She has sent us with blood which must be shared with others. She encouraged the students to donate blood she told about the eligibility to donate blood and encouraged everyone to donate.

Rev. Fr Michael L Santhumayor, Principal, presided over the program, addressing the gathering he said that the students by voluntarily donating blood will become little gods to save other’s life.

Shravya N, NSS Program Officer welcomed the gathering. John Melroy Fernandes, YRC Coordinator proposed Vote of Thanks. Sushmitha, NSS volunteer compeered the program. 85 students were present for the program. A total of 75 units of blood was collected half of which will be shared to the blood bank of Wenlock Hospital, Mangalore

World No Tobacco Day:

National Service Scheme unit of Milagres College, Mangalore celebrated ***World No Tobacco Day*** on May 31, 2023. The program was divided into three major sections preparation of pamphlets and videos by volunteers, oath taking and spreading awareness through videos. Vinith Fernandes, NSS secretary administered the oath through the PIS. All the students of the college at a time pledged not to smoke and not to encourage tobacco products.

The social media drive was formally inaugurated by Rev. Fr. Michael Santhumayor, Principal by releasing the Awareness videos made by volunteers on the Instagram page of NSS Milagres unit. Ms. Shravya N, NSS program officer and Mr. Jobin Joseph, Asst. program officer were present. 75 NSS volunteers took part in making the awareness videos. 650 students pledged not to smoke.





World Environment Day :

National Service Scheme unit in association with NCC and Eco club of Milagres College, Mangalore celebrated World Environment Day on June 06, 2022. The volunteers first cleaned the campus and later planted saplings of fruits and vegetables like tomatoes, spinach, brinjal etc. They also watered and revived the saplings which were about to die. The volunteers pledged to take care of the environment and maintain cleanliness around. Ms. Shravya N, NSS PO, Mr. Jobin Joseph, Asst. NSS PO, Mr. Denzil E Pinto, NCC CT and Ms. Pearl Fernandes, Eco Club co - Ordinator were present. 26 volunteers actively participated.



International Yoga Day :

National Service Scheme unit of the College, in association with National Cadet Corps (NCC), Internal Quality Assurance Cell (IQAC) and Students Council celebrated International Yoga Day on June 21, 2023. Yogacharya Shri Gopalakrishna Delampady was the resource person for the session. Various yoga mudras were demonstrated by students Ms. Pallavi Madike and Ms. Akanksha. NSS volunteers, NCC cadets and members of the Sports Association actively participated. Ms. Shravya N, NSS PO, Mr. Denzil E Pinto, NCC CT, Mr. Aakash Shetty, Physical Director and Mrs. Glanciya Fernandes, HOD Commerce were present. 57 NSS volunteers actively participated.

THE NATIONAL CADET CORPS (NCC) - ARMY WING

Beach Cleaning :

National Cadet Corps in association with Sahayog the outreach unit, Shree Veerahanuman Vyayama Shale, Bengre Mangaluru, had organized Swachh Bahrat Abhiyan at river side of Bengre, Mangaluru on December 03, 2022. Mr Manoj Bengre, President, Shree Veerahanuman Vyayama Shale, in his address he said every citizen's duty is to keep the place clean. We cannot blame anyone for the responsibility instead each one is responsible for cleaning the surroundings.



Mr Sathish Benge, Committee Member, Shree Veerahanuman Vyayama Shale, Ms Shravya N NSS Program Officer, Milagres College staff and total of 71 students present for the





swachhatha program. The students and association members together cleaned around 2km of the surroundings near Bengre, Mangaluru. Mr Denzil E Pinto Co-ordinator, Sahayog and NCC Care Taker welcomed the gathering. Mr Lohith Saliyan Secretary, Shree VeerahanumanVyayama Shale, proposed vote of thanks. Mr Sandeep S Rao, PED, compered the program.

NCC Consolidated Report:

In the year 2022-23, NCC stepped into the second year of its journey. In the second year 17 cadets were appointed by the officers of NCC 18 KAR BN, Mangalore. In which 11 boys and 6 girls. Now in total there are 28 cadets. 15 cadets have completed an annual CATC camp held at different places by the NCC Battalion. On December 3, 2022 our unit in association with Sahayog the outreach unit of the college, Shree Veerahanuman Vyayama Shale, Bengre, Mangalore under Swachh Bharat Abhiyan organized river side cleaning. A total of 21 cadets actively participated in this drive. On the occasion of the Environment day on June 6, 2023 celebrated Vanamahotsava. The cadets planted the saplings in the college premises. They also pledged to save and protect the nature. A total of 22 cadets actively participated in this event.

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Vanamahotsava :

National Cadet Corps celebrated Vanamahotsava – Environment Day on June 06, 2023. The cadets planted the saplings in the college premises. Also, they took an oath of saving nature and nurturing the nature.





OUTREACH PROGRAMME ‘SAHAYOGA’

Sahayog the outreach unit of the college, NCC and Shree Veerahanuman Vyayama Shale, Bengre Mangaluru, had organized Swachh Bahrat Abhiyan at river side of Bengre, Mangaluru on December 03, 2022. Mr Manoj Bengre, President, Shree VeerahanumanVyayama Shale, in his address said every citizen’s duty is to keep the place clean.



We cannot blame anyone for the responsibility instead each one is responsible for cleaning the surroundings.

Mr Sathish Benge, Committee Member, Shree VeerahanumanVyayama Shale, Ms Shravya N NSS Program Officer, Milagres College staff and total of 71 students present for the swachhatha program. The students and association members together cleaned around 2km of the surroundings near Bengre, Mangaluru. Mr Denzil E Pinto Co-ordinator, Sahayog and NCC Care Taker welcomed the gathering. Mr Lohith Saliyan Secretary, Shree Veerahanuman Vyayama Shale, proposed the vote of thanks. Mr Sandeep S Rao, PED, compered the program.

INTERNAL QUALITY ASSURANCE CELL:

Report on Faculty Development Programme:

Milagres College, Mangalore, Padua College of Commerce and Management, Mangalore & Government First Grade College, Kavoor in association with IQAC organized 5days virtual Faculty Development Programme on the topic “*Contemporary issue in Taxation, Investment, Banking & Analytics*” on 10th April 2023 to 16th April 2023 from 6.00pm to 7.00pm through Google meet Platform & YouTube. Rev Fr Michael L Santhumayor Principal Milagres College, Mangalore, Rev Fr Arun Wilson Lobo Principal Padua College of Commerce & Management, Mangalore & Dr Shivaram Principal Government First Grade College, Kavoor inaugurated the FDP. The first day session was on the topic “*Assessment in Goods and Service Tax*” by CA Anwesh Shetty, Mangalore.

On 11 April 2023, the second day session was on the topic “*Issues in Analytics & its relevance*” by CA Frenil Rithesh D’Souza, Mangalore. On 12 April 2023, the third day session was on the topic “*Issues in direct tax*” by CA Anwesh Shetty, Mangalore. On 13 April 2023, the fourth day session was on the topic “*Issues in Banking*” by Dr Naveen Kumar, Pune. On 14 April 2023, the fifth day was on the topic “*Personal Financial Planning*”.





A Case study” by Mr. Deepak Rao, Mangalore. On 15 April 2023, the sixth day was on the topic “*Investment Avenues*” by Mr Naveen Rego, Mangalore. On 16 April 2023, the last day was on the topic “*Deduction 80C* “ by CA Frenil Rithesh D’Souza, Mangalore. Faculties of Milagres College, Mangalore and Padua College of Commerce and Management, Mangalore welcomed all the resource persons and compered sessions. FDP received a lot of positive feedback from delegates. There were 299 delegates in total, who took part in the 7 days Online FDP. Each session was of 1hr and included open questions, answers session and feedback link were shared at the end of each session. E-certificate were awarded to all delegates through email.

Industrial Visit:

The department of B.Com organized two days Industrial Visit for the III B.Com students to Coffee factory at munnar on June 15th and 16th 2023. A total of 98 students along with 2 faculties had visited the industries. Students visited the coffee factory at 12.30pm. Quality Assurance officer explained the various stages of procurement, storage processing of coffee powder by using Power point presentation. Then the students were taken to various processing units of the factory. Students spent fruitful time by gaining knowledge and enjoyed by visiting the site seeing places and spent their time in wonderla Water Park on 15th June 2023. The tour ended at 8.00am on 17th June 2023.



Treasure Hunt Competition:

The greatest treasures are those invisible to the eyes, but found by the heart. On April 13 ,2023, the Student Council in association with the Internal Quality Assurance Cell (IQAC) of Milagres College organized the interclass ‘*Treasure Hunt 2023*’ at 1:00 pm in the college campus. A total of 10 rounds were conducted and various tasks were given to the participants. Mr. Cassin Rodrigues, Vice Principal explained all the rules and regulations to the participants. A total of 62 teams of 3 each i.e. 186 students participated in the competition.



The winners of Treasure Hunt competition are as follows:

I Place	Alwin Pinto, Delisha Lobo, Austin Vas	III BCom A
II Place	Akansha P, Shashank, Ramya	II BSc FND





REPORT OF ALUMNI ASSOCIATION

On May 12, 2023 Alumni association and IQAC conducted a Student capacity building programme on the topic “*Job Opportunities for BSc HS students*” at 10.00 am in College auditorium. The resource person for the programme was Alumna of our College Ms Lenisha Almeida, Atlantis the royal palm Jumeirah Dubai. She explained how to grab job opportunities for BHS students. She also mentioned the roles and responsibilities one needs to follow to succeed in their field.

On May 12, 2023 Alumni association and IQAC conducted a Student capacity building programme on the topic “*Journalism*” at 9.00 am in College auditorium. The resource person for the programme was president of Alumni association Ms Rianna D’Cunha, Manager at Pingarapatrike.com. She highlighted the qualities to be a journalist. She also mentioned the roles and responsibilities of a journalist and shared her experience to all.

AVISHKAR 2022

Milagres educational institutions Mangalore, Organized Avishkar 2022 two days of cultural and talent promotion fest, in Milagres college campus on 17th and 18th of December 2022. Inauguration was held on 17th at 9.30 am. Mr. Stany Francis Baretto was the chief guest and inaugurator, he addressed the gathering by saying that this fest is to encourage the talents of the students and to motivate them. Mr Sandeep Malani Alumni, was guest of honour also inaugurated the ceremony digitally.



Rev Fr. Michael L Santhumayor Principal of Milagres college/Campus director welcomed the gathering. Rev. Fr. Bonaventure Nazareth Correspondent in his presidential congratulated and gave best wishes to the gathering. Rev. Fr. Udaya Fernandes Principal of Milagres Central school, Mr. Melwin Vas Principal Milagres PU College, along with the PTA President Mrs. Patsy Vas were present on the dais. NCC cadets Nihar Gowda and Akanksha of degree college were Honoured for their achievement in CPL (corporal). Mr. Denzil Dcosta Co-ordinator of Avishkar 2022 proposed vote of thanks, Miss Carol Fernandes Dept of English Compered the Inaugural ceremony.

Avishkar 2022 consists of events such as cute Baby show competition, Indian Traditional King and Queen Competition. Housie- housie, dance, music and Christmas programme will be held during this fest. Variety of food items, lucky games will be available.





ADD ON CERTIFICATE COURSES 2022-23

Understanding the importance of skill development, in addition to the degree programmes the college has introduced add on courses with various valued programmes in its schedule for the welfare of students. Add on course for the academic year 2022- 23 commenced from November 04, 2022 at 11.00 am with a formal Program. Milagres college, Mangalore conducted Valedictory programme of the add on courses on November 4, 2022 in college auditorium. Add- on courses of 30 hours duration was conducted for this academic year. Eminent resource persons from outside are appointed for the classes. Add on courses like Tally, spoken English, Soft skills, Personal Investment Planning, Event management, Photography, GST, Beautician, Craft & Embroidery, Yoga, Journalism, Culinary Arts, First Aid, Soft Skills and Dance are planned for the students with its own curriculum.

The program began with prayer service, led by college choir. V. Rev. Fr. Vincent Francis Monteiro Vicar Var of EC Deanery and Parish Priest St. Sebastian Church, Bendur, Mangalore was the chief guest of the program. Personal Investment services professional, Ms Sapna Shenoy was the Guest of Honor. Correspondent of Milagres Educational Institution, Rev. Fr Bonaventure Nazareth presided over the function. The chief guest congratulated the students and said that they are leaders among leaders, and are being selected separately. Guest of Honor Ms Sapna Shenoy delivered the message by sharing her experience of college days and spoke about the three skills which are important in ones life.

The correspondent in his presidential message emphasised that *“students should make use of all the add-on courses and use the best of the ability. He also added students cant grow in aquarium but grow in the Ocean where there are lot of skills, ability and leadership qualities”*. Rev. Fr Michael Santhumayor, Principal welcomed the dignitaries and introduced the chief guest. He administered the Oath to the college President, Mr. Jostan Vincent Dsouza and the other office bearers of the student council.

UGC career oriented and college Add-on Courses were formally inaugurated. Certificates were distributed to UGC career oriented and Diploma students. Mr. Cassin Rodrigues, Vice Principal proposed the vote of thanks. The program was compered by student representative Mr. Nickson of II Bcom.





ACCA

The association of chartered certified accountants is the global professional accounting body offering the chartered certified accountant qualification which is legally protected term individuals who describe themselves as chartered certified accountants of acca and if they carry out public practice engagements must comply with additional regulations such as holding a practicing certificate carrying liability insurance and submitting to inspection.

ACCA orientation programme was organised for first year students on October 07, 2022 at auditorium Mr Don Andrew dsouza, director of future vision ,Edu solution oriented the students about the usefulness and importance of ACCA and also explained to them how they can build their future as professional with professional skills. A total number of 98 students were present. Acca classes will be held every 5 days in a week from Monday to Friday between 3:00 PM to 5:00 PM a total number of 10 students were registered for this course.

Beautician

Beauty is the unique gift of nature. It is not degrees alone but the skills that take us far. Understanding the importance of skill development, in addition to the degree programmes, Milagres college has initiated and incorporated Beautician course among the various value-added programmes in its curriculum for the benefit of students. The add-on course for the academic year 2022-2023 began on 04 November, 2022 with a formal inauguration programme. Soon after which the add-on course classes commenced for the day. Ms. Pearl Rhea Fernandes was appointed as the add on course coordinator in charge.

The resource person for the add-on Beautician course was Mrs. Michelle Fernandes. Total 30 hours classes were held in which around 22 students from various streams took active part. The students were taught different hairstyles, eye makeup, threading, face makeup, etc. A test was conducted to assess the performance level. It was held on 10 June, 2023. About 17 students wrote the exams and certificates were issued with grade at the end of the course. The valedictory programme was held on 17 June, 2023.

Culinary Arts

Understanding the significance expertise and advancement, Milagres College has nominated culinary arts course to develop skills in the kitchen. The add on Course for the academic year 2022-2023 began on November 22, 2022 with formal inauguration program held on November 04, 2022, soon after



which the Add on course classes commenced for the day. The resource person for the add on course Culinary Arts was Mr. Denzil Dcosta, Department of hospitality science, Milagres





College Mangalore. And as co-coordinator Ms. Vineetha Mendonca, lecturer department of hospitality science, Milagres college Mangalore helped during Add-On course. The students were taught about the various skills, recipes and techniques used in the field of Culinary as well as the importance of the course In the industry and their benefits. Total 15 classes, 2 hours each that is from 11:00am to 1:30pm were held. The number of students were 40, from various streams took active part and successfully passed 2022-2023 the examination conducted on June 10, 2023. The exam was held for 30 marks. Accordingly, the certificates were provided to the students for their participation.

Craft and Embroidery

Art and Craft add-on course was inaugurated on November 4, 2022 in College Auditorium. First class was commenced from October 22, 2022 by Mrs. Harina Rao with 36 students from different branch in Room No 304 from 11:30 AM to 1:30 PM.

Mrs. Harina Rao conducted 15 classes (30 hours) for the academic year and class included understanding the importance of skill development Activities and also trained students to prepare variety of items like paper bag, candle making, jewellery making, phenyl making, scrunchies, lippan art etc. On May 20, 2023 was the last class for the academic Year. Total 15 classes, 2 hours each were held. Exam was conducted on 10th June,2023 and Certificates were issued for the actively attended and successfully qualified students. Total 31 students successfully completed the course. Mr. John Melroy Fernandes coordinated the Course as per the syllabus.

Yoga

In the competitive world today, it is not degree alone but skills that take us far. Understanding the significant of expertise advancement, in addition to the degree programmes, Milagres College has initiated and incorporated YOGA Add on course among the various value-added programmes in its curriculum for the benefit of students. The add on course for the academic year 2022-23 began on, November 5th 2023 with formal inauguration programme. Soon after which the add on course classes commenced for the day. The resource person for the add on course yoga was Mr. Gopala Krishna Delampadi, Yoga Guru. Mr. Akash, Lecturer in physical education Milagres College Mangalore, who helped to coordinate the course. The students were taught about various skills, asana and techniques used to improve physical strength as well as he taught importance of the course and their benefits. Total 30 hours classes were held in which around 33 students from various streams took active part. A test was conducted to assess the performance level and certificates were issued to all the students with grade at the end of the course.





GST

The Add-on course on GST for the academic year 2022-23 commenced from November 04, 2022. CA Dylan John Rebello, was the resource person for this course. A total of 52 students have enrolled and attended the classes. This course is focused on overview of GST, rates and exceptions, collection of taxes on goods and services, tax invoices, credit and debit notes, accounting records of purchase and expenses and sales and income, accounting entries and aspects applicable to education, corporate, public, and private sectors. There was active participation by all the students and they expressed that the course was extremely informative and effective for their future higher studies and employment opportunities. Totally 30 classes were held till June 10, 2023. Exam for the course was held on June 10, 2023. The students were awarded certificates according to the grades attained by them on the day of valedictory June 17, 2023. A total of 48 out of 52 students completed the course. The entire course was coordinated by Mr Denzil Edrod Pinto, Faculty in Economics.

Soft Skills For Employability

Soft skill Add on course was inaugurated on November 4, 2021 at 11.00 am in college auditorium. On the very next day the first class was commenced by the resource persons-Mrs Sangeetha, specialized in soft and hard skills. Ms. Carol Fernandes was the coordinator and total 42 students from different streams were enrolled and present in room number 202 from 11.30 am to 1.30 pm. The session were dealt on how to improve skills in communicating, job interviews, time management, common skills and core skills. The outcome of the above programme has benefited 44 students. Exam was conducted on June 10, 2023. Valedictory programme was held On June 17, 2023, all the resources persons of various add- on course were honoured by principal and course completion certificate was issued to 40 students with Grade.



Basic Computers and Tally

The Inauguration of Add on courses for the academic year 2022-2023 was held on 4 November, 2022 in the College Auditorium and classes were held in Computer Lab for all interested students in computers General Rules and regulations were informed to the students.

The program commenced at 11.30am. Ms. Glencia Fernandes was given the responsibility of resource person for Basic computer and coordinator of the same. Mr Magrian Pinto was appointed for Tally 0.9 course. Both were qualified to teach Basics in Computers and Tally 0.9. In the odd semester Mr Magrian Pinto took up the concepts of Tally 0.9, company





creation, all the options were discussed and notes were given to the students, usage of display/alteration of company which was already created and Ledger creation, voucher creation debit and credit note, posting to the journal and ledger book & the problems were worked out. Also on Ledger creation, the notes were given to the students, problems were discussed and worked out. Latest topic GST in accounting voucher was taught practically. In the even semester Mrs Glencia explained the basics about the computer that is monitor, mouse, CPU etc. She also briefed about its functions and about the use of computers and also how to use MS-Word-how to open a file, change font size, font color, font style and also saving documents, using short cut keys to save the document. Making it Bold, Italic, Underline, Word designs etc. Also she has taught students how to make time table by using Insert-table, to understand table properties, flowchart, and graphic symbols Exercise tables were solved by referring college hand book, Newspaper cuttings for typing and editing and creating resumes etc. Further she has taken up the concept of MS- power point, to make presentations, animation tools, designs, giving time slots etc. And on Ms. Excel she has taught to generate student's results, store employee data

Event Management

The Event Management Life Skill Add on Course for the year 2022-23 was inaugurated on 4 November 2022. Classes were held every Saturday at 11.30 am. Ms. Preksha Thej was the resource person throughout the academic year 2022-23. She taught different event management plans and gave ideas to start the event business with zero budgets. She had organized practical sessions about the event management for the better understanding of the students. Activities were conducted in groups, the students participated in all the activities and showed their interest. The activities helped the students to share their ideas and innovations. Total classes held by the resources person was 15, from 11.30am to 1.30pm. At the end of academic year, a non-destructive exam of 30 marks was conducted on June 10, 2023. Duration of the exam was for 1 hour to test the knowledge and performance of the student. Total number of students who enrolled into event management course was 47. Out of 47, 41 students completed the course successfully. Valedictory programme was held on June 17, 2023. Certificates were distributed on the same day. Programme was concluded by providing lunch. Students gained knowledge about planning and organising the events colourfully. Staff Coordinators Ms Shaila Moras Coordinated the Add on course throughout the semester.





First Aid

Various skill development courses have been organised by the college. First Aid add – on course for the academic year 2022-23 commenced from November 04, 2022 with Mrs. Sophia Molly Vas, former Asst. Nurse at Father Muller Hospital, Mangalore as the resource person. A total of 40 students have enrolled and attended the classes. The first aid course began with the aim to preserve life, make the students aware of the importance of first aid, prevent worsening of the condition or deterioration of the person, encourage helping any person suffering from minor or serious injury or illness and manage the emergency situation at home. All students had hand- on experience of dressing the wound, applying different types of bandages splinting the injured body part, providing cardiopulmonary resuscitation and transferring the victim. There was active participation by all the students and they expressed that the course was very useful for them. Totally 30 classes were held till June 10, 2023. Examination for the course was held on June 10, 2023 The students were awarded certificates according to the grades attained by them. The entire add on course was coordinated by Ms. Shravya N, faculty of the language department.



Personal Investment Management

Personal investment management Add on course was inaugurated on November 4, 2021 at 11.00 am in college auditorium. On the very next day the first class was commenced by the resource persons- Ms. Sapna Shenoy, specialized in Financial planning, personal investment services professionals. Ms. Tressy Pinto was the coordinator and total 44 students from different streams were enrolled and present in room number 204 from 11.30 am to 1.30 pm. The session were dealt on Financial literacy, time value of money, difference between savings and investment fundamental and technical analysis in stock markets SIP(systematic investment plan) NAV and various case study on Personal Investment planning and financial planning were conducted by the resource persons on an real time analytic basis. The outcome of the above programme has benefited 44 students by opening individual Demat a/c and also investing in mutual funds through SIP. Exam was conducted on June 10, 2023. Valedictory programme was held On June 17, 2023, all the resources persons of various add- on course were honoured by principal and course completion certificate was issued to 40 students with Grade.





Photography

Milagres College has introduced Add on course- Photography, which aims at teaching students basics required to operate DSLR camera, different types of photography and its usage. Mr. Rajeev K Shenoy was the Resource Person for the course, who is a celebrity photographer and the course incharge is Ms. Athira. Pazhedath. Students were taught theory as well as practical aspects of photography. Classes included about learning how to



shoot image, skills like learning how to post-process, aspects like the timing for the shoot and what sort of lighting is best was informed to the students through practical sessions. Students get their cameras and explore the various options, along with the lecture guidance on how to operate a photo shoot. Total 15 sessions were held by the resource person, from 11.40am to 1.40pm on Saturdays for whole Academic year. Total number of students who enrolled into photography course was 50. At the end of the academic year, non-descriptive exam of 30 marks was conducted on June 10, 2023. Duration of the exam was for 1 hour to test the knowledge and performance of the students. 34 students appeared for the exam out of which 31 students were qualified. Valedictory programme and certification were held on June 17, 2023 to Add-on course Resource Person and programme was concluded by providing lunch.

Dance

Understanding the importance of skill development, in addition to the degree programmes the college has intended and incorporated Dance course among various valued added programmes in its schedule for the welfare of students. Add on course for the academic year 2021-22 commenced from November 18, 2021 with a formal inauguration program. The resource person for the add on course was Mr Prashanth, an energetic personality with the full passion and skill for dance. He trained the students to prepare varieties dances like Hip-hop, basic steps, western style, classic style and also have done warm-up exercises for dance. On valedictory day- July 2nd2022, the students of dance add-on course had performed dance. Totally the 30 classes were held from November 27, 2021 to June 18, 2022. Exams was conducted on June 24, 2022.

Journalism

Journalism add-on course was inaugurated on November 4, 2022 in College Auditorium. First class commenced from October 22, 2022 by Mr. Raymond D-Cunha editor of Pingara Magazine with 39 students from different branch in Room No 205 from 11:30 AM to 1:30





PM. Mr. D' Cunha conducted 15 classes for the academic year and the topic dealt are as Introduction to Journalism, parts of a newspaper, Constitutional Provisions, News reporting, Article Writing etc were taught to the students. Activities such as writing letter to the editor and article writing related to the problems around the society were conducted to the students which gave practical exposure to know the working mechanism behind data collection, generation and summarization of news. On May 20, 2023 was the last class for the academic Year. Total 15 classes, 2 hours each were held. Exam was conducted on 10th June ,2023 and Certificates were issued for the actively attended and successfully qualified students. Total 25 students successfully completed the course. Ms Chaitra D coordinated the Course as per the syllabus.



Spoken English

Spoken English Add on course was inaugurated on November 4, 2022 at 11.00am in college auditorium. Mrs Maria D'costa was the Resource person for the academic year. Every Saturday classes were conducted from 11.30am to 1.30pm in room no 301 with 40 students of different steam. The session was purely based on reading, writing, communication skill and errors. The important lesson of the class was about to build self confidence in students, improving the fluency in speaking and writing. Mam conducted 15classes for the academic year and the topic dealt are as follows: Group discussion, facing interview, pronunciation of words, communication skill. Exam was conducted to the students on June 10, 2023. On June 17, 2023 Valedictory programme was held and all the resource person of different Add on course was honored by the chief guest Rev. Fr Praveen Leo Lasrado and Principal of Milagres College Rev. Fr Michael L Santhumayor and course completed certificate was issued to students with grade.

CAREER GUIDANCE AND PLACEMENT REPORT

Career Guidance & Placement Cell organized an '***International Opportunity in European countries***' for all final year students on 02 December, 2023 in the college Auditorium. Mr. Anand N Pillai and Ms. Gloria Pillai were the resource persons.

Career Guidance & Placement Cell organized a student's capacity building program on '***Career Opportunity in Insurance sector***' on 02 December 2022 for final year Bcom, BHS, ID&D and FND students. Mr. Ivan Monterio, Sales manager at star Health was the resource person, he shared his experience in the insurance sector.

'The Career opportunity in the field of Civil Service' was organized by career guidance and placement cell on 13 January, 2023 for all final year students. Mr Anath Kamath was the





resource person. He guided the students regarding career opportunity in civil services. He explained about IFS, IRS, IPS and IAS. Also explained about the preparation of exam in all the three levels- preliminary, main and Personality test.

'Seminar on Abroad studies' was organized in the college by Career Guidance and Placement cell in the college auditorium on 19 May 2023 for all the final year Bcom BHS, ID&D and FND students. Mr. Ishan Vartak, Head of Uniabroad Institution was the resource person. He guided the students regarding the foreign university admission, courses available and also briefed about IELTS course and also about scholarships given by different colleges.

Two day workshop on the **'Industrial demands and job marketing'** was organized by the career guidance cell for the final year Bcom, BHS, ID&D and FND students in the college auditorium on 11th and 12th July 2023. Mr Narendra, CEO and Founder of college drive was the resource person. He explained various topic like how to introduce our self both theory and practical. , basics of essay writing, and also he conducted group discussion, also explained about various interview techniques and conducted mock interview. It helped the students to understand more about the job marketing.

Career guidance and placement cell organized a session on **'Graduate Programs in skill gaps'** for all final year students on 24 June, 2023 in the college Auditorium. Mr. Sanjay Singh, Chief Executive Officer, Greater Knack Professional Review Pvt.Ltd was the resource person. He explained the availability of education about CMA and also about the availability of loan and about the exams need to be cleared.

'International Educational opportunity in European Countries' was organized by the career Guidance and Placement cell on 07 July 2023 for final year Hotel Management students in the class room. Mr. Vikyat, Business Development Officer, ISDC was the resource person, he explained about scope abroad, fee structure, exam to prepare and regarding accommodation.

'Career Connect Mega Job Fair-2022' was organized by Placement cell on 18 October, 2022. Mr. Jeevan Saldanha, Chief Executive of spectrum Industries & Former chairman CII Mangalore was the chief guest Principal of the college, Fr. Michael Santhumayor welcomed the gathering, Correspondent Fr. Bonaventure Nazareth, Mrs.PatyVas (PTA President), Ms. Raina Dcunha(Alumni of Milagres College & MICAA President) and Mr. Alwin Rosario(Member of governing council was present on the dais. Around two thousand students and job seekers participated in the job fair. As many 3500 jobs were available from different





companies. 64 companies from different sector participated in the job fair such as Banking, Finance, BPO, IT, Automobile etc. Total 556 candidates got shortlisted and 167 candidates were able to fetch job of their choice.

YOUTH RED CROSS

A free Medical and Dental Check-up for all the students and staff members were conducted on January 16, 2023 for Degree college in Milagres College campus. Camp was organised by Milagres College IQAC and YRC in association with KMC Medical & Dental College. A team of 2 Doctors & 23 medical students assisted in the camp. On



January 16, 2023, 9:30am Inaugural program was conducted in the College Auditorium from 9:30am. Dr Nanditha Shenoy Associate professor of Oral Medicine and Radiology department, Manipal College of dental sciences was the chief guest. Principal Rev. Fr. Michael Santhumayor, Jasika intern of Manipal College, Youth Red Cross coordinator Mr. John Fernandes and program coordinator Ms. Athira were present on the dais. Ms Petricia of Final year BHS welcomed the gathering and Ms Reshal Of final year BHS proposed the Vote of Thanks. Ms Jessica, intern of Manipal Dental Science shared the basic dental health education and motivate dental hygiene maintenance. 512 students from all the streams B.Com, Interior Design, Food Nutrition and Hotel Management participated in the camp.

SPORTS ASSOCIATION CONSOLIDATE REPORTS 2022-23

- ✦ Inter-class carrom match for boys was held on April 21, 2023. Total 15 teams of 30 students participated in this tournament. The first place was bagged by II B Com A and second place was secured by I BCOM.
- ✦ Inter-class chess match for boys was held on April 24, 2023. Total 24 students participated in this tournament. The first place was bagged by Avanes G Shetty - III FND A and second place was secured by Jaison Dsouza - I B Com.
- ✦ Inter-class basketball match for boys was held on May 03, 2023. Total 6 teams of 36 students participated in this tournament. The first place was bagged by II B Com B and second place was Secured by I B Com.
- ✦ Inter-class kabaddi match for boys was held on May23,2023. Total 9 teams of 63 students participated in this tournament. The first place was bagged by II B Com and second place was secured by II B Com A.





- ✪ Inter-class volleyball match for boys was held on May 20, 2023. Total 9 teams of 54 students participated in this tournament. The first place was bagged by II BHS_ and second place was secured by III B Com.
- ✪ Inter-class match for girls was held on April 25, 2023. Total 9 teams of 54 students participated in this tournament. The first place was bagged by Prachitha Prakash Naik- III FND and second place was secured by Roshni Fernandes – III Bcom A.
- ✪ Inter-class carrom match for girls was held on April 21, 2023. Total 8 teams of 16 students participated in this tournament. The first place was bagged by I BCOM and second place was secured by III BCOM.
- ✪ Inter-class cricket match for boys was held on May 05, 2023. Total 12 teams of 132 students participated in this tournament. The first place was bagged by II B Com B and second place was secured by III BCom B.
- ✪ Mangalore University Inter-collegiate Power Lifting Championship 2022-23 Mr Thrishool R Anchan of I BHS secured Bronze Medal in 120 KG Category and Mr Mohammed Ashir of I B Com secured Bronze Medal in 105 KG Category held at Govt First Grade College, Thenkanediyoor.
- ✪ Milagres College, Mangalore celebrated the Annual Sports meet on March 07, 2023 at Mangala Stadium. 100, 200, 400, 800, 1500 mtrs race, 4x100 mtrs relay track events. Field event like shot put, discuss throw, long jump and high jump were conducted. Overall 350 students of the college took part in the event.

WOMEN CELL

Instruction Session – Do's And Don'ts:

The Women Empowerment and Grievance Cell organised for an Instruction session for the female students of the college on October 21, 2022. Mrs. Chethana Acharya, IQAC Coordinator, Mrs. Sowmya Kotian, HOD of Languages were the resource persons. They instructed the students regarding the Do's and Don'ts, also explained the rules and regulations of the college. The topics mainly covered were personal hygiene, food and nutrition, relationships, academic and extra-curricular activities. Ms. Shravya N, coordinator of Women Empowerment and Grievance Cell was present along with Ms. Divyashree, the secretary of the cell. Total 35 students were present for the session.





Crown Making Competition:

The Women Empowerment and Grievance Cell organised a Crown Making Competition for the female students of the college on May 11, 2023. Mrs. Chethana Kumari, IQAC Co-ordinator and Ms. Tressy Pinto, department of Commerce were the judges for the competition. A total of 08 students actively participated in the competition.

The winners of the competition are as follows:

I Prize	Shalet Lobo	II BCom B
II Prize	Hajira Elfa	II BSc FND
III Prize	Brenzita Correa	II BCom A

Ms. Shravya N, coordinator of Women Empowerment and Grievance Cell was present along with Ms. Divyashree, the secretary of the cell.

Mehendi Competition:

The Women Empowerment and Grievance Cell organised a mehendi competition for the female students of the college on December 01, 2022. Ms. Chaitra D, department of Interior Design & Decoration and Mr. Denzil E Pinto, department of Commerce were the judges for the competition. A total of 13 students actively participated in the competition.

The winners of the competition are as follows:

I Prize	Nowreen Banu	II BCom B
II Prize	Aysha Neha	II BCom A
III Prize	Shraddha Ishwar	II BCom A

Ms. Shravya N, coordinator of Women Empowerment and Grievance Cell was present along with Ms. Divyashree, the secretary of the cell.

International Women's Day :

The Women Empowerment and Grievance Cell celebrated International Women's Day on March 09, 2023. Rev. Fr Michael Santhumayor, Principal presided the program and said that after god, women are the only ones who can create life by giving birth. Mrs. Chethana Acharya, IQAC Coordinator, Mrs. Carol Tauro, representative from the non – teaching section, Mrs Rudia, representative from the housekeeping section and Ms. Shravya N coordinator of the Women's Cell along with principal lighted the lamp. All the staff members were present for the celebration. Ms. Shravya N, coordinator of Women Empowerment and Grievance Cell compered the programme.





Guest Lecture on Women's Health :

The Women Empowerment and Grievance Cell organised a guest lecture on the topic '*Women's Health*' for the female students of the college on June 23, 2023. Ms Kurnad Winny Crasta, Rtd Nursing superintendent Athena Hospital, Nutrition coach, Herbalife Nutrition Company, Mangalore was the resource person. She explained all the stages that a female should go through after being born and the problems that are usually found in huge number of females. Ms. Crasta mainly concentrated on the precautionary measures to be taken as she strongly believes that '*prevention is better than cure*'. Ms. Shravya N, coordinator of Women Empowerment and Grievance Cell, Ms. Tressy Pinto, Dept. of Commerce were present along with Ms. Divyashree, the secretary of the cell. 123 girls attended the session.

ANWESHAN 2023

Milagres college in association with IQAC Organised Anweshan – 2023 research creating the solutions was held on July 10th 2023 in the college auditorium. Dr Sudha k Research Professor Institute of Management and Commerce Srinivas University Pandeshwar, Mangalore. Dr Anup DenzilVeigas Research Professor from Department of English, specialization:



ELT (English Language Teaching) visiting faculty for MITE, NITK, were moderators for the paper presentation. Principal Rev Fr. MichealSanthumayor Presided over the program. Mrs. Chethana IQAC Co-ordinator and Mrs. Asha Event Convenor were Present on the dais. The Program began with a prayer song. There were around 61 student's participants who were presenting the paper in different subjects. During the valedictory program the students were given best paper prize from each subject and also to the participants. Rev Fr. Bonaventure Nazareth was the guest for the valedictory Program.

EARN WHILE LEARN SCHEME

Earn While you learn is a program where the lecturers and the students prepare various savouries and treats and vend them within the campus once every month. The variety included spring rolls, Stuffed bread rolls, Choco mud cake, etc with the income collected totaling up to Rs 1820. 50% of income was taken towards the expenses, 25% from the remaining income was transferred to the EWL fund and the rest 25% was split between the staff and the students. A total of 20 students worked in this program.





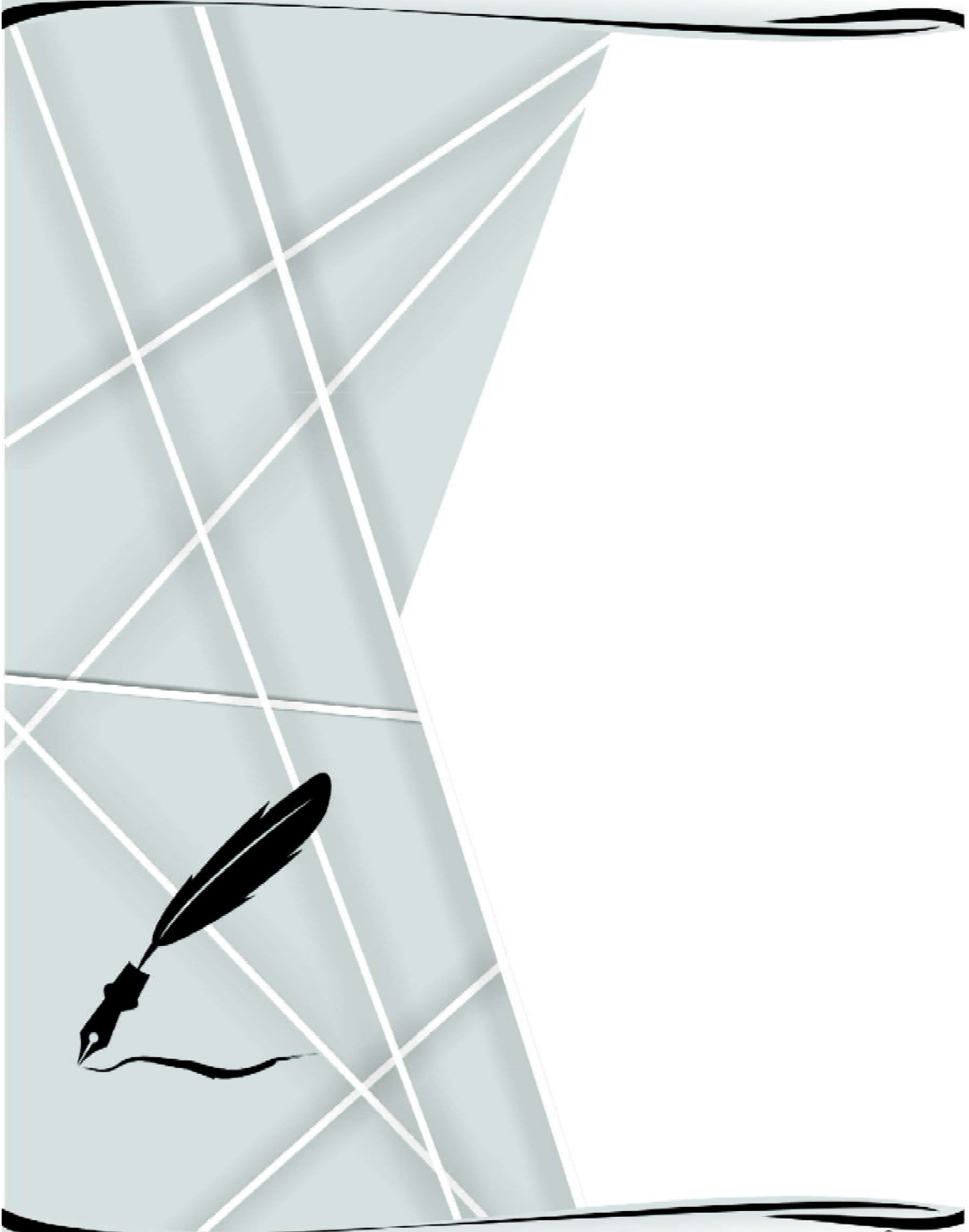
HONESTY COUNTER

Honesty is a facet of human moral character that connotes positive and virtuous attributes such as integrity, truthfulness, sincerity, and straightforwardness. With an aim to develop the right conscience and encourage honesty among students, the College initiated the “*Honesty Counter*” at the Front Desk / Reception in the year 2018. Often used stationery items such as A4 size paper, pens, pencils, and rough note books are placed at the counter. Each student picks up the item/s he / she needs, notes the item in the Honesty register, and drops the cost in the steel box kept at the counter. A weekly account of the stock and sale is maintained by the staff member manning the Front Desk every Saturday. Stationery items worth Rs. 8600 were purchased between August 2022 and July 2023. The amount dropped in the Honesty Box by the students during the corresponding period is approximate Rs. 8400. This practice has facilitated the easy availability of stationery for students in particular, and has also inspired them to be honest and sincere in the absence of an overseer.

ANNUAL DAY CELEBRATION

Annual Day was organised at Milagres College, Hampankatta on June 03, 2023. Ligory J Fernandes, retired headmaster and former president of Catholic Sabha Central Council was the chief guest. President of the function Fr Bonaventure Nazareth, correspondent, Milagres Educational Institutions, Fr Michael Santhumayor, principal & campus director, Fr Uday Fernandes, principal, Milagres Central School, Sylvester A Mascarenhas vice president, Milagres PPC, Patsy Vas PTA president, Jostan V D’Souza, college pupil leader, Freedal, cultural secretary were on the dais. Ligory J Fernandes in his message said, “*College day is an occasion where students get an opportunity to express their talents. Every student should make use of this opportunity as it is their day.*” Fr Bonaventure Nazareth said, “*Goodness, service and talents flourish in society. The witness to this is the growth of the college with numerable talents*”. The college magazine Milagres Miracle was unveiled by the correspondent. The rank holders, the meritorious students, intercollegiate prize winners were awarded and felicitated. Best teacher and best support staff were also awarded. Fr Michael Santhumayor welcomed the gathering. Chethana IQAC coordinator presented the annual report. Shravya N, event convenor, proposed the vote of thanks. The students presented a colourful cultural programme such as skit, fusion dance, songs.







ENGLISH SECTION

LEARNING THROUGH LIFE'S JOURNEY

Life is like a big adventure, and learning is the exciting map that guides us on this incredible journey. Imagine life as a storybook filled with pages waiting to be turned, and learning is the magic that makes those pages come alive. From the moment we're born, we start learning. It begins with the simple things, like figuring out how to grab onto a finger or discovering that a smile can make someone happy. As we grow, our curiosity blossoms, and suddenly, the world becomes a playground of knowledge.

Learning isn't just about books and classrooms; it's in every little moment. Life



is the best teacher, and very experience, good or bad is like a friendly lesson nudging us to understand a bit more about ourselves and the world around us.

Have you ever tried riding a bike? It might start with wobbly wheels and a few tumbles,

Rev. Fr. Micheal L Santhumayor
Principal



but with each try, you get better. That's the beauty of learning-it turns mistakes into stepping stones. Life is full of bike-riding moments, and each one helps us pedal through challenges.

Picture life as a big puzzle. Each day, we find puzzle pieces in the form of moments and experiences. learning is what helps us connect those pieces, creating a beautiful picture of who we are and where we fit in this vast puzzle of life.

But learning isn't just about gaining facts; it's also about understanding feelings. When you see a friend sad, and you give them a hug, that's learning too. It's learning to be kind, caring, and to share joy. Life is like a school of emotions, and to share joy. Life is like a school of emotions, and each interaction teaches us a little more about being human.





Now, here's the secret ingredient—curiosity. Imagine being a detective in the grand mystery of life. Ask questions, wonder about things, and let your curiosity be the flashlight guiding you through the unknown. Learning and curiosity are like best friends, always exploring together.

So Let's embrace this fantastic duo of learning and life. Enjoy every chapter of your story, relish the lesson, and know that it's okay not to have all the answers. After all, the most beautiful part of the journey is discovering, growing, and becoming the incredible person you're meant to be.

WHY 5TH SEPTEMBER IS SPECIAL?

The only class in the universe that demands respect without asking is the guru or teacher. Whenever a student or disciple however great or powerful he is meeting his teacher, his ego, pride melts down and literally he becomes a student's again with humility. Once a teacher always a teacher, no expiry date. Teacher is the only product in the entire universe which has a life time warranty. Teacher will be remembered not only during his or her life but even after his or her last breath.

You all are the pillars of our society. You all play an extraordinary part in the lives of our children equipping them with knowledge and strength and making them to face the hardship of life. You all involve yourself in moulding the students into responsible citizens of the country. India is considered as a heaven for the knowledge imparted by teachers of all times.

Teachers lay the foundation of a civilized society. Their dedicated work and pain. They

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Mascarenhas**
Vice President Parish
Pastoral Council



encounter to ensure that the students turn out to be enlightened citizens deserves high recognition. Teachers are the corner stones of our future and act as a foundation for creating responsible citizens and good human beings. This day is celebrated at Milagres to show our acknowledgement and recognition of the devoted and dedicated hard work put in by you all towards the development of our children, Milagres institution and of the whole nation.

ILO/ UNESCO signed a recommendation concerning the status of teachers and adapted 5th of October as world teachers' day which symbolizes appreciations, assessing and improving the education of the world. One





book, one pen, one child and one teacher can change the world. The theme of 2023 world teacher's day is *"The transformation of education begins with teacher's"*. In India we celebrate the teacher's day on 5th September to commemorate the birth anniversary of former President Dr Sarvepalli Radhakrishnan who was a teacher, scholar and ardent promoter of education.



Do teachers belong to the elite class of the society? YES. But except for the power and money.

Definitely they are the best human beings in the society with a privilege to be called as Guru, teacher, Mullah, Mawlai, Shiekh Morah etc. As India is considered as a heaven for the knowledge imparted by teachers then who are they. Dr Sarvepalli Radhakrishnan who gave importance to spiritual education. Savitribai Phule first female teacher of our country said that *"don't sit idle, go get yourself educated"*. Chanakya or Kautilya once said *"Education beats the beauty and Youth"*. Madan Mohan Malaviya in 18th

Century he founded the largest university in Asia in Banaras Hindu university.

Rabindranath Tagore once said, the main objective of teaching is not to give explanations but to knock at the doors and find solutions. Swami Vivekananda, talk to yourself at least once a day otherwise you may miss meeting an excellent person in your life. Dr APJ Abdul Kalam, if you want to shine like a sun, burn like a sun. Some of the brightest minds in the country can be found in the last benches of the classroom.

Gawtham Buddha said, my dear teachers we all are fortunate to belong to this class of the society. Now let us see who are your students/ who taught them, a student from Hyderabad – Sathyam Nadella CEO of Microsoft, Shantanu Narayen CEO Adobe, Arvind Krishna CEO of IBM, Reshma Kowalramani CEO Vertex Pharmaceuticals, she is the first lady CEO of Vertex Pharmaceuticals, which mainly focuses in discovery and development in global medicines.

Another great lady who was born at Karnal Haryana Kalpana Chawla who gave her life when shuttle Columbia perished while landing. My dear teachers you all belong to the class of teachers who taught the great students and made them what they are today. Some of the abilities of a perfect teacher says, skills in communication, good at listening, collaboration adaptability to





situation, empathy and patience; these virtues will make a teacher perfect. What various religions says about teacher, as per Vedic times Guru is the one who is merged with God.

GU means Darkness

R means light

U means more forward

One who leads you from darkness to light and who imports your knowledge is called a Guru.

Happy Teachers' Day to my respected and dear teachers. It is because of you that we have attained knowledge and wisdom. You are the ones who have shaped our lives and helped us become better individuals. You have always been there for us, guiding us and supporting us through thick and thin. We are truly grateful to you for everything. Teachers' Day is the perfect occasion to express our gratitude and appreciation for all you have done for us.

***Thank you so much for everything.
Wishing you a very Happy Teachers' Day!***

CRAFTING A ROBUST INVESTMENT PORTFOLIO: THE ART OF DIVERSIFICATION AND STRATEGY

Abstract:

In the intricate world of finance, one of the fundamental aspects that investors grapple with is the art of constructing a well-balanced investment portfolio. Whether you are a seasoned investor or a newcomer to the world of finance, understanding the nuances of portfolio construction is paramount for achieving financial goals and managing risks effectively.

Diversification:

The Cornerstone of Stability

Diversification is often hailed as the cornerstone of a robust investment portfolio. The rationale behind diversifying your

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investments across different asset classes, such as stocks, bonds, and alternative investments, is to spread risk and reduce the impact of poor-performing assets on the overall portfolio. The adage “*don't put all your eggs in one basket*” encapsulates the essence of diversification.

When constructing a diversified portfolio, consider various asset classes that have historically shown different levels of





sensitivity to economic factors. Stocks, for instance, tend to be more volatile but offer high potential returns over the long term. Bonds, on the other hand, are generally less volatile and provide a steady income stream. Combining these asset classes can help create a balanced portfolio that can weather the storms of market fluctuations.

Understanding Risk Tolerance and Investment Horizon

Before embarking on the journey of portfolio construction, it is crucial to assess your risk tolerance and investment horizon.



Risk tolerance refers to your ability and willingness to endure fluctuations in the value of your investments. Investors with a higher risk tolerance might allocate a larger portion of their portfolio to equities, which have the potential for higher returns but come with increased volatility.

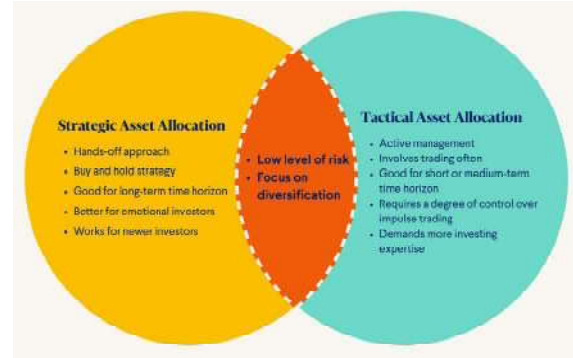
Your investment horizon, or the length of time you plan to hold your investments, is another pivotal factor. A longer investment horizon often allows for a more aggressive allocation, as short-term market fluctuations may have less impact on the overall performance of the portfolio. Conversely, investors with a shorter horizon might lean

towards more conservative investments to preserve capital.

Strategic Vs. Tactical Asset Allocation

When constructing a portfolio, investors must decide between strategic and tactical asset allocation strategies. Strategic asset allocation involves setting a long-term target for the allocation of assets and periodically rebalancing the portfolio to maintain those target percentages. This approach is rooted in the belief that different asset classes will perform differently over time, and the strategic allocation should reflect the investor's long-term goals.

Tactical asset allocation, on the other hand, involves making short-term adjustments to the portfolio based on current market conditions and economic outlook. While this approach introduces an element of market timing, it requires a deep understanding of market trends and economic indicators.



Successful tactical allocation demands the ability to capitalize on short-term opportunities without succumbing to the pitfalls of emotional decision-making.





Factor in Market Conditions and Economic Trends

Market conditions and economic trends play a crucial role in portfolio construction. During economic expansions, for instance, stocks may outperform bonds, whereas during economic contractions, bonds might provide a safer haven. Keeping an eye on macro economic indicators, such as GDP growth, inflation rates, and interest rates, can offer insights into potential shifts in market conditions.

Additionally, consider incorporating factors like geographic diversification and industry exposure. A globally diversified portfolio can help mitigate risks associated with regional economic downturns, while exposure to various industries can safeguard against sector-specific risks. Striking the right balance between domestic and international investments can enhance the resilience of your portfolio in the face of global economic dynamics.

Regular Review and Rebalancing

A well-constructed portfolio is not a static entity but requires periodic review and rebalancing. Market fluctuations and changes in economic conditions can lead to shifts in the relative performance of different asset classes. Regularly reviewing your portfolio allows you to realign your investments with your long-term goals and risk tolerance.

Rebalancing involves adjusting the allocation of assets back to the original

strategic targets. For example, if equities have outperformed and now constitute a larger percentage of your portfolio than initially intended, rebalancing would involve selling some equities and reinvesting the proceeds into other asset classes to restore the desired balance.



Conclusion

In the ever-evolving landscape of financial markets, constructing an investment portfolio requires a delicate balance of art and strategy. Diversification, risk assessment, and a keen understanding of market conditions are the palette from which investors draw to create a masterpiece that aligns with their financial aspirations.

As you embark on the journey of portfolio construction, remember that there is no one-size-fits-all approach. Your unique financial goals, risk tolerance, and investment horizon should guide the decisions you make. By embracing the principles of diversification, regularly reviewing your portfolio, and staying informed about market trends, you can navigate the complexities of investing and work towards achieving long-term financial success.





HOW TO SOLVE CASE STUDIES

Case studies are used in many professional education programs, primarily in business school, to present real-world situations to students and to assess their ability to parse out the important aspects of a given dilemma. In general, a case study should include, in order: background on the business environment, description of the given business, identification of a key problem or issue, steps taken to address the issue, your assessment of that response, and suggestions for better business strategy.

Solving of cases help these theories which become difficult we have to track our own ways. There is no ideal path to solve the realistic problems. It may not be ultimate option to solve your case but guide you in right direction where do you have to be.

At the first stage you have to pass through the four stages

- **Study**
- **Contemplate**
- **Decide**
- **Implement**

The most difficult part of solving the case study is to understand the case where majority of student fails. So as to overcome from this, above four stages can be beneficial.

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Presently, an average student does not have specific procedure to solve the case study. This procedure has different logical steps. A comprehensive list of steps to attain the best possible solution for the case is as follows.

- **Problem Identification**
- **Define Boundaries**
- **Case**
- **Assumption**
- **Possible solution for case**
- **Select best possible solution**
- **Managerial Application**
- **Conclusion**





BENEFITS OF MEDITATION FOR YOUTH

The practice of mindfulness exercises such as meditation will improve focus and concentration so teens can focus on homework and perform better on exams. Meditation can also help with self-esteem and memory, reduce high blood pressure and heart rate, and help balance the immune system.

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Benefits of Meditation for students

Research in neuroscience has proven that meditation provides numerous benefits for children and adolescents. Benefits of meditation include:

- Reduces stress, anxiety, and even depression
- Improves grades and performance on standardized tests
- Increases attention and concentration
- Changes the brain in ways that protect against mental illness and improve control over emotions
- Increases compassion and empathy
- Improves sleep



Reasons Why Students Need to Meditate

1. To harness the monkey mind

The nature of the mind, when stressed, is to jump from thought to thought like a monkey. If there is tension, then the mind cannot be calm. Children's creativity will flow best when their mind is free from the demands of tension and stress. Meditation gives them a healthy rest from the 'monkey mind' so they can function more effectively and with clarity.

2. To prepare for the challenges of puberty

Meditation gives teenagers the access to a great feeling of inner stability and security. It allows them an insight into the inner wisdom to help them stay centred and strong through the hormonal changes in the body.

3. To de-stress for academic success:

Meditation gives our children the freedom from negative effects of stress and allows the mind to be fresh and inspired. It gives them an expansive and relaxed way of thinking which can help bring creativity and clarity.





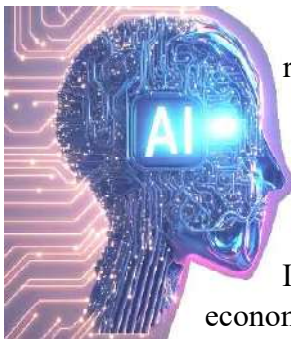
4. To support healthy emotional development

Meditation allows children to return to their natural rhythm and helps them cope with the emotions of frustration and fear. It helps to balance the whole system by supporting emotional development and gives rest to the mind so that they are not overwhelmed by their strong feelings.

5. To reach their full potential

Through meditation, your children can discover that there is potential in their life, that the stresses in their life are petty, short-term problems and that they can be successful beyond their dreams.

PRACTICES OF ARTIFICIAL INTELLIGENCE IN DIGITAL ECONOMY



The digital economy refers to the economic system that spins around digital technologies and the internet.

It comprehends all economic activities that are based on digital developments, data, and stands. This includes online commerce, digital services, e-commerce, digital payments, data analytics, and more. The digital economy has meaningfully renovated how businesses operate, how consumers network, and how value is created and exchanged in the modern world.

The digital economy has become even more essential due to the global COVID-19 pandemic. Remote work, online education,

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e-commerce, and digital communication have gained eminence as people rely on technology to adapt to social distancing measures. The digital economy plays a crucial role in sustaining business continuity, facilitating virtual interactions, and enabling various services to continue functioning contempt physical constraints.

The digital economy offers numerous benefits in the present day, including, Efficiency and Productivity: Digital technologies rationalize processes, automate tasks, and improve productivity athwart industries, leading to faster and more efficient





operations. **Global Reach:** Businesses can easily grasp a global audience through online platforms, expanding their market reach and potential customer base. **Innovation:** The digital economy fosters novelty through rapid information sharing, collaboration, and the development of new technologies and services. **Job Creation:** The digital economy generates new job opportunities in fields like software development, digital marketing, data analytics, and more. **Convenience:** Consumers benefit from online shopping, digital services, and remote work options, making life more convenient and flexible.

Access to Information: The digital economy provides easy access to a massive amount of information, enabling learning, research, and knowledge-sharing. **Entrepreneurship:** Digital platforms offer lower entry barriers, allowing entrepreneurs to start and grow businesses with reduced upfront costs. **Data-driven Insights:** Data analytics in the digital economy helps businesses make informed decisions, enhance strategies, and personalize customer experiences. **Environmental Impact:** Digital processes can lead to reduced paper usage and more efficient resource utilization, contributing to sustainability efforts.

Economic Growth: The digital economy contributes to overall economic growth by driving innovation, trade, and investment in digital infrastructure. **Government Services:** Digital stands enable governments to deliver

services more proficiently, enhance transparency, and engage with citizens effectively.

Now the Artificial intelligence (AI) is a substantial driver of the digital economy. It enhances productivity, automates processes, and enables personalized experiences. AI-powered technologies like machine learning, natural language processing, and computer vision are transforming industries such as finance, healthcare, marketing, and manufacturing. AI's ability to analyse large datasets and derive acumens helps businesses make informed decisions and create innovative products and services. As the digital economy expands, AI's role will continue to grow, driving efficiency, innovation, and economic growth.

Artificial intelligence (AI) is extremely useful to the digital economy. It plays a vigorous role in driving innovation, improving efficiency, and enhancing various aspects of the digital economy. AI-powered technologies enable businesses to, **Data Analysis:** AI can process and analyse large volumes of data quickly, extracting valuable insights that drive informed decision-making. **Personalization:** AI aids personalized recommendations and experiences for users, improving customer satisfaction and engagement in areas like e-commerce, content delivery, and online services.

Automation: AI automates tedious tasks, reducing operational costs and freeing up





human resources for more premeditated activities. **Predictive Analytics:** AI can conjecture trends and behaviours, helping businesses adapt to changing market conditions and customer preferences. **Chatbots and Virtual Assistants:** AI-powered chatbots provide instant customer support, enhancing user experience and reducing response times. **Fraud Detection:** AI algorithms can detect and prevent fraudulent activities in digital transactions, boosting security and trust in online financial systems.

Healthcare and Research: AI aids in diagnosing medical conditions, drug discovery, and personalized treatment plans, revolutionizing healthcare, and research in the digital age. **Supply Chain Management:** AI optimizes supply chain processes, improving inventory management, demand forecasting, and logistics efficiency. **Content Creation and**

Curation: AI assists in generating and curating digital content, from automated articles to personalized news feeds. **Smart**

Cities and Infrastructure: AI contributes to creating smarter, more efficient urban environments through traffic management, energy optimization, and public service enhancements. Overall, AI empowers the digital economy by enabling businesses to leverage data, automate tasks, innovate products and services, and improve customer experiences, leading to increased economic growth and competitiveness and it empowers the common man by offering convenience, access to resources, opportunities for economic participation, and upgraded quality of life through various digital tools and services



TIPS TO INCREASE EMOTIONAL INTELLIGENCE

Emotional intelligence or EQ is a necessary skill for navigating important relationships in your life. When you develop the ability to be aware of your emotions and express them in a healthy way, you may have a greater chance of success, both professionally and personally. Learning more about emotional intelligence can help you to

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develop the skills to succeed in any role that requires interaction with other people.





Below are 10 ways to increase your EQ:

1. Utilize an assertive style of communicating.

Assertive communication goes a long way toward earning respect without coming across as too aggressive or too passive. Emotionally intelligent people know how to communicate their opinions and needs in a direct way while still respecting others.

2. Respond instead of reacting to conflict.

During instances of conflict, emotional outbursts and feelings of anger are common. The emotionally intelligent person knows how to stay calm during stressful situations. They don't make impulsive decisions that can lead to even bigger problems. They understand that in times of conflict the goal is a resolution, and they make a conscious choice to focus on ensuring that their actions and words are in alignment with that.

3. Utilize active listening skills.

In conversations, emotionally intelligent people listen for clarity instead of just waiting for their turn to speak. They make sure they understand what is being said before responding. They also pay attention to the non verbal details of a conversation. This prevents misunderstandings, allows the listener to respond properly and shows respect for the person they are speaking to.

4. Be motivated.

Emotionally intelligent people are self-motivated and their attitude motivates others.

They set goals and are resilient in the face of challenges.

5. Practice ways to maintain a positive attitude.

Don't underestimate the power of your attitude. A negative attitude easily infects others if a person allows it to. Emotionally intelligent people have an awareness of the moods of those around them and guard their attitude accordingly. They know what they need to do in order to have a good day and an optimistic outlook. This could include having a great breakfast or lunch, engaging in prayer or meditation during the day or keeping positive quotes at their desk or computer.

6. Practice self-awareness.

Emotionally intelligent people are self-aware and intuitive. They are aware of their own emotions and how they can affect those around them. They also pick up on others' emotions and body language and use that information to enhance their communication skills.

7. Take critique well.

An important part of increasing your emotional intelligence is to be able to take critique. Instead of getting offended or defensive, high EQ people take a few moments to understand where the critique is coming from, how it is affecting others or their own performance and how they can constructively resolve any issues.





8. *Empathize with others.*

Emotionally intelligent people know how to empathize. They understand that empathy is a trait that shows emotional strength, not weakness. Empathy helps them to relate to others on a basic human level. It opens the door for mutual respect and understanding between people with differing opinions and situations.

9. *Utilize leadership skills.*

Emotionally intelligent people have excellent leadership skills. They have high standards for themselves and set an example for others to follow. They take initiative and have great decision making and problem-solving skills. This allows for a higher and more productive level of performance in life and at work.

10. *Be approachable and sociable.*

Emotionally intelligent people come off as approachable. They smile and give off a

positive presence. They utilize appropriate social skills based on their relationship with whomever they are around. They have great interpersonal skills and know how to communicate clearly, whether the communication is verbal or non verbal.

Many of these skills may seem to be best suited for those who understand basic human psychology. While high EQ skills may come more easily to naturally empathetic people, anyone can develop them. Less empathetic people just have to practice being more self-aware and conscious of how they interact with others. By utilizing these steps, you'll be well on your way to an increase in your emotional intelligence level.



ACCOUNTING IN DAILY LIFE

People already use accounting in their daily life, for example, first for budgeting and managing your spending. We can know where and how the money we have is used. In addition, we can also record where and how much income we are getting for our finances.

Accounting is one of the most essential disciplines for daily life. Not so long ago, people used physical checkbooks to track

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their spending and income. While these checkbooks have mostly been replaced with





apps and digital tracking software, balancing a checkbook utilizes several of accounting's core elements.

The importance of accounting in our daily life shows up everywhere, from tracking our spending to shopping for groceries to paying bills. Chances are, you've used some basic accounting principles already today. Some of them are:



- **Budgeting:**

Setting a budget is one of the first and most important steps that any accountant does for a client or for themselves. To set a budget properly, you need to carefully analyze your income, fixed expenses and existing liquid assets. Once you've done that, you can see how those numbers line up with your financial goals. For instance, if you make \$2000 a month and want to save \$500 per month, you need to have less than \$1500 per month in fixed expenses.

- **Spending:**

Budgeting well means balancing spending with income and making sure to leave money left over in case of an emergency or for savings should no unexpected emergencies occur.

- **Investments:**

The concept of appreciation is essential for investing money. Concepts like the time value of money (TVM), and a decent grasp of accounting principles can set you up to make wise investments for your future.

- **Taxes:**

A common interaction that most people have with accounting is during tax season. If you've kept up with tracking your expenses and income through out the year, tax season will be easier.

- **Saving Money:**

Saving money is essential for building a budget that enables you to hit your goals and supplement spending, saving and investing.

Therefore, Understanding how to properly budget, save, invest and prepare for tax season is essential to understanding how accounting functions within our society. of course, managing personal expenses is not all there is to accounting. Accountants work in several different fields and disciplines, each containing principles and techniques, but you may even use some of them in your day-to-day life.





SUCCESS ALWAYS START WITH FAILURE

We all know about “*Failure are stepping stones to success!*”. Failure is one of the toughest things to deal with and happens so frequently in life, on various level, that learning to deal with it can aid (support) how we approach all types of Endeavour or efforts.

No one can experience future, but attempting goal includes the possibility of failure as well as that of success to grow we must keep reaching out for these new experiences. Failure fuels so bad because it directly effect your ego and sense of identity in relation to the world around us. Failure can make us feel ineffective and inadequate. But this stage of failure is only temporary and will pass. If a failure was something unavoidable or beyond your control, perhaps you can attempt the project again with other collaborators. In either case understanding our failure is a key component in dealing with them and being able to move on to new goals and new projects.

One of the most important parts of getting over failure is to move on to the next thing So don't hesitate to go ahead with your next project or goal. Choose something that you're particularly knowledgeable or interested in and success will come all that much easier.

Most of us have difficulty getting large failure but there are some ways to spend the recovery process. Take the time to write down some of the success you've enjoyed

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throughout your life. Go over the various memories and focus on the feeling or essence That contributed to the success of each respective goal.

Reminding ourselves to succeed can be what it wonderful tool that seems to help open one up for the possibility of success. So the next time you think up a masterful solution to a problem or experience any kind of success, take a moment to lock in and appreciate the feelings of success.

If we take the time to think more about success than failure, we will find more success than failure in our Avery lives. By focusing our success we draw success





EXPLORING THE RICH TAPESTRY OF MANGALOREAN CUISINE

Mangalore, a coastal city nestled in the southwestern state of Karnataka, India, is not just known for its picturesque landscapes but also for its vibrant and delectable cuisine. Mangalorean cuisine is a unique blend of flavors, influenced by the coastal geography, cultural diversity, and historical trade connections. Let's take a culinary journey into the heart of Mangalorean gastronomy.

Mangalorean cuisine reflects the cultural amalgamation that the region has experienced over the centuries. Influences from the Tulu-speaking Bunts, Konkani-speaking Saraswat Brahmins, and the Portuguese have all left an indelible mark on the local culinary traditions. The result is a rich tapestry of flavors, combining the freshness of coastal ingredients with the aromatic spices of South India.

Being a coastal city, it comes as no surprise that seafood takes center stage in Mangalorean cuisine. From the iconic Mangalorean fish curry to the delectable fish fry, the culinary repertoire celebrates the bounty of the Arabian Sea. Fresh catch, including pomfret, kingfish, and mackerel, is expertly spiced with a blend of red chilies, tamarind, and coconut, creating a symphony of flavors that tingles the taste buds.

**Mr Denzil Celestine
D'Costa**
Faculty of B.Sc Hospitality
Science



Special mention must be made of the iconic Mangalorean prawn curry, known for its perfect balance of spiciness and tanginess. The use of Kundapur masala, a locally crafted spice blend, adds a distinctive flavor profile to many seafood dishes.

While seafood takes center stage, Mangalorean cuisine also boasts a variety of vegetarian dishes that are equally tantalizing. The use of locally grown vegetables and legumes, combined with aromatic spices, creates a medley of vegetarian delights. One such dish is the Mangalorean Gassi, a coconut-based curry that can be prepared with a variety of vegetables or pulses.

Neer Dosa, a paper-thin rice crepe, is a popular accompaniment to many Mangalorean vegetarian dishes. It is light, soft, and provides the perfect balance to the bold flavors of the curries.

Mangalorean cuisine also has a unique variety of bread, influenced by the Portuguese. The iconic Neer Dosa, as mentioned earlier, is a rice-based crepe, but





Mangalorean bakers also craft delicious and fluffy pao (bread) that pairs wonderfully with curries and stews.

The sweet tooth is not forgotten in Mangalore, with treats like patoli, a steamed rice and jaggery dumpling wrapped in turmeric leaves, and the famous Mangalore buns, sweet, fluffy, and often enjoyed with a cup of aromatic filter coffee.

Mangalorean cuisine is deeply intertwined with cultural and religious celebrations. During festivals like Ganesh Chaturthi and Diwali, families come together to prepare an array of special dishes. The sharing of these culinary delights adds a layer of joy to the festivities, reinforcing the sense of community and tradition.

In conclusion, Mangalorean cuisine is a celebration of the region's rich cultural diversity and coastal abundance. From the tantalizing seafood to the aromatic vegetarian dishes, every bite tells a story of centuries-old traditions and culinary artistry. Exploring Mangalorean cuisine is not just a gastronomic adventure but a journey into the heart and soul of a community that takes pride in its flavourful heritage.



DISTILLATION PROCESS

All spirits go through at least two procedures - fermentation and distillation. Fermentation is where all alcohol is created, distillation is where the alcohol is separated and removed. In order for fermentation to occur, two things are needed: a raw material in liquid form that contains sugar, followed by the addition of yeast. Yeast is a living

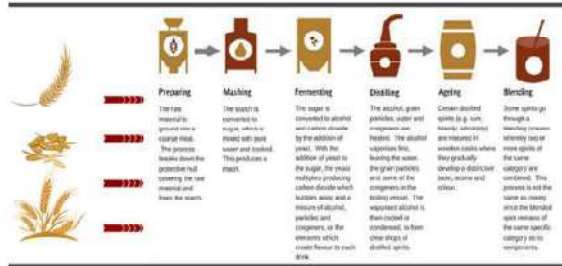
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Science



organism that feeds on sugar; the bi-product of this consumption is alcohol and carbon dioxide (CO₂).

A simple formula for fermentation is:
YEAST + SUGAR = ALCOHOL + CO₂

Distilling is essentially the process whereby a liquid made of two or more parts is separated into smaller parts of desired





purity by the addition and subtraction of heat from the mixture. The vapours/liquids distilled will separate other ingredients that have lower boiling points. Distilled spirits are produced from agricultural raw materials such as grapes, other fruit, sugar-cane, molasses, potatoes, cereals, etc.

For some spirits, only 1 raw material is used (rules set out in categories 1-14 of Regulation 110/2008):

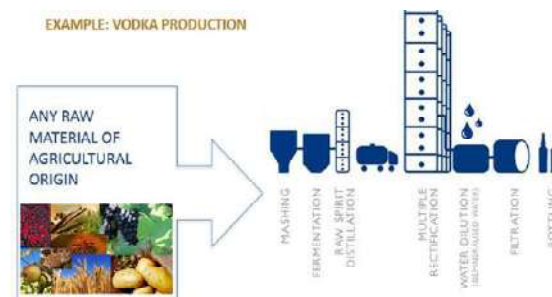
Example: production of a spirit made from cereals such as whiskey:

Other spirits start with a 'neutral' alcohol base, to which flavourings (sometimes sweetening) are added (rules set out in categories 15-46 of Regulation 110/2008):

As a result, for ALL spirits, the distillation process transforms the raw materials to the extent that they are no longer present in the final spirit drink. This was demonstrated

conclusively when EFSA agreed that allergenic protein from raw materials was not present in spirit drinks.

To conclude, distilling is an art which requires mastering many different factors: the selection of grains or fruits, the water used, the yeast, the climate in which the drink is produced, the shape of the pot still, the selection of the barrel, the time spent in the barrel (for those products which are matured), the blend recipe of the Master Distiller – all of these define the specific style and ultimate flavour of your favorite spirit drinks!



EATING ONLY HOME MADE FOOD

“You are what you eat”

Cooking and eating is always fun, especially homemade food. Food is one of the primary necessities of humans and also plays a vital role in maintaining good health. People work hard to eat; it does not matter if it is healthy or not, but healthy eating prevents a variety of health problems. For some people eating is an option, but for others they live to eat.

Ms Vineetha Mendonca
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People enjoy cooking their own meals; it gives us peace of mind, satisfaction, and a guarantee of cleanliness. Homemade food is always treated as a privilege, especially with





our hectic life schedules. Now a day's, people seldom cook at home and find a good reason to go out and eat. Talking with people who cook at home, mostly stated that they make fresh ingredients at home, like grind and powder all seasonings and curries, so it gives the best flavour, taste, and smell. The second reason to eat homemade food is that it helps to improve our health. Before the wide spread availability of fast food restaurants, people always cooked their meals at home; because of this, they were healthier and lived longer.

The fast changing world and society have altered the structure of families and their lifestyles. Traditionally, while the men were at work, women stayed back and looked after their homes and cooked the food. Times are now changing and many women have to go to work, with the result that they have very little time for their families and homes. Fast foods and aerated drinks have become a part of the regular life and very little time is spent at the dining tables. This has resulted in terrible negative effects on the health of individuals, especially children. Burgers and fries have penetrated our lives like never before and replaced the more nutritious diets from our menus. One of the most primary and important benefits of eating home cooked food is the fact that since the food is prepared personally, we know what has gone to prepare the food. Not only does the consumption of calories, fats and sodium rise dramatically in outside foods, the vegetables required for

daily nutritional needs are often missing. Even if veggies are consumed, the conventional preparations are not found at restaurants or food joints. Eating at home also reduces the urge to over eat since the portions are lot bigger at restaurants than at home.

When food is cooked at home, the ingredients which go in the food can be decided by keeping in mind the advantages and disadvantages in mind. for instance, it is necessary to have a balanced meal by including all the vital ingredients to provide the daily allowances of iron, calcium, vitamins, minerals, and all the other nutrients for a healthy life. Food also serves the social function of uniting the members and eating meals together enables loved ones to be together. Members of the family especially children can be allowed to partake in the planning of meals by asking them to help with the little tasks in the kitchen so that they have a sense of belonging and also begin to learn the basics of cooking.





BE AWARE OF FOOD COMBINATIONS

Food combining is a theory that suggests that eating certain foods together can hinder digestion by creating the wrong pH for certain enzymes. Poor food combining can lead to indigestion, fermentation, putrefaction, and gas formation. If prolonged, it can lead to toxemia and disease.

Bad food combinations, also known as viruddha ahara or the mismatch of Vipaka, Guna, Virya, and Prabhava, can lead to the disturbance of agni, poor digestion, ama accumulation, and vitiation.

It's important to note that the science behind food combining is not well-established, and there is limited research to support its claims. However, some people may find that certain food combinations do not work well for them, and it's always a good idea to listen to your body and make dietary changes accordingly.

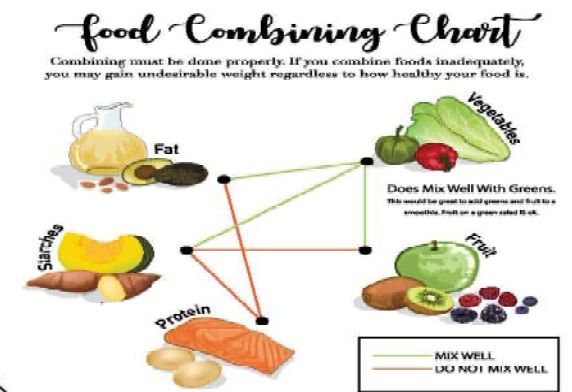
Food combining is a dietary practice that involves pairing foods together based on their compatibility with each other during the digestive process. While there is no scientific evidence to support the idea that certain food combinations can hinder digestion, some people believe that improper food combining can lead to health issues such as bloating, gas, and indigestion. Adhering to proper food combining guidelines involves eating simple meals and avoiding incompatible food combinations, such as fruit and dairy, meat

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and starch, citrus fruit and caffeine, protein and high-sugar foods, and alcohol and carbonated drinks. It's important to listen to your body and make dietary changes accordingly, as the science behind food combining is not well-established.

The rules of food combining are strict, breaking down food into basic categories that mix in specific ways and times. For instance, one should always eat fruit, especially melon, on an empty stomach, or at least twenty minutes before eating anything else. It is advised to never combine high-quality proteins and very starchy foods in the same meal. One should also wait for 3 to 4 hours before eating a new category. It's important to listen to your body and make dietary changes accordingly.





BALANCED BITES: CULTIVATING HEALTH THROUGH MINDFUL EATING

A balanced diet is a corner stone of good health, providing the necessary nutrients in the right proportions to sustain overall well-being.

It encompasses a diverse array of foods from various groups, ensuring the body receives adequate carbohydrates, proteins, fats, vitamins, and minerals. A balanced diet is one which contains different types of foods in such quantities and proportions so that the need for calories, proteins, minerals, vitamins and other nutrients is adequately met and a small provision is made for extra nutrients to



withstand short duration of leanness and it covers energy expenditure and for tissue maintenance, repair and growth. In addition, a balanced diet should provide bioactive phytochemicals such as dietary fibre, antioxidants and other nutraceuticals which have positive health benefits. Low glycaemic index foods are preferred.

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Food Groups for a Balanced Diet:

1. Cereals, Grains, and Products:

Rice, Wheat, Ragi, Bajra, Maize, Jowar, Barley, Rice flakes, Wheat Flour.

2. Pulses and Legumes:

Bengal gram, Black gram, Green gram, Red gram, Lentil, Cowpea, Peas, Rajma, Soybeans, Beans.

3. Milk and Meat Products:

Milk, Curd, Skimmed milk, Cheese, Chicken, Liver, Fish, Egg, Meat.

4. Fruits and Vegetables:

Fruits:

Mango, Guava, Tomato, Papaya, Orange, Sweet Lime, Watermelon.

Vegetables (Green Leafy):

Amaranth, Spinach, Drumstick leaves, Coriander leaves, Mustard leaves, Fenugreek leaves.





Other Vegetables:

Carrots, Brinjal, Ladies fingers, Capsicum, Beans, Onion, Drumstick, Cauliflower.

5. *Fats and Sugars:*

Fats:

Butter, Ghee, Hydrogenated oils, cooking oils like Groundnut, Mustard, Coconut.

Sugars: Sugar, Jaggery.

General Dietary Guidelines by ICMR:

- Eat a variety of foods for a balanced diet.
- Provide extra food and healthcare to pregnant and lactating women.
- Promote exclusive breastfeeding for six months and continued breastfeeding.
- Feed home-based semi-solid foods to infants after six months.
- Ensure adequate and appropriate diets for children and adolescents.
- Consume plenty of vegetables and fruits.
- Use edible oils and animal foods moderately, minimizing ghee/butter.
- Avoid overeating to prevent overweight and obesity.
- Exercise regularly to maintain an ideal body weight.
- Restrict salt intake to a minimum.

- Adopt proper pre-cooking processes and cooking methods.
- Stay hydrated and consume beverages in moderation.
- Minimize the use of processed foods rich in salt, sugar, and fats.
- Include micronutrient-rich foods in the diets of the elderly.



A balanced diet is not just a nutritional guideline; it's a commitment to a healthier, more vibrant life. By incorporating a variety of foods from different groups and following general dietary guidelines, individuals can cultivate good health, prevent diseases, and enhance their overall well-being. In the journey toward balanced bites, the importance of mindful eating and a holistic approach to nutrition cannot be overstated. Striving for a balanced diet is a gift to oneself — an investment in a future of sustained health and vitality.





FOOD ADULTERATION

Introduction Food Adulteration :

- Food Adulteration refers to the process by which the quality or the nature of a given food is reduced through addition of adulterants or removal of vital substance.
- Food adulterants refer to the foreign and usually inferior chemical substance present in food that cause harm or is unwanted in the food.
- Basically, during food adulteration, small quantity of non-nutritious substances is added intentionally to improve the appearance, texture or storage properties of the food.

Adulterant:

An adulterant is defined as any material which is employed for the purpose of adulteration.

Types of Adulterants: -

1. Intentional and
2. Incidental Adulterants

Intentional:

It is a willful act on the part of the adulterator intended to increase the margin of profit.

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Incidental Adulterants:

It is due to lack of concentration or negligence, ignorance.

Metallic Contamination:

Lead is a toxic element and contamination of food with lead can cause toxic symptoms.

Reasons for food adulteration are:

- To earn more profits
- To increase the weight, adulterant is added.
- To increase volume of trade by showing lower prices.
- When supply is less than demand.
- To cut down the product costs to meet the market competition.
- Shortage of authentic ingredients at affordable prices.
- Shortage of qualified personnel and no updating of processing techniques.
- Inadequate knowledge on the consequences and associated food safety risks.





- Lack of awareness and updating of the information on the adulteration related food safety outbreaks.
 - Asafoetida – Soap stone starch, chalk.
 - Edible oils – Argemone oil, Mineral oil, castor oil
 - Ghee or Butter – Vanaspati
 - Pepper – dry papaya seeds
 - Chili powder – colored saw dust
 - Sugar – chalk powder
- Some Common Adulterants:**
- Food grains and grams- marble pieces, sand particles, clay gilts, soap stone pieces, etc.
 - Pulses – Kesari dhal – colors
 - Wheat flour, Maida – talcum powder, powdered lime

EMBRACING THE ESSENCE OF LIFE: LAUGH, LOVE, LIVE



Life, with all its intricacies, is a grand tapestry woven from the threads of laughter, love, and the art of truly living. These three elements, intertwined and harmonized, create a vibrant mosaic that defines our human experience.

Laughter: The Echoes of Joy

Laughter, that spontaneous eruption of joy, is a universal language that transcends cultural boundaries. It is the heartbeat of shared moments, the elixir that lightens the burdens of our daily existence. In laughter, we find not just amusement but a profound connection with others, a bridge that unites souls in the delightful dance of mirth.

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Laughter is a remedy for the soul, a release of tension that echoes through our beings, refreshing and rejuvenating. It teaches us not to take life too seriously, to find humor even in adversity, and to cherish the simple joy of a hearty laugh shared with friends or family.

Love: The Unseen Force

Love, the most powerful force known to humanity, is the essence that gives life its deepest meaning. It comes in myriad forms the love of family, the warmth of friendship, the passion of romantic entanglements. Love





is the gentle touch that mends wounds, the silent understanding that transcends words.

In the tapestry of life, love is the vibrant thread that weaves through every experience, creating a pattern of connection and compassion. It teaches us empathy, kindness, and the beauty of selflessness. To love and be loved is to glimpse the sublime nature of our shared human journey.

Living: The Art of Existence

To truly live is to embrace the full spectrum of human experience. It involves not merely existing but engaging with life's kaleidoscope of emotions, challenges, and triumphs. Living is an art form, a canvas upon which we paint our stories with the brushstrokes of our choices, passions, and pursuits.

Living is about seeking fulfillment in the ordinary, finding beauty in the mundane, and

extracting lessons from adversity. It encourages us to explore, learn, and grow, fostering a sense of curiosity and wonder. Each day becomes a canvas awaiting the vibrant hues of our experiences.

In the symphony of life, laugh, love, and live harmonize to create a melody that resonates through the corridors of time. Laughter brings lightness to our days, love infuses our hearts with warmth, and living with intention transforms mere existence into a rich and purposeful journey.

As we navigate the intricate tapestry of life, let us embrace these three pillars with open hearts. Let laughter be our soundtrack, love be our guiding star, and living be our masterpiece. For in the seamless integration of these elements, we discover the true essence of what it means to be alive.

MANUFACTURED SAND IN CONSTRUCTION

Manufactured sand (M-Sand) is a substitute of river sand for concrete construction. Manufactured sand is produced from hard granite stone by crushing. The crushed sand is of cubical shape with grounded edges, washed and graded to as a construction material. The size of manufactured sand (M-Sand) is less than 4.75mm. Due to fast growing construction industry, the demand for sand has increased

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tremendously, causing deficiency of suitable river sand in most part of the world. Due to the depletion of good quality river sand for





the use of construction, the use of manufactured sand has been increased. Another reason for use of M-Sand is its availability and transportation cost. Since



manufactured sand can be crushed from hard granite rocks, it can be readily available at the nearby place, reducing the cost of transportation from far-off river sand bed. Thus, the cost of construction can be controlled by the use of manufactured sand as an alternative material for construction. The other advantage of using M-Sand is, it can be dust free, the sizes of m-sand can be controlled easily so that it meets the required grading for the given construction.

Properties of Manufactured Sand for Concrete Construction:

- ***Higher Strength of concrete***
- ***Durability of concrete***
- ***Workability of concrete***
- ***Less Construction Defects***
- ***Economy***
- ***Eco-Friendly***

Advantages of Manufactured Sand (M-Sand)

- It is well graded in the required proportion.

- It does not contain organic and soluble compound that affects the setting time and properties of cement, thus the required strength of concrete can be maintained.
- It does not have the presence of impurities such as clay, dust and silt coatings, increase water requirement as in the case of river sand which impair bond between cement paste and aggregate. Thus, increased quality and durability of concrete.
- M-Sand is obtained from specific hard rock (granite) using the state-of-the-art International technology, thus the required property of sand is obtained.



- M-Sand is cubical in shape and is manufactured using technology like High Carbon steel hit rock and then ROCK ON ROCK process which is synonymous to that of natural process undergoing in river sand information.
- Modern and imported machines are used to produce M-Sand to ensure required grading zone for the sand.





WHAT IS FEMINISM?



Defining, establishing, and protecting equal political, economic, and social rights and opportunities for women in India are the goals of feminism in the country. It is the fight for women's rights inside Indian society. Feminists in India seek gender equality: the right to work for equal wages, the right to equal access to health and education, and equal political rights.

More than 3,000 years ago, i.e during early Rig vedic period women were assigned a high place in society. They shared an equal standing with their menfolk and enjoyed a kind of liberty that actually had societal sanctions. Co-education seems to have existed in this period and both the sexes got equal attention. Women, who so desired, could undergo the sacred thread ceremony or '*Upanayana*', which is only meant for males even to this day. Women had freedom to choose her partner for marriage, even divorce and remarrying concept prevailed. Even the women were provided opportunity to attain high intellectual and spiritual standard. There was no sati system or early marriage. But from enjoying free and esteemed positions in the Rig-Vedic society, women started being discriminated against since the Later-Vedic period in education and other rights and facilities. Child marriage, widow burning, the purdah and

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polygamy further worsened the women's position. The history of feminism in India can be divided into three phases: the first phase, beginning in the mid-19th century, initiated when reformists began to speak in favour of women rights by making reforms in education and customs involving women: the second phase, from 1915 to Indian independence, when Gandhi incorporated women's movements into the Quit India movement and independent women's organisations began to emerge; and finally, the third phase, post-independence, which has focused on fair treatment of women at home after marriage as well as the work force, and their right to political parity.

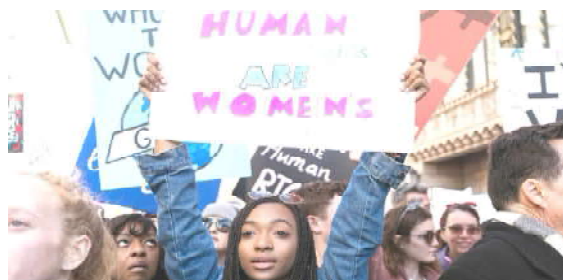
There have been social reformers like Raja Ram Mohan Roy, Ishwar Chandra Vidyasagar, Mahatma Jyoti Rao Phule, Swami Dayananda Saraswati and Dr B R Ambedkar who have helped women gain their previous status in society. The moment was focused on the prevention of ill-treatment of women and raising the status of women. Despite the evolution of society, which has led to more fluidity among gender roles,





women are still oppressed and are victims of the patriarchal society. The Indian feminist movement has led to the creation of several pro-women laws in India. The movement evolved to include issues such as increasing birth ratio, creating employment for women, encouraging widow remarriage, creating pro-women laws such as Sati Prevention Act (1987), the Protection of Women from Domestic Violence Act (2005) and The Sexual Harassment of Women at Workplace Act (2013). The feminist movement and struggle have resulted in liberating women in several ways, such as having women in positions of power, gaining access to higher education, creating reservations for women in jobs. Although feminism has received criticism in the modern-day for being biased towards females, it is seen so as it focuses on gender equality and women are still struggling to gain an equal status to a man in society. However, despite the feminist movement, women in India are still victims of domestic and sexual abuse.

This is tied back to the concept of honour where, despite the progressive outlook towards women, women are still forced into being submissive and remain silent. Women



are still expected to conform to social norms and have limited freedom compared to a man.

Present-day feminism thus is focused around aspects such as achieving safety for women in public spaces, voicing discrimination against women in the work place such as lower pay, hence addressing the wage gap, creating a space and voice for victims of abuse to speak up rather than be victim-blamed and shamed. Therefore feminism will continue to be a need to fuel the upliftment of Indian women.

KABADDI

Kabaddi, game played between two teams on opposite halves of a field or court. Individual players take turns crossing onto the other team's side, repeating "*kabaddi, kabaddi*" (or an alternate chant); points are scored by tagging as many opponents as possible without being caught or taking a breath before returning to one's home

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territory. Indigenous to South Asia, *kabaddi* is also known as *hu-tu-tu* in





western India, *ha-do-do* in eastern India and Bangladesh, *chedu-gudu* in southern India, *gudu* in Sri Lanka, and *theechub* in Thailand.

It has been speculated that the game originated in prehistoric times, when the development of human reflexes was crucial for self-defense and hunting. The ancient Indian epic poem *Mahabharata*, in its account of the legendary battles of Kurukshetra, tells of a military operation—a doomed raid by Arjuna's son, Abhimanyu, on an enemy camp—that has been noted for its resemblance to *kabaddi*. For many years *kabaddi* was played for physical exercise by pupils in Indian *gurukuls* (Vedic schools run by gurus). Though minor variations emerged, the game's principal objective of raiding the enemy territory remained common.

One of the oldest and popular games in India is Kabaddi. From Tamil Nadu to international land, Kabaddi has traveled far and long. In this Kabaddi essay, more about the background, history, and importance of Kabaddi will be discussed.

After a significant journey, Kabaddi has made it to the foreign land and is considered as one of the most thrilling games of India that require lots of energy besides strategy. Let's have a look at everything you need to know about Kabaddi.

Sports have a big role to play in the development of the students as physical

exercise is equally important in the mental growth of an individual. Therefore, Vedantu provides the students with an entire guide on the sport of Kabaddi that will not only teach them its importance but also its rules, history, and much more.

This will help the students to cover all the important aspects of the game in one go while also improving their essay writing skills and general knowledge. Over 4000 years ago,



Kabaddi emerged in the southern part of India in Tamil Nadu. It is believed that the game emerged in the Vedic period. It was a game that was played by people to show case their strength. There have been several essays on Kabaddi stating how thrilling, magical and fascinating the game is. Several documents state that the game was even played by Gautama Buddha for recreational purposes.

In 1938, it was included in the Indian Olympic Games and later in 1950 All India Kabaddi Federation was formed. In 1990, it became a part of the Beijing Asian Games and popularized the game as a competitive sport. Kabaddi is a team sport that requires





seven players in two teams. The aim of the sport is for a single player on offense to run into the opposing team's court up to an extent and then tag out as many defenders of the opponent team as possible and return to the respective court anyhow without getting touched. To play this game it is essential to have a wide field of 10-13 meters long. It is played for approximately 20 minutes. Like any other game, the toss-winning team plays first in Kabaddi. The points are given based on the tagged players and also stopping the raider. It seems like the nothing more thrilling and exciting than watching a game of Kabaddi. The players are selected based on body weight and age.

The basic rules of *kabaddi* were formalized in India in the early 20th century and published in 1923. The game received international exposure when it was demonstrated by an Amravati-based sports organization at the 1936 Olympic Games in Berlin, and it was included as an event in the Indian Olympic Games held in Calcutta (now Kolkata) two years later. Following its formation in 1950, the Kabaddi Federation of India organized national championships for men beginning in 1952 and for women beginning in 1955.

In the late 20th century the popularity of organized *kabaddi* began to expand beyond India's borders, imparted through the efforts of the Amateur Kabaddi Federation of India,

formed in 1972. That same year *kabaddi* was designated the national game of Bangladesh. With the establishment in 1978 of the Asian Amateur Kabaddi Federation, a regional championship was organized, and national *kabaddi* teams began to compete in the Asian Games in 1990.

What sets kabaddi apart is its simplicity, requiring minimal equipment and featuring fast-paced action. In recent years, the sport has gained international recognition, with leagues like the Pro Kabaddi League attracting audiences and players from around the world. The electrifying atmosphere in packed arenas and the physical intensity of the game have contributed to its growing global appeal.

While kabaddi has made significant strides, it faces challenges in achieving mainstream status globally. Overcoming cultural barriers and adapting the game to different audiences will be crucial for its continued growth.

In conclusion, kabaddi's journey from ancient origins to a modern, globally recognized sport reflects its enduring appeal. As the world becomes more interconnected, this dynamic game has the potential to carve out a distinct place in the diverse landscape of sports.





INCREASE YOUR MEMORY POWER



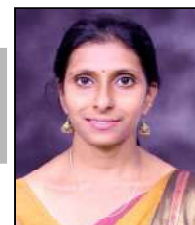
Good memory power is like a huge treasure it is a mental strength which can help all, at all times. Often, owing to our forgetfulness, we become victims of helplessness, failure, and critical situations normally, memory power decreases as one gets aged.

Students sitting for any examination and candidates facing any interview may suffer much if they do not have good memory power. It is very common to hear unfortunate students who confess that though they studied hard night and day, they would forget most of the things during the examination.

The existing examination systems also aggravate this sad situation; they focus on theory and demand strong memory power. As a result, and once they are over, they forget everything. Strong memory power is as important to students as those in many other professions also, such as lawyers, judges, lectures, public speakers, actors and actresses.

While reading a book, we have to be very sure we understand every point in the book. If, in the first reading we don't understand it,

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librarian



we have to read it again; and only reason is, our brain refuses to store undigested or half understood subjects. Since forgetting also is a natural function of human brain, if we want to remember something for a long time, we have to re-read, discuss, and understand the subject, again and again. This is what is called '*repetition of inputs*'.

We can see our face clearly in still and clear water but not in a boiling water. Similarly a cool and clear mind can think, remember and act better than a disturbed mind.

In short, it is an individual's will power that is the basic principle of increasing our memory power.





EXAM STRESS

Every time we hear about a student committing suicide in India, we assume failure in some exams to be the cause. Students preparing for exams often feel under pressure. The pressure may result in feelings of anxiety or nervousness, and this exam stress can interfere with the individual's daily life. While a certain amount of stress may be beneficial, too much exam stress can cause individuals to perform poorly on tests that mean so much to them. Learning the causes of exam stress can help students to understand

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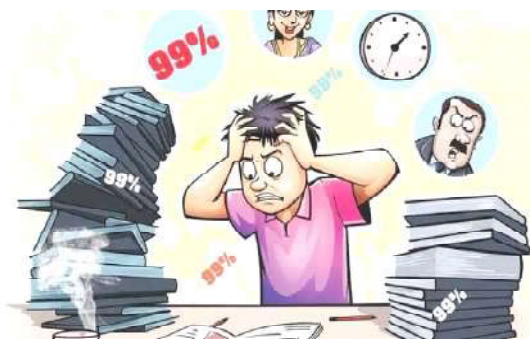
Causes of exam stress parents expect a lot from their children and therefore pressurise them to perform well in exams. However, keeping high expectations and pressurising children during exams can cause exam stress in them.

External Pressure

Many students feel pressured because of the expectations of family members or teachers. They want to do their best so that they do not let anyone down with their performance. This pressure to do well can heighten exam stress. Also, if a student is working toward a scholarship or particular academic goal, performing well on a test will be of paramount importance. Students may perceive themselves to be in competition with others, and the competition may heighten their anxiety levels.

Internal Pressure

The pressure to perform well and succeed doesn't just have to come from a student's family; instead, the student may apply the pressure to himself. If the student wants to be the very best, poor performance on a test



their emotions and to regulate their anxiety level.

According to the National Crime Records Bureau (NCRB), in the five years leading to 2015, 39,775 students killed themselves. The number of attempted suicides, many are unreported, is likely to be much higher. India has one of the world's highest suicide rates for youth aged 15 to 29, according to a 2012 Lancet report, which illustrated the need for urgent interventions for this demographic.





may be a great fear. If the student spends too much time thinking about how difficult the exam is and worrying about the outcome of the test, this negative approach will increase exam stress.

Lack of Preparation

When students do not feel that they have properly covered the reading material, feelings of nervousness and anxiety will sweep over them as they walk into the exam room. Students should study well in advance of the test and not wait until the last moment to prepare for an exam. Rushed, last-minute studying will increase anxiety. Students who do not sleep properly before an exam may also experience higher stress levels.

How to deal with exam stress?

Exercise and go outdoors

One of the most frustrating things about exam season is that it seems to occur just as the weather brightens up. Use this to your advantage and go out for a walk, or a run, or head to the gym or swimming pool. As well as keeping you healthy, exercise is known to boost your mood and can help to make you more productive while revising.

Don't (always) listen to others

As the old saying goes: "*comparison is the thief of joy*". While it is helpful to discuss topics with fellow students and often to revise together, try not to compare other peoples' revision to your own. Chances are you're

doing just fine, and listening to other people talk about what they've learnt will only stress you out and may make you feel like you aren't progressing as well as them. Plus, if they are stressed, this can rub off on to you and other people's stress is not what you need right now.

Speak to someone

If the stress gets to a point where it is overwhelming and is affecting your day-to-day life, try and speak to someone about it. Your university or school should have a service where you can speak to people about your concerns and will be able to offer more advice on how to manage it. If that seems like too big a step, open up to a family member or a friend about the pressure you feel. You'll be amazed to know that you aren't alone in feeling like this.

The Prime Minister has addressed in the "*Mann kiBaat* " the issue of stress during exams in the past as well and has written a book, *Exam Warriors*, on the issue. PM Modi has suggested to the students that they should treat exams "*like a festival*".





E-COMMERCE IN EDUCATION

Due to the success and growth of interest in the E-commerce business, many educational institutions have decided to parallel this trend and create new learning E-commerce business opportunities for their students. To meet industry demands, schools worldwide started creating E-commerce programs. Nowadays there is a wide distribution of E-commerce in higher education, especially in business schools.

With rapid technology advancement in the world no sector of economy can any longer afford to remain loyal to traditional practices and old conventional strategies. The changes adopted by individual sectors and industries can have a strong bearing on the overall struc-



ture of the economy and on the way we previously perceived things. The one sector that has been slow to adopt technological in the true sense is the education sector which even if non-profit in nature makes substantial contributions to the annual GDP. We must understand that education sector was only slow in adopting electronic commerce oppor-

Deepa Amin
II B Com B



tunities while it swiftly embraced technology for on-campus instruction.

The gradual yet successful entry of E-commerce in education is the result of rapid changes that electronic commerce has brought about in the way we do business. Educational institutions also run on the same business principles that corporate sector follows i.e. Maximization of profits while maintaining quality. In today's education environment, quality is given utmost importance by large well known universities while there are some colleges and higher educational institutions that exist simply to make money while quality is given low priority. In both cases however, money is important and maximization of profits is important and for this reason most educational institutions are now looking towards E-commerce to increase profits while at the same time offer convenience to students worldwide.

Colleges and university have come to realize that by integrating E-commerce facilities in education, they can offer existing and potential students a more convenient way of enrolling and receiving instruction. Now col-





lege catalogues, application forms and almost every kind of pre-admission information is available online which can be accessed at a certain price. For example, filling out online application are not free of cost, sending an online application costs anywhere between Rs.50 – Rs.75. But since more students have access to online applications than they have to offline brochures, a wider potential student

body can access online applications and this results in massive revenues since only a small percentage of students finally make it to the university of their choice.

With growing use of the internet, it was only necessary to opt for web presence. Corporate sector was swift to accept and implement this idea and educational instit

E-COMMERCE : A BOON OR BANE

Electronic Commerce or also known as E-commerce is basically a way in which you purchase or sell products or services online using technology. Internet has been a great help in this. The growth of computers has changed the life of every person in this world. Internet and technology has been very useful in upgrading our lives in many ways. The magnificent development of computer technology have force the people to use them. Electronic commerce is one of the important operation of computer networking. We carryout our various bank operation, mail service and reservation of tickets through this technology.

The term '*Electronic commerce or E-commerce*' was first coined and employed by Dr.Robert Jacobson, Principal Consultant to California state assembly's utilities. It helps the consumers to shop & pay online through the internet, saving the time and space of customers as well as of they enterprises, greatly improving transaction efficiency,

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specially for people who are busy or office workers; again it also saves a lot of valuable time for everyone. It enables the manufacturing to reach out to a huge customer base. It has several types such as B2B, B2C, C2B, C2C market & E-commerce portals. E-Commerce has been a changing point for everyone be it buyer, seller, consumer, producers, etc., but mainly for many young entrepreneur. It has been a beneficial factor for all those who have wanted to create a mark in the business world. It has made business a little easy task. But at the same time it has also affected other offline business; big & small.

Electronic commerce has radically changed the dynamics of the business environment the way in which people and orga-





nizations are conducting business with one another. E-commerce is a cost effective way of accessing customers globally & competing on par with large business. There are many online companies which are doing online transaction. Few of them are -eBay, amazon.in, flipkart, Myntra, Snapdeal, etc., almost everyday a new company is added in this segment. Electronic commerce draws on technologies such as mobile commerce, electronic funds transfer, supply chain management. Internet marketing, online transaction processing, electronic data interchange, inventory management systems and automated data collection systems.

E-commerce has been method which helps us reach people all over the world, it is very useful in globalization. It has made possible to have company shop online. It enables you to gather a customer base world-wide. It allows customer as well as seller to buy or sell the goods & services in any corner of the world. E-commerce helps you reduce infrastructure costs and many other costs that you mostly incur when you have an offline business. Helps you gain any organization small or big has to use some form or other of E-commerce for their commercial venture, it has become essential for all organizations to exploit the benefits of E-commerce. It helps you gain 24/7 easy access to the website and help you cater to the needs of foreign customer as well. E-commerce also lets you customize the website, company and the way it runs plus the cost, price & various other factors. It make

handling and dealing with changes in the business very easy. There are plenty of advantages of E-commerce as mentioned before and adding to this list are, when there are online auctions, then that time it's a festival for buyers because the prices go down due to plenty of competitors, thus satisfying both the customers and the sellers. It also facilitates to put up orders over several days also allows to see actual price of the products. There are several reasons for the success of E-commerce venture in commercial transaction.

E-commerce has many benefits but like every other thing in this planet e-commerce



also has its own pros cons. Lets us look at few disadvantages that happen if proper care is not taken during implantation stage. All conventional products available in the market cannot be found suitable for online transactions. There is lesser accountability on part of E-commerce companies and the product quality may or may not meet the expectations of the customers. It strongly depends on network connectivity information technology. Mechanical failures can cause unpredictable effects on the whole process. At times, there





is a loss of privacy culture or economic identity of the customer. Also problem related to quality and quantity arises in E-commerce, often there are cases where the quantity is not proper or quality of product is not up to mark. Sometimes even the products are not original, they are copy of original product made using cheap material.

E-commerce is very integral part of our growth this century is for people who embrace, accept technology to enhance their efficiency effectiveness. As mentioned before everything has its pros and cons, it on us to consider both sides also to try improve cons

so that we can get more benefits from it; same goes for E-commerce. We have mainly advantages of it but along with that there are few advantages which needs to be taken care of. Hence we can conclude that E-commerce is a boon as well as bane under certain circumstances and categories, but for sure this will create a huge change and as well as will have a great impact on future business world. It has already shown immense changes progress in business world also it throws amazing opportunities for our growth and better living.

RISHI SUNAK

Rishi Sunak was born on 12 th may 1980 in Southampton to parents of Indian descent who migrated to Britain from East Africa in 1960s his father, Yashvir Sunak become a general practitioner the national health service. While his mother, is Usha Sunak is currently the director and Pharmacist who ran local pharmacy for Sunak is the eldest of their three children. His brother, Sanjay is a psychologist and his sister Raakhi works is New York as a chief of strategy at united national fund for education in emergencies. He was educated at Winchesters college, studied philosophy, economics and politics at Lincoln college, Oxford and gained an MBA from Stanford University as Fulbright school. He

Prajwal MK
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was a waiter at every house in Southampton during his summer holidays. While at Southampton he met his future wife Akshata Murthy. The daughter of Indian billionaire N.R. Narayana Murthy of Infosys.

Sunak worked as an analyst for the investment bank Golden Sachs from 2001 to 2004 and then he worked for the children's investment fund Management and became a part-





ner in September 2006. Sunak also a director of the investment firm catamaran venture owned by his Father-in-Law, The Indian businessman N.R. Narayana Murthy.

Sunak was delegated as the conservative candidate for Richmond in October 2014. The seat was previously held by William Hauge, a former Richmond during the general election which held in 2015. During 2015-2017 parliament he was a member of the environment, food and Rural affairs select committee. He was re-elected in the 2019 general election and was appointed Chief secretary to the Treasury by Prime Minister Boris



Johnson in July 2019 and served under chancellor Sajid Javid. He became a member of the privy council the next day. After a cabinet reshuffle in February 2020, Sunak was promoted to Chancellor of the exchequer.

Sunak's first Budget took place on 11 March 2020. This includes \$ 30 billion of additional spending of which \$ 12 billion was allocated for migration of the economic effect of the Covid-19 pandemic, Sunak un-

veiled a plan for a further \$ 30 billion eat out to help out scheme to support and create jobs in the hospitality industry. The government subsidised food and soft drinks at participating cafes, pubs and restaurant at 50% up to \$ 10 per person. The offers was available from 3 to 31 August on Monday to Wednesday each work. In total scheme subsidised \$ 849 million in meals, some consider the scheme to be a success in boosting the hospitality industry, however others disagree. A study at the University of war wick concluded that the scheme contributed to rise in covid-19 infection of between 8% and 17%. He increased the corporation tax from 19% to 25% in 2023. He was the first chancellor to raise the corporation tax rate since Healey in 1974. He hosted a G7 summit in London in June 2021, a tax reform agreement was signed which led to establish a global minimum tax on multinationals and online technology companies. In October 2021, OECD signed an accord to join the tax reform plan. He was appointed as the leader of conservative party since 24 October 2022. He served as Prime Minister of United Kingdom since 25 October 2022. He is the youngest individual to ever serve as a Prime Minister in Modern Times.

“Having a lower tax simples, fares, father tax system is something that can drive growth.”





MILLETS

Millets are the oldest as well as indigenous food grains rich in Nutrients. The word Millet is derived from Latin word 'Miliun'. Miliun means small seeds. Millets are a specific group of plant of Poaceae family containing smaller seed than major cereals. They are unique among food grains having smaller size but higher in nutrition.

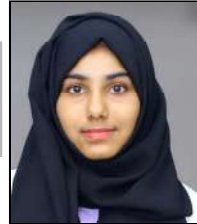
Millets are staple food in the developing world, especially in the drylands of Africa and Asia. Most of the Millets are indigenous to Africa and later domesticated to other parts of the world globally, millets are cultivated in 93 countries and only 7 countries have million average of Millets.

The continuous downfall in the global area under Millets may be attributed due to area shifting for the other crops, changed food habits, assured irrigation facilities, and ensured returns from major commercial crops. Millets are one of the oldest foods known to the mankind. It has several health benefits some of the health benefits are listed below;

- 1. Helps to protect against heart diseases.**
- 2. Lowers bad cholesterol levels.**
- 3. Beneficial in detoxifying body.**
- 4. Prevents type 2 diabetes.**
- 5. Effective in reducing blood pressure.**
- 6. Helps to optimize kidney, liver and immune system.**

Millets is rich in dietary Fiber, both soluble and insoluble. The insoluble fiber in Millet

Fathima Thasneem
I FND



is known as a "Prebiotic", which means it supports food bacteria in your digestive system. This type of fiber is also important for adding bulk to stools, which helps keep your system regular and reduces your risk of colon cancer.

Potential Downsides:

Despite Millets multiple benefits, they also contains some of the disadvantages.

Such as :-

1. Kodo millets contain goitrogens, which interfere with thyroid hormones and can result in an enlarged thyroid gland. Hence, Millets must be avoided by people with thyroid issues.
2. Millets can cause delayed digestion due to their slow digestively as they are high in fiber.

"Millets are advised in moderate amounts because excessive consumption can lead to adverse effects as the cereals contain substances that interfere with the functioning of the thyroid gland".

As the saying goes "Too much of anything is bad," it is better to consume Millets in limited required quantity. As excess consump-





tion may lead to some unwanted disorders.

Ragi – Finger Millet

Ragi also known as finger Millet is originated from a Sanskrit word “*raga*” meaning red. This millet has an excellent nutritional value and can be grown in almost all types of soil and climate conditions. It has long substances as it can be stored for many years without infestation by insects and pests. Hence, it is a necessary famine reserve food. It is commonly cultivated in India, Nepal, China, Sri Lanka and Bangladesh etc. Eleusine coracana is most common species of Millet. Ragi’s grain is having various morphological features. It is a small seed grain, its kernel is not having a true caryopsis but a utricle. Its pericarp is not seeded or fused with seed coat and thus can be easily removed by rubbing or soaking in water.

The shape of ragi Millet granules may be spherical, polygonal and lenticular. Finger Millet starch comprises of amylose and amylopectin in the range 25:75. Its seed coat contains five layers and these are soft and fragile and is divided into three parts:- peripheral, corneous and floury. Floury endosperm comprises about 83.1 of whole grain. Its endosperm is mostly filled with starch granules. It has variety of difference in colour, appearance and size among different Millets (ragi). Ragi Millet is very beneficial as it contains various distant nutrients which helps our body in several ways some of the benefits of ragi are listed below-

1. reduces the chances of gestational diabetes.
2. It supplies protein to the body.
3. It is a very good source of mineral.
4. It has vitamin C.
5. It releases stress.
6. It helps to deal with insomnia.
7. It improves breastfeeding.
8. It has high calcium content.
9. It is a gluten-free food.
10. It contains natural fat.

Over consumption of ragi can cause some disadvantages or side effects.

- It causes problems like tingling sensation, nausea and chest pain.
- It also cause kidney problem etc.

Ragi is a beneficial cereal crop, that can be taken by people of all ages. It is a very good food crop with all essential nutrients, including dietary fibres, vitamins, proteins, etc,. Like other food ragi must also be eaten only in moderation to avoid any side effect that may harm the human body.

Consuming it in adverse proportion may lead to some severe cause. Hence, it must be consumed in required proportion to stay healthy.





SUSTAINABLE INTERIOR DESIGN

Ever questioned where the wood for your coffee table originated? Or how many rounds of treatment your couch's upholstery underwent before being delivered to your door? If so, you're not the only one, 70% of consumers claim to be searching for greener products for their homes. Additionally, they are expressing more worry about problems like mould, radon, and carbon monoxide in the house. There is a change in how and where people buy home decor as a result of the general understanding of how materials and design decisions impact our health and the environment. Additionally, it is generating a lot of interest in sustainability, which is generally defined as an effort to minimise waste, limit consumption of non-renewable resources and develop wholesome, effective settings. Although sustainability can take many different forms, it is currently gaining popularity in both home building and interior design.

Sustainable interior design as a whole aims to lessen adverse effects on the environment as well as the well being and comfort of building occupants. Sustainable interior design is based on a number of fundamental design concepts. Environmentally friendly materials like bamboo should be used in place of less environmentally damaging alternatives in sustainable home design. Sustainable interior design places a lot of emphasis on protecting and conserving water as well as improving the quality of the indoor

Saimaa Rai
III ID&D



environment by making the house as healthy as possible for the occupants.

What Justifies Sustainable Interior?

Choosing ecologically friendly items is simply one aspect of sustainable interior design. Additionally, it aims to lessen pollution and enhance indoor air quality. Pollutant concentrations indoors are typically two to five times higher than those outside. The Environmental Protection Agency states that allergens and pollutants present inside the home can irritate the eyes, nose, and throat in addition to causing headaches, lightheadedness, and fatigue. Asthma is known to be triggered by indoor air pollutants like dust mites, mould, pet dander, and cigarette smoke. Respiratory conditions, heart conditions, and cancer are serious health problems that can be brought on by indoor pollution.

The scope of sustainable interior design goes well beyond the confines of a house. Furniture and accents for interior design that are created from sustainable materials use less of these types of materials overall. Furniture, textiles, brassware, and carpets and rugs are frequently made with exploited labour. Materials used to make sustainable furniture





and home décor are less likely to have been mined or produced through the use of child or forced labour. Additionally, using wood from illegally harvested forests is reduced through sustainable interior design. Whether you are aware of it or not, there are regulations governing the locations, methods, and limits of wood harvesting and trading inside a nation. These regulations are designed to safeguard forests and the ecosystems they sustain. Deforestation will occur in the absence of these restrictions, resulting in a loss of biodiversity and an increase in greenhouse gas emissions.

Illegal logging not only endangers species, but it also provokes conflict and disaster among native and local inhabitants, leading to the violation of human rights and poverty.



Sustainable Resources

Bamboo:

Since bamboo grows quickly, it stands out among sustainable materials the most. Bamboo is entirely biodegradable, antimicrobial, and environmentally benign, and it grows again in three to five years. Additionally, it is strong enough to be employed in the construction of flooring or even

furniture. Wood from Sustainable Sources Despite being the most popular building material, wood is not always the most sustainable. Your best chance for sustainable wood is wood that has been sourced ethically and has received Forest Stewardship Council certification. Another organisation to look for is the Sustainable Furnishings Council as they work together with the National Wildlife Federation to release a Wood Furniture Scorecard.

Cork:

Since cork is created from tree bark, it is the ideal material for people who want to preserve some trees. A tree's bark can be removed without causing any damage to the tree, and it will fully regrow in two years. Because cork is naturally antibacterial and hypoallergenic, homeowners will experience less allergic reactions and respiratory problems. You can use cork for flooring, furniture, and even decoration.

Natural Cotton:

Each person has a favourite cotton t-shirt. But did you know that one of the contemporary agriculture's most chemically treated crops is cotton? Despite being a natural crop, cotton is industrially processed to create clothing, furniture, and other product and decoration. Insecticides, pesticides, and formaldehyde are used during processing. These substances leave behind contaminants that affect those who work in the plants as well as leach into the water and land. Fair-trade certified organic cotton is grown and harvested without the use of genetically modified organisms.





Tips for Eco-Friendly Interior Design Reuse Items

Think of other uses for your old dresser before discarding it. Would a few annual flowers look well in the drawers? Or perhaps a wall decoration might be made out of the handles? You can always donate old items to a nearby Habitat for Humanity or other thrift shop if

you're not interested in reusing them. As a result, less furniture will be wasted at the same time, assist someone looking for inexpensive furniture!

Buy Fair

Fair trade is a business strategy that aims to increase equity in global trade and is built on communication, openness, and respect. At first, fair trade decor only consisted of a few handmade items. But the number of goods available for purchase has increased as a result of interest in fair trade. Fair trade-produced bedding, furniture, and accessories are now available.

Prioritize Materials sourced sustainably

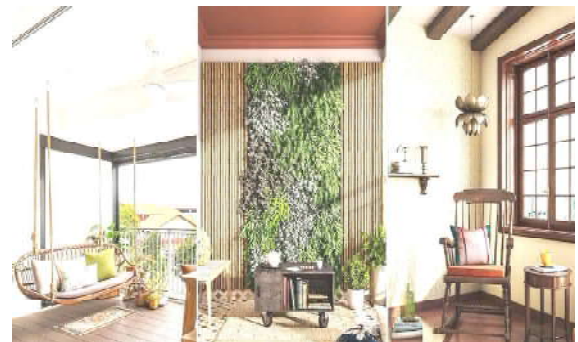
Furniture waste has increased as a result of the development in quickly manufactured, environmentally damaging, and swiftly depreciating household furnishings. The Environmental Protection Agency estimates that 12 million tonnes of furniture are dumped in landfills each year.

Reducing the quantity of furniture waste that ends up in landfills can be accomplished by selecting sustainable materials that won't degrade quickly. Consumers may easily get

clothing made from bamboo, organic cotton, recycled plastic, and wood that has been harvested sustainably.

It is not possible to complete the process of designing a sustainable interior all at once. Finding the ideal furnishings, accessories, and home decorations while looking for the most environmentally friendly, sustainable solutions takes some time. Don't forget to browse resale shops and antique stores where you can find distinctive items that have been recycled and repurposed. You should take your appliances eco-friendliness into account while you shop for sustainable things for your home. If possible, replace outdated substitute

EnergyStar-rated appliances for inefficient ones that use less energy. Modernised appliances are not only beneficial to the environment, but they are also a popular upgrade among homebuyers. Additionally, you can start a composting bin and alter your waste management strategy. Take your time, start small, and keep in mind that even the smallest change towards an environmentally friendly, sustainable interior can seem overwhelming at first.





ಕನ್ನಡ ವಿಭಾಗ

ಹರ್ಮನ್ ಮ್ಯೋಗ್ಲಿಂಗ್

ವಿದೇಶದಿಂದ ಬಂದು ಕನ್ನಡದ ಕೆಲಸವನ್ನು ಸಮರ್ಥವಾಗಿ ನಿರ್ವಹಿಸಿದ ಹರ್ಮನ್ ಮ್ಯೋಗ್ಲಿಂಗ್ ಅವರು ಇಂದಿಗೂ ಕೂಡಾ ಪ್ರಸ್ತುತರಾಗುತ್ತಾರೆ. ಹಾಗೂ ಇವರು ಮಾದರಿಯಾಗಿ ನಮ್ಮ ಮುಂದೆ ನಿಲ್ಲುತ್ತಾರೆ. ಏಕೆಂದರೆ ವಿದೇಶದಿಂದ ಬಂದು ಇಲ್ಲಿಯ ಭಾಷೆ, ಸಂಸ್ಕೃತಿ ಸಾಹಿತ್ಯವನ್ನು ಅಧ್ಯಯನ ನಡೆಸಿ ಹಲವಾರು ಕೃತಿಗಳನ್ನು ನೀಡಿರುವ ಇವರ ಬದುಕು ಮತ್ತು ವ್ಯಕ್ತಿತ್ವವನ್ನು ಅಧ್ಯಯನ ಮಾಡುವಂತದ್ದು ಮುಖ್ಯ ಉದ್ದೇಶ.

ಹರ್ಮನ್ ಮ್ಯೋಗ್ಲಿಂಗ್

ಹರ್ಮನ್ ಮ್ಯೋಗ್ಲಿಂಗ್ ಒಬ್ಬ ಬಾಸೆಲ್ ಮಿಷನರಿ. ಹರ್ಮನ್‌ನ ತಂದೆಯ ಹೆಸರು ವಿಲ್‌ಹೆಲ್ಮ್ ಲುಡ್‌ವಿಕ್ ಫೆಡ್ರಿಕ್ ಮ್ಯೋಗ್ಲಿಂಗ್. ಇವರು ಅಧ್ಯಾಪಕರಾಗಿ, ಡೀನ್ ಆಗಿ, ಪಾದ್ರಿಯಾಗಿ ಸೇವೆ ಸಲ್ಲಿಸಿದ್ದಾರೆ. ಹರ್ಮನ್‌ನ ತಾಯಿಯ ಹೆಸರು ರೀಕೆ. ಇವರ ಪುತ್ರನಾಗಿ ಫೆಡ್ರಿಕ್ ಮ್ಯೋಗ್ಲಿಂಗ್ ಕ್ರಿ. ಶ 1811 ರಲ್ಲಿ ಮೇ 29 ರಂದು ವುಕ್ಲಿನ್ ಬರ್ಗ್ ಪ್ರಾಂತ್ಯದ ಫ್ರೆಕ್ಚನ್ ಹೈಮ್ ಎಂಬಲ್ಲಿ ಜನಿಸಿದನು. ಮ್ಯೋಗ್ಲಿಂಗರಿಗೆ ತಾಯಿಯ ಪ್ರಭಾವ ಅಪಾರವಾಗಿತ್ತು. ತಾಯಿ ತೀರಿಕೊಂಡ ನಂತರವೂ ಆಕೆಯ ಪ್ರಾರ್ಥನೆ ಆತನ ಮನಸ್ಸಿನಲ್ಲಿ ಎಂದೂ ಮಜ್ಜಾಗಲಿಲ್ಲ. ತಾಯಿಯು ನನ್ನ ಸಂಗಡ ಮೋಣಕಾಲೂರಿ ಪ್ರಾರ್ಥನೆ ಮಾಡುವುದಕ್ಕಾಗಿ ನನ್ನ ಕೈ ಹಿಡಿದು ಮಾಳಿಗೆಯ ಸೋಪಾನವೇರಿ ಬರುತ್ತಿದ್ದಾಳೆಂಬುವುದನ್ನು ಮ್ಯೋಗ್ಲಿಂಗ್‌ರ ತನ್ನ ಮನಸ್ಸಿನಲ್ಲಿ ನೆನೆಪಿಸಿಕೊಳ್ಳುತ್ತಾರೆ.

ಮ್ಯೋಗ್ಲಿಂಗರಿಗೆ ತಂದೆಯೇ ಗುರುಗಳಾಗಿದ್ದರು. ಕ್ರಿ. ಶ 1819 ರಲ್ಲಿ ಓರಿಂಗನ್ ಎನ್ನುವ ಊರಿನ ಶಾಲೆಯಲ್ಲಿ ತಂದೆ ಮುಖ್ಯಸ್ಥನಾಗಿ ಉದ್ಯೋಗದಲ್ಲಿದ್ದ ಸಂದರ್ಭದಲ್ಲಿ ಮ್ಯೋಗ್ಲಿಂಗ್ ಆ ಶಾಲೆಯಲ್ಲಿ ವಿಶೇಷ ಉತ್ಸಾಹದಿಂದ ಇತರ ಎಲ್ಲಾ ವಕಳೊಂದಿಗೆ ವಿಧ್ಯಾಭ್ಯಾಸವನ್ನು ಮಾಡುತ್ತಿದ್ದರು.

ಸೌಮ್ಯ ಕೋಟ್ಯಾನ್

ಕನ್ನಡ ಉಪನ್ಯಾಸಕಿ
ಮಿಲಗ್ರಿಸ್ ಕಾಲೇಜು, ಮಂಗಳೂರು



ಮ್ಯೋಗ್ಲಿಂಗರಿಗೆ ಭಾಷಾ ಪ್ರೌಢಿಮೆ ಇದ್ದುದರಿಂದಾಗಿ ಕ್ರಿ. ಶ 1823 ರಲ್ಲಿ ತನ್ನ ಹನ್ನೆರಡನೆಯ ವಯಸ್ಸಿನಲ್ಲಿ ಶಾಲೆಗೆ ಬಂದ ಪರೀಕ್ಷಕರಿಗೆ ಜರ್ಮನ್ ಪರಿಚ್ಛೇದವನ್ನು ಲ್ಯಾಟಿನ್‌ಗೆ ಭಾಷಾಂತರಿಸಿದರು. ಮ್ಯೋಗ್ಲಿಂಗರು ಶಿಲ್ಲರ್ ಕವಿಪ್ರಿಯನಾಗಿದ್ದರಿಂದಾಗಿ ಹಲವು ಲ್ಯಾಟಿನ್ ಕವಿತೆಯನ್ನು ಅಭ್ಯಸಿಸಿದ್ದರು. ಕ್ರಿ. ಶ 1825 ರಲ್ಲಿ ಮ್ಯೋಗ್ಲಿಂಗರು ಬ್ಲವೆನ್ ಬರ್ಗ್ ಪಟ್ಟಣದ ಸೆಮಿನರಿಯಲ್ಲಿ ನಾಲ್ಕು ವರ್ಷ ವ್ಯಾಸಂಗ ಮಾಡಿ, 1829 ರಲ್ಲಿ ತಂದೆ ಮುಖ್ಯಸ್ಥರಾಗಿದ್ದ ಟ್ಯೂಬಿಂಗನ್ ವಿಶ್ವವಿದ್ಯಾನಿಲಯದಲ್ಲಿ ವ್ಯಾಸಂಗವನ್ನು ಮುಂದುವರಿಸಿ ಡಾಕ್ಟರೇಟ್ ಪದವಿಯನ್ನು ಪಡೆದರು. ಮ್ಯೋಗ್ಲಿಂಗರಿಗೆ ತಾನು ವೈದ್ಯನಾಗಬೇಕೆಂಬ ಹಂಬಲ ಕಡಿಮೆಯಾಗಿ ಅವರ ಒಲವು ಸಾಹಿತ್ಯದತ್ತ ಹರಿಯಿತು. ಮ್ಯೋಗ್ಲಿಂಗರು ಟ್ಯೂಬಿಂಗನ್ ವಿಶ್ವವಿದ್ಯಾನಿಲಯದಲ್ಲಿರುವಾಗ ಅಲ್ಲಿಗೆ ಬಂದ ಪೋಲಿಶ್ ನಿರಾಶ್ರಿತರಿಗೆ ಸಹಾಯ ಮಾಡುವುದಕ್ಕಾಗಿ ಒಂದು ಸಣ್ಣ ಪುಸ್ತಕ ರಚಿಸಿ ಅದನ್ನು ಮಾರಾಟ ಮಾಡಿ ಅವರಿಗೆ ಹಣ ಸಂಗ್ರಹಿಸಿ ಕೊಟ್ಟರು. ಆ ಮೂಲಕ ತಾನು ಇನ್ನೊಬ್ಬನಿಗಿಂತ ಹೆಚ್ಚಿಲ್ಲ, ಸಮಾನರು ಎಂಬ ಭಾವನೆ ಅವರಲ್ಲಿ ಮೂಡಿತು.

ಕ್ರಿ. ಶ 1832 ರಲ್ಲಿ ಮ್ಯೋಗ್ಲಿಂಗರಿಗೆ ಆಧ್ಯಾತ್ಮಿಕ ಜ್ಞಾನೋದಯವಾಯಿತು. 'ದೇವನ ಬಗೆಗಿನ ಅರಿವು, ಹಾಗೂ ತನ್ನ ಬಲಹೀನತೆಯ ತಿಳಿವಳಿಕೆಯ ಅರಿವು' ಅವರಿಗುಂಟಾಯಿತು. ಕ್ರಿ. ಶ 1834 ಸೆಪ್ಟೆಂಬರ್‌ನಲ್ಲಿ ಅವರ ವಿದ್ಯಾಭ್ಯಾಸ ಮುಗಿಯುವ ಸಂದರ್ಭದಲ್ಲಿ ತಾನು ಮಿಲಿಟರಿ



ಸ್ನೇಹಿತನೊಂದಿಗೆ ವಿಹಾರ ಹೋಗಿ ಹಿಂತಿರುಗುವಾಗ ತಡವಾದ್ದರಿಂದಾಗಿ ಅನ್ಯಾಯವಾಗಿ ಶಿಕ್ಷೆಗೊಳಗಾದ ಸಂಗತಿಯನ್ನು ಬರೆಯುತ್ತಾರೆ.

ಮ್ಯೋಗ್ಲಿಂಗರನ್ನು ಅವರ ತಂದೆ ತನ್ನ ಸಹಾಯಕ ಪಾದ್ರಿಯಾಗಿ ನೇಮಿಸಿಕೊಂಡರು.ಒಂದು ಸಾವಿರ ಜನರಿದ್ದ ಮುಸ್ಯಂಗನ್ ಸಭೆಯಲ್ಲಿ ಕೆಲವು ಭಕ್ತಿ ಪಂಥದವರೊಡನೆ ಸಂಪರ್ಕ ಬೆಳೆಸಿದನು.ಈ ಸಂದರ್ಭದಲ್ಲಿ ತಾನು ಕಂಡುಕೊಂಡ ಕ್ರಿಸ್ತನನ್ನು ತಿಳಿಯದವರಿಗೆ ಪ್ರಚಾರ ಪಡಿಸಬೇಕೆಂಬ ಅಭಿಲಾಷೆ ಉಂಟಾಯಿತು.ಕ್ರಿಸ್ತ ಜಯಂತಿಯ ಎರಡನೇ ಆರಾಧನೆ (26 ರಂದು ಅವರು ಭಾವ ಪೂರ್ಣವಾಗಿ ಪ್ರವಚನನ್ನಿತ್ತರು.ಅವರು ಮಾನವನ ಪಾಪ, ದೇವರ, ಕೃಪೆ, ಇವುಗಳನ್ನು ಕುರಿತು ಮನ ಮುಟ್ಟುವ ರೀತಿಯಲ್ಲಿ ವಿವರಿಸಿದಾಗ ಇವರ ತಂದೆಯನ್ನು ಒಳಗೊಂಡಂತೆ ಎಲ್ಲರೂ ಆಶ್ಚರ್ಯ ಚಕಿತರಾದರು.ಈ ಆಶ್ಚರ್ಯದಿಂದ ಮ್ಯೋಗ್ಲಿಂಗರ ತಂದೆಯ ಕಣ್ಣಲ್ಲಿ ನೀರು ತುಂಬಿ ಮಗನನ್ನು ಅಪ್ಪಿಕೊಂಡು ಕರ್ತನ ಕೆಲಸವು ಈಗ ಸಿದ್ಧಿಗೆ ಬಂತು ಎಂದರು.ಈ ನಡುವೆ ಮ್ಯೋಗ್ಲಿಂಗರಿಗೆ ತಾನು ಮಿಷನರಿಯಾಗಬೇಕೆಂಬ ಬಯಕೆ ಪದೇ ಪದೇ ಎಚ್ಚರಿಸುತ್ತಿತ್ತು.ತಂದೆಗೆ ಮಗ ಮಿಷನರಿಯಾಗುತ್ತಾನೆ ಎಂಬ ವಿಷಯ ಅರಿತಾಗ ಆಶ್ಚರ್ಯವಾದರೂ ಅವನನ್ನು ಪ್ರೋತ್ಸಾಹಿಸಿದನು.

ಮ್ಯೋಗ್ಲಿಂಗರು ಬಾಸೆಲ್‌ಗೆ ಹೋಗಿ ಅಲ್ಲಿಯ ಸಮಿತಿಗೆ ತಾನು ಮಿಷನರಿಯಾಗುವ ಬಯಕೆ ಮತ್ತು ಮನದಿಗಿತವನ್ನು ತಿಳಿಸಿದರು.ಆ ಸಮಿತಿಯವರು ಈತನ ಆಸಕ್ತಿ ಮತ್ತು ತಿಳಿವಳಿಕೆಯನ್ನು ಗಮನಿಸಿ ಈತನು ಮಿಷನರಿ ಆಗಲು ಸಮರ್ಥ ವ್ಯಕ್ತಿ ಎಂದು ಆಯ್ಕೆ ಮಾಡುತ್ತಾರೆ.ಇದೇ ಸಂದರ್ಭದಲ್ಲಿ ಇಂಗ್ಲೆಂಡಿನ ಎ.ಆರ್.ಗ್ರೂವ್ಸ್ ಎಂಬವನು ಕಲ್ಕತ್ತೆಯ ಮಿಷನಿಗೆ ಕೆಲವು ಯುವಕರನ್ನು ಕರೆದೊಯ್ಯಲು ಬಂದಿದ್ದನು.

ಇವನ ಮೂಲಕ ಅಂದಿನ ಭಾರತದ ಮಿಷನಿನ ಪರಿಚಯ ಮ್ಯೋಗ್ಲಿಂಗರಿಗೆ ಉಂಟಾಯಿತು.ಇದೇ ಸಂದರ್ಭದಲ್ಲಿ ಧಾರವಾಡದಿಂದ ಬಂದಿದ್ದ ನ್ಯಾಯಾಧಿಪತಿ ಯಂಗ್ ದಕ್ಷಿಣ ಮರಾಠದಲ್ಲಿನ ಮಿಷನರಿ ಅಗತ್ಯದ ಕುರಿತು ತಿಳಿಸುತ್ತಾನೆ. ಬಾಸೆಲ್ ಸಮಿತಿಯವರು ಭಾರತಕ್ಕೆ ಒಬ್ಬ ದೈವಶಾಸ್ತ್ರಿಯನ್ನು ಕಳಿಸುವುದಕ್ಕೆ ನಿರ್ಧರಿಸಿ ಮ್ಯೋಗ್ಲಿಂಗರನ್ನು ಪರೀಕ್ಷಿಸಿದ ನಂತರ ಅವರನ್ನು ಬಾಸೆಲ್‌ನ ಮಿಷಲ್ ಹೌಸ್‌ಗೆ ತೆಗೆದುಕೊಂಡರು.ಕ್ರಿಸ್ತ

1835 ಎಪ್ರಿಲ್ 6 ನೇ ತಾರೀಖಿಗೆ ಮ್ಯೋಗ್ಲಿಂಗ್ ಬಾಸೆಲ್‌ಗೆ ಕಾಲ್ಕತ್ತೆಯಲ್ಲಿ ಹೊರಟರು.ಮಾರ್ಗದಲ್ಲಿ ಸ್ಟೈಸ್ ಎಂಬ ಸ್ನೇಹಿತನ ಮನೆಯಲ್ಲಿ ಗುಂಡರ್ಚನ್ ಭೇಟಿಯಾಗಿ ಅವರಿಬ್ಬರಲ್ಲಿ ಸ್ನೇಹ ಉಂಟಾಯಿತು.ಎಂಟನೆಯ ಏಪ್ರಿಲ್ ಮ್ಯೋಗ್ಲಿಂಗ್ ಮಿಷನ್ ಹೌಸ್‌ಗೆ ತಲುಪಿದನು.29ನೆಯ ಏಪ್ರಿಲ್‌ನಂದು ಸೇರಿದಸಮಿತಿಯು ಮ್ಯೋಗ್ಲಿಂಗರನ್ನು ತರಬೇತಿಗಾಗಿ ಧಾರವಾಡಕ್ಕೆ ಕಳುಹಿಸಲು ತೀರ್ಮಾನಿಸಿತು.ಧಾರವಾಡಕ್ಕೆ ಹೋದ ನಂತರ ಹಲವಾರು ಸ್ನೇಹಿತರು, ಬಂಧುಗಳನ್ನು ಸಂಧಿಸಿ ಆ ಪ್ರಾಂತ್ಯದ ಅಪ್ಪಣೆ ಪಡೆದು ನಾಲ್ಕನೆಯ ಜೂನ್‌ಗೆ ಮ್ಯೋಗ್ಲಿಂಗ್ ಬಾಸೆಲ್‌ಗೆ ಸೇರಿದನು.ಅಲ್ಲಿ ಅರಬಿಕ್, ಸಂಸ್ಕೃತ ಹಾಗೂ ಇಂಗ್ಲೀಷ್ ಭಾಷೆಗಳನ್ನು ಕಲಿತರು. ಇತರರಿಗಿಂತ ಭಿನ್ನವಾಗಿ ಮತ್ತು ಸಹಪಾಠಿಗಳಿಗೆ ಪಾಠ ಹೇಳುವಷ್ಟು ಬುದ್ಧಿವಂತನಾಗಿದ್ದ ಮ್ಯೋಗ್ಲಿಂಗರು ಬಾಸೆಲ್ ಬೇರೆ ಬೇರೆ ದೇವಾಲಯಗಳಲ್ಲಿ ಪ್ರವಚನ ನೀಡುತ್ತಾ ಬರುತ್ತಿರುವಾಗ ಸಮಿತಿಯವರು ಅವರನ್ನು ತರಬೇತಿಗೆಂದು ಹೆಚ್ಚು ಸಮಯ ನಿಲ್ಲಿಸಿಕೊಳ್ಳದೆ ಭಾರತಕ್ಕೆ ಕಳುಹಿಸಿದರು. 6 ಡಿಸೆಂಬರ್ ಕ್ರಿ. ಶ.1836 ರಂದು ಮ್ಯೋಗ್ಲಿಂಗ್ ಮತ್ತು ಮೂವರ ಸಹಯಾತ್ರಿಕರು ಮಂಗಳೂರಿಗೆ ಬಂದರು.ನಂತರ ಕ್ರಿ. ಶ 1836 ರ ಡಿಸೆಂಬರ್ 13 ರಿಂದ ಮ್ಯೋಗ್ಲಿಂಗರು ಕನ್ನಡ ಕಲಿಯಲು ಆರಂಭಿಸುತ್ತಾರೆ.ದಕ್ಷಿಣ ಮರಠಾ ಎಂದು ಅಂದು ಕರೆಯಲ್ಪಡುತ್ತಿದ್ದ ಧಾರವಾಡದಲ್ಲಿ ಕನ್ನಡ ಓದಿ ಅರ್ಥ ಮಾಡಲು ಸುಲಭ, ವ್ಯವಹರಿಸುವುದು ಕಷ್ಟ ಎಂದು ಕೊಂಡು ಸಂಸ್ಕೃತ ಕಲಿತು ಕೊಳ್ಳಲು ಮುಂದಾದರು. ಹೀಗೆ ಧಾರವಾಡದಲ್ಲಿ ಒಂದು ಕಟ್ಟಲು ಪ್ರಾರಂಭಿಸಿದಾಗ ಅದಕ್ಕೆ ದಂಡಿನ ಅಧಿಕಾರಿಯು ವಿರೋಧ ವ್ಯಕ್ತಪಡಿಸಿದನು. ಮುಂದೆ ಇಂಗ್ಲೀಷ್ ಶಾಲೆಯಲ್ಲಿ ಉಪಾಧ್ಯಾಯನಾಗಿ ನಂತರ ಸರ್ಕಾರದ ಶಾಲೆಯಲ್ಲಿ ಕೆಲಸ ಮಾಡಲು ಕರೆ ಬಂದಾಗ ಹುಬ್ಬಳ್ಳಿಗೆ ಹೋದರು.

ಹೀಗೆ ಜನರಲ್ಲಿ ಕುತೂಹಲ ಮೂಡಿಸಿದ್ದ ಮ್ಯೋಗ್ಲಿಂಗರು ಒಬ್ಬ ಐರೋಪ್ಯನಾಗಿದ್ದುಕೊಂಡು ಕುದುರೆ ಮತ್ತು ಸೇವಕರಿಲ್ಲದೆ ಸರಳ ಜೀವನ ನಡೆಸಿರುವಿದರ ಜೊತೆ ಹಗಲಲ್ಲಿ ಕರಪತ್ರಗಳ ವಿತರಣೆ, ಧರ್ಮ ಪ್ರಸಾರದ ಕಾರ್ಯಗಳನ್ನು ಮಾಡುತ್ತಾ ಜೊತೆಗೆ ಸಾಯಂಕಾಲ ಇಂಗ್ಲೀಷ್ ಉದ್ಯೋಗಿಗಳ ವಾರಕ್ಕೆ ಎರಡು ದಿನ ದೇವಾಲಯದಲ್ಲಿ ಪ್ರವಚನವನ್ನು ಕೂಡಾ ನೀಡುತ್ತಿದ್ದರು.ಕ್ರಿ. ಶ 1838 ಜುಲೈ 10 ರಂದು ಮಂಗಳೂರಿಗೆ





ಜನರಲ್ ಕಾನ್‌ಫರೆನ್ಸಿಗಾಗಿ ಬಂದರು.ಕ್ರಿ. ಶ1852 ರವರೆಗೆ ಮಂಗಳೂರಿನಲ್ಲಿ ಸರಳ ಜೀವನ ಮತ್ತು ಶ್ರಮದ ಸೇವೆಯಲ್ಲಿ ಸಲ್ಲಿಸಿದರು.

ಬ್ರಹ್ಮಚಾರಿಯಾಗಬೇಕೆಂದ್ಲ ಮ್ಯೋಗ್ಲಿಂಗರು ತಮ್ಮ ನಲವತ್ತೈದನೆಯ ವಯಸ್ಸಿನಲ್ಲಿ ವೈಗಲರ ವಿಧವಾ ಪತ್ನಿ ಪೌಲಿನ್‌ಳನ್ನು ವಿವಾಹವಾದರು.ಪೌಲಿನ್ ಮ್ಯೋಗ್ಲಿಂಗರಿಗೆ ಉತ್ತಮ ಸಹಾಯಕಳಾಗಿ ಹೆಂಡತಿಯಾಗಿ ಕೊಡಗಿನಲ್ಲಿ ಸೇವೆ ಸಲ್ಲಿಸುತ್ತಿದ್ದರು.ಕ್ರಿ. ಶ1860 ರಲ್ಲಿ ಪೌಲಿನ್ ಅನಾರೋಗ್ಯದಿಂದಿದ್ದಾಗ ಮ್ಯೋಗ್ಲಿಂಗ್ ಆಕೆಯನ್ನು ಜರ್ಮನಿಗೆ ಕಳುಹಿಸಿ ಕೊಟ್ಟನು.ಜರ್ಮನಿಯಲ್ಲಿ ಆಕೆಯ ಆರೋಗ್ಯ ಸುಧಾರಿಸಿದಾಗ ಮ್ಯೋಗ್ಲಿಂಗ್ ಆಕೆಗೆ “ಪ್ರಿಯಳೇ, ಎರಡು ವರ್ಷಗಳ ಮೇಲೆ ನಾವಿಬ್ಬರೂ ತಿರುಗಿ ಹಿಂದೂ ದೇಶಕ್ಕೆ ಹೋಗೋಣ” ಎಂದಾಗ ಆಕೆ “ಹೌದು, ನೀವು ನಿತ್ಯವೂ ಹಾಗೆ ಆಶಿಸುತ್ತೀರಲ್ಲ. ಈಗ ನನ್ನಲ್ಲಿ ಕಾಣುವ ಕ್ಷೇಮವು ಆರಿ ಹೋಗುವ ಸಣ್ಣ ದೀಪ ಕಟ್ಟಕಡೆಗೆ ಪ್ರಜ್ವಲಿಸುವಂತಿದೆ.”ಎಂದಳು ಹೀಗೆ ಪೌಲಿನ್ ಅನಾರೋಗ್ಯದಿಂದ ತೀರಿಕೊಂಡಾಗ ಮ್ಯೋಗ್ಲಿಂಗರು ತಾಯಿಯ ಒತ್ತಾಯಕ್ಕೆ ಮಣಿದು ಬೆರ್ಲಿನ್‌ನಲ್ಲಿ ಎಂಬುವಳನ್ನು ಮದುವೆಯಾದರು.

ಮ್ಯೋಗ್ಲಿಂಗರ ಜೀವನಕ್ರಮ, ಸರಳತೆ, ಜನರೊಂದಿಗೆ ಬೆರತ ಸ್ನೇಹಮಯ ಜೀವನ, ಭಾರತೀಯರಿಗೆ ಕ್ರಿಸ್ತನ ಪ್ರವಚನವನ್ನು

ಪ್ರಸರಿಸುವ ತಾನು ಭಾರತೀಯನಂತಾಗಲು ಮಾಡುವ ಪ್ರಯತ್ನವನ್ನು ನೋಡಿ ಜನರು ಮ್ಯೋಗ್ಲಿಂಗರನ್ನು ದೇವರ ಮನುಷ್ಯ ಎಂದು ಕಂಡು ಕೊಂಡರೆಂದು ಡಾ.ಗುಂಡರ್ಚ್ ಬರೆಯುತ್ತಾರೆ. ಹೀಗೆ ಕನ್ನಡ ಸಾಹಿತ್ಯಕ್ಕೆ ಸೇವೆ ಸಲ್ಲಿಸಬೇಕೆಂಬ ಕಾರಣಕ್ಕಾಗಿ “ಬಿಬ್ಲಿಯಾಥಿಕಾ ಕರ್ನಾಟಕ” ಮೂಲಕ ಕನ್ನಡ ಸಾಹಿತ್ಯ ಧೂಳನ್ನು ಕೆಡವಿ ಒಳ್ಳೆಯ ಸಾಹಿತ್ಯ ಬೆಳಕಿಗೆ ಬರಬೇಕೆಂದು ಬಯಸಿದರೂ ಇದಕ್ಕಾಗಿ ಮ್ಯೋಗ್ಲಿಂಗರಿಗೆ ವೈಗ್ಲೆ, ಕಾಸಾಮೆಜರ್ ಮತ್ತು ಮದ್ರಾಸಿನ ಗವರ್ನರ್ ಸರ್ ವಾಲ್ಟರ್ ಎಲ್ಲಿಯೇಟ್ ಸಹಾಯ ಮಾಡಿದರು.ಮ್ಯೋಗ್ಲಿಂಗರು ಮೊದಲು ಜನರಿಂದ ಕೈಬರಹದ ಪ್ರತಿಗಳನ್ನು ತೆಗೆದುಕೊಂಡು ಅದನ್ನು ಇತರ ಪ್ರತಿಗಳಿಗೆ ಹೋಲಿಸಿ ಸಂಪಾದಿಸಿ ಕಲ್ಲಚ್ಚಿನಲ್ಲಿ ಮುದ್ರಿಸಲು ಪ್ರಾರಂಭಿಸಿದರು.ಹೀಗೆ “ಬಿಬ್ಲಿಯಾಥಿಕಾ ಕರ್ನಾಟಕ” ಮಾಲಿಕೆಯಲ್ಲಿ ಕ್ರಿ. ಶ 1848ರಲ್ಲಿ ಜೈಮಿನಿ ಭಾರತ, 11 ಕ್ರಿ. ಶ1850ರಲ್ಲಿ ದಾಸರ ಪದಗಳ ನೂರು ಹಾಡುಗಳ ಸಂಕಲನ, ಕನಕದಾಸರ “ಹರಿಭಕ್ತೆ ಸಾರ”, ಗಾದೆಗಳ ಸಂಗ್ರಹ, ಕುಮಾರವ್ಯಾಸ ಭಾರತ, ಬಸವ ಪುರಾಣ, ಚೆನ್ನ ಬಸವ ಪುರಾಣ.ಇವೆಲ್ಲವು ಕ್ರಿ. ಶ1858 ರಲ್ಲಿ ಬಂದವು.ಹೀಗೆ ಈ ಮೂಲಕ ಮ್ಯೋಗ್ಲಿಂಗರಿಗೆ ಕನ್ನಡದ ಮೇಲೆ ಆತ್ಮೀಯತೆ ಹೆಚ್ಚುತ್ತಾ ಹೋಗುತ್ತದೆ.ನಂತರ ಕನ್ನಡ ಲಿಪಿ ಸುಧಾರಣೆ, ಕನ್ನಡ ಕಾವ್ಯಗಳ ಜರ್ಮನ್ ಭಾಷಾನುವಾದ ಮೊದಲಾದ ಭಾಷಾಂತರಗಳನ್ನು ಮಾಡಿದರು.

ಕನ್ನಡ ಭಾಷೆ

ಪೀಠಿಕೆ

ಕನ್ನಡವು ದ್ರಾವಿಡ ಭಾಷೆಯಾಗಿದ್ದು ಇದನ್ನು ಕರ್ನಾಟಕದ ನಿವಾಸಿಗಳು ಮಾತನಾಡುತ್ತಾರೆ ಮತ್ತು ಕೆಲವೊಮ್ಮೆ ಮಹಾರಾಷ್ಟ್ರ ತಮಿಳು ನಾಡು ಆಂಧ್ರಪ್ರದೇಶ ಮತ್ತು ಗೋವಾದಲ್ಲಿ ಇದು ಅಧಿಕೃತವಾಗಿ ಭಾಷೆಯ ಸಂವಿಧಾನದ ಅಡಿಯಲ್ಲಿ ನಿಗದಿತ ಭಾಷೆಯಾಗಿದೆ ಮತ್ತು ಇದು ಭಾರತದಲ್ಲಿ ಸುಮಾರು 43 ಮಿಲಿಯನ್ ಜನಸಂಖ್ಯೆಯನ್ನು ಹೊಂದಿದೆ ಈ ಭಾಷೆಯ ಸಾಧನೆಗಳ ಪಟ್ಟಿ ದೊಡ್ಡದಿದೆ, ಕನ್ನಡ ಲಿಪಿಯಿಂದ ವಿಕಾಸಗೊಂಡ ಕನ್ನಡ ಸಾಹಿತ್ಯವು 8 ಜ್ಞಾನಪೀಠ ಪ್ರಶಸ್ತಿಗಳನ್ನು ಪಡೆದುಕೊಂಡಿದೆ ಇದು ಯಾವುದೇ ದ್ರಾವಿಡ ಭಾಷೆಗೆ ಅತ್ಯುನ್ನತವಾಗಿದೆ ಎಂದು ಪರಿಗಣಿಸಲಾಗಿದೆ.

ದೀಕ್ಷಾ ಎಸ್ ನಾಯ್ಕ
ದ್ವಿತೀಯ ಎಫ್.ಎನ್.ಡಿ



ವಿಷಯ ಬೆಳವಣಿಗೆ ಕರ್ನಾಟಕದಲ್ಲಿ ಬಳಸಲಾಗುವ ಕನ್ನಡ ಭಾಷೆಯನ್ನು ಒಂದಾಗಿ ಭಾರತೀಯ ಸಂವಿಧಾನವು ಗುರುತಿಸಿದೆ. ಕರ್ನಾಟಕದ ಬಹುತೇಕ ಜನರಿಗೆ ಕನ್ನಡವು ಮಾತೃಭಾಷೆಯಾಗಿದೆ. ನೆರೆಯ ರಾಜ್ಯಗಳಾದ ಆಂಧ್ರಪ್ರದೇಶ,



ಮಹಾರಾಷ್ಟ್ರ, ತಮಿಳುನಾಡು, ಕೇರಳ, ಗೋವಾ ಹಾಗೂ ದಮನ್ ಹಾಗೂ ದೀಯುಗಳಲ್ಲಿ ಕನ್ನಡವು ಮಾತೃ ಭಾಷೆಯಾಗಿ ಬಳಸುವ ಗಣನೀಯ ಸಂಖ್ಯೆಯ ಜನರಿದ್ದಾರೆ ಈ ನೆಲದ ಮೇಲೆ ಪ್ರಭಾವ ಬೀರಿದ ಪ್ರದೇಶಗಳಿಗೆ ಅನುಗುಣವಾಗಿ ಭಾಷೆಯ ವಿವಿಧ ರೂಪ ಹಾಗೂ ಶೈಲಿಯ ಉಪಭಾಷೆ ಅಥವಾ ಪ್ರತ್ಯಯ ಭಾಷೆಗಳನ್ನು ಪಡೆದುಕೊಂಡಿದೆ.

ಕನ್ನಡ ಸಾಹಿತ್ಯದ ಪ್ರಾಚೀನತೆ

ಕ್ರಿಸ್ತ ಶಕ 8 9ನೇ ಶತಮಾನಕ್ಕೆ ಮೊದಲು ಸಾಹಿತ್ಯಕ ಸಾಕ್ಷಿಗಳು ಇಲ್ಲದಿರುವುದರಿಂದ ಕನ್ನಡದ ಸಾಹಿತ್ಯದ ಪ್ರಾರಂಭವೂ ಅಸ್ಪಷ್ಟತೆಯಲ್ಲಿ ಮುಚ್ಚಿ ಹೋಗಿದೆ ಏಕೆಂದರೆ ಕೆಲವೇ ಕೆಲವು ಶಾಸನ ಪುರಾವೆಗಳು ಲಭ್ಯವಿದ್ದು ಇತಿಹಾಸದ ಪ್ರಾರಂಭಿಕ ಹಂತಗಳಿಗೆ ಸೇರಿದ ಬಹುತೇಕ ಶಾಸನಗಳನ್ನು ಬ್ರಾಹ್ಮಿ ಲಿಪಿ ಹಾಗೂ ಪ್ರಕೃತ ಭಾಷೆಯಲ್ಲಿ ಬರೆಯಲಾಗಿದೆ ಅವುಗಳಲ್ಲಿ ಬಹು ಪಾಲು ಬೀರರಿಗೆ ನರವ ಸಲ್ಲಿಸುವ ಕಿರು ಸ್ಮಾರಕ ದಾಖಲೆಗಳಿವೆ.

ಆಡಳಿತ ಭಾಷೆಯಾಗಿ ಕನ್ನಡ

ಕ್ರಿಸ್ತಶಕ 6ನೇ ಶತಮಾನದಿಂದ ಕನ್ನಡದಲ್ಲಿ ಹೋರಾಡಿಸಿದ ಅನೇಕ ರಾಜಾಜ್ಞೆಗಳನ್ನು ನೋಡಿದಾಗ ಪ್ರಾಕೃತ ಹಾಗೂ ಕನ್ನಡ ಭಾಷೆಗಳನ್ನು ಪ್ರಾರಂಭಿಕ ಮತ್ತು ನಂತರದ ಕಾಲಗಳಲ್ಲಿ ಕ್ರಮವಾಗಿ ಬಳಸಿದರು ನಂತರ ಬಂದ ಕರ್ನಾಟಕದ ಅರಸರು ಆಡಳಿತ ಉದ್ದೇಶಕ್ಕಾಗಿ ಕನ್ನಡವನ್ನು ಬಳಸುತ್ತಿದ್ದರು ಎಂದು ತಿಳಿದು ಬರುತ್ತದೆ. ಕದಂಬರ ಹಲ್ಮಿಡಿ ಶೀಲಾ ಶಾಸನ ಹಾಗೂ ಚಾಲುಕ್ಯರ ಬಾದಾಮಿ ಗುರುವ ಶಾಸನಗಳು ರಾಜಾನು ಗಾನಗಳನ್ನು ಘೋಷಿಸುವ ಅತ್ಯಂತ ಪುರಾತನ ಕನ್ನಡ ದಾಖಲೆಗಳಾಗಿವೆ ಕಲ್ಯಾಣದ ಚಾಳುಕ್ಯರ ಶಾಸನಗಳನ್ನು ರಾಜಾನುದಾನಗಳನ್ನು ಘೋಷಿಸುವ ಅತ್ಯಂತ ಪುರಾತನ ಕನ್ನಡ ದಾಖಲೆಗಳಾಗಿವೆ. ಕಲ್ಯಾಣದ ಚಾಲುಕ್ಯರ ಆಳ್ವಿಕೆಯಲ್ಲಿ ಹಾಗೂ ಅನಂತರದ ಹೊಯ್ಸಳ ಹಾಗೂ ಸೇವುನರ ಆಡಳಿತವಾದಿಯಲ್ಲೂ, ಉದ್ದೇಶಕ್ಕಾಗಿ ಕನ್ನಡ ಭಾಷೆಯನ್ನು ಬಳಸುವುದು ಹೆಚ್ಚಿತು. ನೈರುತ್ಯ ರಾಜ್ಯ ಕರ್ನಾಟಕ ಬೆಂಗಳೂರು ಮೈಸೂರು ಮತ್ತು ಹಂಪೆಯಂತಹ ಭಾಷೆಯ ಭಾರತೀಯ ಗುರುತಿನ ಹಲವಾರು ಪ್ರಮುಖ ದಾರಕರಿಗೆ ನೆಲೆಯಾಗಿದೆ ಇದು ಕನ್ನಡ ಭಾಷೆಯ ಜನ್ಮಸ್ಥಳವಾಗಿದೆ.

ಕನ್ನಡ ಭಾಷೆಯ ಇತಿಹಾಸ

ಕ್ರಿಸ್ತಪೂರ್ವ 3ನೇ ಶತಮಾನದಲ್ಲಿ ಪ್ರಚಲಿತದಲ್ಲಿದ್ದ ಭಾಷೆ

ಕನ್ನಡ ಕನ್ನಡ ಭಾಷೆಯ ಅಸ್ತಿತ್ವದ ಪುರಾವೆಗಳು ಭಾರತದಾದ್ಯಂತ ಮತ್ತು ಕೆಲವೊಮ್ಮೆ ವಿದೇಶಗಳಲ್ಲಿ ಸಾಕಷ್ಟು ಮತ್ತು ಹರಡಿಕೊಂಡಿವೆ ಉದಾಹರಣೆಗೆ ಅಶೋಕನ ಶಾಸನದಲ್ಲಿ ಇಸಿಲ ಎಂಬ ಪದವು ಕಂಡು ಬಂದಿದೆ ಅದು ಕನ್ನಡ ಭಾಷೆಯಿಂದ ಬಂದ ಪದ ಎಂದು ನಂತರ ಧೃಢಪಡಿಸಲಾಯಿತು. ಈ ಕುತೂಹಲಕಾರಿ ಅಶೋಕನ ಶಾಸನದಲ್ಲಿ ಹಲವಾರು ಕನ್ನಡ ಪದಗಳು ಕಂಡು ಬಂದಿದೆ ಮುಂದೆ ಬಾಲೆಮಿಯ ಪುಸ್ತಕ ಕರ್ನಾಟಕದ ಸ್ಥಳಗಳು ಮತ್ತು ಅವರ ಭಾಷೆಯ ಬಗ್ಗೆ ಮಾತನಾಡುವ ಭೂಗೋಳದಿಂದ ಭಾಷೆಯ ಸಂಬಂಧ ವಿರುವ ವಿವರಗಳನ್ನು ನಾವು ತಿಳಿದಿದ್ದೇವೆ ಅದಲ್ಲದೆ ಕದಂಬರ ಪ್ರಸಿದ್ಧ ಹಲ್ಮಿಡಿ ದಾಖಲೆಯು 5ನೇ ಶತಮಾನದ ಅಡಿಯಲ್ಲಿ ಕನ್ನಡ ಭಾಷೆಯ ಅಸ್ತಿತ್ವದ ಪುರಾವೆಗಳ ಅತ್ಯಂತ ಹಳೆಯ ಜೀವಂತ ತುಣುಕುಗಳಲ್ಲಿ ಒಂದಾಗಿದೆ ಇದರಿಂದ ನಾವು ಕನ್ನಡವೂ ಅಭಿವೃದ್ಧಿ ಹೊಂದಿದ ಭಾಷೆಯಾಗಿತ್ತು ಎಂಬ ಅಂಶವನ್ನು ಚೆನ್ನಾಗಿ ಸ್ಥಾಪಿಸಬಹುದು ಚಿಕ್ಕ ವಯಸ್ಸಿನಿಂದಲೂ ಮಾತನಾಡುವ ಮತ್ತು ಬರೆಯುವ ಎರಡು ಮತ್ತೊಂದು ಆಶ್ಚರ್ಯಕರ ಬಹಿರಂಗಪಡಿಸುವಿಕೆಯು ಹಲವಾರು ತಮಿಳು ಶಾಸನಗಳಲ್ಲಿ ಕನ್ನಡವೂ ಕಂಡು ಬಂದಿದೆ ಎಂದು ಸೂಚಿಸುತ್ತದೆ ಕೆಲವು ಸಂಸ್ಕೃತ ಆದೇಶಗಳಲ್ಲಿ ಜನಸಾಮಾನ್ಯರು ಸುಲಭವಾಗಿ ಅರ್ಥಮಾಡಿಕೊಳ್ಳಲೆಂದು ನಾಯಕರು ಹಾಗೂ ಮೈಸೂರಿನ ಒಡೆಯರು ಕೂಡ ರಾಜ್ಯದ ಏಕೈಕ ಆಡಳಿತ ಭಾಷೆಯಾಗಿ ಕನ್ನಡವನ್ನು ಬಳಸಿದರು.

ಉಪಸಂಹಾರ

ಬಿಜಾಪುರದ ಅರಸರು ಶಾಹಜೆ ಏಕೋಜಿ ಹಾಗೂ ಶಿವಾಜಿಯ ಶಾಸನ ಹಾಗೂ ರಾಜಾಜ್ಞೆಗಳು ಕನ್ನಡದಲ್ಲಿವೆ ಆಡಳಿತ ಹಾಗೂ ಸಾಮಾನ್ಯ ಉದ್ದೇಶಗಳೆರಡಕ್ಕೂ ಬ್ರಿಟಿಷರು ಕೊಡಗಿನ ಅರಸರು ಹಾಗೂ ಮೈಸೂರು ಒಡೆಯರು ಕನ್ನಡವನ್ನು ವಿಸ್ತೃತವಾಗಿ ಬಳಸಿದರು. ಕರ್ನಾಟಕ ಸರ್ಕಾರವು ಕನ್ನಡವನ್ನು ಅಧಿಕೃತ ಆಡಳಿತ ಭಾಷೆಯಾಗಿ ಮಾಡಿದ್ದು ಭಾಷೆಯನ್ನು ಉತ್ತೇಜಿಸಲು ಹಾಗೂ ರಾಜ್ಯ ವ್ಯವಸ್ಥೆಯ ಎಲ್ಲಾ ಸ್ಥಳಗಳನ್ನು ಅದರ ಬಳಕೆಯನ್ನು ಅನುಷ್ಠಾನಕ್ಕೆ ತರಲು ಹಾಗೂ ಭಾಷೆಯನ್ನು ಬಳಸಲು ಹಲವಾರು ಯೋಜನೆ ಹಾಗೂ ಕ್ರಮಗಳನ್ನು ಅನುಷ್ಠಾನ ಮಾಡಿದೆ. ಹಾಗಾಗಿ ಕನ್ನಡ ಭಾಷೆಗೆ ಸರ್ಕಾರ ಹಾಗೂ ಜನಸಾಮಾನ್ಯರಿಂದಲೂ ಒತ್ತಾಸೆ ದೊರಕಿದೆ.





ಕೃಷಿ ಮಾಡುವ ವಿಧಾನ, ಬೆಳೆ ಉತ್ಪಾದನಾ ವ್ಯವಸ್ಥೆಗಳು

ಕೃಷಿ

ಕೃಷಿ ಎಂಬುದು ಬೇಸಾಯ ಮತ್ತು ಅರಣ್ಯ ಕಲೆಯ ಮೂಲಕ ಆಹಾರ ಮತ್ತು ಸರಕುಗಳನ್ನು ಉತ್ಪಾದಿಸುವ ಒಂದು ವಿಧಾನ ಕೃಷಿಯು ಮಾನವ ನಾಗರಿಕತೆಯ ಉಗಮಕ್ಕೆ ಕಾರಣವಾದ ಪ್ರಮುಖ ಬೆಳವಣಿಗೆ ಯಾಗಿದೆ ಅಷ್ಟೇ ಅಲ್ಲ ಪಳಗಿಸಿದ ಪ್ರಾಣಿಗಳನ್ನು ಮತ್ತು ಸಸ್ಯಗಳನ್ನು ಸಂಕೋಪನೆಯಿಂದಾಗಿ ಆಹಾರದ ಮಿಗುತಾಯಗಳು ಸೃಷ್ಟಿಯಾಗುವುದರಿಂದ ಅದು ಹೆಚ್ಚು ಜನ ಬರಿತವಾದ ಮತ್ತು ಶ್ರೇಣಿಕೃತವಾದ ಸಮಾಜಗಳ ಬೆಳವಣಿಗೆಗೆ ಕಾರಣವಾಯಿತು. ಕೃಷಿಯ ಅಧ್ಯಾಯಕ್ಕೆ ಕೃಷಿ ವಿಜ್ಞಾನ ಎಂದು ಹೆಸರು ವೈಶಿಷ್ಟ್ಯಗಳು ಮತ್ತು ಕೌಶಲಗಳ ವೈವಿಧ್ಯತೆಯನ್ನು ಕೃಷಿಯು ಒಳಗೊಳ್ಳುತ್ತದೆ.

ಕೃಷಿ ಮಾಡುವ ವಿಧಾನ

- ನೀರಿನ ಕಲುಮೆಗಳನ್ನು ಮತ್ತು ನೀರಾವರಿಯ ಇತರ ಸ್ವರೂಪಗಳನ್ನು ಅಗೆಯುವ ಮೂಲಕ ಸಸ್ಯವನ್ನು ಬೆಳೆಸಲು ಸೂಕ್ತವಾದ ಸುಖವಾಗಿ ಇರಬಹುದು ಈ ಜಮೀನುಗಳನ್ನು ವಿಸ್ತರಿಸುವ ವಿಧಾನಗಳು ಇದರಲ್ಲಿ ಸೇರಿಕೊಂಡಿವೆ. ಕೃಷಿ ಯೋಗ್ಯ ಭೂಮಿಯ ಮೇಲಿನ ಬೆಳೆಗಳ ಸಾಗುವಳಿ ಮತ್ತು ಸೀಮೆಯ ಭೂಮಿಯ ಮೇಲಿನ ಜಾನುವಾರಿನ ಮಂದೆಗಳ ಕಾಯುವಿಕೆಯು ಕೃಷಿಯ ಬುನಾದಿಯಾಗಿ ಉಳಿದುಕೊಂಡು
- ಕೃಷಿಯ ಹಲವಾರು ಸ್ವರೂಪಗಳನ್ನು ಗುರುತಿಸುವುದಕ್ಕೆ ಮತ್ತು ಪರಿಣಾಮವನ್ನು ನಿರ್ಧರಿಸುವುದಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಹಿಂದಿನಶತಮಾನದಲ್ಲಿ ಕಾಳಜಿಯು ಹೆಚ್ಚುತ್ತಲೆ ಬಂದಿತು ಅಭಿವೃದ್ಧಿ ಹೊಂದಿದೆ ಪ್ರಪಂಚದಲ್ಲಿ ಸಮರ್ಥನೀಯ ಕೃಷಿ ಮತ್ತು ಸಾಂದ್ರೀಕೃತ ಬೇಸಾಯದ ನಡುವೆ ಈ ಶ್ರೇಣಿಯು ಸಾಮಾನ್ಯವಾಗಿ ವಿಸ್ತರಿಸುತ್ತದೆ
- ಆಧುನಿಕ ಬೆಳೆ ವಿಜ್ಞಾನ ಸಸ್ಯದ ತಳಿ ಬೆಳೆಸುವಿಕೆ ಕೀಟನಾಶಕಗಳು ಮತ್ತು ರಸಗೊಬ್ಬರಗಳು ಹಾಗೂ ತಂತ್ರಜ್ಞಾನದಲ್ಲಿನ ಸುಧಾರಣೆಗಳು ಸಾಗುವಳಿಯಿಂದ ಬರುವ ಬೆಳೆಯ ಇಳುವರಿಯನ್ನು ತೀವ್ರವಾಗಿ

ವರ್ಷ.ಕೆ

ದ್ವಿತೀಯ ಬಿ. ಕಾಮ್ ಎ



ಹೆಚ್ಚಿಸುವೆಯಾದರು, ಅದರ ಜೊತೆಗೆ ಪರಿಸರಕ್ಕೆ ವ್ಯಾಪಕವಾದ ಹಾನಿಯನ್ನು ಹಾಗೂ ಮಾನವನ ಆರೋಗ್ಯದ ಮೇಲೆ ಋಣಾತ್ಮಕ ಪರಿಣಾಮವನ್ನು ಉಂಟು ಮಾಡಿದೆ

- ಸಾಂದ್ರೀಕೃತ ಹಂದಿ ಸಾಕಣೆಗೆ ಅಂತ ಪಶು ಸಂಗೋಪನೆಯಲ್ಲಿನ ಆಯ್ದ ತಳಿ ಬೆಳೆಸುವಿಕೆ ಮತ್ತು ಆಧುನಿಕ ಅಭ್ಯಾಸಗಳು ಇದೇ ರೀತಿಯಲ್ಲಿ ಮಾಂಸದ ಉತ್ಪಾದನೆಯನ್ನು ಹೆಚ್ಚಿಸಿವೆ ಯಾದರೂ ಪ್ರಾಣಿ ಕಟುಕತನ ಮತ್ತು ಕೈಗಾರಿಕೆ ವಿಧಾನದಲ್ಲಿ ಮಾಂಸ ತಯಾರಿಸುವವಾಗ ಸಾಮಾನ್ಯವಾಗಿ ಬಳಸಲಾಗುವ ಪ್ರತಿಜೀವಕಗಳು ಬೆಳವಣಿಗೆ ಹಾರ್ಮೋನ್ ಗಳು ಮತ್ತು ಇತರ ರಾಸಾಯನಿಕಗಳ ಆರೋಗ್ಯ ಸಂಬಂಧಿ ಪರಿಣಾಮಗಳ ಕುರಿತು ಕಳವಳ ಹುಟ್ಟಿಕೊಳ್ಳಲು ಕಾರಣವಾಗಿದೆ.
- ಪ್ರಮುಖ ವ್ಯವಸಾಯಿಕ ಉತ್ಪನ್ನಗಳನ್ನು ಈ ರೀತಿ ವರ್ಗೀಕರಿಸಬಹುದು : ಆಹಾರಗಳು ನೂಲು ಪದಾರ್ಥಗಳು ಕಚ್ಚೆ ಸಾಮಗ್ರಿಗಳು ಔಷಧಿ ವಸ್ತುಗಳು ಮತ್ತು ಉತ್ತೇಜಕಗಳು ಹಾಗೂ ಅಲಂಕಾರಿಕ ಅಥವಾ ವಿಲಕ್ಷಣ ಬ್ಯಾಂಡೆಡ್ ಉತ್ಪನ್ನಗಳ ಒಂದು ವರ್ಗೀಕೃತ ಗುಂಪು ಎರಡು ಸಾವಿರದ ದಶಕದಲ್ಲಿ ಜೈವಿಕ ಇಂಧನಗಳು ಜೈವಿಕ ಔಷಧಿ ವಸ್ತುಗಳು ಜೈವಿಕ ಪ್ಲಾಸ್ಟಿಕ್ ಗಳು ಮತ್ತು ಔಷಧಿ ಬಳಸಿಕೊಳ್ಳಲಾಗಿದೆ
- ವಿಶಿಷ್ಟ ಆಹಾರಗಳಲ್ಲಿ ಏಕದಳ ಧಾನ್ಯಗಳು ತರಕಾರಿಗಳು ಹಣ್ಣುಗಳು ಮತ್ತು ಮಾಂಸ ಇವುಗಳು ಸೇರಿವೆ ನೂಲು ಪದಾರ್ಥಗಳಲ್ಲಿ ಹತ್ತಿ ಉಣ್ಣೆ ಸೆಣಬು ರೇಷ್ಮೆ ಮತ್ತು

ಅಗಸೆನೂಲು ಇವೆ ಮೊದಲಾದವು ಸೇರಿದ ಉತ್ತೇಜಕಗಳಲ್ಲಿ ತಂಬಾಕು ಮದ್ಯಸರ ಅಫೀಮು, ಮತ್ತು ಕೋಕೇನು ಮತ್ತು ಘಂಟಪುಷ್ಟಿ ಇವೆ ಮೊದಲಾದವು

- ♦ ಪ್ರಾಣಿಗಳಂತಹ ಇತರ ಉಪಯುಕ್ತ ಸಾಮಗ್ರಿಗಳು ಸಸ್ಯಗಳಿಂದ ತಯಾರಿಸಲ್ಪಡುತ್ತವೆ ಜೈವಿಕ ಇಂಧನಗಳಲ್ಲಿ ಯಥನ ಜೈವಿಕ ಡೀಸೆಲ್ ಮತ್ತು ಜೀವರಾಶಿಯಿಂದ ಪಡೆದ ಮಿಥೇನ್ ಇದೆ ಮೊದಲಾದವು ಸೇರಿವೆ ಕತ್ತರಿಸಿದ ಹೂವುಗಳು ಸಸ್ಯೋದ್ಯಾನದ ಗಿಡಗಳು ಸಾಕು ಪ್ರಾಣಿಗಳ ಮಾರಾಟ ಮಳೆಕ್ಕಾಗಿರುವ ಅಲಂಕಾರಿಕ ಮೀನು ಮತ್ತು ಪಕ್ಷಿಗಳು ಮೊದಲಾದವು ಕೆಲವೊಂದು ಅಲಂಕಾರಿಕ ಉತ್ಪನ್ನಗಳಾಗಿವೆ.
- ♦ ವಿಶ್ವದ ಮೂರನೇ ಒಂದು ಭಾಗಕ್ಕಿಂತಲೂ ಹೆಚ್ಚು ಜನರು ಕೃಷಿಯಲ್ಲಿ ತೊಡಗಿಕೊಂಡಿದ್ದಾರೆ ಎಂಬ ವಾಸ್ತವದ ಹೊರತಾಗಿಯೂ ಕೃಷಿ ಉತ್ಪನ್ನವು ವಿಶ್ವದ ಒಟ್ಟಾರೆ ಉತ್ಪನ್ನದ ಐದು ಭಾಗಕ್ಕಿಂತ ಕಡಿಮೆ ಇದೆ.

ಬೆಲೆ ಉತ್ಪಾದನಾ ವ್ಯವಸ್ಥೆಗಳು

ಬೆಳೆ ಬೆಳೆಯುವ ವ್ಯವಸ್ಥೆಗಳು ವಿವಿಧ ಸ್ವರೂಪದ ಕೃಷಿ ಭೂಮಿಗಳ ನಡುವೆ ಬದಲಾಗುತ್ತಾ ಹೋಗುತ್ತವೆ ಲಭ್ಯವಿರುವ ಸಂಪನ್ಮೂಲಗಳು ಹಾಗೂ ನಿರ್ಬಂಧಗಳು ಕೃಷಿ ಭೂಮಿ ಇರುವ ಭೌಗೋಳಿಕ ಮೇಲೆ ಹಾಗೂ ಅವಮಾನ ಸರ್ಕಾರದ ನೀತಿ ಆರ್ಥಿಕ ಸಾಮಾಜಿಕ ಮತ್ತು ರಾಜಕೀಯ ಒತ್ತಡಗಳು ಕೃಷಿಕನ ಜೀವನ ಕ್ರಮ ಹಾಗೂ ಸಂಸ್ಕೃತಿ ಇವೆಲ್ಲದನ್ನು ಅವಲಂಬಿಸಿ ಬೆಳೆ ಬೆಳೆಯುವ ವ್ಯವಸ್ಥೆಗಳು ಬದಲಾಗುತ್ತಾ ಹೋಗುತ್ತವೆ ರೂಪ ಅಂತರಿಸುವ ಸಾಗುವಳಿ ಅಥವಾ ಕಡಿದು ಸುಡುವ ಪದ್ಧತಿಯಲ್ಲಿ ಕಾಡುಗಳನ್ನು ಸುಡಲಾಗುತ್ತದೆ ಇದರಿಂದ ಬಿಡುಗಡೆಯಾಗುವ ಪೋಷಕಾಂಶಗಳನ್ನು ಏಕ ಪಸಲಿನ ಮತ್ತು ನಂತರದಲ್ಲಿ ಹಲವಾರು ವರ್ಷಗಳ ಒಂದು ಅವಧಿಗಾಗಿ ದೀರ್ಘಕಾಲಿಕ ಬೆಳೆಗಳ ಸಾಗುವಳಿಯನ್ನು ಬೆಂಬಲಿಸಲು ಉಪಯೋಗಿಸಲಾಗುತ್ತದೆ ನಂತರ ಸದರಿ ಜಮೀನನ್ನು ಸಾಗುವಳಿ ಮಾಡದೆ ಹಾಗೆ ಬಿಟ್ಟು ಅರಣ್ಯವು ಮತ್ತೆ ಬೆಳೆಯಲು ಅನುವು ಮಾಡಿಕೊಡಲಾಗುತ್ತದೆ ನಂತರ ಕೃಷಿಕನು ಹೊಸತೊಂದು ಜಮೀನಿಗೆ ತೆರಳಿ ಅನೇಕ ವರ್ಷಗಳ ನಂತರ ಅಲ್ಲಿಗೆ ಮರಳುತ್ತಾನೆ ಒಂದು ವೇಳೆ ಜನಸಂಖ್ಯಾ ಸಾಂದ್ರತೆಯ ಬೆಳೆದರೆ ಸಾಗುವಳಿ ಮಾಡದೆ ಬಿಡುವ ಈ ಅವಧಿಯನ್ನು ಮೊಟಕುಗೊಳಿಸಲಾಗುತ್ತದೆ ಏಕೆಂದರೆ

ಪೋಷಕಾಂಶಗಳು ಪೂರೈಸುವುದು ಮತ್ತು ಸ್ವತಃ ಕೆಲವೊಂದು ನಿಯಂತ್ರಣ ಕ್ರಮಗಳನ್ನು ಕೃಷಿಕರು ಈ ಅವಧಿಯಲ್ಲಿ ಅನುಸರಿಸುವುದು ಅಗತ್ಯವಿರುತ್ತದೆ. ವಾರ್ಷಿಕ ಸಾಗುವಳಿಯು ಗಾಡತೆಯ ಮುಂದಿನ ಹಂತವಾಗಿದ್ದು ಇದರಲ್ಲಿ ಸಾಗುವಳಿ ಮಾಡದೆ ಬಿಡುವ ಅವಧಿ ಇರುವುದಿಲ್ಲ ಈ ಅವಧಿಯಲ್ಲಿ ಇನ್ನು ಹೆಚ್ಚಿನ ಪ್ರಮಾಣದ ಪೋಷಕಾಂಶದ ಪೂರೈಕೆ ಮತ್ತು ಕೀಟ ನಿಯಂತ್ರಣದ ಚಟುವಟಿಕೆಗಳು ಅಗತ್ಯವಿರುತ್ತದೆ ಇದಲ್ಲದೆ ಒಂದು ತಳಿಯನ್ನು ಬೃಹತ್ ಎಕರೆ ಪ್ರದೇಶದಲ್ಲಿ ನೆಚ್ಚಾಗ ಕೈಗಾರಿಕೀಕರಣವು ಏಕಫಸಲಿನ ಕೃಷಿಗಳ ಬಳಕೆಗೆ ಕಾರಣವಾಗುತ್ತದೆ ಕಡಿಮೆ ಪ್ರಮಾಣದ ಜೀವ ವೈವಿಧ್ಯತೆಯ ಕಾರಣದಿಂದಾಗಿ ಪೋಷಕಾಂಶದ ಬಳಕೆಯು ಒಂದೇ ರೀತಿಯಲ್ಲಿ ಇರುತ್ತದೆ ಮತ್ತು ಕೀಟಗಳ ಬೆಳವಣಿಗೆಗೆ ಪ್ರೇರಣೆ ನೀಡದಂತಾಗುತ್ತದೆ ಹೀಗಾಗಿ ಕೀಟನಾಶಕಗಳ ಮತ್ತು ರಸಗೊಬ್ಬರಗಳ ಬಳಕೆಯನ್ನು ಹೆಚ್ಚಿನ ಪ್ರಮಾಣದಲ್ಲಿ ಮಾಡಬೇಕಾಗಿ ಬರುತ್ತದೆ ಬಹುವಿಧದ ಬೆಳೆ ಬೆಳೆಯುವಿಕೆಯ ವಿಧಾನದಲ್ಲಿ ಒಂದೇ ವರ್ಷದಲ್ಲಿ ಹಲವಾರು ಬೆಳೆಗಳನ್ನು ಒಂದಾದ ನಂತರ ಒಂದರಂತೆ ಬೆಳೆಯಲಾಗುತ್ತದೆ ಅಂತರ ಬೆಳೆ ಬೆಳೆಯುವಿಕೆಯ ವ್ಯವಸ್ಥೆಯ ಇತರ ವಿಧಗಳಾಗಿದ್ದು ಇದಕ್ಕೆ ಬಹು ಬೆಳಕ ಕೃಷಿಗಳು ಎಂದು ಹೆಸರಿದೆ ಉಷ್ಣವಲಯದ ಪರಿಸರಗಳಲ್ಲಿ ಈ ಎಲ್ಲಾ ವ್ಯವಸಾಯ ಪದ್ಧತಿಗಳನ್ನು ಅನುಸರಿಸಲಾಗುತ್ತದೆ ಉಪ ಉಷ್ಣವಲಯ ಮತ್ತು ಬಂಜರು ಅಥವಾ ನಿರ್ಜಲ ಪರಿಸರಗಳಲ್ಲಿ ಕೃಷಿಯ ಕಾಲ ಯೋಜನೆ ಮತ್ತು ವ್ಯಾಪ್ತಿಯ ಮಳೆಯಿಂದಾಗಿ ಸೀಮಿತಗೊಳಿಸಲ್ಪಡಬಹುದು ಅಂದರೆ ವರ್ಷ ಒಂದರಲ್ಲಿನ ಬಹುವಿಧದ ವಾರ್ಷಿಕ ಬೆಳೆಗಳಿಗೆ ಮಳೆಯ ಅವಕಾಶ ಮಾಡಿಕೊಡದಿರಬಹುದು ಅಥವಾ ನೀರಾವರಿ ಅಗತ್ಯ ಬಾರದಂತ ಸನ್ನಿವೇಶವನ್ನು ರೂಪಿಸಬಹುದು ಎಲ್ಲಾ ಪರಿಸರಗಳಲ್ಲಿ ದೀರ್ಘಕಾಲಿಕ ಬೆಳೆಗಳನ್ನು ಬೆಳೆಯಲಾಗುತ್ತದೆ ಮತ್ತು ಕೃಷಿ ಅರಣ್ಯ ಕಲೆಯಂತೆ ಪದ್ಧತಿಗಳನ್ನು ಅಚ್ಚರಿಸಲಾಗುತ್ತದೆ ಪರಿಸರ ವ್ಯವಸ್ಥೆಗಳು ಪ್ರಧಾನವಾಗಿ ಹಳ್ಳುಗಾಗಲು ಅಥವಾ ಮರಗಳಲ್ಲಿ ಅತೀವವಾಗಿ ಉತ್ಪಾದಕಶೀಲವಾಗಿರುವ ಏಕಪ್ಪಳಿನ ಬೆಳೆ ಬೆಳೆಯುವಿಕೆಯ ಪ್ರಬಲವಾದ ಬೇಸಾಯ ವ್ಯವಸ್ಥೆಯಾಗಿದೆ ಕಳೆದ ಶತಮಾನದಲ್ಲಿ ಕೃಷಿಯ ತೀವ್ರಗೊಳಿಸುವಿಕೆ ಸಾಂದ್ರೀಕರಣ ಮತ್ತು ವಿಶಿಷ್ಟಗೊಳಿಸುವಿಕೆ ಇವೆ ಮೊದಲಾದ ಪ್ರಕ್ರಿಯೆಗಳು ಕಂಡುಬಂದಿವೆ.





ವಾಯು ಮಾಲಿನ್ಯ, ಜಲ ಮಾಲಿನ್ಯ, ಮಣ್ಣಿನ ಮಾಲಿನ್ಯ, ಶಬ್ದ ಮಾಲಿನ್ಯ.

ವಾಯು ಮಾಲಿನ್ಯ

ಕೈಗಾರಿಕೆಗಳಿಂದ ಹೊಗೆ ಮತ್ತು ಹಾನಿಕಾರಕ ಅನಿಲಗಳನ್ನು ಸಿಎಸ್‌ಸಿಗಳು ಮತ್ತು ಆಕ್ಸೈಡ್‌ಗಳು ಗಣತಾಜ್ಯಗಳ ಸುಡುವಿಕೆ ಇತ್ಯಾದಿಗಳಿಂದ ಹಾನಿಕಾರಕ ಅಥವಾ ಅತಿಯಾದ ಪ್ರಮಾಣದ ಪದಾರ್ಥಗಳು ಪರಿಸರಕ್ಕೆ ಪ್ರವೇಶಿಸಿದಾಗ ವಾತಾವರಣದಲ್ಲಿನ ಗಾಳಿಯನ್ನು ಮಾಲಿನ್ಯಗೊಳಿಸುವುದು ವಾಯು ಮಾಲಿನ್ಯವಾಗಿದೆ ಮನುಷ್ಯರಿಗೆ ಅಥವಾ ಇತರ ಜೀವಿಗಳಿಗೆ ಹಾನಿ ಅಥವಾ ತೊಂದರೆಯುಂಟು ಮಾಡುವ ಸ್ವಾಭಾವಿಕ ಪರಿಸರಕ್ಕೆ ಹಾನಿಯನ್ನು ಉಂಟು ಮಾಡುವ ರಾಸಾಯನಿಕಗಳ ಸೂಕ್ಷ್ಮ ಕಣಗಳ ವಸ್ತು ಅಥವಾ ಜೈವಿಕ ಸಾಮಗ್ರಿಗಳು



ಭೂಮಿಯ ವಾತಾವರಣಕ್ಕೆ ಸೇರಿಕೊಳ್ಳುವುದಕ್ಕೆ ವಾಯುಮಾಲಿನ ಎಂದು ಹೆಸರು ವಾತಾವರಣವು ಒಂದು ಸಂಕೀರ್ಣ ಚಲನಶೀಲ ಸ್ವಾಭಾವಿಕ ಅನಿಲ ರೂಪದ ವ್ಯವಸ್ಥೆಯಾಗಿದ್ದು ಭೂಮಿಯ ಮೇಲಿನ ಜೀವಜಾಲಕ್ಕೆ ಪೂರಕವಾಗಿ ನಿಲ್ಲಲು ಅದು ಅತ್ಯಂತ ಅಗತ್ಯವಾಗಿರುತ್ತದೆ ವಾಯುಮಾಲಿನ್ಯದ ಕಾರಣದಿಂದ ಓಜೋನ್ ಪದರವು ಕ್ಷೀಣಿಸುತ್ತಿದೆ ಮಾನವನ ಆರೋಗ್ಯವಷ್ಟೇ ಅಲ್ಲದೆ ಭೂಮಿಯ ಪರಿಸರ ವ್ಯವಸ್ಥೆಗಳು ಬಂದು ಅಪಾಯವಾಗಿ ಪರಿಣಮಿಸುತ್ತದೆ ಎಂಬುದನ್ನು ಬಹಳ ಹಿಂದೆಯೇ ಗುರುತಿಸಲಾಗಿದೆ ದ್ವಿತೀಯಕ ಮಾಲಿನ್ಯಕಾರಗಳು ನೇರವಾಗಿ ಹೊರಹೊಮ್ಮಿದ ವಸ್ತುಗಳಲ್ಲ.

ಜಲ ಮಾಲಿನ್ಯ ಇದು ಕೈಗಾರಿಕಾ ತ್ಯಾಜ್ಯಗಳ ತೈಲ ಸೋರಿಕೆಗಳು ದೇಶ ಮತ್ತು ಕೃಷಿ ತ್ಯಾಜ್ಯಗಳ ಜೊತೆಗೆ ಗಣಿಗಾರಿಕೆ ಮತ್ತು ಕೃಷಿ ತ್ಯಾಜ್ಯಗಳನ್ನು ಒಳಗೊಂಡಿರುವ ಹಾನಿಕಾರಕ ರಾಸಾಯನಿಕ ಜೈವಿಕ ಅಥವಾ ಬೌದ್ಧಿಕ ವಸ್ತುಗಳ ಸೇರ್ಪಡೆಯಿಂದ ನೀರಿನ ನೈಸರ್ಗಿಕ ಸಂಪನ್ಮೂಲಗಳ

ಜೆಸ್ಸಿನ್ ರೊಡ್ರಿಗಸ್

ದ್ವಿತೀಯ ಬಿ. ಹೆಚ್.ಎಸ್



ಮಾಲಿನ್ಯವನ್ನು ಸೂಚಿಸುತ್ತದೆ ಬಳಕೆಯಾಗದ ನೀರಿನ ಸಂಪನ್ಮೂಲ.

ಮಣ್ಣಿನ ಮಾಲಿನ್ಯ

ವಿವಿಧ ವಾಣಿಜ್ಯ ಕೈಗಾರಿಕಾ ಕೃಷಿ ಮತ್ತು ದೇಶೀಯ ಚಟುವಟಿಕೆಗಳನ್ನು ಭೂಮಿಯ ಮೇಲ್ಮೈಲೆ ಅವನತಿಯಿಂದಾಗಿ ಭೂಮಿ ಮಾಲಿನ್ಯ ಸಂಭವಿಸುತ್ತದೆ ಮಣ್ಣಿನ ಮಾಲಿನ್ಯದ ಕಾರಣಗಳಲ್ಲಿ ಗಣಿಗಾರಿಕೆ ಅರಣ್ಯ ನಾಶ ಇತ್ಯಾಜ್ಯ ಇತ್ಯಾದಿ ಹಾನಿಕಾರಕ ರಾಸಾಯನಿಕಗಳ ಬಳಕೆಯನ್ನು ಒಳಗೊಂಡಿರುತ್ತದೆ.

ಶಬ್ದ ಮಾಲಿನ್ಯ

ಯಂತ್ರಗಳು ಧ್ವನಿವರ್ಧಕಗಳು ಮೈಕ್ರೋಫೋನ್ ಗಳು ಜೋರಾದ ಸಂಗೀತ ಕೈಗಾರಿಕೆಗಳಿಂದ ಉಂಟಾಗುವ ಶಬ್ದಗಳು ನಿರ್ಮಾಣ ಮತ್ತು ಸಿವಿಲ್ ಇಂಜಿನಿಯರಿಂಗ್ ಕೆಲಸಗಳಿಂದ ಉಂಟಾಗುವ ಶಬ್ದಗಳಿಂದ ಉಂಟಾಗುವ ಹೆಚ್ಚಿನ ಶಬ್ದ ಮಾಲಿನ್ಯಕ್ಕೆ ಕಾರಣವಾಗುತ್ತದೆ ಮಾಲಿನ್ಯದ ದುಷ್ಪರಿಣಾಮಗಳನ್ನು ಕಳಿತ ನಂತರ ಸಾಧ್ಯವಾದಷ್ಟು ಬೇಗ ಮಾಲಿನ್ಯವನ್ನು ತಡೆಗಟ್ಟುವ ಅಥವಾ ಕಡಿಮೆ ಮಾಡುವ ಕಾರ್ಯವನ್ನು ಮಾಡಬೇಕು ವಾಯು ಮಾಲಿನ್ಯವನ್ನು ಕಡಿಮೆ ಮಾಡಲು ವಾಹನಗಳ ಹೊಗೆಯನ್ನು ಕಡಿಮೆ ಮಾಡಲು ಜನರು ಸಾರ್ವಜನಿಕ ಸಾರಿಗೆ ಅಥವಾ ಕಾರ್ಪೋಲ್ ಅನ್ನು ತೆಗೆದುಕೊಳ್ಳಬೇಕು ಇದು ಕಷ್ಟವಾಗಿದ್ದರೂ ಹಬ್ಬಗಳ ಮತ್ತು ಆಚರಣೆಗಳಲ್ಲಿ ಪಟಾಕಿಗಳನ್ನು ತಪ್ಪಿಸುವುದರಿಂದ ವಾಯು ಮತ್ತು ಶಬ್ದ ಮಾಲಿನ್ಯವನ್ನು ಕಡಿಮೆ ಮಾಡಬಹುದು ಎಲ್ಲಕ್ಕಿಂತ ಹೆಚ್ಚಾಗಿ ನಾವು ಮರುಬಳಕೆಯ ಅಭ್ಯಾಸವನ್ನು ಅಳವಡಿಸಿಕೊಳ್ಳಬೇಕು ಬಳಸಿದ ಎಲ್ಲಾ ಪ್ಲಾಸ್ಟಿಕ್ ಸಾಗರಗಳು ಮತ್ತು ಭೂಮಿಗೆ ಸೇರುತ್ತದೆ ಅದು ಅವುಗಳನ್ನು ಮಾಲಿನ್ಯಗೊಳಿಸುತ್ತದೆ.





ಉಪಸಂಹಾರ

ಎಲ್ಲಾ ರೀತಿಯ ಮಾಲಿನ್ಯವೂ ಅಪಾಯಕಾರಿ ಮತ್ತು ಗಂಭೀರ ಪರಿಣಾಮಗಳೊಂದಿಗೆ ಬರುತ್ತದೆ ವ್ಯಕ್ತಿಗಳಿಂದ ಹಿಡಿದು ಉದ್ಯಮಗಳವರಿಗೆ ಬದಲಾವಣೆಯತ್ತ ಪ್ರತಿಯೊಬ್ಬರೂ ಹೆಚ್ಚೆ ಇಡಬೇಕು ಈ ಸಮಸ್ಯೆಯನ್ನು ನಿಭಾಯಿಸಲು ಜಂಟಿ ಪ್ರಯತ್ನದ

ಅಗತ್ಯವಿದೆ ಆದ್ದರಿಂದ ನಾವು ಈಗ ಕೈಜೋಡಿಸಬೇಕು ಇದಲ್ಲದೆ ಮಾನವ ಇಂತಹ ಚಟುವಟಿಕೆಗಳಿಂದ ಪ್ರಾಣಿಗಳ ಮುಗ್ಧ ಜೀವಗಳು ಬದಲಾಗುತ್ತಿದೆ ಆದ್ದರಿಂದ ಈ ಭೂಮಿಯನ್ನು ಮಾಲಿನ್ಯ ಮುಕ್ತಗೊಳಿಸಲು ನಾವೆಲ್ಲರೂ ಒಂದು ನಿಲುವನ್ನು ತೆಗೆದುಕೊಳ್ಳಬೇಕು ಮತ್ತು ಕೇಳದವರ ಧ್ವನಿಯಾಗಬೇಕು.

ಕ್ರೀಡೆಗಳ ಮಹತ್ವ

ಕ್ರೀಡೆಗಳು ಮತ್ತು ಪಂದ್ಯಗಳು ನಮ್ಮ ಜೀವನದಲ್ಲಿ ಒಂದು ಪ್ರಮುಖ ಪಾತ್ರ ವಹಿಸುತ್ತವೆ. ನಮ್ಮ ದೇಹವನ್ನು ಆರೋಗ್ಯದಿಂದಲೂ ಅವುಗಳು ಅತ್ಯಾವಶ್ಯಕ. ಅವು ನಾವು ತಿಂದ ಆಹಾರವು ಚೆನ್ನಾಗಿ ಜೀರ್ಣವಾಗುವಂತೆ ಮಾಡುತ್ತವೆ ಹಾಗೂ ದೇಹದ ಮಾಂಸ ಖಂಡಗಳು ಮತ್ತು ಎಲುಬುಗಳು ಸದೃಢವಾಗುವಂತೆ ನೋಡಿಕೊಳ್ಳುತ್ತವೆ. ನಮ್ಮ ಹಸಿವನ್ನು ಹೆಚ್ಚಿಸಿ ನಾವು ಆರೋಗ್ಯವಾಗಿರುವಂತೆ ಮಾಡುತ್ತವೆ. ಕ್ರೀಡೆಗಳು ಬೆಳೆಯುತ್ತಿರುವ ಮಗುವಿಗೆ ಒಂದು ಒಳ್ಳೆಯ ದೈಹಿಕ ವ್ಯಾಯಾಮವನ್ನು ಒದಗಿಸುತ್ತವೆ. ಅವು ದೇಹಕ್ಕೆ ರೋಗಗಳನ್ನು ಎದುರಿಸಿ ಹೋರಾಡುವ ಶಕ್ತಿಯನ್ನು ಕೊಡುತ್ತವೆ. ಪಂದ್ಯಗಳು ಸಮಯದ ಸದುಪಯೋಗದ ಒಂದು ಒಳ್ಳೆಯ ಹವ್ಯಾಸ. ಮಕ್ಕಳು ಶಾಲೆಯಲ್ಲಿ ದಿನವಿಡಿಯ ಪರಿಶ್ರಮದ ನಂತರ ಎಲ್ಲಾ ರೀತಿಯ ಒಳಾಂಗಣದ ಆಟಗಳನ್ನು ಆಡಿ ಮನೋರಂಜನೆ ಪಡೆದು ಕೊಳ್ಳಬಹುದು. ಮಕ್ಕಳು ಯಾವಾಗಲೂ ಓದುತ್ತಲೇ ಇದ್ದರೆ, ವ್ಯಾಯಾಮದ ಕೊರತೆಯಿಂದ ಬಲಹೀನರಾಗುತ್ತಾರೆ. ಆದ್ದರಿಂದಲೇ ಒಂದು ಗಾದೆಯ ಮಾತು ಹೇಳುತ್ತವೆ. ಯಾವಾಗಲೂ ಕೆಲಸ ಮಾಡಿ, ಆಟವಾಡದ ಜಾಕ್ವೆಡ್ಡ್ ಹುಡುಗನಾಗುತ್ತಾನೆ.

ಚೆಸ್ ಮತ್ತು ಕೀರಂ ಬೋರ್ಡ್ ಮಕ್ಕಳು ಏಕಾಗ್ರತೆಯನ್ನು ಹೆಚ್ಚಿಸುತ್ತದೆ. ಹೊರಾಂಗಣದ ಆಟಗಳು ಜೋರಾಗಿ ಓಡುತ್ತಾ

ಸಮೀಕ್ಷಾ
ದ್ವಿತೀಯ ಬಿ. ಕಾರ್ಮ್ ಎ



ಮೇಲೆರಬೇಕೆಂದು ಕಲಿಸುತ್ತವೆ. ಸ್ನೇಹಿತರನ್ನು ಪಡೆಯಲು ಇವು ಒಂದು ಒಳ್ಳೆಯ ಮಾರ್ಗ. ಇವು ಸಂಘಟನತರಾಗಿ ಆಟ ಮಾಡುವ ಸ್ಪೂರ್ತಿಯನ್ನು ಕೊಡುತ್ತವೆ ಒಮ್ಮೊಮ್ಮೆ ಸೋತಾಗ ಮಕ್ಕಳು ಎದೆಗುಂದಬಾರದು ತನ್ನ ತಪ್ಪುಗಳಿಂದ ಪಾಠ ಕಲಿತು ಸೋಲು ಗೆಳವುಗಳೆರಡನ್ನು ಸಮನಾಗಿ ಸ್ವೀಕರಿಸಬೇಕು. ಆದರೆ ಮಕ್ಕಳು ಯಾವಾಗಲೂ ಕ್ರೀಡೆಗಳನ್ನೇ ಆಡುತ್ತಾ ಸಮಯದ ವ್ಯರ್ಥ ಮಾಡಬಾರದು. ವಿದ್ಯಾಭ್ಯಾಸಕ್ಕೂ ಅಷ್ಟೇ ಪ್ರಾಮುಖ್ಯತೆ ಕೊಡಬೇಕು. ಆಟ ಶಿಕ್ಷಣ ಎರಡನ್ನೂ ಸಮತೋಲನವಾಗಿ ಸಿಕ್ಕೊಂಡು ಹೋಗಬೇಕು. ಆಗ ಮಾತ್ರ ಮಕ್ಕಳು ದೇಹ ಮತ್ತು ಮನಸ್ಸಿನಿಂದ ಆರೋಗ್ಯವಂತರಾಗಿ ಬೆಳೆಯಬಹುದು. ಸ್ವಸ್ಥ ದೇಹದಲ್ಲಿ ಸ್ವಸ್ಥ ಮನಸ್ಸಿರುತ್ತದೆ.

ಮನುಷ್ಯನ ಪ್ರವೃತ್ತಿಗಳಲ್ಲಿ ಕ್ರೀಡೆಗಳು ಪ್ರಧಾನ ಪಾತ್ರವನ್ನು ವಹಿಸುತ್ತದೆ. ಮಗುವಿನ ಬಳಲಿಕೆಯಿಂದ ಪ್ರಾರಂಭವಾಗುವ





ಕ್ರೀಡಾ ವಿಶ್ವ ಸ್ಪರ್ಧೆಗಳಲ್ಲಿ ಭಾಗವಹಿಸಿ ಖ್ಯಾತ ನಾಮ ನಗುವವರೆಗೂ ಮುಂದುವರೆಯುತ್ತದೆ. ಜೊತೆಗೆ ಕ್ರೀಡೆಗಳು ನಮ್ಮ ಆರೋಗ್ಯಕ್ಕೆ ಟಾನಿಕ್ ನಂತೆ ಕಾರ್ಯನರ್ವಹಿಸುತ್ತವೆ. ಪ್ರತಿಯೊಬ್ಬರ ದೈಹಿಕ ಮತ್ತು ಮಾನಸಿಕ ಆರೋಗ್ಯಕ್ಕೆ ಕ್ರೀಡೆಗಳು ಅತ್ಯಗತ್ಯ. ವಿವಿಧ ಬಗೆಯ ಆಟೋಟಳಿಂದ ದೇಹದ ಅಂಗಾಂಗಗಳು ಬಲಗೊಳ್ಳುತ್ತದೆ. ಸ್ನಾಯುಗಳು ಉರಿಗೊಂಡು ದೇಹದಲ್ಲಿ ರೋಗ ನರೋಧಕ ಶಕ್ತಿ ಹೆಚ್ಚುತ್ತದೆ. ಆಟಗಾರರ ಆಟ ಓಟ ನಿಗತ ಕುಣಿತಗಳಲ್ಲಿ ದೇಹದ ಅನಗತ್ಯ ಕೊಬ್ಬು ಕರಗಿ ಶಕ್ತಿ ಸಂ ಗ್ರಂತವಾಗುತ್ತದೆ. ಕೀಳುಗಳು ಬಲಗೊಂಡು ಜೀರ್ಣಾಂಗ ವ್ಯವಸ್ಥೆ ಸಮರ್ಪಕವಾಗಿ ಕಾರ್ಯನರ್ವಹಿಸುತ್ತದೆ.

ಕ್ರೀಡೆಗಳಿಂದ ಮನಸ್ಸು ಮತ್ತು ಬುದ್ಧಿ ವಿಕಸನಗೊಳ್ಳುತ್ತದೆ. ಒಳಾಂಗಣ ಕ್ರೀಡೆಗಳಾದ ಚೆಸ್ ಮುಂತಾದವುಗಳಿಂದ ಬುದ್ಧಿ ಚುರುಕಾಗುತ್ತದೆ. ಯೋಗಾಸನಗಳಿಂದ ಏಕಾಗ್ರತೆ ಹೆಚ್ಚಾಗುತ್ತದೆ. ದೀರ್ಘಾಯುಗಲಾಗಳು ಪ್ರಾಣಾಯಾಮದಂತೆ ಚಟುವಟಿತೆಗಳು ನೆರವಾಗುತ್ತದೆ. ಒಟ್ಟಾರೆ ಬದುಕಿನ ಮಲೆ ಯುದ್ಧವನ್ನು

ಜಯಿಸಲು ಜಟ್ಟಿಗಳನ್ನಾಗಿಸುತ್ತವೆ ಕ್ರೀಡೆಗಳು. ನಿರಂತರವಾದ ಸಾಧನೆ ಮತ್ತು ಪರಿಶ್ರಮದಿಂದ ದೇಹ ಮನಸ್ಸು ಉಲ್ಲಾಸಗೊಂಡು ಬದುಕಿನ ಎಂತೆಂಥ ಸಮಸ್ಯೆಗಳನ್ನು ಎದುರಿಸುವ ಸೋಲು ಗೆಲುವುಗಳನ್ನು ಸಮನಾಗಿ ಸ್ವೀಕರಿಸುವ ಶಕ್ತಿಯನ್ನು ಆತ್ಮವಿಶ್ವಾಸವನ್ನು ವೃದ್ಧಿಗೊಳಿಸುವಂತೆ ಮಹತ್ತರ ಕಾರ್ಯವನ್ನು ಕ್ರೀಡೆಗಳು ಮಾಡುತ್ತವೆ. ಒಟ್ಟಾರೆ ಕ್ರೀಡೆಗಳು ಟಿ . ವಿ. ಜೆ ಹೇಳುವಂತೆ ಜಟ್ಟಿ ತಾಳ ಗದಿಗಲ್ಲದಿರೆ ವಿಫಲವಲ್ಲ ಗರಡಿಯ ಫಲಗಳು, ಗಟ್ಟಿತನ ಗರಡಿ ಫಲ. ಹೀಗೆ ಕ್ರೀಡೆಗಳು ಪ್ರಶಸ್ತಿ ಬಹುಮಾನಗಳನ್ನು ಗೆಲ್ಲಲಾಗದಿದ್ದರೆ ದೇಹಕ್ಕೆ ದೃಢತೆಯನ್ನು ಆರೋಗ್ಯವನ್ನು ನೀಡುತ್ತ ವೆನ್ನುವುದರಲ್ಲಿ ಎರಡು ಮಾತಿಲ್ಲ.

ನಿಯತವಾಗಿ ಆಟೋಟಳಲ್ಲಿ ತೊಡಗುವುದರಿಂದ ನಮ್ಮ ಮನಸ್ಸು ಉಲ್ಲಾಸ ಗೊಳ್ಳುತ್ತದೆ. ರಕ್ತ ಸಂಚಾರ ಸರಾಗವಾಗಿ ದೇಹದ ಸೌಂದರ್ಯ ಹೆಚ್ಚುತ್ತದೆ. ಮುಪ್ಪು ದೂರವಾಗುತ್ತದೆ. ಈ ಎಲ್ಲಾ ಕಾರಣಗಳಿಂದಾಗಿ ಕ್ರೀಡೆಗಳನ್ನು ಎಲ್ಲರ ತಮ್ಮ ಬದುಕಿನಲ್ಲಿ ಅಳವಡಿಸಿಕೊಳ್ಳಬೇಕು.

ಧಾನ್ಯಗಳು

ಹಣ್ಣು ಮತ್ತು ಸಿಪ್ಪೆಯನ್ನು ಹೊಂದಿರುವ ಅಥವಾ ಹೊಂದದೆ ಇರುವ ಸಣ್ಣ, ಗಟ್ಟಿಯಾದ ಏಕದಳ ಸಸ್ಯಗಳ ಬೀಜವನ್ನು ಧಾನ್ಯವೆಂದು ಕರೆಯುತ್ತಾರೆ. ಅಕ್ಕಿ, ಗೋಧಿ, ಜೋಳ, ರಾಗಿ, ನವಣೆ, ಸಜ್ಜೆ ಮತ್ತು ಇತ್ಯಾದಿಗಳು ಧಾನ್ಯಗಳಿಗೆ ಉದಾಹರಣೆಗಳಾಗಿವೆ.

ಧಾನ್ಯವು ಸಣ್ಣ, ಗಟ್ಟಿಯಾದ ,ಒಣ ಬೀಜವಾಗಿದ್ದು, ಲಗತ್ತಿಸಲಾಗದ ಹಾಲ್ ಅಥವಾ ಪೂಟ್ ಲೇಯರ್ ನೊಂದಿಗೆ ಅಥವಾ ಇಲ್ಲದೆ ,ಮಾನವ ಅಥವಾ ಪ್ರಾಣಿಗಳ ಬಳಕೆಗಾಗಿ ಕೊಯ್ಲು ಮಾಡಲಾಗುತ್ತದೆ .ಧಾನ್ಯ ಬೆಳೆ ಎಂದರೆ ಧಾನ್ಯ ಉತ್ಪಾದಿಸುವ ಸಸ್ಯ.

ವಾಣಿಜ್ಯ ಧಾನ್ಯ ಬೆಳೆಗಳ ಎರಡು ಮುಖ್ಯ ವಿಧಗಳು ಧಾನ್ಯಗಳು ಮತ್ತು ದ್ವಿದಳ ಧಾನ್ಯಗಳು.ಕೊಯ್ಲು ಮಾಡಿದ ನಂತರ, ಒಣಧಾನ್ಯಗಳು ಇತರ ಪ್ರಧಾನ ಆಹಾರಗಳಾದ ಪಿಷ್ಟ ಹಣ್ಣುಗಳು (ಬಾಳೆಹಣ್ಣು, ಬ್ರೆಡ್ ಪೂಟ್, ಇತ್ಯಾದಿ) ಮತ್ತು ಗೆಡ್ಡೆಗಳು (ಸಿಹಿಆಲೂಗಡ್ಡೆ ,ಮರಗೆಣಿಸು ಮತ್ತು

ಅನನ್ಯ ಭಟ್

ದ್ವಿತೀಯ ಬಿ. ಕಾಮ್ ಬಿ



ಹೆಚ್ಚಿನವು) ಗಿಂತ ಹೆಚ್ಚು ಬಾಳಿಕೆ ಬರುತ್ತವೆ .ಈ ಬಾಳಿಕೆಯು ಧಾನ್ಯಗಳನ್ನು ಕೈಗಾರಿಕಾ ಕೃಷಿಗೆ ಸೂಕ್ತವಾಗಿರುತ್ತದೆ ,ಏಕೆಂದರೆ ಅವುಗಳನ್ನು ಯಾಂತ್ರಿಕವಾಗಿ ಕೊಯ್ಲು ಮಾಡಬಹುದು ,ರೈಲು ಅಥವಾ ಹಡಗಿನ ಮೂಲಕ ಸಾಗಿಸಬಹುದು, ನಿಲೋಗಳಲ್ಲಿ ದೀರ್ಘಕಾಲ ಸಂಗ್ರಹಿಸಬಹುದು, ಮತ್ತು ಹಿಟ್ಟಿಗೆ ಮಿಲ್ಲಿಂಗ್ ಅಥವಾ ಎಣ್ಣೆಗೆ ಒತ್ತಬಹುದು.

ಹೀಗಾಗಿ, ಪ್ರಮುಖ ಜಾಗತಿಕ ಸರಕು ಮಾರುಕಟ್ಟೆಗಳೂ ಮೆಕ್ಕೆಜೋಳ ,ಅಕ್ಕಿ ,ಸೋಯಾಬೀನ್, ಗೋಧಿ ಮತ್ತು ಇತರ ಧಾನ್ಯಗಳಾಗಿ ಅಸ್ತಿತ್ವದಲ್ಲಿವೆ ಆದರೆ ಗೆಡ್ಡೆಗಳು , ತರಕಾರಿಗಳು



ಅಥವಾ ಇತರ ಬೆಳೆಗಳಿಗೆ ಅಲ್ಲ. ಧಾನ್ಯಗಳು ಚಿಕ್ಕದಾಗಿದ್ದು ಗಟ್ಟಿಯಾಗಿರುತ್ತವೆ ಮತ್ತು ಒಣಗಿರುತ್ತದೆ, ಅವುಗಳನ್ನು ತಾಜಾ ಹಣ್ಣುಗಳು, ಬೆಮಗಳು ಮತ್ತು ಗೆಡ್ಡೆಗಳಂತಹ ಇತರ ಆಹಾರ ಬೆಳೆಗಳಿಗಿಂತ ಸುಲಭವಾಗಿ ಸಂಗ್ರಹಿಸಬಹುದು, ಅಳೆಯಬಹುದು, ಮತ್ತು ಸಾಗಿಸಬಹುದು. ಧಾನ್ಯ ಕೃಷಿಯ ಅಭಿವೃದ್ಧಿಯು ಹೆಚ್ಚುವರಿ ಆಹಾರವನ್ನು ಉತ್ಪಾದಿಸಲು ಮತ್ತು ಸುಲಭವಾಗಿ ಸಂಗ್ರಹಿಸಲು ಅವಕಾಶ ಮಾಡಿಕೊಟ್ಟಿತ್ತು, ಇದು ಮೊದಲ ಶಾಶ್ವತ ಸೆಟಲೆಂಟ್ ಗಳಿಗೆ ಸೃಷ್ಟಿಗೆ ಮತ್ತು ಸಮಾಜವನ್ನು ವರ್ಗಗಳಾಗಿ ವಿಭಜಿಸಲು ಕಾರಣವಾಗಬಹುದು.

ಧಾನ್ಯದ ಸೌಕರ್ಯಗಳಲ್ಲಿ ಧಾನ್ಯವನ್ನು ನಿರ್ವಹಿಸುವವರು ಹಲವಾರು ಔದ್ಯೋಗಿಕ ಅಪಾಯಗಳು ಮತ್ತು ಸಮಸ್ಯೆಗಳನ್ನು ಎದುರಿಸಬಹುದು. ಧಾನ್ಯದ ಹಲಗೆಗಳು ಹಲವು ರೀತಿಯ ಅಪಾಯಗಳನ್ನು ಒಳಗೊಂಡಿರುತ್ತದೆ, ಕೆಲವು ಸಲ ಧಾನ್ಯದ ಹಲಗೆಗಳಲ್ಲಿ ಕಾರ್ಮಿಕರು ಸಿಕ್ಕಿಹಾಕಿಕೊಳ್ಳುತ್ತಾರೆ ಅಲ್ಲಿಂದ ಬಿಡಿಸಿಕೊಳ್ಳಲು ಅವರಿಗೆ ಆಗುವುದಿಲ್ಲ. ಕೆಲವು ಸಲ ಧಾನ್ಯದ ಧೂಳಿಗೆ ಸೂಕ್ಷ್ಮ ಕಣಗಳಿಂದ ಉಂಟಾಗುವ ಸ್ಪೋಟಗಳು ಮತ್ತು ಬೀಳುವಿಕೆಗಳು ಸಹ ಕಾರ್ಮಿಕರಿಗೆ ಅಪಾಯವನ್ನುಂಟು ಮಾಡಬಹುದು.

ವಿಶ್ವದಲ್ಲಿಯೇ ಭಾರತವು ದ್ವಿಧಳ ಧಾನ್ಯಗಳ ಅತಿ ದೊಡ್ಡ ಉತ್ಪಾದಕ,ಗ್ರಾಹಕ ಮತ್ತು ಆಮದುದಾರ ರಾಷ್ಟ್ರವಾಗಿದೆ. ಆಹಾರ ಧಾನ್ಯಗಳ ಉತ್ಪಾದನಾ ಭೂಮಿಯ ಸುಮಾರು 20 ಶೇಕಡವಾರು ಪ್ರದೇಶದಲ್ಲಿ ದ್ವಿಧಳ ಧಾನ್ಯಗಳನ್ನು ಬೆಳೆಯಲಾಗುತ್ತದೆ ಮತ್ತು ಅವುಗಳು ದೇಶದ ಒಟ್ಟು ಆಹಾರ ಧಾನ್ಯಗಳ ಉತ್ಪಾದನೆಗೆ ಸುಮಾರು 7-10 ಪ್ರತಿಶತ ಕೊಡುಗೆ ನೀಡುತ್ತದೆ. ದ್ವಿಧಳ ಧಾನ್ಯಗಳನ್ನು ಮುಂಗಾರು ಮತ್ತು ಮಾಗಿ ಎರಡು ಕಾಲಗಳಲ್ಲಿಯೂ ಬೆಳೆಯುತ್ತಾರೆ ಆದರೂ,ಮಾಗಿ ದ್ವಿಧಳ ಧಾನ್ಯಗಳು ಒಟ್ಟು ಉತ್ಪಾದನೆಗೆ 60 ಪ್ರತಿಶತಕ್ಕಿಂತ ಹೆಚ್ಚು ಕೊಡುಗೆ ನೀಡುತ್ತವೆ. ಅಧಿಕ ಇಳುವರಿಗಾಗಿ ಎಫ್ ಎಂ ಸಿ ಕೀಟನಾಶಕಗಳ ವಿಶಾಲ ವ್ಯಾಪ್ತಿ, ದೀರ್ಘಾವಧಿ ಉಳಿಯುವ ಚಟುವಟಿಕೆಯ ಮೇಲೆ ವಿಶ್ವಾಸವಿಡುತ್ತಾರೆ ರೈತರು, ಇದರ ಪರಿಣಾಮವಾಗಿ ಗರಿಷ್ಠ ಇಳುವರಿಯನ್ನು ಸಾಧಿಸಿ, ಹೆಚ್ಚಿನ ಲಾಭ ಗಳಿಸಿದ್ದಾರೆ.

ಮಾರುಕಟ್ಟೆಗಳಲ್ಲಿ ಧಾನ್ಯಗಳು ಸುಲಭವಾಗಿ ಲಭ್ಯವಿದೆ ಮತ್ತು ಈಗ ಆನ್ಲೈನ್ ಮಳಿಗೆಗಳು ಲಭ್ಯವಿದ್ದು ಅಲ್ಲಿಂದಲೂ ಸಹ ನಾವು ಧಾನ್ಯಗಳನ್ನು ಖರೀದಿಸಬಹುದು. ಈಗ ಧಾನ್ಯಗಳನ್ನು ಖರೀದಿಸುವುದು ತುಂಬಾ ಅನುಕೂಲಕರವಾಗಿದೆ.

ಮಹಿಳಾ ಸಬಲೀಕರಣ

ಈ ಕಾಲಘಟ್ಟಗಳಲ್ಲಿ ಮಹಿಳಾ ಸಬಲೀಕರಣ ಎಂಬ ಹೆಸರು ಕೇಳಬೇಕಿರುವುದು ನಮ್ಮೆಲ್ಲರ ದುರ್ದೈವ ಸರ್ಕಾರಗಳು ಮಹಿಳೆಯರ ಹೇಳಿಕೆಗೆ ಹಲವಾರು ಯೋಜನೆಗಳನ್ನು ಜಾರಿಗೊಳಿಸಿದ್ದರೂ, ಸಂಪೂರ್ಣವಾಗಿ ಮಹಿಳೆಯರ ಮನ, ಮನೆ ತಲುಪಿಲ್ಲ, ಇದಕ್ಕೆ ಸಾಕಷ್ಟು ನಿದರ್ಶನಗಳು ನಮ್ಮ ಮುಂದಿವೆ.

ಪುರುಷರಿಗೆ ಸೇರಿದ ಮತದಾನದಂತ ಮೂಲಭೂತವಾದ ಎಲ್ಲಾ ಹಕ್ಕುಗಳು ಮಹಿಳೆಯರಿಗೂ ಸಿಕ್ಕಿದೆ. ಆದರೆ ಆಧುನಿಕತೆಯ ಪರದೆಯಲ್ಲಿ ಮಹಿಳೆಯ ಆದರೆ ಆಧುನಿಕತೆಯ ಪರದೆಯಲ್ಲಿ ಮಹಿಳೆಯರು ನಾಲ್ಕು ಗೋಡೆಗಳ ಮಧ್ಯೆ ಸಾಮಾಜಿಕ, ಆರ್ಥಿಕ, ಧಾರ್ಮಿಕ, ರಾಜಕೀಯ, ಶೈಕ್ಷಣಿಕ, ಮೂಡನಂಬಿಕೆ, ಸಾಮಾಜಿಕ ಅಸಮಾನತೆ ಯಂತಹ

ಅರ್ಪಿತಾ ಮೇರಿ
ದ್ವಿತೀಯ ಬಿ. ಕಾಮ್



ಹಲವಾರು ಸಮಸ್ಯೆಗಳನ್ನು ಎದುರಿಸುತ್ತಿದ್ದಾರೆ. ನಂತರದಲ್ಲಿ ಮಹಿಳೆಯರು ತಮ್ಮ ಶಕ್ತಿಯನ್ನು ಅರಿತುಕೊಂಡರು ಅಲ್ಲಿಂದ ಮಹಿಳಾ ಸಬಲೀಕರಣಕ್ಕಾಗಿ ಕ್ರಾಂತಿ ಪ್ರಾರಂಭವಾಯಿತು.

ಮಹಿಳೆಯರಿಗೆ ಸಾಮಾಜಿಕವಾಗಿ, ಆರ್ಥಿಕವಾಗಿ, ರಾಜಕೀಯವಾಗಿ, ಶೈಕ್ಷಣಿಕವಾಗಿ ಬೌದ್ಧಿಕವಾಗಿ ಮತ್ತು ಇತರೆ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಅಧಿಕಾರ ನೀಡುವ ಮೂಲಕ ಸ್ತ್ರೀ-ಪುರುಷರೆಲ್ಲರನ್ನು





ಸಮಾನತೆಯಿಂದ ಕಾಣುವುದೇ ಮಹಿಳಾ ಸಬಲೀಕರಣ ಎಂದು ಹೇಳಬಹುದು. ಮಹಿಳಾ ಸಬಲೀಕರಣವನ್ನು ಮಹಿಳೆಯರ ಸ್ವಮೌಲ್ಯದ ಪ್ರಚ್ಛೆಯನ್ನು ಇತ್ತೀಚಿಸುವುದು ಎಂದು ವ್ಯಾಕರಿಸಬಹುದು. ಅವರ ಸ್ವಂತ ಆಯ್ಕೆಗಳನ್ನು



ನಿರ್ಧರಿಸುವ ಸಾಮರ್ಥ್ಯ ಹಾಗೂ ತಮ್ಮ ಮತ್ತು ಇತರರ ಸಾಮಾಜಿಕ ಬದಲಾವಣೆಯ ಮೇಲೆ ಪ್ರಭಾವ ಬೀರುವ ಹಕ್ಕನ್ನು ಇದರಲ್ಲಿ ಉಲ್ಲೇಖಿಸಬಹುದು. ಮಹಿಳಾ ಸಬಲೀಕರಣವು ಜಗತ್ತಿನಲ್ಲಿ ಮಹಿಳೆಯರ ಸಾಮಾಜಿಕ, ಆರ್ಥಿಕ, ಮತ್ತು ರಾಜಕೀಯ, ಸ್ಥಿತಿಯನ್ನು ಸುಧಾರಿಸಲು ಕೈಕೊಂಡ ಚಟುವಟಿಕೆಗಳನ್ನು ಸೂಚಿಸುತ್ತದೆ ಭಾರತವು

ಆಧುನಿಕವಾಗಿ ಎಷ್ಟೋ ಮುಂದುವರೆದರು ಸಹ ಹಲವಾರು ಸಾಮಾಜಿಕ ಸಾಂಪ್ರದಾಯಗಳು ಮಹಿಳೆಯರನ್ನು ಕಗ್ಗತ್ತಲ ತಳ್ಳಿವೆ ಹಾಗಾಗಿ ಮಹಿಳಾ ಸಬಲೀಕರಣ ಅವಶ್ಯಕತೆ ಇದೆ.ಸಮಾಜದಲ್ಲಿ ಮಹಿಳಾ ಸಬಲೀಕರಣ ನಿಜವಾಗಿಯೂ ತುಂಬಾನೇ ಅಗತ್ಯವಿದೆ. ಇದು ಮಹಿಳೆಯರ ಸ್ವಾಭಿಮಾನಕ್ಕೆ ಮತ್ತು ಸಮಾಜಕ್ಕೆ ಅನಿವಾರ್ಯ ಮಹಿಳೆಯರ ಸಬಲೀಕರಣವೂ ಮಹಿಳೆಯರಿಗೆ ಹಕ್ಕನ್ನು ನೀಡುವುದಾಗಿದೆ.ಕುಟುಂಬಗಳು, ಸಮಾಜದ, ಮತ್ತು ದೇಶದ ಆರೋಗ್ಯ ಮತ್ತು ಸಮಾಜಿಕ ಅಭಿವೃದ್ಧಿಗೆ ಮಹಿಳೆಯರ ಸಬಲೀಕರಣವು ಅತ್ಯಗತ್ಯ ಮಹಿಳೆಯರು ಸುಂದರವಾದ ಜೀವನವನ್ನು ನಡೆಸಿದಾಗ ಮಾತ್ರ ಅವರ ಸಬಲೀಕರಣದ ಸಂಪೂರ್ಣ ಸಾಮರ್ಥ್ಯ ಯಶಸ್ವಿಯಾಗುತ್ತದೆ.

ನಾವು ಮಹಿಳೆಯರಿಗೆ ತಮ್ಮ ಪರವಾಗಿ ಮಾತನಾಡಲು ಮತ್ತು ಎಂದಿಗೂ ಅನ್ಯಾಯಕ್ಕೆ ಬಲಿಯಾಗದಂತೆ ಅಧಿಕಾರ ನೀಡಬೇಕಾಗಿದೆ. ಭಾರತದ ಸಂವಿಧಾನವು ಪುರುಷರಿಗೆ ಸಮಾನವಾದ ಸ್ಥಾನಮಾನವನ್ನು ಮಹಿಳೆಗೆ ನೀಡಿದೆ ಅದು ಸಂವಿಧಾನದ ಪುಟಗಳಷ್ಟೇ ನಿಯಮಿತವಾಗಿದೆ ಎಂದು ಕೆಲವು ಘಟನೆಗಳು ಸಾಕ್ಷಿ.

ನಿರುದ್ಯೋಗ

ಪೀಠಿಕೆ :

ಯಾವುದೇ ದೇಶದ ಅಭಿವೃದ್ಧಿಯಲ್ಲಿ ನಿರುದ್ಯೋಗವು ಒಂದು ಪ್ರಮುಖ ಆಚರಣೆಯಾಗಿದೆ. ಭಾರತದಲ್ಲಿ ನಿರುದ್ಯೋಗ ಗಂಭೀರ ಸಮಸ್ಯೆಯಾಗಿದೆ .ಶಿಕ್ಷಣದ ಕೊರತೆ ಉದ್ಯೋಗಾವಕಾಶಗಳ ಕೊರತೆ, ಮತ್ತು ಕಾರ್ಯಕ್ಷಮತೆಯ ಸಮಸ್ಯೆಗಳು ನಿರುದ್ಯೋಗಕ್ಕೆ ಕಾರಣವಾಗುವ ಕೆಲವು ಅಂಶಗಳಾಗಿವೆ.

ಈ ಸಮಸ್ಯೆಯನ್ನು ಕೊನೆಗೊಳಿಸುವ ಭಾರತ ಸರ್ಕಾರ ಪರಿಣಾಮಕಾರಿ ಕ್ರಮಗಳನ್ನು ತೆಗೆದುಕೊಳ್ಳಬೇಕಾಗಿದೆ. ಅಭಿವೃದ್ಧಿಶೀಲ ರಾಷ್ಟ್ರಗಳು ಎದುರಿಸುತ್ತಿರುವ ಪ್ರಮುಖ ಸಮಸ್ಯೆಗಳಲ್ಲಿ ಒಂದು ನಿರುದ್ಯೋಗ. ಇದು ದೇಶದ ಆರ್ಥಿಕ ಅಭಿವೃದ್ಧಿಯಲ್ಲಿನ ಪ್ರಮುಖ ಅಡಚಣೆಗಳಲ್ಲಿ ಒಂದಲ್ಲ, ಆದರೆ

ದೀಕ್ಷಿತಾ
ಪ್ರಥಮ ಬಿ. ಕಾಮ್



ಒಂದು ವ್ಯಕ್ತಿ ತಮ್ಮ ಸಮಾಜದ ಮೇಲೆ ಅನೇಕ ನಾಕಾರಾತ್ಮಕ ಪರಿಣಾಮಗಳನ್ನು ಬೀರುತ್ತಾನೆ.

ನಿರುದ್ಯೋಗ ಹೆಚ್ಚಿಸುವ ಅಂಶಗಳು:

ಜನಸಂಖ್ಯೆ ಹೆಚ್ಚಳ:

ದೇಶದ ಜನಸಂಖ್ಯೆಯಲ್ಲಿ ತಂತಿವೀರ ಹೆಚ್ಚಳವು ನಿರುದ್ಯೋಗದ ಮುಖ್ಯ ಕಾರಣಗಳಲ್ಲಿ ಒಂದಾಗಿದೆ.





ನಿಧಾನ ಆರ್ಥಿಕ ಬೆಳವಣಿಗೆ:

ದೇಶದ ನಿಧಾನಗತಿಯ ಆರ್ಥಿಕ ಅಭಿವೃದ್ಧಿ ಪರಿಣಾಮವಾಗಿ ಜನರ ಕಡಿಮೆ ಉದ್ಯೋಗಕಾಶಗಳನ್ನು ಪಡೆಯುತ್ತಾರೆ ಇದು ನಿರುದ್ಯೋಗದ ನಿರುದ್ಯೋಗವನ್ನು ಹೆಚ್ಚಿಸುತ್ತದೆ.

ಕಾಲೋಚಿತ ವ್ಯವಹಾರ:

ದೇಶದ ಜನಸಂಖ್ಯೆಯ ಬಹು ಪಾಲು ಜನರು ಕೃಷಿಯಲ್ಲಿ ತೊಡಗಿಸಿಕೊಂಡಿದ್ದಾರೆ ಕಾಲೋಚಿತ ವ್ಯಾಪಾರ ವಾಗಿರುವುದರಿಂದ ಇದು ವರ್ಷದ ನಿರ್ದಿಷ್ಟ ಸಮಯಕ್ಕೆ ಮಾತ್ರ ಕೆಲಸದ ಅವಕಾಶವನ್ನು ಒದಗಿಸುತ್ತದೆ.

ಕೈಗಾರಿ ವಲಯದ ನಿಧಾನಗತಿಯ ಬೆಳವಣಿಗೆ:

ದೇಶದಲ್ಲಿ ಕೈಗಾರಿಕಾ ಕ್ಷೇತ್ರದ ಬೆಳವಣಿಗೆ ತುಂಬಾ ನಿಧಾನವಾಗಿದೆ ಹೀಗಾಗಿ ಈ ವಲಯದಲ್ಲಿ ಉದ್ಯೋಗಕಾಶಗಳು ನಿಯಮಿತವಾಗಿದೆ.

ಗುಡಿ ಕೈಗಾರಿಕೆಯಲ್ಲಿ ಕುಸಿತ:

ಗುಡಿ ಕೈಗಾರಿಕೆಯಲ್ಲಿ ಉತ್ಪಾದನೆಯು ತೀವ್ರವಾಗಿ ಕುಸಿದಿದೆ ಮತ್ತು ಇದರಿಂದಾಗಿ ಅನೇಕ ಕುಲಕರ್ಮಿಗಳು ಮೃದ್ಯೋಗಿಗಳಾಗಿದ್ದಾರೆ.

ನಿರುದ್ಯೋಗವನ್ನು ಕೊನೆಗೊಳಿಸಲು ಸಂಭವನೀಯ ಪರಿಹಾರಗಳು:

ಜಲಸಂಪ್ನಿ ನಿಯಂತ್ರಣ:

ದೇಶದ ಜನಸಂಖ್ಯೆಯನ್ನು ನಿಯಂತ್ರಿಸಲು ಭಾರತ ಸರ್ಕಾರವು ಕಠಿಣ ಕ್ರಮಗಳನ್ನು ತೆಗೆದುಕೊಳ್ಳಬೇಕಾದ ಸರಿಯಾದ ಸಮಯ ಇದು.

ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆ:

ಭಾರತದಲ್ಲಿನ ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯು ಕೌಶಲ್ಯ ಅಭಿವೃದ್ಧಿಗಿಂತ ಅಂಶಗಳ ಮೇಲೆ ಕೇಂದ್ರೀಕರಿಸುತ್ತದೆ ಉತ್ಪಾದಿಸಲು ವ್ಯವಸ್ಥೆಯನ್ನು ಸುಧಾರಿಸಬೇಕು.

ಕೈಗಾರಿಕರಣ:

ಜನರಿಗೆ ಹೆಚ್ಚಿನ ಉದ್ಯೋಗಕಾಶವನ್ನು ಸೃಷ್ಟಿಸಲು ಕೈಗಾರಿಕಾ ಕೇಂದ್ರವನ್ನು ಉತ್ತೇಜಿಸಲು ಸರ್ಕಾರ ಕ್ರಮಕೈಗೊಳ್ಳಬೇಕು.

ಉದ್ಯೋಗಕಾಶಗಳು:

ನಿಗದಿತ ಸಮಯದಲ್ಲಿ ಕೆಲಸ ಮಾಡುವ ಮೂಲಕ ಉಳಿದ ಸಮಯದಲ್ಲಿ ನಿರುದ್ಯೋಗಗಳಾಗಿರುವ ಜನರಿಗೆ ಗ್ರಾಮೀಣ ಪ್ರದೇಶದಲ್ಲಿ ಉದ್ಯೋಗಕಾಶವನ್ನು ಸೃಷ್ಟಿಸಬೇಕು. ಭಾರತದಲ್ಲಿ ನಿರುದ್ಯೋಗವನ್ನು ಮಾರುವೇಷದ ನಿರುದ್ಯೋಗ, ಮುಕ್ತ ನಿರುದ್ಯೋಗ, ವಿದ್ಯಾವಂತ ನಿರುದ್ಯೋಗ, ಆವರ್ತಕ ನಿರುದ್ಯೋಗ, ಕಾಲೋಚಿತ ನಿರುದ್ಯೋಗ, ತಾಂತ್ರಿಕ ನಿರುದ್ಯೋಗ, ರಚನಾತ್ಮಕ ನಿರುದ್ಯೋಗ ದೀರ್ಘಾವಧಿಯ ನಿರುದ್ಯೋಗ, ನಿರುದ್ಯೋಗ ಮತ್ತು ಸಾಂದರ್ಭಿಕ ನಿರುದ್ಯೋಗ, ಸೇರಿದಂತೆ ಹಲವಾರು ವರ್ಗಗಳಾಗಿ ವಿಂಗಡಿಸಬಹುದು.

ನಿರುದ್ಯೋಗವನ್ನು ಕಡಿಮೆ ಮಾಡಲು ಸರ್ಕಾರದ ಉಪಕ್ರಮಗಳು:

ಸ್ವಯಂ ಉದ್ಯೋಗ ತರಬೇತಿ:

1979 ರಲ್ಲಿ ಪ್ರಾರಂಭವಾದ ಈ ಕಾರ್ಯಕ್ರಮದ ಹೆಸರು ರಾಷ್ಟ್ರೀಯ ಸ್ವಯಂ ಉದ್ಯೋಗಕ್ಕಾಗಿ ಗ್ರಾಮೀಣ ಯುವಕರ ತರಬೇತಿಯ ಯೋಜನೆ. ಗ್ರಾಮೀಣ ಪ್ರದೇಶದ ಯುವಕರಲ್ಲಿ ನಿರುದ್ಯೋಗವನ್ನು ಕಡಿಮೆ ಮಾಡುವುದು ಇದರ ಉದ್ದೇಶವಾಗಿದೆ.

ಸಮರ್ಗ ಗ್ರಾಮೀಣ ಅಭಿವೃದ್ಧಿ ಕಾರ್ಯಕ್ರಮ:

1978-79ರಲ್ಲಿ ಭಾರತ ಸರ್ಕಾರವು ಗ್ರಾಮೀಣ ಪ್ರದೇಶಗಳಲ್ಲಿ ಸಂಪೂರ್ಣ ಉದ್ಯೋಗಕಾಶಗಳನ್ನು ಖಚಿತಪಡಿಸಿಕೊಳ್ಳಲು ಸಮರ್ಪಕ ಗ್ರಾಮೀಣ ಅಭಿವೃದ್ಧಿ ಕಾರ್ಯಕ್ರಮವನ್ನು ಪ್ರಾರಂಭಿಸಿತು. ಈ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ 132 ಕೋಟಿ ಖರ್ಚು ಮಾಡಲಾಗಿದ್ದು, 182 ಲಕ್ಷ ಕುಟುಂಬಗಳು ಪ್ರಯೋಜನ ಪಡೆದಿದೆ.

ವಿದೇಶಗಳಲ್ಲಿ ಉದ್ಯೋಗ:

ವಿದೇಶಿ ಕಂಪನಿಗಳಲ್ಲಿ ಉದ್ಯೋಗ ಪಡೆಯಲು ಸರ್ಕಾರ ಸಹಾಯ ಮಾಡುತ್ತದೆ ಬೇರೆ ದೇಶಗಳಲ್ಲಿ ಜನರನ್ನೂ ನೇಮಿಸಿಕೊಳ್ಳಲು ವಿಶೇಷ ಏಜೆನ್ಸಿಗಳನ್ನು ಸ್ಥಾಪಿಸಲಾಗಿದೆ.

ಸಣ್ಣ ಮತ್ತು ಗುಡಿ ಕೈಗಾರಿಕೆಗಳು:

ನಿರುದ್ಯೋಗ ಸಮಸ್ಯೆಯನ್ನು ಕಡಿಮೆ ಮಾಡಲು ಪ್ರಯತ್ನದಲ್ಲಿ ಸಣ್ಣ ಮತ್ತು ಗುಡಿ ಕೈಗಾರಿಕೆಗಳನ್ನು ಅಭಿವೃದ್ಧಿಪಡಿಸಿದೆ ಅನೇಕ ಜನರು ತಮ್ಮ ಜೀವನವನ್ನು ಸಂಪಾದಿಸು ಸಂಪಾದಿಸಿದ್ದಾರೆ. ಹೆಚ್ಚಳ ನಿರುದ್ಯೋಗ





ನಿರುದ್ಯೋಗದ ಪರಿಣಾಮಗಳು :

ಹೆಚ್ಚಳ ನಿರುದ್ಯೋಗ ದರ ಹೆಚ್ಚಳವು ದೇಶದಲ್ಲಿ ಬಡತನದ ಪ್ರಮಾಣ ಹೆಚ್ಚಳಕ್ಕೆ ಕಾರಣವಾಗಿರುವುದು ಸಂಪೂರ್ಣ ಸತ್ಯ ನಿರುದ್ಯೋಗವು ದೇಶದ ಆರ್ಥಿಕ ಅಭಿವೃದ್ಧಿಗೆ ಅಡ್ಡಿಯಾಗಲು ಪ್ರಮುಖ ಕಾರಣವಾಗಿದೆ ಅಪರಾಧ ದರದಲ್ಲಿ ಹೆಚ್ಚಳ ನಿರುದ್ಯೋಗಿಗಳಿಗೆ ಸೂಕ್ತವಾದ ಉದ್ಯೋಗವನ್ನು ಹುಡುಕಲು ಸಾಧ್ಯವಾಗದಿರುವುದು ಸಾಮಾನ್ಯವಾಗಿ ಅಪರಾಧದ ಹಾದಿಯನ್ನು ತೆಗೆದುಕೊಳ್ಳುತ್ತದೆ ಏಕೆಂದರೆ ಇದು ಹಣವನ್ನು ಗಳಿಸಲು ಸುಲಭ ಮಾರ್ಗವಾಗಿದೆ ನಿರುದ್ಯೋಗವು ಕಳ್ಳತನದ ಕಾಯ್ದಿ ಮತ್ತು ಇತರ ಘೋರ ಅಪರಾಧಗಳ ವೇಗವಾಗಿ ಹೆಚ್ಚಿಸುತ್ತಿರುವ ಪ್ರಕರಣಗಳಿಗೆ ಪ್ರಮುಖ ಕಾರಣಗಳಲ್ಲಿ ಒಂದಾಗಿದೆ

ಕಾರ್ಮಿಕರ ಶೋಷಣೆ :

ಉದ್ಯೋಗಿಗಳು ಸಾಮಾನ್ಯವಾಗಿ ಅವರಿಗೆ ಕಡಿಮೆ ವೇತನವನ್ನು ನೀಡುವ ಮೂಲಕ ಮಾರುಕಟ್ಟೆಯಲ್ಲಿ ಉದ್ಯೋಗಗಳ ಕೊರತೆಯ ಲಾಭವನ್ನು ಪಡೆದುಕೊಳ್ಳುತ್ತಾರೆ ತಮ್ಮ ಕೌಶಲ್ಯಗಳಿಗೆ ಸಂಬಂಧಿಸಿದ ಉದ್ಯೋಗಗಳಲ್ಲೂ ಹುಡುಕಲು ಸಾಧ್ಯವಾಗದ ಜನರು ಸಾಮಾನ್ಯವಾಗಿ ಕಡಿಮೆ ಸಂಬಳದ ಅಸ್ಥಿರತೆ ಉದ್ಯೋಗಕಾಶಗಳ ಕೊರತೆಯೂ ಸರ್ಕಾರದ ಮೇಲೆ ವಿಶ್ವಾಸದ ಕೊರತೆಯನ್ನು ಉಂಟುಮಾಡುತ್ತದೆ ಮತ್ತು ಈ ಪರಿಸ್ಥಿತಿಯು ಹಾಗಾಗಿ ರಾಜಕೀಯ ಆಸ್ತಿ ಪ್ರತೆಗೆ ಕಾರಣವಾಗುತ್ತದೆ ನಿರುದ್ಯೋಗ ಹೆಚ್ಚಳವು ದೇಶದಲ್ಲಿ ಬಡತನದ ಪ್ರಮಾಣ ಹೆಚ್ಚಳಕ್ಕೆ ಕಾರಣವಾಗಿರುವುದು ಸಂಪೂರ್ಣ ಸತ್ಯ ನಿರುದ್ಯೋಗವು ದೇಶದ ಆರ್ಥಿಕ ಅಭಿವೃದ್ಧಿಗೆ ಅಡ್ಡಿಯಾಗಲು ಪ್ರಮುಖ ಕಾರಣವಾಗಿದೆ ಅಪರಾಧ ದರದಲ್ಲಿ ಹೆಚ್ಚಳ ನಿರುದ್ಯೋಗಿಗಳಿಗೆ ಸೂಕ್ತವಾದ ಉದ್ಯೋಗವನ್ನು ಹುಡುಕಲು ಸಾಧ್ಯವಾಗದಿರುವುದು ಸಾಮಾನ್ಯವಾಗಿ ಅಪರಾಧದ ಹಾದಿಯನ್ನು ತೆಗೆದುಕೊಳ್ಳುತ್ತದೆ. ಏಕೆಂದರೆ ಇದು ಹಣವನ್ನು ಗಳಿಸಲು ಸುಲಭ ಮಾರ್ಗವಾಗಿದೆ ನಿರುದ್ಯೋಗವು ಕಳ್ಳತನದ ಕಾಯ್ದಿ ಮತ್ತು ಇತರ ಘೋರ ಅಪರಾಧಗಳ ವೇಗವಾಗಿ ಹೆಚ್ಚಿಸುತ್ತಿರುವ ಪ್ರಕರಣಗಳಿಗೆ ಪ್ರಮುಖ ಕಾರಣಗಳಲ್ಲಿ ಒಂದಾಗಿದೆ ಕಾರ್ಮಿಕರ ಶೋಷಣೆ ಉದ್ಯೋಗಿಗಳು ಸಾಮಾನ್ಯವಾಗಿ ಅವರಿಗೆ ಕಡಿಮೆ ವೇತನವನ್ನು ನೀಡುವ ಮೂಲಕ ಮಾರುಕಟ್ಟೆಯಲ್ಲಿ ಉದ್ಯೋಗಗಳ ಕೊರತೆಯು

ಲಾಭವನ್ನು ಪಡೆದುಕೊಳ್ಳುತ್ತಾರೆ ತಮ್ಮ ಕೌಶಲ್ಯಗಳಿಗೆ ಸಂಬಂಧಿಸಿದ ಉದ್ಯೋಗಗಳಲ್ಲೂ ಹುಡುಕಲು ಸಾಧ್ಯವಾಗದ ಜನರು ಸಾಮಾನ್ಯವಾಗಿ ಕಡಿಮೆ ಸಂಬಳದ ಉದ್ಯೋಗಗಳಿಗೆ ನೆಲೆಸುತ್ತಾರೆ ನೌಕರರು ಪ್ರತಿದಿನ ನಿರ್ದಿಷ್ಟ ಸಂಖ್ಯೆಯ ಗಂಟೆಗಳವರೆಗೆ ಕೆಲಸ ಮಾಡುವಂತೆ ಒತ್ತಾಯಿಸಲಾಗುತ್ತದೆ ರಾಜಕೀಯ ಅಸ್ಥಿರತೆ ಉದ್ಯೋಗಕಾಶಗಳ ಕೊರತೆಯೂ ಸರ್ಕಾರದ ಮೇಲೆ ವಿಶ್ವಾಸದ ಕೊರತೆಯನ್ನು ಉಂಟುಮಾಡುತ್ತದೆ ಮತ್ತು ಈ ಪರಿಸ್ಥಿತಿಯು ಹಾಗಾಗಿ ರಾಜಕೀಯ ಆಸ್ತಿ ಪ್ರತೆಗೆ ಕಾರಣವಾಗುತ್ತದೆ ನಿರುದ್ಯೋಗದ ಪರಿಣಾಮಗಳು:

ಬಡತನದಲ್ಲಿ ಹೆಚ್ಚಳ:

ಹೆಚ್ಚಳ ನಿರುದ್ಯೋಗದ ಹೆಚ್ಚಳವು ದೇಶದಲ್ಲಿ ಬಡತನದ ಪ್ರಮಾಣ ಹೆಚ್ಚಳಕ್ಕೆ ಕಾರಣವಾಗಿರುವುದು ಸಂಪೂರ್ಣ ಸತ್ಯ ನಿರುದ್ಯೋಗವು ದೇಶದ ಆರ್ಥಿಕ ಅಭಿವೃದ್ಧಿಗೆ ಅಡ್ಡಿಯಾಗಲು ಪ್ರಮುಖ ಕಾರಣವಾಗಿದೆ.

ಅಪರಾಧ ದರದಲ್ಲಿ ಹೆಚ್ಚಳ:

ನಿರುದ್ಯೋಗಿಗಳಿಗೆ ಸೂಕ್ತವಾದ ಉದ್ಯೋಗವನ್ನು ಹುಡುಕಲು ಸಾಧ್ಯವಾಗದಿರುವುದು ಸಾಮಾನ್ಯವಾಗಿ ಅಪರಾಧದ ಹಾದಿಯನ್ನು ತೆಗೆದುಕೊಳ್ಳುತ್ತದೆ ಏಕೆಂದರೆ ಇದು ಹಣವನ್ನು ಗಳಿಸಲು ಸುಲಭ ಮಾರ್ಗವಾಗಿದೆ ನಿರುದ್ಯೋಗವು ಕಳ್ಳತನದ ಕಾಯ್ದಿ ಮತ್ತು ಇತರ ಘೋರ ಅಪರಾಧಗಳ ವೇಗವಾಗಿ ಹೆಚ್ಚಿಸುತ್ತಿರುವ ಪ್ರಕರಣಗಳಿಗೆ ಪ್ರಮುಖ ಕಾರಣಗಳಲ್ಲಿ ಒಂದಾಗಿದೆ.

ಕಾರ್ಮಿಕರ ಶೋಷಣೆ:

ಉದ್ಯೋಗಿಗಳು ಸಾಮಾನ್ಯವಾಗಿ ಅವರಿಗೆ ಕಡಿಮೆ ವೇತನವನ್ನು ನೀಡುವ ಮೂಲಕ ಮಾರುಕಟ್ಟೆಯಲ್ಲಿ ಉದ್ಯೋಗಗಳ ಕೊರತೆಯ ಲಾಭವನ್ನು ಪಡೆದುಕೊಳ್ಳುತ್ತಾರೆ. ತಮ್ಮ ಕೌಶಲ್ಯಗಳಿಗೆ ಸಂಬಂಧಿಸಿದ ಉದ್ಯೋಗಗಳಲ್ಲೂ ಹುಡುಕಲು ಸಾಧ್ಯವಾಗದ ಜನರು ಸಾಮಾನ್ಯವಾಗಿ ಕಡಿಮೆ ಸಂಬಳದ ಉದ್ಯೋಗಗಳಿಗೆ ನೆಲೆಸುತ್ತಾರೆ. ನೌಕರರು ಪ್ರತಿದಿನ ನಿರ್ದಿಷ್ಟ ಸಂಖ್ಯೆಯ ಗಂಟೆಗಳವರೆಗೆ ಕೆಲಸ ಮಾಡುವಂತೆ ಒತ್ತಾಯಿಸಲಾಗುತ್ತದೆ.

ರಾಜಕೀಯ ಅಸ್ಥಿರತೆ:

ಉದ್ಯೋಗಕಾಶಗಳ ಕೊರತೆಯೂ ಸರ್ಕಾರದ ಮೇಲೆ



ವಿಶ್ವಾಸದ ಕೊರತೆಯನ್ನು ಉಂಟುಮಾಡುತ್ತದೆ ಮತ್ತು ಈ ಪರಿಸ್ಥಿತಿಯು ಹಾಗಾಗಿ ರಾಜಕೀಯ ಆಸ್ಥಿರತೆ ಕಾರಣವಾಗುತ್ತದೆ.

ಮಾನಸಿಕ ಆರೋಗ್ಯ:

ನಿರುದ್ಯೋಗಿಗಳಿಗೆ ಅತ್ಯಪ್ಪಿಯ ಮಟ್ಟವು ಹೆಚ್ಚಾಗುತ್ತದೆ ಇದರಿಂದಾಗಿ ಅದು ಕ್ರಮೇಣ ಆತಂಕ ಖಿನ್ನತೆ ಮತ್ತು ಇತರ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಸಮಸ್ಯೆಗಳಾಗಿ ಬದಲಾಗಲು ಪ್ರಾರಂಭಿಸುತ್ತದೆ. ಪ್ರಸ್ತುತ ದೇಶದಲ್ಲಿ ಉದ್ಯೋಗ ಮೀಸಲಾತಿ ವ್ಯವಸ್ಥೆ ಜಾರಿಯಲ್ಲಿದೆ ಅದನ್ನು ಹೋಗಲಾಡಿಸಲು ಮೂಲಕ ಅರ್ಹತೆಗೆ ಆದ್ಯತೆ ನೀಡಿ ಕೃಷಿ ಕಾಮಗಾರಿಗಳ ಸಮರ್ಪಕ ಪ್ರಸಾರಕ್ಕೆ ಒತ್ತು ನೀಡಬೇಕು. ಶಿಕ್ಷಣ ವ್ಯವಸ್ಥೆಯಲ್ಲಿ ಕ್ರಾಂತಿಕಾರದ ಬದಲಾವಣೆ ತರುವ ಮೂಲಕ ಯುವಕರನ್ನು ಮಾಡಬೇಕು ಆಡಳಿತ ವ್ಯವಸ್ಥೆಯಲ್ಲಿನ ಭ್ರಷ್ಟಾಚಾರ ಸ್ವಾರ್ಥದ ರಾಜಕಾರಣಕ್ಕೆ ಕಡಿವಾಣ ಹಾಕಬೇಕು.

ಉಪಸಂಹಾರ:

ನಿರುದ್ಯೋಗವೇ ಸಮಾಜದ ನಾನಾ ಸಮಸ್ಯೆಗಳಿಗೆ ಮೂಲ ಕಾರಣ ಸಮಸ್ಯೆ ನಿರಾರಣೆಗೆ ಸರ್ಕಾರ ಮುಂದಾಗಿದ್ದರು ಕೈಗೊಂಡ ಕ್ರಮಗಳು ಪರಿಣಾಮಕಾರಿಯಾಗಿಲ್ಲ. ಪರಿಣಾಮಕಾರಿಯಾಗಿ ಮತ್ತು ಸಮಗ್ರ ಪರಿಣಾಮವನ್ನು ನೋಡಲು ಈ ಸಮಸ್ಯೆಗಳು ಉಂಟುಮಾಡುವ ವಿವಿಧ ಅಂಶಗಳನ್ನು ಕೂಲಂಕುಷವಾಗಿ ಅಧ್ಯಯನ ಮಾಡಬೇಕಾಗುತ್ತದೆ. ಸರ್ಕಾರವು ಈ ವಿಷಯದ ಸೂಕ್ಷ್ಮತೆಯನ್ನು ಗುರುತಿಸಿ ಅದನ್ನು ಕಡಿಮೆ ಮಾಡಲು ಕೆಲವು ಗಂಭೀರ ಕ್ರಮಗಳನ್ನು ತೆಗೆದುಕೊಳ್ಳಬೇಕಾಗಿದೆ.



ನೂರಾರು ಬಾರಿ

ಮೊಹಮ್ಮದ್ ಮುಬಾರಕ್
ದ್ವಿತೀಯ ಬಿ. ಕಾಮ್ ಬಿ



ಯಾವತ್ತೂ ಸಾದನೆ ಮಾಡುವುದಿಲ್ಲ
ಮಾನವೀಯತೆ ಇಲ್ಲದವನಿಗೆ
ಜೀವನ ಯಾಕೆ.....
ಪ್ರೀತಿಯ ಅರಿವು ಇಲ್ಲದವನಿಗೆ

ಪ್ರಯತ್ನ ಮಾಡಿದ್ದೇನೆ
ನೂರಾರು ಸಾರಿ
ವಿಫಲ ಆಗಿದ್ದೇನೆ
ಸಾಧನೆ ಮತ್ತು ಸಾಧಿಸುವ ಗುರಿ

ಪ್ರಯತ್ನ ಪಟ್ಟವರುತಾನೆ ಮರಳಿ
ಗುರಿಮುಟ್ಟುವುದು
ಪ್ರಯತ್ನ ಪಡದಿದ್ದವನು

ಹೃದಯ ಯಾಕೆ.....
ಗುಣ ಇಲ್ಲದವನಿಗೆ
ರೂಪ ಯಾಕೆ.....
ನಮ್ಮತೆ ಇಲ್ಲದವನಿಗೆ
ಶಿಕ್ಷಣ ಯಾಕೆ....
ನಂಬಿಕೆ ಇಲ್ಲದವನಿಗೆ
ಭರವಸೆ ಯಾಕೆ.....
ಫಲ ಇಲ್ಲದವನಿಗೆ
ಸಾದನೆ ಯಾಕೆ.....





हिंदी विभाग

स्त्री सशक्तिकरण में बैंकों का योगदान

सृष्टि की शुरुआत से ही पुरुषों ने महिलाओं पर प्रभुत्व रखा है। प्राचीनकाल से ही यह समझा जाता है, कि महिला-पुरुष समान नहीं है। उन्हें पुरुषों से हीन समझा जाता था। किंतु अब स्थिति बदल रही है। महिलाएं शिक्षित होकर विकास के अवसर प्राप्त कर उन्नति कर रही हैं। वे चार दिवारी से बाहर निकलकर अपने को योग्य, आदरणीय बना रही हैं।

स्त्री सशक्तिकरण का अर्थ है, महिलाओं के सामाजिक, आर्थिक, राजनैतिक और कानूनी बल को बढ़ाना और सुधारना, समान हक देना और उन्हें इतना आत्मविश्वासी बनाना की वह स्वयं अपने अधिकारों का दावा कर सकें। एक समय था जब माथे पर लाल बड़ी बिंदी, सिंदूर से भरी हुई मांग और मंगलसूत्र पहने साड़ी में लिपटी एक परंपरागत भारतीय स्त्री की तस्वीर हमेशा हमारी आंखों के सामने रहती थी लेकिन अब यह तस्वीर भी बदली है और स्थितियां भी। पिछले कुछ सालों के दौरान औरतों की यह परंपरागत छवि बदली है, वह मॉडर्न लेडी के रूप में परिवर्तित हुई है।

लोग स्त्री पुरुष के समान होने के विषय को नवीन और पाश्चात्य खयालात समझते हैं। हम अक्सर यह भूल जाते हैं कि समानता हमारे संस्कृति का भाग है। अगर शिव संसार का केंद्र है तो शक्ति वह स्त्री शक्ति है जो संसार के चालन के भार को उठाती है।

सरकार और बैंकों ने महिलाओं को आर्थिक रूप से सशक्त और अपने सभी हकों से परिचित

श्राव्या एन
हिन्दी विभाग



और उनके उपयोग में महत्वपूर्ण योगदान दिया है। बैंकों ने स्त्रीयों को शैक्षणिक लोन, चातुर्य वृद्धि, प्रशिक्षण के लिए कार्यक्रम जिन्हे विशेष रूप से महिलाओं के लिए रचाया गया, उन्हें अपने व्यापार के लिए कर्ज देकर बढ़ावा दिया।

आज की नारी बैंकों में नौकरी चाहती है। लोगों को लगता है कि बैंकों में नौकरियां केवल वाणिज्य या अर्थशास्त्र के विद्यार्थियों के लिए सीमित है पर ऐसा नहीं है। बल्कि अधिकांश बैंक अधिकारी अलग अलग क्षेत्र से हैं। बैंक अपने कर्मचारियों में औद्योगिक क्षमता, संवहन कौशल, अच्छा अंतर व्यक्तिगत चातुर्य आदि चाहता है और यह जानी समझी बात है की स्त्रीयों में इन गुणों की संख्या अधिक है। विद्या और आर्थिक सहायता महिला सशक्तिकरण के महत्वपूर्ण हिस्से हैं। सरकार ने स्त्रीयों के जन्म, विद्या और जीवन निर्वाह के लिए अनेक कार्ययोजनाएं रची है जिनको कार्यरूप में लाने की जिम्मेदारी बैंकों ने ली है। भारतीय महिला बैंक की स्थापना विशेषकर महिलाओं के आवश्यकताओं के निर्वाह हेतु किया गया है। आजकल भारत के सभी बैंकों ने महिलाओं के लिए विशेष कार्ययोजनाएं बनाई है जैसे कम सूत के साथ उन्हें कर्ज देना आदि।



भारतीय बैंक क्षेत्र में आए बदलाव और विस्तार ने महिलाओं को बैंकिंग क्षेत्र में अनेक दरवाजें खोल दिए हैं। सन् १९६९ के बैंक राष्ट्रीयकरण लिंग के अनुसार हो रहे भेद भाव को घटाने के तरफ प्रथम महत्वपूर्ण चरण रहा। आज हमारे देश में राज्य द्वारा चलाए गए बैंक कर्मचारियों में १७% स्त्री है और प्राइवेट और विदेशी बैंक के कर्मचारियों में १/३४ भाग है। इसमें भी २६% स्त्रियां लिपिक के पद में और ११% स्त्रियां अफ़सर पद में है। बैंक की

नौकरी महिलाओं के लिए अधिक उपयुक्त है क्योंकि यह सुरक्षित पारिवारिक जीवन, आकर्षक वेतन, अच्छा कार्यक्षेत्र का माहौल और कार्य स्थिरता देती हैं। आजकल महिलाओं को चीजें और बेहतर बनाने में अपने योगदान के महत्व का अहसास हो रहा है। चूड़ियां पहननेवाली और बेलन पकड़नेवाले हाथों ने ज़रूरी कागजात पर अपने हस्ताक्षर के महत्व को अनुभव किया है। उनके द्वारा लिए गए निर्णय प्रत्यक्ष और परोक्ष दोनों रूपों में लहरे उठा रही है।

मतदान का महत्व

प्रस्तावना-

हमारा भारत लोकतांत्रिक देश है। हर व्यक्ति जो अपनी 18 साल की उम्र पूरी कर चुका है, उसे वोट डालने का अधिकार है।

लोकतांत्रिक व्यवस्था में मतदान का बड़ा महत्व है। क्योंकि लोकतंत्र का मूल आधार जनता की सहभागिता ही होता है। लोग मतदान के ज़रिए अपने प्रत्याशी को चुनते हैं जो शासन चलाते हैं।

विषय प्रतिपादन

26 जनवरी 1950 के दिन भारत का संविधान लागू हुआ, भारत के इतिहास की यह महत्वपूर्ण घटना थी क्योंकि पहली बार एक आम आदमी को सत्ता का भागीदार बनाया गया। शासन में उसकी भूमिका निश्चित हुई थी। अब के विदेशी शासन अथवा देश के राजाओं के दौर में शासन कुछ लोगों के हाथ में ही रहा मगर संविधान की लोकतांत्रिक व्यवस्था के साथ सभी को अधिकार प्रदान किए - गए जिनमें एक था सार्वभौमिक वयस्क मताधिकार। संविधान निर्मात्री सभा में यह एकमात्र विषय था। जो बिना वाद विवाद के सर्वमत से परित किया गया सभी मौलिक अधिकार को सर्वोच्च माना गया है। क्योंकि इस अधिकार का उपयोग करते हुए हम यह

मोहम्मद जसीम जलील
प्रथम बी.कॉम



तय कर पाते हैं कि कौन सरकार में रहेगा कौन नहीं। सरकार को जनता स्वयं निर्मित करती है।

जनतंत्र में मतदान को एक बड़ा पर्व माना जाता है। तथा सभी मतदाताओं को अपने विवेक से मतदान करने के लिए जागरूक किया जाता है। नागरिक अपने अमूल्य मतदान के अधिकार का उपयोग करते हुए अपना जन प्रतिनिधि चुनते हैं जो सरकार का निर्माण करते हैं।

भारत विश्व का सबसे बड़ा लोकतंत्र है जिसमें प्रत्येक व्यक्ति के मन का अहम योगदान है। जो देश की राजनीति और शासन की दिशा को तय करता है। एक जागरूक नागरिक के लिए यह एक कर्तव्य भी है, क्योंकि अपने मत का, बिना लोभ, लालच के सामझदारी से उपयोग करने की जिम्मेदारी हम पर है।





हमारे देश में लोगों को पांच वर्ष में एक बार वोट करने का अवसर मिलता है। ऐसे सत्ता के स्वार्थी लोगजाति,धर्म,वर्ण,वर्ग,धन के कार्ड खेलकर लोगों से उनका अधिकार खरीद ले जाते हैं। इसलिए चुनाव आयोग प्रत्येक बार मतदाता जागरूकता अभियान चलाकर नागरिकों को अपने विवेक सेवोट करने के लिए प्रशिक्षित करता है।

उपसंहार:

“मतदान” न केवल हमारा अधिकार है बल्कि हमारा कर्तव्य भी है। यह कहावत बहुत आगे जाती

है क्योंकि यह हमें स्पष्ट रूप से बताती है कि देश के नागरिक के रूप में हमारी जिम्मेदारिया है। यह सुनिश्चित करने के लिए कि हम नागरिक दौड़े और अपने देश की अच्छी देखभाल करे, हमें अपने वोट अवश्य डालने चाहिए।

गर वोट देने तुम नहीं जाओगे, याद रखना, एक दिन लोकतंत्र तुम गंवाओगे। बहुत बार लोग यह मानने की गलती करते हैं कि एक वोट से बहुत फर्क नहीं पड़ेगा लेकिन यह सच्चाई से बहुत दूर है और लोगो को इसे जल्द से जल्द समझना चाहिए।

माँ, मेरी माँ



दुनिया में सबसे निस्वार्थ व्यक्ति माँ होती है। वो किसी के बीच में भेद-भाव नहीं करती है। वो घर के सभी लोगों को खुश रखती है। माँ घर के सभी सदस्यों को खाना खिलाती है और खुद बिना कुछ खाए ही सो जाती है। माँ को खुद से ज्यादा अपने बच्चों और घरवालों के पसंद और नापसंद की चिंता रहती है। सुबह शाम बच्चे माँ के पीछे ही घूमते रहते हैं। माँ के बिना घर में अकेला महसूस करते हैं। माँ ही हमारी पहली दोस्त है, हम

लारा कुटीन्हो
द्वितीय बी.कॉम ए



सब कुछ उसी को बताते हैं। वो अपने बच्चे की खुशी के लिए कुछ भी कर सकती है। अगर उनका बच्चा कुछ माँगे तो वो वह चीज़ लाकर ज़रूर देती है। माँ का प्यार सबसे अलग सबसे अनोखा होता है। माँ जैसा प्यार इस दुनिया में हमें कोई भी नहीं कर सकता।

मेरा बचपन

पढ़ना और फिर से उठकर दौड़ लगाना बहुत याद आता है। बचपन में पिताजी के कंधे पर बैठकर जाने में बड़ा मज़ा आता था। बचपन में मिट्टी में खेलना और मिट्टी के छोटे-छोटे खिलौने बनाना।

बचपन जीवन का बहुत ही महत्वपूर्ण समय होता है। बचपन में इतनी चंचलता और मिठास भी होती है कि हर कोई फिर से बचपन जीना चाहता है।

बचपन में जब कोई डाँटता था तो माँ के आँचल

मोहम्मद अलरोज़ान बखार
द्वितीय बी.कॉम ए



में लोरियाँ सुनकर नींद आ जाती थी। लेकिन अब वह सुकून भरी नींद नसीब नहीं। बचपन के वह खूबसूरत पल, बड़े याद आते हैं।





भूत की कहानी

एक दिन राहुल नाम का लडका अपने घर जा रहा था। काम से निकलते वक्त 10 बज गए थे। वह अपने मोटर साइकल में जा रहा था। तभी अचानक उसके सामने से कुछ गुज़रा, वह फिर अपने मोटर साइकल से गिर जाता है। लेकिन उठकर देखने पर उसे वहाँ कोई नज़र नहीं आता। वह बहुत घबरा जाता है और अपने घर चला जाता है। घर पहुँचते ही वह इस बात को अपने घरवालों को बता देता है। घर वाले उसे समझाते हैं कि वह उसका वहम होगा। उसके बाद वह नहा-धोकर अपने कमरे में जाता है। तभी अचानक उसके खिड़की से कोई गुज़रता है। वह बहुत घबराता है। उसकी पैंट गीली हो जाती है। और वह बेहोश हो जाता है। कुछ देर बाद वह उठ जाता है। उसके कमरे के दीवार पर खून से कुछ लिखा हुआ होता है। लिखा था कि "मैं तुम्हें मार डालूँगा"। तभी उसके पीछे से कोई गुज़रता है, और जब वह मुड़कर देखता है, तब एक भूत उसके

अयान अहमद शेख
द्वितीय बी.कॉम बी



सामने अचानक आ जाता है। उसकी लंबे-लंबे नाखून और डरावनी आँखें और अजीब-सी शक्ल थी। जब भूत उसे मारने आता है तो वह जोर से चीखता है लेकिन जब तक उसके घरवाले आते, वह मर चुका था।

उसके घरवाले बहुत घबरा जाते हैं। उसके पिता जैसे-तैसे उसे अस्पताल ले जाते हैं लेकिन वहाँ उसका एक दोस्त मिल जाता है और वह बताता है कि राहुल ने एक लडके को जान से मार डाला था। और उस वजह से राहुल का यह हाल हुआ।

भारत सरकार



भारत एक बहुत ही बड़ा देश है, जहाँ बहुत सारे लोग रहते हैं। लोगों की संख्या के अनुसार भारत पूरे विश्व में दूसरे स्थान पर है। इतनी बड़ी जनसंख्या को सही तरीके से संभालने के लिए सरकार का होना अत्यावश्यक है।

भारत में कई राजनीतिक पक्ष हैं। उनमें मुख्य हैं बी.जे.पी और कांग्रेस हैं। सत्ता चाहे किसी भी पक्ष का हो लेकिन इसमें दो ऐसे पद हैं जो सबसे ऊँचे हैं। वे हैं राष्ट्रपति और प्रधान मंत्री।

एलरोय
द्वितीय बी.कॉम बी



सरकार का बनना या गिरना जनता के हाथों में होता है। सरकार केवल जनता का प्रतिनिधि है। प्रजातंत्र में अपने प्रतिनिधि नेता को चुनने की जिम्मेदारी और हक १८ वर्ष के ऊपरवाले सभी देशवासियों का है। अगर हम अपने कर्तव्यों का पालन सही ढंग से करेंगे तो भारत सरकार की पहचान विश्व भर में फैलेगी।





स्कूल की ज़िंदगी



स्कूल वो शब्द जो कई यादों के तिजोरी की चाबी है। बचपन में जिस शब्द से, जिस जगह कभी न जाने की

ज़िदकिया करते थे, अब उसी जगह वापस जाने का मन करता है। उस बीते वक्त में वापस जाने का मन करता है। वो स्कूल का पहला दिन याद है, जब पहली बार माँ बाबा के बिना रहना पडा था। कुछ बच्चे खुश थे, कुछ रोते, रुकने का नाम ही नहीं ले रहे थे। कुछ दिन अजीब लगता होगा लेकिन धीरे-धीरे आदत हो गई। बड़े होने लगे, नई कक्षा में जाने लगे, कई नई यादें प्यारे से मिठास भरे समय मिले। कई नए रिश्ते भी बने। कुछ पुराने मजबूत है तो कुछ रिश्ते पीछे छूट गए। कुछ लोगों के साथ तो वक्त के साथ इतना गेहरा रिश्ता हुआ की स्कूल शब्द के

जाहवी कृष्ण नाईक
द्वितीय बी.कॉम ए



बाद सबसे पहले उनका ही नाम याद आता है। वो भी क्या दिन थे अपनी एक अलग सी, भले छोटी सी पर प्यारी और अपने पन से भरी हुई दुनिया थी। जहाँ कुछ मीठी तो कुछ खट्टी यादें थी, चाहते हुए भी कुछ बहुत ही कम कड़वी यादे थी। उस मासूमियत, निस्वार्थ अपनेपन और प्यार भरे दुनिया में वापस जाने का कोई तरीका है क्या? क्या हम फिर से वो दिन जी सकते हैं क्या? काश ये मुमकिन होता! काश हम वापस उन लम्हों में जा सकते।

मुग़ल सल्तनत का आखिरी बादशाह

बहादुर शाह ज़फ़र भारतीय इतिहास में एक महत्वपूर्ण व्यक्ति थे जिनका जीवन और कायक्षेत्र भारतीय स्वतंत्रता संग्राम के इतिहास में अद्वितीय स्थान रखता है। उनका जन्म २४ अक्टूबर १७७५ को हुआ था और वे आगरा के आगरी गढ़ के नवाब थे। उन्हें दिल्ली के मुग़ल बादशाह बनाया गया, लेकिन उस समय तक उनकी शक्ति बहुत कम हो चुकी थी।

१८५७ के सिपाही बाग़ विद्रोह में भाग लेने के बाद, उन्हें ब्रिटिश सेना ने कैद कर लिया और उन्हें रंगून (बर्मा) में शिकंजा में बंद कर दिया गया। वहाँ, उन्होंने अपने अंतिम दिनों को बिताए और ७ नवंबर १८६२ को अपनी मौत के घातक को झेलना पड़ा।

डियोना रेबेलो
द्वितीय बी एस सी आई डी



उनकी मौत के बाद, वे विद्रोह के नेतृत्व और स्वतंत्रता के लिए उनके साहसपूर्ण प्रयासों के लिए याद किए जाते हैं। बहादुर शाह ज़फ़र का जीवन स्वतंत्रता संग्राम के उत्तरदाताओं के रूप में उजागर होता है, जिसने अपने समय में ब्रिटिश साम्राज्य के खिलाफ खड़ा होकर अपने देशवासियों के लिए संघर्ष किया।





ज़िंदगी एक सीख

हमारे जीवन में कई सारे पड़ाव आते हैं। कुछ पड़ाव हमें खुशी देती है तो कुछ दुःख। ज़िंदगी हमें अगर ऊपर उठाती है तो नीचे भी गिराती है। हमें इस



दुनियाँ में कई तरह के लोग मिलते हैं। कोई-कोई ऐसे होते हैं जिनका बर्ताव अच्छा होता है, तो किसी

दीपा अमीन
द्वितीय बी.कॉम बी



का बुरा होता है। हमें अच्छे बर्ताव वाले लोगों से सीख लेनी चाहिए। कुछ सोच रखो गर मन में तो ज़िंदगी एक ख्वाब जैसी है। पथ पर चलने वालों को लग जाती है कुछ ठोकरें पर पीछे मुड़के न देखो तो ज़िंदगी एक हमराज़ है। हर संभव कोशिशों के बाद मिल जाती एक हार है। सफ़र में इसके कही पे है फूल तो कहीं है काटों की चुभना पर घबराओ नहीं, ये भी ज़िंदगी का एक मिजाज है।

“सुंदरता”



दुनिया में बहुत लोगों का मानना है कि सौंदर्य एक ऐस अंश है जो शारीरिक रूप में होता है लेकिन सुंदरता दिल से होनी चाहिए। सब लोग अपने आपको अच्छे दिखाने के लिए सजते सवरते हैं पर दिल से रूपवान होने का मतलब कई लोगों को पता भी नहीं है।

दिल से सुंदर होने का मतलब है, अच्छी तरह से रहना, दूसरों की मदद करना और अच्छे-अच्छे काम करना है। हमारे देश में बहुत से लोग ऐसे हैं जो सुंदर होते हैं, देखने में आकर्षक होते हैं लेकिन वह मन से सुंदर नहीं होते तो उनकी सुंदरता उनके

मौनप्रिया एच.जी
द्वितीय बी.कॉम बी



किसी काम का नहीं। वह एक ही जगह पर सिमटकर रह जाते हैं। वह एक नाकामयाब इंसान तो बनते ही हैं, साथ में लोग उनकी बुराई भी करते हैं। अगर दुनिया में एक अच्छी ज़िंदगी जीना है तो मन की सुंदरता अपनाना चाहिए।





गुडिया

श्रद्धा ईश्वर
द्वितीय बी.कॉम ए



गुडिया एक एसी वस्तू है,
जिस से बच्चों को मिलती है
खुशी
गुडिया जादू है,
जब भी हम उससे खेलते है
तो बहुत खुश हो जाते है
गुडिया है लडकियों की पसंद
वे बनती उनकी सहेली
दुख हो या खुशी
सब गुडिया से कहती
गुडिया ही दुनिया होती है।

दोस्त

आईशा रफा
द्वितीय बी.कॉम बी



दोस्ती के बिना जिंदगी नहीं
आज वह है साथ मेरे,
मिलती है सुफनतन-मन को
छूट गया अगर साथ
उसका तो लगता है जिंदगी
अधूरी मेरी
ऐसी दोस्त मिलती है नसीब से
आती है नसीब ऐसी बिन बुलाए
टिकती हमेशा ऐसी दोस्ती अगर
है नसीब खुदके अच्छे
है ख्वाइश छूट न जाए साथ उसके
क्योंकी दोस्ती के बिना जिंदगी नहीं।

बादल



बारिश लेकर आया बादल
बारिश से हुए सब खुश
बारिश को देखकर बच्चे गए
खेलने

पडी माँ की डाँट
बारिश में भीगकर बच्चे हुए बीमार
हुई माँ परेशान
लेकर गए डॉक्टर के पास
डॉक्टर ने दिए दवाई

वियोल वेगस
द्वितीय बी.कॉम बी



फिर बच्चे हुए ठीक
अगले दिन बच्चे कर रहे थे बारिश का इंतज़ार
अगले दिन फिर आई बारिश
बच्चे हुए खुश



मजबूरी

स्वाति भट्ट
द्वितीय बी.कॉम बी



कुछ न कहने की मजबूरी
दिल पर भारी है।

कुछ भी न कहने की मजबूरी
बुद्धि पर भारी है।

रिश्तों के टूटने की मजबूरी
विवेक पर भारी है।

रिश्तों को निभाने की मजबूरी
हम पर भारी है।

ऐसी, मजबूरी की मजबूरी
क्यों निभाना जरूरी है?

घर

सोनिया डिसोज़ा
द्वितीय बी.कॉम ए



घर! घर! मेरा घर
जहाँ मैं बड़ी हुई, वह घर
माता-पिता रहते वह घर
दादा-दादी भी रहे, वह घर

भाई-बहन मिलजुलकर रहनेवाला घर

कुशल-शांति का वह घर

सारे मिल जुलके रहनेवाला घर

ये घर है मंदिर का स्वरूप

घर! घर! मेरा घर

उसकी अहमियत बताना भी ज़रूरी है

उसकी अहमियत है क्या, बताना भी ज़रूरी है !
है उससे इश्क़ अगर तो जताना भी ज़रूरी है !!

अब काम लफ़फ़ाज़ी से तुम कब तक चलाओगे !
उसकी झील सी आंखों में डूब जाना भी ज़रूरी है !!

दिल के ज़ज़्बात तुम दिल मे दबा कर मत रखो !
उसको देख कर प्यार से मुस्कुराना भी ज़रूरी है !!

उसे ये भी रहा कहना वो कितना ख़ूबसूरत है !
उसे नग्मे मोहब्बत के सुनाना भी ज़रूरी है !!

फातिमा हन्ना
द्वितीय बी एस सी आई डी



किसी भी हाल में तुम छोड़ना हाथ मत उसका !
किया है इश्क़ गर तुमने, निभाना भी ज़रूरी है !!

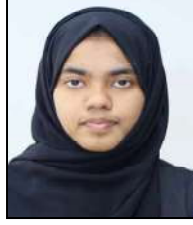
सहर अब रूठना तो इश्क़ में है लाज़मी लेकिन !
कभी महबूब गर रूठे तो मनाना भी ज़रूरी है !!





काश कभी तू समझता मुझे

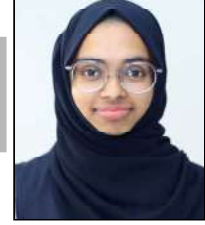
मुअस्सिरा
प्रथम बी.कॉम



कैसे कहूँ शुक़िया, मुझेको जो चुन लिया
टूटी तस्वीरें कैसे जोड़ूँ मैं,
झूठे धमेन कैसे बोलूँ मैं,
इश्क़ था सच्चा मगर बेजान थे तुम
काश कभी तू समझता मुझे
धीमी-धीमी आहटें तेरी
आज भी है ज़हन में
पर जो ज़ख़म दिल में छुपे बैठे
तेरे नाम के हर एक तस्बी को
साँसों के गले का हार किया
दुनिया भूली और सिर्फ़ तुझे
हाँ, सिर्फ़ तुझे ही प्यार किया
यादे और वादे में सिर्फ़ दो फ़रक़ है।
हम यादे भूलते और
वादे को हम तोड़ देते है

जीना ऐसा हो, जैसे कल न हो

मरयम
प्रथम बी.कॉम



जीना ऐसा हो, जैसे कल न हो
मरना ऐसा हो, की जाते-जाते याद हो,
याद हो उस ज़िन्दगी का, जो कल की फ़िक़र से नहीं
आज की उम्मीद से हो,



जो आसान तो बिलकुल नहीं
लेकिन मुश्किलों का डट के सामना करने
हिम्मत से भरी हो,
जो भूत से न होकर वर्तमान से मतलब रखे
जो फ़रियादों से नहीं, अहसासों से भरी हो
दो दिन की ज़िन्दगी जो है
आज है, कल का क्या पता
जी भर के जीलो....

प्यार दोबारा भी हो जाएगा

आज कमाएंगे तो कल
बैठ के खाएंगे
अपनी महनत पे भरोसा कर
प्यार तो दोबारा भी हो जाएगा ।

मुहम्मदशरन
प्रथम बी.कॉम





श्याम रंग

फातिमा हन्ना

द्वितीय बी एस सी आई डी



द्वितीय बी एस सी आई डी डी
श्याम रंग कोई दाग नहीं
मैं मनुष्य हूँ कोई आग नहीं।
देखते लोग मुझे डर से
जैसे में अलग हूँ इन सब से ।
तूने भी रंग पाया है
चांद के जैसा।
न करू मैं भेद भाव
औरों जैसा ।
फिर क्या दिक्कत है तुझे
मेरे रंग से ।
तू भी तो मनुष्य है मेरे जैसा ।
अंग भी वही है
मन भी वही है।
फिर क्यों तेरी सोच अलग है?
हे मनुष्य! श्याम रंग कोई दाग नहीं है ।

वो हूँ मैं

गुज़ार दिए होंगे तुमने,
कई दिन, महीने, साल..
जो काट ना सकोगे
वो एक रात हूँ मैं।
की होगी गुफ्तगू
तुमने कई दफा कई लोगों से

पल

रूपाली मान्जरेकर

द्वितीय बी.कॉम ए



आज ज़िंदा है
कल गुज़र जाएँगे
कौन जानता है कब
बिछड़ जाएँगे
नाराज़ न होना मेरी शारारतों से
ऐ मेरे यार
ये वो पल है जो कल
बहुत याद आएँगे



फातिमा हन्ना

द्वितीय बी एस सी आई डी

दिल पर जो लगेगी वो एक बात हूँ मैं।
भीड़ में जब तन्हा
खुद को तुम पाओगे
अपनेपन का एहसास जो करा दे
वो एक साथ हूँ मैं।
बिताये होंगे तुमने कई हसीन पल सबके साथ में,
जो भुला नहीं पाओगे,
वो एक याद हूँ मैं।





ಕೊಂಕಣಿ ವಿಭಾಗ

ಉಲಯ್, ಬರಯ್, ವಾಚ್ ಆನಿ ಕೊಂಕ್ಣಿ ಉರಯ್



ಉಲೊಂವ್ಕ್ ಅಮಿ
ವಾಪಾರ್ಲೆಂ ಸಾಧಾನ್ ಭಾಸ್
ತಾಂತು ಮ್ಹಾಕಾ ಮೊಗಾಚಿ
ಜಾವ್ನಾಸ್ಚಿ ಬಾಸ್ ಆಮ್ಚಿ
ಕೊಂಕ್ಣಿ ಪುರಾತನ್ ಕಾಳಾ
ಥಾವ್ನ್ ವಾಳೊನ್ ಅಯ್ಲಿ
ಹಿ ಬಾಸ್ ವಿವಿಧ್

ಪ್ರದೇಶಾನಿಂ, ವಿವಿಧ್ ರಿತಿನಿಂ
ಉಲಯ್ತಾತ್. ಆಪ್ಲಿಚ್ ಮ್ಹಳ್ಳಿ ಏಕ್ ನಿರ್ದಿಷ್ಟ್ ಲಿಪಿ ಹ್ಯಾ
ಭಾಷೆಕ್ ನಾ ಜಲ್ಯಾರಿ, ಸಬಾರ್ ಬರಯ್ಲಾರಾ ಮುಖಾಂತ್
ಹಿ ಭಾಸ್ ಆಜ್ ಮ್ಹಣಿಸರ್ ಜಿವಂತ್ ಆಸಾ. ಆತಾಂಚ್ಯಾ
ಆಧುನಿಕ ಕಾಳಾರ್, ಸರ್ವ್ ಯುವಜಣ್ ಮಾಂಯ್ ಭಾಸ್
ಸೊಡ್ನ್ ಇಂಗ್ಲೀಷ್ ಉಲೊಂವ್ನ್ ಅಸ್ತಾನಾ, ಆಮ್ಚಿ ಭಾಸ್
ಬರೊಂವ್ನ್, ವಾಚುನ್, ಉಲ್ಲೆಂವ್ನ್ ಮುಕ್ಲ್ಯಾ ಪಿಳ್ಗೆಕ್ ಪಾಶಾರ್
ಕರ್ಯೆತ್.

ಆಮ್ಚ್ಯಾ ಫಿರ್ಗಜಾನಿ, ವಾಡ್ಯಾನಿಂ, ಕಾರ್ಯಾಕ್ರಮಾನಿಂ,
ಅಮ್ಚೆ ಯುವಜಣ್ ಕೊಂಕ್ಣಿ ವಾಚ್ತಾನಾ ವಾ ಉಲಯ್ತಾನಾ
ಗುಸ್ಪಡ್ಲೆಂ ಅಮಿ ಪಳೆಲಾ. ಅಮ್ಚಿ ಕೊಂಕ್ಣಿ ಭಾಸ್ ಆಮ್ಚ್ಯಾ
ಯುವಜಣಾಂಚ್ಯಾ ತೊಂಡಾಂತ್ ಸುಡಾಳ್ ವಾಳಾಚೆ ತರ್,
ಸೆಜಾರಾಂ ಆನಿ ಇಷ್ಟಾಂ ಸಾಂಗಾತಾ ಉಲಯ್ತಾನಾ ತುಳು
ವಾ ಇಂಗ್ಲೀಷ್ ಉಲೊಂವ್ಚ್ಯಾ ಬದ್ಲಾಕ್ ಕೊಂಕ್ಣಿಚ್
ಉಲೊಂವ್ಚಿ ಆನಿ ಕೊಂಕ್ಣಿ ಕಾರ್ಯಕ್ರಮಾಂತ್ ವೆಚೆ ಹವ್ಯಾಸ್
ರುತಾ ಕರಿಜಾಯ್.

ಆಮ್ಚಿ ಕೊಂಕ್ಣಿ ಗೊಂಯಾ ಥಾವ್ನ್ ವಾಳೊನ್ ಆಯ್ಲಾ
ಮ್ಹಣ್ತಾತ್. ಆಮ್ಚ್ಯಾ ಕೊಂಕ್ಣಿ ಭಾಷೆಕ್ ಆಪ್ಲಿಚ್ ಮ್ಹಳ್ಳಿ ಲಿಪಿ
ನಾ. ಆಮ್ಚ್ಯಾ ಕರ್ನಾಟಕಾಚ್ಯಾ ಕಾರಾವಳಿ ಪ್ರದೇಶಾಂತ್
ಅಮಿ ಕೊಂಕ್ಣಿ ಬರೊಂವ್ಕ್ ಕನ್ನಡ ಲಿಪಿ ವಾಪಾರ್ತಾಂವ್

ಬ್ರಿಜಿಜ್ ಫೆರಾವೊ
I ಬಿ ಕೋಮ್



ತರ್, ದುಸ್ರ್ಯಾ ರಾಜ್ಯಾಂತ್, ದುಸ್ರಿ ಲಿಪಿ ವಾಪಾರ್ತಾತ್.
ಅಶೆಂ ಆಮ್ಚೊ ಕೊಂಕ್ಣಿ ಲೋಕ್ ಕೊಂಕ್ಣಿ ಭಾಸ್ ಜಿವಾಳ್
ದವರುಂಕ್ ಪ್ರಯತ್ನ ಕರ್ನ್ ಆಸಾ.

ಪ್ರಸ್ತುತ್ ಕಾಳಾರ್ ಕೊಂಕ್ಣಿ ಭಾಷೆಕ್ ಆಮ್ಚಿ ಕುಮಕ್
ಗರ್ಜ್ ಆಸಾ. ಪ್ರತ್ಯೇಕ್ ಜಾವ್ನ್ ಯುವಜಣಾಂನಿಂ, ಆಪ್ಲ್ಯಾ
ಘರಾಂತ್ ಅಸ್ಲಿಂ ಕೊಂಕ್ಣಿ ಪತ್ರಾಂ, ಬೈಬಲ್, ದಿಸ್ಪೊಡ್ಲೆಂ
ವಾಚುಂಕ್ ಜಾಯ್. ಫಿರ್ಗಾಚೆನಿ ಆವ್ಕಾಸ್ ಮೆಳ್ಳೊ ತರ್
ಕವನಾ, ಕಾಣಿಯೊ, ಲೇಕಾನಾ ಬರೊಂವ್ಚಿ ಪ್ರಯತ್ನ ಕರುಂಕ್
ಜಾಯ್.

ಅಶೆಂ 'ಬರಯ್ ಉಲಯ್, ವಾಚ್ ಆನಿ ಕೊಂಕಣಿ
ಉರಯ್' ಮ್ಹಳ್ಳೆಂ ಚಿಂತಾಪ್ ಸುಫಳ್ ಜಾತಾ. ಆಪ್ಲಿಚ್
ಸಂಸ್ಕೃತಿ ಘೆಂವ್ಕ್ ವರ್ಸಾಂ ಥಾವ್ನ್ ವಾಳೊನ್ ಆಯ್ಲಿ ಭಾಸ್
ಅಶಿಚ್ ಜಿವಾಳ್ ಉರಜೆ ತರ್ ಆಮಾ ಸರ್ವಾಂಚಿ ಕುಮಕ್
ಅಲೇ ಗರ್ಜೆಚಿ. ಆಮ್ಚಿ ಭಾಸ್ ಆಮ್ಕಾಂ ಅನ್ಯ್ ಭಾಷೆಚ್ಯಾಕಿ
ಪ್ರಮುಖ್ ಜಾಂವ್ಚಿ ಅರಬಿ ಸಮುದ್ರಾಚ್ಯಾ ಲಾರಾಂ ಸರ್ಕಿ
ವಾಳುಂ ಆನಿ ಜಿವಾಳ್ ಉರೊಂ ಮ್ಹಣ್ ಆಮಿ ಪ್ರಯತ್ನ
ಕರ್ಯಾಂ

"ಕೊಂಕ್ಣಿ ಉಲೊಂವ್ಚಾಂ ಕೊಂಕ್ಣಿ ಉರೊಂವ್ಚಾಂ"



ಹಾಂವ್ ಸಬಾರ್ ನಿಚಿವ್ ಘೆತಾಂ, ಪುಣ್ ತೆ ಪಾಳ್ತಾಂಗಿ?

ನಿಚಿವ್ ಮ್ಹಣ್ಣೆ ಏಕ್ ಸಂಗತ್ ಕರ್ಚೆ ವಾ ನಾ ಕರ್ಚೆಂ ಮ್ಹಳ್ಳೆ ವಿಶಿಂ ನಿರ್ಧಾರ್ ಘೆಂವ್ಚೊ ಆಮ್ಚೊ ಚಾಲ್ತಾ ಜಿವಿತಾಂತ್ ಸಬಾರ್ ಪಾವ್ಪಿಂ ಆಮಿ ನಿಚಿವ್ ಘೆತಾಂವ್. ಜಾಂವ್ಕ್ ಪುರೊ ತೆ ನಿಚಿವ್ ಆಮ್ಕಾಂ ಆಮ್ಚೆಂ ಜಿವಿತ್ ಬದ್ಲುಂಕ್ ವಾ ಬರಿ ಜಿಣಿ ಜಿಯೆಂವ್ಕ್ ಆದಾರ್ ಜಾಂವ್ಚೆ ತಸಲೆ ಆಸುಂಯೆತ್. ಪುಣ್ ಹಾಂವ್ ತೆ ನಿಚಿವ್ ಪಾಳುಂಕ್ ಸಕ್ತಾಂಗಿ ವಾ ನಾಗೀ ಮ್ಹಣ್ಣೆ ಅವಲೋಕನ್ ಕರ್ಚೆಂ ಅತೀ ಗರ್ಜೆಚೆಂ.

ಮನ್ಶಾ ಸಂಯ್ಕ್ ಅಸ್ತತ್ ಹರೆಕ್ಲ್ಯಾಚ್ಯಾ ಜಿವಿತಾಂತ್ ಗೂಣ್ ಆನಿ ಆವ್ಣಣ್ ವಾ ಉಣೆಪಣ್ ಆಸಾ. ಹೆಂ ಉಣೆಪಣ್ ಭರ್ತಿ ಕರ್ಚ್ಯಾಕ್ ಹರೆಕ್ಲ್ಯೊ ಆಪ್ಲ್ಯಾ ಜಿವಿತಾಂತ್ ನಿಚಿವ್ ಘೆತಾ. ಪೂಣ್ ದೀಸ್ ವೆತಾಂ ತಾಣಿಂ ಘೆತ್ಲೆ ನಿಚಿವ್ ತೊ ವಿಸ್ತಾತಾ ಆನಿ ಆದ್ಲಿ ಜಿಣಿಚ್ಚೆ ತೊ ಪರತ್ ಜಿಯೆತಾ ತವಳ್ ತಾಣಿಂ ಘೆತ್ಲೆ ನಿಚಿವ್ ವಿಫಲ್ ಜಾತಾ

ಮನಿಸ್ ಏಕ್ ಸ್ವತಂತ್ರ ಜಿವಿ. ದೆವಾನ್ ಮನ್ಶಾಕ್ ವಿಶಿಷ್ಟ್ ಥರಾನ್ ರಚ್ಲಾಂ. ತಶೆಂಚ್ ದೆವಾನ್ ತಾಕಾ ಸಂಪೂರ್ಣ್ ಸ್ವತಂತ್ರತಾ ದಿಲ್ಯಾ ಪೂಣ್ ಹಿ ತಾಣಿಂ ಮೀತ್ ಮೀರ್ನ್ ವಾ ತಾಚೊ ದುರುಪಯೋಗ್ ಕರಿನಾಯೆ ಮ್ಹಳ್ಳ್ಯಾ ಇರಾದ್ಯಾನ್ ಮನಿಸ್ ಬರೆ ನಿಚಿವ್ ಘೆತಾ. ಕನ್ನಡ ಭಾಷೆಂತ್

ಆನ್ವನ್ ಪಿಂಟೊ
II ಬಿ ಕೋಮ್



ಏಕ್ ಗಾದ್ ಆಸಾ “ತಾಳಿದವನು ಬಾಳಿಯಾನು” ಮ್ಹಣ್ಣೆ ಸೊಸ್ತಿಕಾಯ್ ಆಸ್ಲೊ ಜಯ್ತ್ ವ್ಹರುಂಕ್ ಸಕ್ತೊ, ಹ್ಯಾ ಗಾದಿ ಪರ್ಮಣೆಂ ಹ್ಯಾ ಮನ್ಶಾ ಥಂಯ್ ಸೊಸ್ತಿಕಾಯ್ ಆಸಾಗೀ ತೊ ಖಿಯಾಚ್ಯಾ ಕಷ್ಟಾಂಚೆರ್ ವಾ ಕಸಲ್ಯಾಯ್ ವಿಶಯಾಚೆರ್ ಜಯ್ತ್ ವ್ಹರುಂಕ್ ಸಕ್ತೊ. ಜೆದ್ನಾಂ ಆಮಿ ನಿಚಿವ್ ಘೆತಾಂವ್, ತೆದ್ನಾಂ ಆಮ್ಕಾಂ ಬೊವ್ ಗರ್ಜೆಕ್ ಪಡ್ಡಿ ಸಂಗತ್ ಸೊಸ್ತಿಕಾಯ್. ಜರ್ ಆಮ್ಚೆಂ ಥಂಯ್ ಸೊಸ್ತಿಕಾಯ್ ಮ್ಹಳ್ಳೆಂ ಏಕ್ ಹಾತೆರ್ ಬಳಿಷ್ಟ್ ಆಸಾ, ತೆದ್ನಾಂ ಕೇವಲ್ ನಿಚಿವ್ ಘೆಂವ್ಚ್ಯಾಂತ್ ಮಾತ್ ನ್ಹಯ್ ಬಗಾರ್ ಹರೈಕ್ ಸಾಂಗ್ತಿ ವಯ್ತ್ ಆಮಿ ಜಯ್ತ್ ವ್ಹರುಂಕ್ ಸಕ್ತಲ್ಯಾಂವ್.

ಡಿಜಿಟಲ್ ಭುರ್ಗಿಂ

ಸಕಾಳಿಂ ಉಟ್ಲೆಂಚ್ ಅತಾಚ್ಯಾಂ ಭುರ್ಗಾಂನಿ ಪಯ್ಲೆಂ ಕಡ್ಲೆಂ ಮೊಬೈಲ್. ತಾಚ್ಯಾ ಉಪ್ರಾಂತ್ ಕಾಲ್ಚ್ಯಾ ರಾಶಿಂಚ್ಯೊ ಆನಿ ಆಜ್ ಸಕಾಳಿಂ ಆಯಿಲ್ಲೊ ಮೆಸೆಜ್ಯೊ ವಾಚ್ಚ್ಯೊ ಆಯ್ಲೊ ಕಾಳ್ ಬದಲ್ಲ್ಯಾ ಆತಾಂ ಮೊಬಾಯ್ಲ್, ಟ್ಯಾಬ್

ಡೆನ್ನ್ ಡಿಸಿಲ್ವಾ
II ಬಿ ಕೋಮ್



ಇತ್ಯಾದಿ ನಾಚ್ತಾಂ ಜೀವನ್ ನಾಂ ಜಾಲ್ಲೆಂ ಭಾಶೆನ್ ಜಾಲಾಂ. ಭುರ್ಗಾಂಕ್ ಆಪ್ಲೆಂಚ್ ಏಕ್ ಸಾಂಸಾರ್ ಬಾಂದುನ್ ದಿಲಾ. ಲ್ಹಾನ್ ಭುರ್ಗಾಂ ಥಾವ್ನ್ ವ್ಹಡಾ ಮ್ಹಣಾಸರ್ ಆಜ್ ಸರ್ವಾಂಕ್ ಮೊಬೈಲ್ ಜಾಯ್. ಜರ್ತರ್ ಏಕ್ ತರ್ನಟೊ ವಾಶ್ರುಮಾ ಭಿತರ್ ಗೆಲ್ಯಾರ್ ಪಾಟಿಂ ಯೆತಾನಾ ಚಾಡ್





ಉಣೆ ತೀಸ್ ಮಿನುಟಾ ಜಾತಾತ್. ಕಿತ್ಯಾಕ್ ತಾಂಚಾ ಹಾತಾಂತ್ ಮೊಬೈಲ್ ಆಸ್ತಾ.

ಆವಯ್ ಬಾಪಾಯ್ ಆಪ್ಲ್ಯಾ ಭುರ್ಗ್ಯಾಂಕ್ ಶಿಕ್ಪಾಕ್ ಜಾಯ್ ಮ್ಹಣ್ ಮೊಬೈಲ್ ಕಾಫ್ಲೆವ್ನ್ ದಿತಾತ್, ಪೂಣ್ ತಿಂ ಆತಾಂ ಎಡಿಕ್ ಜಾಲ್ಯಾಂತ್. ಏಕ್ ಪವ್ಪಿಂ ಮ್ಹಜಿ ಮ್ಹಮ್ಮಿ ಶಿಕ್ಪಾಕ್ ರಕ್ಪಾಕ್ ಮಿಟಿಂಗಾ ಖಾತಿರ್ ಮ್ಹಜ್ಯಾ ಇಸ್ಕೂಲಾಕ್ ಭೆಟ್ ದಿಲ್ಲಿ. ಮ್ಹಜ್ಯಾ ಕ್ಲಾಸ್ ಟೀಚರಿ ಕಡೆ ತಿಂ ಉಲೊಂವ್ಕ್ ಲಾಗಿಂ ಆನಿ ಉಲಯ್ತ್ ಉಲಯ್ತ್ ಗಜಾಲ್ ಹಾಂವೆ ವಾಪಾರ್ಚ್ಯಾ ಮೊಬೈಲಾರ್ ಪೊಡ್ಲೆ. ತಾಚ್ಯಾ ಉಪ್ರಾಂತ್ ಮ್ಹಜೆ ಮಾರ್ಕ್ಸ್ ಪಳೆವ್ನ್ ಮಮ್ಮಿಕ್ ಖಿಂತ್ ಜಾಲಿ. ಹಾಂವ್ ಎಕಾ ಸಬ್ಜೆಕ್ಟಾಂತ್ ಫೇಲ್ ಜಾಲ್ಲೊಂ.

ದುಸ್ರ್ಯಾ ದಿಸಾ ಸಾಕಾಳಿಂ ಹಾಂವ್ ಮ್ಹಜ್ಯಾ ಕುಡಾಂತ್ ಆಸಲ್ಲ್ಯಾ ಮೊಬೈಲ್ಚ್ಯಾ ಸೊದ್ನರ್ ಗೆಲ್ಲೊಂ, ಮೊಬ್ಯಾಲ್ ನಾಕ್ಲೆಂ ಪಳೆವ್ನ್ ದೆದೆಸ್ವರ್ ಜಾಲೊ. ಮ್ಹಜೆಂ ಮೊಬೈಲ್ ಖಿಯ್ ಅಸಾ ಮ್ಹಣ್ ಮ್ಹಮ್ಮಿ ಕಡೆಂ ವಿಸರ್ಲ್ಯಾ ವೆಳಾರ್ ಮ್ಹಕಾ ಕಿತೆಂಚ್ ಜಾಪ್ ಮೆಳ್ಳಿಂ ನಾಂ. ಪೂಣ್ ಮಾಗಿರ್

ಮ್ಹಕಾ ಸಮ್ಜಲೆ ಕೀ ಮಮ್ಮಿನ್ ತೆಂ ಲಿಪೊನ್ ದವರ್ಲಾಂ, ಕಿತ್ಯಾಕ್ ಮ್ಹಳ್ಳಾರ್ ಹಾಂವ್ ಮೊಬೈಲ್ ಚಡಿತ್ ಉಪಯೋಗ್ ಕರ್ತಾ ಆನಿ ಅಂಕ್ ಉಣೆಂ ಜೊಡ್ತಾಂ ಮ್ಹಳ್ಳ್ಯಾ ಕಾರಣಾಕ್ ಲಾಗುನ್ ತಿಣೆಂ ಅಶೆಂ ಕೆಲೆ.

ಆಜ್ ಭುರ್ಗಿಂ ಉಂಚ್ಲ್ಯಾ ಶಿಕ್ಪಾಕ್ ಪಾವ್ಲ್ಯಾತ್, ವ್ಹಡ್ ವ್ಹಡ್ ಕಾಮಾಂ ಕರುನ್ ಆಸಾತ್ ಆನಿ ಥೊಡಿ ಆಜುನಿಯೇ ಬೆಕಾರ್ ಭೊವ್ನ್ ಆಸಾತ್. ಅಶೆಂ ಕಿತ್ಯಾಕ್ ಜಾತಾ? ಮಾಧ್ಯಮ್ ಬೊರ್ರಾಕ್ ವಾಪರ್ಲಾರ್ ಬೊರೊ ಫುಡಾರ್ ಆಪ್ಣಾಂವ್ಕ್ ಸಕ್ತಾತ್ ನಾ ತರ್ ಜಿವಿತ್ ಪಿಡ್ಲ್ಯಾರ್ ಜಾಂವ್ಕ್ ಪಾವ್ತಾ. ಭುರ್ಗ್ಯಾಂಕ್ ಸಾರ್ಕಾಕ್ ಮಾರ್ಗ ದರ್ಶನಾಚಿ ಗಾರ್ಜ್ ಆಸಾ. ಜರ್ ಬುನ್ಯಾದ್ ಸಾರ್ಕಿ ಪಡ್ಲಿ ನಾ ತರ್ ಬಾಂದಾಪ್‌ಯೀ ವಾಂಕ್ಡೆಂಚ್ ಉಬೆ ಜಾತಲೆ. ಹೆಂ ದಿಶೆನ್ ಆಮಿ ಭುರ್ಗ್ಯಾಂಕ್ ಬರ್ಯಾ ಫುಡಾರಾ ಖಾತಿರ್ ಲ್ಹಾನ್ ಥಾವ್ನ್‌ಚ್ ಮೊಗಾನ್, ಸೊಸ್ಕಿಯೆನ್ ಆನಿ ಜಾಣ್ವಾಯೆನ್ ವಾಡಯ್ಲಾಯ್. ತಶೆಂಚ್ ತಾಂಚಿ ಬೊರ್ರಾನ್ ಜತನ್ ಘೆಜಯ್.

ಸೊಪ್ಣಾಂ



ರಾತಿಚಿ ಹಾಂವ್
ನೀದ್‌ಕಾಡ್ತಾನಾ
ಮತಿಕ್ ಮ್ಹಜ್ಯಾ ಆಯ್ಲಿಂತ್ಲಿಂ
ಸೊಪ್ಣಾಂ
ನಿದೆಂತ್ ಥಾವ್ನ್ ಉಟ್ತಾನಾ

ಖಿಯ್ ಗೆಲಿತಿಂ, ಹಾಂವ್ ನೆಣಾಂ

ತರ್‌ರಾತಿಚಿಂ ಮ್ಹಜಿಂ ತಿ ಸೊಪ್ಣಾಂ
ಸತ್‌ಕರುಂಕ್ ಆಸಾತ್ ಮ್ಹಜ್ಯಾ ಜಾಗ್ಲ್ಯಾಂತ್
ಆಶಾ ತಿ ಉಬ್ಜಾಲ್ಯಾ ಮ್ಹಜ್ಯಾ ಕಾಳ್ಜಾಂತ್
ಸತ್‌ಕರುಂಕ್ ಸರ್ವ್ ಮ್ಹಜಿಂ ಸೊಪ್ಣಾಂ

ತರ್ ಸರ್ವ್ ಮ್ಹಜಿಂ ಸೊಪ್ಣಾಂ ಸತ್‌ಕರುಂಕ್
ತಯಾರ್ ಹಾಂವ್ ಸರ್ವ್ ವಾಂವ್ಚೆಕಾಡುಂಕ್
ಕಾಟೆಂ-ಕುಂಟೆಯೆತಲೆ ಮ್ಹಜ್ಯಾ ಪಯ್ಲಾರ್
ತರೀರಾವ್ಣೆಂ ನಾ ಪಯ್ಲೆ ಮ್ಹಜೆಂ ಅರ್ಧ್ಯಾರ್

ಜೈಸನ್ ಡಿ ಸೋಜಾ
I ಬಿ ಕೋಮ್



ಸೊಪ್ಣಾಂ ಮಜಿಂ ನಂಯ್‌ತರೀ ವರ್ತಿಂ
ವಾಂವ್ಚೆಕಾಡುಂಕ್ ಆಸಾ ಹಾವೆಂ ಜಾಯ್ತೆಂ
ಮತಿಂತ್ ಮ್ಹಜ್ಯಾ ನಾ ಕಸಲೆಂಚ್ ಆಶಾ
ಕೇವಲ್ ಸೊಪ್ಣಾಂಕ್ ಮ್ಹಜ್ಯಾ, ದಿಂವ್ಕ್ ದಿತಾ

ಸೊಪ್ಣಾಂ ಮ್ಹಜಿ ಆಸಾತ್‌ತರೀ ಸಬಾರ್
ಏಕ್ ಜೀವಿತ್ ಪುರೊ ಗೀ? ಮ್ಹಜೆಂ ಸವಾಲ್
ಯೆತಲೆ ನಾನಾ ತರಾಚೆ ಕಷ್ಟ್ ಮುಕಾರ್
ತರೀಕೆದಿಂಚ್ ಕರಿನಾಂ ಮ್ಹಜ್ಯಾ ಸೊಪ್ಣಾಂಚೊ ತಿರಸ್ಕಾರ್



ಪ್ರಕೃತಿ

ಆವಯ್ ತುಂ ಭಾಗಿ

ಡೆನ್ನನ್ ಡಿಸಿಲ್ವಾ
II ಬಿ ಕೋಮ್



ಆನ್ಯನ್ ಪಿಂಟೊ
II ಬಿ ಕೋಮ್



ಹಾ! ಕಿತ್ತಿ ಸೊಭಿತ್ ರಚ್ಚಾಂ ತಿ ದೆವಾಚಿ
ಆಮ್ಚ್ಯಾ ಬೊಂವ್ಡಂಣಿ ಆಸ್ಚ್ಯಾ ಪ್ರಕೃತೆಚಿ
ಕಿತ್ತಿ ಸೊಭಿತ್ ಭಾಗ್ ಆಮ್ಚ್ಯಾ ಜಿಣಿಯೆತ್
ಉಪ್ಕಾರ್ ಬಾವ್ಡಂಕ್ ಆಶೆತಾಂ ತಾಚ್ಯಾ ರಚ್ಚಾರಾತ್

ವಿಸ್ತೊನ್ ಗೆಲಾ ಮನಿಸ್, ಸೊಭಾಯ್ ಹ್ಯಾ ಪ್ರಕೃತೆಚಿ
ಕರೆ ಆಸಾ ಮನಿಸ್ ಕಾಮಾಂ ಅನ್ಯಾಯಾಚಿ
ದಿಸ್ತಾಂ ಆಮ್ಕಾಂ ರಾನಾಂ ನಪಂಯ್ಚ್ ಜಾವ್ನ್ ವೆಚಿ
ಕಿತ್ಯಾಕ್ ವಿಸ್ತೊನ್ ಗೆಲಾ ಮೋಗ್ ಹ್ಯಾ ಪ್ರಕೃತೆಚಿ



ಫಳ್ ವಸ್ತು ಆಮ್ಕಾಂ ಮೆಳ್ತಾಲೆಂ ರುಕಾನಿಂ
ಫಳ್ ದಿಂವ್ಚೆ ರೂಕ್‌ಚ್ ನಾ ಜಾಲ್ಯಾತ್ ರಾನಾನಿಂ
ಸರ್ವ್ ಮನ್ಯಾ ಕಳಾಚ್ಯಾ ಸ್ವಾರ್ಥಿನಿಂ
ಪ್ರಕೃತೆಚೊ ನಾಚ್ ಕೆಲಾ, ಸ್ವಾರ್ಥಿ ಚಿಂತ್ಪಾನಿಂ

ಚೊರ್ದೆಂ ತಾಣಿಂ ಖಾನ್ ಮನ್ಶಾತಿಂಚೆಂ
ಜಾಂವ್ಕ್ ಪಾವ್ಲೆಂ ತಾಚೆಂ ಜೀವನ್ ಕಷ್ಟಾಂಚೆಂ
ರೂಚ್ ಭೊಗ್ಲೆಂ ಮನ್ಶಾತಿಂಕ್ ಮಾಸ್ ಮನ್ಶಾಂಚೆಂ
ಆಕ್ರಮಣ್ ಕೆಲೆಂ ತಾಣಿಂ ಆನಿ ಉಗ್ಡಾಸ್ ಆಯ್ಲೊ ಪಯ್ಲೆಂಚ್ಯಾ
ಜೀವನಾಚೆಂ

ಅಶೆಂಚ್ ಪ್ರಕೃತಿ ಕಷ್ಟಲ್ಯಾರ್
ಜಿಯೆಂವ್ಕ್ ಜಾಂವ್ಚೆಂ ನಾ ಆಮ್ಕಾಂ ಹ್ಯಾ ಧರ್ನಿರ್
ಹೆ ಸರ್ವ್ ಪಳೆವ್ನ್ ಭೊಗ್ತಾ ಮ್ಹಾಕಾ ಬೆಜಾರ್
ವಾಟ್ ಚಮ್ಕೊಂಚೊ ಹಾಂವ್ ಏಕ್ ಪಯ್ಲಾರ್

ದೆವಾಚೆ ಪ್ರತಿರೂಪ್ ಜಾವ್ನಾಸಾಯ್
ತುಂ ಮ್ಹಜಿ ಮೊಗಾಳ್ ಆವಯ್
ಉಲೊ ಮಾರ್ತಾ ತುಕಾ ಮ್ಹಣುನ್ ಮಾಂಯ್
ಮಾಗ್ತಾ ಬೆಸಾಂವಾಂ ಸಂಗಿ ತುಜಿ ಸಸಾಯ್

ಸೊಸುನ್ ದೂಖ್ ದಿಲೊಯ್ ಮ್ಹಾಕಾ ಭಾಗಿ ಜಾಲ್ಲ್ಯಾ
ಪಳೆಂವ್ಕ್ ಪ್ರಥೆರ್ ಆಸ್ಚೊ ಸೊಭಿತ್ ಸರ್ಗ್
ಹಾಂವೆಂ ಭೊಗ್ತಾಕ್ ಸುಖ್, ಸಂತೋಸ್ ಸರ್ವ್
ವ್ಹಾವಯ್ಲೆ ಲೆಕಿನಾಸ್ತಾ ಕಷ್ಟ್, ದುಖಿ ತಸಲೆ ಖರ್ಗ್

ವಾಡ್ಲೆಯ್ ಮ್ಹಾಕಾ ಖಾಣ್ ಆನಿ ಜೆವಣ್ ಧಾದೋಶಿ
ಪರ್ವಾ ನಾಸ್ತಾ ತುಜೆ ಭುಕೆಚಿ ರಾವ್ಲೆಯ್ ತುಂ ಉಪಾಶಿ
ದಾಕಯ್ಲೆಯಿ ಸದಾಂಚ್ ವಾಟ್ ಮ್ಹಜ್ಯಾ ಘಡಾರಾಚಿ
ಚಿಂಚಲ್ ಜಾಯ್ನಾಶೆ ವಿಂಚವ್ಣ್ ಕರ್ತಾನಾ ಸಾರ್ಕೆ ವಾಟೆಚಿ.

ತುಜ್ಯಾ ಜಿವಿತಾಂತ್ ಹರೈಕ್ ಘಡಿ ತುಕಾ ಹುಸ್ಕೊ ಮ್ಹಜೊ
ಉತಾರ್ ಪ್ರಾಯೆರ್ ಬರೆ ಕರ್ನ್ ಪಳೆಯ್ತಲೊ ಮ್ಹಣ್ತಾ ಘೂತ್
ತುಜೊ

ಯೇಂವ್ಕ್ ಸೊಡ್ಚೊ ನಾ ಕಿತೆಂಚ್ ತುಜ್ಯಾ ಮೊಗಾಕ್
ಉಣೆಪಣ್
ತುಂ ಮ್ಹಜಿ ಆವಯ್ ಜಾಲ್ಲೆ ವರ್ವಿಂ ಚೊಡ್ಲಾ ಹಾಂವೆಂ
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(1974 -1999)



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Birth: 31-10-1944

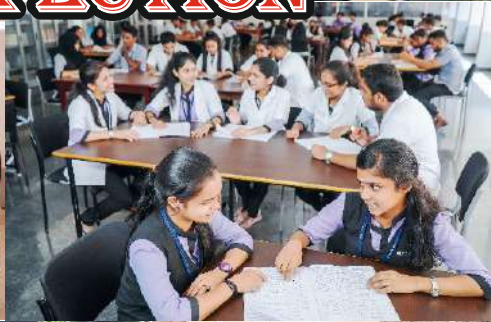
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Looking up towards the sky
Seeking knowledge, amity
Hand in hand in unity
Bharath is our mother land
All united do we stand
March we in fraternity
As one, true community
Truth non-violence shape our stand
Building nation great and grand
Strive we will to search, not yield
Ours shall be the victory shield!*



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